

Nordic Fest Elvelopet

July 26, 2014

Overall Division Results

5K Run

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/500	1/275	526	Claire Mccomb	22	F	Saint Peter	MN	6:45	00:21:00.38

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/500	1/225	471	Adam Weis	17	M	North Liberty	IA	6:34	00:20:25.21

Female Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	92/500	24/275	148	Nell Graham	13	F	Dodge Center	MN	8:08	00:25:18.33
2	102/500	26/275	602	Madison Tollefson	9	F	Decorah	IA	8:16	00:25:43.72
3	122/500	35/275	83	Brooke Courtney	12	F	Ridgeway	IA	8:32	00:26:32.64

Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/500	25/225	198	Nils Holkesvik	12	M	Decorah	IA	7:16	00:22:35.93
2	37/500	28/225	235	Jacob Kautman	11	M	Gilbert	IA	7:30	00:23:19.27
3	43/500	33/225	248	Brayden Krivachek	13	M	Decorah	IA	7:33	00:23:28.82

Female Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/500	2/275	314	Katie Nimrod	14	F	Decorah	IA	7:07	00:22:07.21
2	46/500	12/275	39	Cassie Bjerke	15	F	Decorah	IA	7:37	00:23:42.22
3	58/500	16/275	565	Alaina Marti	16	F	Mount Vernon	IA	7:47	00:24:11.58

Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/500	2/225	257	Andrew Larson	16	M	Decorah	IA	6:38	00:20:37.72
2	8/500	7/225	452	Tyler Vandelune	14	M	Decorah	IA	6:54	00:21:27.67
3	10/500	9/225	94	Austin Day	15	M	Waukon	IA	6:57	00:21:37.65

Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/500	3/275	428	Amanda Taylor	17	F	Decorah	IA	7:07	00:22:07.22
2	32/500	7/275	295	Maria McDonough	17	F	Decorah	IA	7:18	00:22:41.99
3	33/500	8/275	38	Stef Bjerke	17	F	Decorah	IA	7:18	00:22:42.40

Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/500	10/225	270	Gable Lonning	17	M	Decorah	IA	6:58	00:21:39.29
2	16/500	15/225	590	Parker Fretheim	17	M	Decorah	IA	7:03	00:21:54.39
3	20/500	17/225	341	Tyler Peterson	17	M	Decorah	IA	7:08	00:22:12.46

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Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/500	4/275	9	Brinn Anderson	20	F	Decorah	IA	7:11	00:22:20.84
2	29/500	5/275	199	Marea Holkesvik	20	F	Decorah	IA	7:13	00:22:27.22
3	31/500	6/275	325	Kelsey Offerman	26	F	Madison	WI	7:17	00:22:38.35

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/500	4/225	205	Kent Ingvalson	23	M	Decorah	IA	6:49	00:21:12.18
2	6/500	5/225	370	Alex Rigdon	23	M	St. Louis Park	MN	6:53	00:21:24.40
3	15/500	14/225	433	Joe Thompson	25	M	Ames	IA	7:02	00:21:52.35

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	41/500	10/275	118	Hallie Evans	39	F	New Albin	IA	7:32	00:23:25.47
2	50/500	14/275	168	Kristi Hannemann	32	F	Nashua	IA	7:40	00:23:51.50
3	52/500	15/275	247	Karla Knudson	30	F	Santa Cruz	CA	7:41	00:23:52.97

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/500	6/225	596	Blake Towle	31	M	Cedar Rapids	IA	6:53	00:21:25.42
2	9/500	8/225	392	Kurt Seamans	32	M	Wasilla	AK	6:57	00:21:37.47
3	12/500	11/225	54	Brent Buresh	39	M	Decorah	IA	6:58	00:21:40.71

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	110/500	28/275	375	Heidi Rockweiler	47	F	Decorah	IA	8:28	00:26:19.43
2	126/500	36/275	116	Stacy Engelhardt	40	F	Decorah	IA	8:34	00:26:37.92
3	130/500	40/275	315	Cristy Nimrod	47	F	Decorah	IA	8:35	00:26:42.48

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	22/500	19/225	412	Alexander Steding	44	M	Decorah	IA	7:10	00:22:18.59
2	24/500	20/225	604	Garth Carlson	45	M	Davenport	IA	7:11	00:22:20.84
3	35/500	27/225	381	Brian Sanderman	41	M	Cedar Falls	IA	7:28	00:23:12.47

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	119/500	33/275	507	Barbara Kraus	54	F	Decorah	IA	8:31	00:26:29.97
2	150/500	50/275	578	Marianne Stalberger	51	F	Decorah	IA	8:49	00:27:26.17
3	160/500	54/275	462	Rose Wander	52	F	Elgin	IA	8:58	00:27:52.28

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Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/500	3/225	2	Jorn Aslak Amundsen	52	M	Hundhamaren		6:43	00:20:53.96
2	38/500	29/225	193	Scott Hervey	51	M	Decorah	IA	7:30	00:23:20.72
3	42/500	32/225	224	Brian Jones	56	M	Decorah	IA	7:32	00:23:27.47

Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	264/500	113/275	165	Diane Hammel	60	F	Stewartville	MN	10:07	00:31:25.98
2	413/500	209/275	387	Dianne Schultz	63	F	Postville	IA	12:23	00:38:31.53
3	436/500	224/275	278	Barb Mahr	63	F	Decorah	IA	13:05	00:40:41.64

Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/500	37/225	45	Arland Braaten-Lee	65	M	Northfield	MN	7:40	00:23:51.81
2	53/500	38/225	113	Denny Ellingson	62	M	Courtland	MN	7:42	00:23:56.47
3	173/500	115/225	159	Marle Hageman	63	M	Fort Atkinson	IA	9:04	00:28:11.77