

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

15K

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/152	1/62	835	Sarah Hammel	26	F	Fort Atkinson	IA	6:30	01:00:36.29

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/152	1/90	807	Austin Bauer	22	M	Madison	WI	5:44	00:53:30.21

Female Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	107/152	36/62	841	Ivy Hirsch	13	F	Sumner	IA	9:24	01:27:39.99

Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	92/152	62/90	941	Alex Rich	13	M	Fredericksburg	IA	9:03	01:24:23.58

Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/152	26/90	918	Richard Weis	15	M	Decorah	IA	7:25	01:09:09.31

Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	54/152	10/62	836	Hailey Hansen	19	F	Coon Valley	WI	8:13	01:16:39.73
2	66/152	17/62	819	Brooke Debroux	19	F	Oregon	WI	8:25	01:18:35.26
3	69/152	19/62	815	Randi-Kate Canoy	19	F	Decorah	IA	8:27	01:18:47.83
4	75/152	22/62	839	Anna Herber	18	F	Dubuque	IA	8:36	01:20:16.65
5	118/152	44/62	903	Sommer Stevens	17	F	Denver	IA	9:30	01:28:40.97
6	140/152	55/62	802	Kirsten Arneson	19	F	Decorah	IA	11:22	01:46:04.14
7	141/152	56/62	869	Maggie Locke	19	F	Decorah	IA	11:22	01:46:04.14

Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/152	6/90	940	James Wenzel	19	M	Springville	IA	6:22	00:59:28.96
2	7/152	7/90	942	Nate Marti	19	M	Mount Vernon	IA	6:23	00:59:34.26
3	9/152	9/90	932	Isaac Marquardt	17	M	Decorah	IA	6:28	01:00:18.64
4	14/152	13/90	952	Kyle Hosting	19	M	Decorah	IA	6:43	01:02:39.10
5	21/152	19/90	842	Hans Holkesvik	19	M	Decorah	IA	7:13	01:07:19.63
6	32/152	28/90	826	Kennedy Folkedahl	18	M	Decorah	IA	7:27	01:09:35.56
7	48/152	42/90	927	Nick Vande Krol	19	M	Decorah	IA	8:03	01:15:03.19
8	77/152	55/90	923	Tristan Zurfluh	19	M	Sparta	WI	8:41	01:21:04.31
9	103/152	68/90	957	Brad Suhr	18	M	Decorah	IA	9:17	01:26:38.53
10	138/152	84/90	898	Sheldon Smith	19	M	Decorah	IA	11:00	01:42:39.29

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

15K

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/152	2/62	899	Emma Spoon	24	F	Rochester	MN	6:45	01:02:58.29
2	25/152	4/62	875	Lauren Mordini	20	F	Decorah	IA	7:18	01:08:07.50
3	33/152	5/62	887	Maggie Pierson	22	F	Decorah	IA	7:29	01:09:52.31
4	41/152	6/62	904	Haley Stevens	20	F	Denver	IA	7:45	01:12:17.31
5	55/152	11/62	848	Devon Hovey	21	F	Decorah	IA	8:13	01:16:43.23
6	56/152	12/62	861	Tessa Kraus	20	F	Decorah	IA	8:13	01:16:43.57
7	58/152	13/62	862	Kaymi Lang	21	F	New Hampton	IA	8:17	01:17:19.22
8	59/152	14/62	916	Lisa Wegman	24	F	Des Moines	IA	8:17	01:17:19.75
9	64/152	15/62	891	Carrie Rice	23	F	Decorah	IA	8:22	01:18:06.58
10	65/152	16/62	863	Kensie Larson	23	F	Decorah	IA	8:22	01:18:07.40
11	71/152	21/62	833	Catherine Gregg	20	F	Decorah	IA	8:29	01:19:05.77
12	81/152	25/62	820	Jenna Dengler	20	F	Ankeny	IA	8:48	01:22:09.22
13	83/152	27/62	828	Sydney Gehrt	20	F	Decorah	IA	8:48	01:22:09.42
14	89/152	30/62	929	Emily Henslin	26	F	Dodge Center	MN	8:59	01:23:46.57
15	117/152	43/62	905	Kirsten Stevens	22	F	Denver	IA	9:30	01:28:40.56
16	119/152	45/62	911	Alice Topaloff	24	F	Ames	IA	9:30	01:28:41.99
17	120/152	46/62	814	Megan Buckingham	29	F	Decorah	IA	9:31	01:28:42.82
18	129/152	50/62	936	Chantel Owfsen	29	F	Decorah	IA	9:52	01:32:04.73
19	143/152	57/62	879	Stefanie Noel	27	F	Sherwood	AR	11:23	01:46:11.43

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/152	2/90	884	Andrew Papke-Larson	24	M	Decorah	IA	5:52	00:54:43.66
2	3/152	3/90	925	Peter Kraus	24	M	Decorah	IA	5:54	00:55:06.51
3	4/152	4/90	859	Thomas Knobbe	20	M	Kasota	MN	5:56	00:55:22.53
4	5/152	5/90	901	Shane Steele	24	M	Decorah	IA	6:21	00:59:11.42
5	11/152	10/90	906	Tyler Stevenson	25	M	Madison	WI	6:31	01:00:50.29
6	12/152	11/90	947	Ziggy Johnson	21	M	Decorah	IA	6:33	01:01:05.21
7	13/152	12/90	847	Travis Houle	21	M	Edina	MN	6:41	01:02:21.30
8	17/152	15/90	834	John Hadish	20	M	Decorah	IA	6:58	01:05:00.80
9	18/152	16/90	935	Gabe Darn	21	M	Decorah	IA	7:00	01:05:23.25
10	26/152	22/90	856	Max Kemp	20	M	Decorah	IA	7:19	01:08:18.48
11	28/152	24/90	860	David Kramer	20	M	New Hampton	IA	7:22	01:08:43.91
12	36/152	31/90	919	Jake Wittman	24	M	Willmar	MN	7:35	01:10:46.38
13	38/152	33/90	840	Peter Herber	20	M	Dubuque	IA	7:40	01:11:33.98
14	39/152	34/90	881	Jon Olson	26	M	Decorah	IA	7:42	01:11:53.46
15	46/152	40/90	821	Jayden Devlbiss	21	M	Ossian	IA	7:52	01:13:27.93
16	68/152	50/90	852	Nick Jazz	22	M	Kanassville	WI	8:26	01:18:38.33
17	72/152	51/90	808	Parker Beard	20	M	Decorah	IA	8:29	01:19:05.99
18	73/152	52/90	809	Sam Beard	22	M	Decorah	IA	8:29	01:19:06.77
19	80/152	56/90	838	Chad Hanson	29	M	Clive	IA	8:47	01:21:59.42
20	90/152	60/90	924	Daniel Dow	27	M	Waukee	IA	8:59	01:23:51.46
21	101/152	66/90	866	Jerad Lee-Gay	20	M	Decorah	IA	9:16	01:26:26.13
22	102/152	67/90	886	Nick Pearch	22	M	Decorah	IA	9:16	01:26:28.34
23	126/152	78/90	944	Micah Ballew	23	M	Villa Park	IL	9:41	01:30:23.84
24	139/152	85/90	933	Michael Rahman	20	M	Eagan	MN	11:04	01:43:11.27
25	142/152	86/90	878	Ian Noel	28	M	Sherwood	AR	11:23	01:46:11.33

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

15K

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	24/152	3/62	922	Jamie Zahasky	33	F	Iowa City	IA	7:16	01:07:48.56
2	49/152	7/62	857	Angie Kerndt	31	F	Decorah	IA	8:04	01:15:14.32
3	78/152	23/62	953	Zenith Ganzalez	37	F	El Dorado Hills	CA	8:42	01:21:07.16
4	79/152	24/62	813	Kelly Bucher	36	F	Ankeny	IA	8:42	01:21:13.60
5	82/152	26/62	934	Shauna Menke	33	F	Decorah	IA	8:48	01:22:09.32
6	93/152	31/62	850	Amanda Huinker	31	F	Decorah	IA	9:03	01:24:25.65
7	98/152	35/62	837	Shelly Hanson	30	F	Clive	IA	9:12	01:25:48.84
8	109/152	37/62	943	Katherine Rich	32	F	Decorah	IA	9:25	01:27:52.98
9	111/152	38/62	961	Rachel Horstmann	34	F	Eden Prairie	IA	9:26	01:28:01.31
10	112/152	39/62	962	Anne Branstad	34	F	Minneapolis	MN	9:26	01:28:01.51
11	113/152	40/62	956	Jenny Ferson	38	F	Denver	IA	9:27	01:28:05.99
12	116/152	42/62	506	Michelle Hilsabeck	38	F	West Des Moines	IA	9:27	01:28:11.76
13	121/152	47/62	849	Stephanie Hughes	37	F	Decorah	IA	9:31	01:28:43.18
14	133/152	52/62	805	Leah Barton	36	F	Cedar Falls	IA	10:20	01:36:22.39
15	148/152	60/62	876	Randi Mysse Ristau	35	F	Missoula	MT	11:58	01:51:38.28

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/152	8/90	853	Joseph Jefferson	30	M	Saint Paul	MN	6:25	00:59:53.21
2	19/152	17/90	938	Jared Nielsen	31	M	Decorah	IA	7:07	01:06:20.57
3	20/152	18/90	810	Jeffrey Bishop	38	M	Chicago	IL	7:09	01:06:42.34
4	23/152	21/90	937	David Kreykes	31	M	Sheldon	IA	7:15	01:07:38.30
5	27/152	23/90	930	Mike Biderman	34	M	Iowa City	IA	7:19	01:08:20.60
6	34/152	29/90	910	Cody Teslow	36	M	Holmen	WI	7:33	01:10:24.42
7	37/152	32/90	914	Daniel Vondra	35	M	Iowa City	IA	7:37	01:11:04.48
8	40/152	35/90	801	John S. Anderson	38	M	Decorah	IA	7:44	01:12:05.11
9	44/152	38/90	890	Blair Redenius	37	M	Charles City	IA	7:48	01:12:47.81
10	50/152	43/90	883	Brett Ostby	35	M	Rochester	MN	8:06	01:15:32.41
11	74/152	53/90	915	Luke Webinger	38	M	Lost Nation	IA	8:33	01:19:50.81
12	91/152	61/90	950	Braham KeteHam	31	M	Chicago	IL	9:02	01:24:13.58
13	106/152	71/90	812	James Bucher	36	M	Ankeny	IA	9:23	01:27:31.83
14	125/152	77/90	865	Jacob Lassetter	35	M	Decorah	IA	9:39	01:29:56.98
15	152/152	90/90	949	Jimmy Westland	39	M	Caledonia	MN	13:16	02:03:44.80

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/152	8/62	868	Elizabeth Lippert-Kane	41	F	Decorah	IA	8:07	01:15:41.15
2	52/152	9/62	951	Jennifer Egan Smith	41	F	Sumner	IA	8:10	01:16:13.73
3	67/152	18/62	889	Brenda Ramco	49	F	Co. Springs	CO	8:26	01:18:36.57
4	86/152	28/62	874	Janice Mcintosh	43	F	Mexico	MO	8:51	01:22:31.35
5	87/152	29/62	897	Jennifer Sime	41	F	Decorah	IA	8:55	01:23:14.82
6	94/152	32/62	843	Molly Holkesvik	40	F	Decorah	IA	9:03	01:24:27.58
7	97/152	34/62	931	Melanie Trachsel	40	F	Plymouth	MN	9:09	01:25:18.33
8	114/152	41/62	104	Cyndi Doolittle	43	F	Forest Lake	MN	9:27	01:28:11.48
9	122/152	48/62	845	Linda Hougen	47	F	Decorah	IA	9:33	01:29:09.47
10	128/152	49/62	895	Amy Robinson	42	F	Decorah	IA	9:46	01:31:03.70
11	135/152	53/62	867	Elizabeth Leschensky	45	F	Decorah	IA	10:27	01:37:25.41
12	136/152	54/62	921	Emily Young Johnson	42	F	Decorah	IA	10:35	01:38:45.29
13	146/152	59/62	960	Kirstie Bower	44	F	Decorah	IA	11:26	01:46:36.87
14	151/152	62/62	928	Susan Ollendieck	40	F	Cresco	IA	12:47	01:59:17.39

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

15K

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/152	14/90	907	Derek Sweet	46	M	Decorah	IA	6:54	01:04:27.44
2	29/152	25/90	855	Jeff Joiner	41	M	Orange City	IA	7:22	01:08:47.96
3	31/152	27/90	939	Monte Marti	48	M	Mount Vernon	IA	7:27	01:09:29.29
4	35/152	30/90	893	Chris Ristau	43	M	Denver	IA	7:35	01:10:43.56
5	42/152	36/90	870	Derek Magnuson	43	M	Tampa	FL	7:45	01:12:21.98
6	43/152	37/90	528	Aire Mounthachalc	47	M	Rockford	IA	7:47	01:12:35.85
7	45/152	39/90	827	Mare Folkedahl	46	M	Decorah	IA	7:51	01:13:15.48
8	47/152	41/90	958	Craig Rabe	44	M	Robins	IA	7:56	01:14:03.55
9	57/152	45/90	946	Michael Otte	40	M	Waukegan	IL	8:17	01:17:16.75
10	62/152	48/90	872	Spencer Martin	41	M	Decorah	IA	8:20	01:17:45.70
11	63/152	49/90	894	Jerry Robinson	46	M	Decorah	IA	8:21	01:17:56.12
12	84/152	57/90	888	David Powers	46	M	Ft. Atkinson	IA	8:49	01:22:13.30
13	85/152	58/90	825	Jayme Folkedahl	41	M	Decorah	IA	8:50	01:22:23.90
14	105/152	70/90	912	Mark Vagts	46	M	Waseca	MN	9:22	01:27:23.59
15	108/152	72/90	908	Jason Syverud	43	M	Slinger	WI	9:24	01:27:41.84
16	110/152	73/90	896	Alan Schmitt	48	M	Ft. Atkinson	IA	9:25	01:27:55.63
17	115/152	74/90	913	Peter Victorine	45	M	Minneapolis	MN	9:27	01:28:11.48
18	123/152	75/90	846	Ron Hougen	48	M	Decorah	IA	9:33	01:29:09.88
19	124/152	76/90	871	Dan Marlow	48	M	Decorah	IA	9:34	01:29:10.84
20	127/152	79/90	823	Russell Drenth	46	M	Decorah	IA	9:43	01:30:35.57
21	137/152	83/90	955	Johnathan Storlie	44	M	Spring Grove	MN	10:51	01:41:10.79

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	70/152	20/62	902	Michele Stevens	53	F	Denver	IA	8:28	01:18:58.57
2	96/152	33/62	829	Sharon Gerleman	52	F	Ridgeway	IA	9:08	01:25:13.86
3	132/152	51/62	804	Martha Aschim	58	F	Marinette	WI	10:06	01:34:15.72
4	145/152	58/62	824	Lori Elwood	54	F	Decorah	IA	11:26	01:46:36.86
5	150/152	61/62	832	Mary Jo Gregg	55	F	Decorah	IA	12:43	01:58:37.13

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	22/152	20/90	920	Peter Ylvisaker	52	M	Marion	IA	7:14	01:07:31.67
2	53/152	44/90	948	Kim Wander	53	M	Eldorado	IA	8:10	01:16:13.74
3	60/152	46/90	864	Rob Larson	57	M	Decorah	IA	8:19	01:17:33.59
4	61/152	47/90	917	Allan Weinand	56	M	Mabel	MN	8:20	01:17:41.57
5	88/152	59/90	844	Jeff Holmquist	53	M	La Crosse	WI	8:58	01:23:40.69
6	95/152	63/90	873	Steve Massman	58	M	Caledonia	MN	9:08	01:25:13.28
7	104/152	69/90	959	Randy Bachman	57	M	Hiawatha	IA	9:19	01:26:58.85
8	130/152	80/90	803	Kurt Aschim	59	M	Marinette	WI	9:53	01:32:11.47
9	131/152	81/90	882	Bradley Orvis	57	M	Decorah	IA	9:57	01:32:45.25
10	134/152	82/90	926	Arnie Larson	59	M	Decorah	IA	10:24	01:37:03.61

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

15K

Male Ages 60+

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Pace	Time
1	76/152	54/90	954	Dan Nielsen	60	M	Maple Grove	MN	8:40	01:20:55.33
2	99/152	64/90	806	Art Barton	65	M	Ames	IA	9:12	01:25:51.90
3	100/152	65/90	945	Linus Barloon	66	M	Decorah	IA	9:13	01:25:59.42
4	144/152	87/90	877	John Noel	61	M	Decorah	IA	11:23	01:46:11.62
5	147/152	88/90	817	Paul Christian	64	M	Rochester	MN	11:37	01:48:22.37
6	149/152	89/90	909	Richard Tenneson	66	M	Decorah	IA	12:07	01:53:02.48