

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	4/500	1/1	526	Claire Mccomb	F	22	Saint Peter	MN	6:45	00:21:00.38
2	18/500	1/23	314	Katie Nimrod	F	14	Decorah	IA	7:07	00:22:07.21
3	19/500	1/27	428	Amanda Taylor	F	17	Decorah	IA	7:07	00:22:07.22
4	23/500	1/60	9	Brinn Anderson	F	20	Decorah	IA	7:11	00:22:20.84
5	29/500	2/60	199	Marea Holkesvik	F	20	Decorah	IA	7:13	00:22:27.22
6	31/500	3/60	325	Kelsey Offerman	F	26	Madison	WI	7:17	00:22:38.35
7	32/500	2/27	295	Maria Mcdonough	F	17	Decorah	IA	7:18	00:22:41.99
8	33/500	3/27	38	Stef Bjerke	F	17	Decorah	IA	7:18	00:22:42.40
9	36/500	4/60	192	Lizzie Herrig	F	25	Decorah	IA	7:30	00:23:18.21
10	41/500	1/63	118	Hallie Evans	F	39	New Albin	IA	7:32	00:23:25.47
11	45/500	4/27	271	Gara Lonning	F	17	Decorah	IA	7:36	00:23:39.80
12	46/500	2/23	39	Cassie Bjerke	F	15	Decorah	IA	7:37	00:23:42.22
13	47/500	5/27	451	Lindsay Vande Lune	F	18	Decorah	IA	7:40	00:23:49.38
14	50/500	2/63	168	Kristi Hannemann	F	32	Nashua	IA	7:40	00:23:51.50
15	52/500	3/63	247	Karla Knudson	F	30	Santa Cruz	CA	7:41	00:23:52.97
16	58/500	3/23	565	Alaina Marti	F	16	Mount Vernon	IA	7:47	00:24:11.58
17	67/500	4/23	240	Shania Kelly	F	15	Decorah	IA	7:50	00:24:22.97
18	74/500	5/23	219	Helen Johnson	F	14	Decorah	IA	7:53	00:24:30.93
19	76/500	6/23	587	Josie Kriener	F	15	Fort Atkinson	IA	7:54	00:24:33.22
20	82/500	5/60	552	Allison Orvis	F	20	Decorah	IA	8:00	00:24:52.66
21	85/500	7/23	382	Hannah Sanderman	F	16	Cedar Falls	IA	8:02	00:25:00.20
22	88/500	6/27	267	Rachel Loecker	F	18	Harrington	NE	8:05	00:25:09.99
23	89/500	7/27	308	Kjerstin Narvesen	F	19	Eagan	MN	8:06	00:25:10.40
24	92/500	1/36	148	Nell Graham	F	13	Dodge Center	MN	8:08	00:25:18.33
25	96/500	8/23	189	Grace Herber	F	14	Dubuque	IA	8:11	00:25:25.67
26	102/500	2/36	602	Madison Tollefson	F	9	Decorah	IA	8:16	00:25:43.72
27	109/500	4/63	52	Alecia Bucksa	F	38	Decorah	IA	8:27	00:26:15.47
28	110/500	1/36	375	Heidi Rockweiler	F	47	Decorah	IA	8:28	00:26:19.43
29	111/500	9/23	33	Brenna Betts	F	15	Decorah	IA	8:28	00:26:19.82
30	112/500	6/60	227	Madeline Jungbauer	F	25	Inver Grove Heights	MN	8:28	00:26:20.84
31	114/500	5/63	10	Allie Bachelder	F	34	Decorah	IA	8:29	00:26:23.68
32	117/500	7/60	318	Ashley Noethe	F	26	Indianola	IA	8:31	00:26:28.96
33	119/500	1/24	507	Barbara Kraus	F	54	Decorah	IA	8:31	00:26:29.97
34	121/500	6/63	465	Amanda Webb	F	34	Decorah	IA	8:32	00:26:31.42
35	122/500	3/36	83	Brooke Courtney	F	12	Ridgeway	IA	8:32	00:26:32.64
36	126/500	2/36	116	Stacy Engelhardt	F	40	Decorah	IA	8:34	00:26:37.92
37	127/500	8/27	88	Emma Dambek	F	17	Decorah	IA	8:34	00:26:38.47
38	128/500	10/23	157	Allie Hafner	F	14	Decorah	IA	8:35	00:26:41.42
39	129/500	9/27	274	Johanna Lubke	F	19	Ridgeway	IA	8:35	00:26:41.97
40	130/500	3/36	315	Cristy Nimrod	F	47	Decorah	IA	8:35	00:26:42.48
41	131/500	7/63	51	Robin Bucheit	F	38	Solon	IA	8:37	00:26:49.15
42	132/500	10/27	555	Lucy Rae Dorn	F	18	Decorah	IA	8:39	00:26:53.22
43	133/500	8/60	117	Melissa Erickson	F	24	Ames	IA	8:40	00:26:55.86
44	134/500	8/63	461	Dawn Walton	F	32	Atlantic	IA	8:41	00:27:01.34
45	140/500	9/60	338	Jackie Peterson	F	25	Middleton	WI	8:43	00:27:07.36
46	144/500	9/63	420	Gwen Strand	F	33	Decorah	IA	8:46	00:27:15.77
47	145/500	10/60	244	Carrie Kilen	F	21	Rochester	MN	8:46	00:27:16.73
48	146/500	11/60	226	Kyrie Jorgenson	F	25	Decorah	IA	8:46	00:27:16.79
49	148/500	4/36	34	Shayla Betts	F	12	Decorah	IA	8:47	00:27:17.98
50	150/500	2/24	578	Marianne Stalberger	F	51	Decorah	IA	8:49	00:27:26.17
51	154/500	11/23	524	Gina Rizzolo	F	14	Clive	IA	8:52	00:27:35.37
52	155/500	10/63	407	Heidi Snell-Anderson	F	38	Decorah	IA	8:52	00:27:35.47
53	156/500	4/36	353	Renee Rabe	F	41	Robins	IA	8:55	00:27:43.48
54	160/500	3/24	462	Rose Wander	F	52	Elgin	IA	8:58	00:27:52.28

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## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
55	163/500	11/27	195	Molly Hilgart	F	19	Waukesha	WI	8:59	00:27:55.27
56	164/500	12/27	64	Melisse Chasse	F	19	Apple Valley	MN	8:59	00:27:55.48
57	167/500	12/60	605	Megan McDonough	F	23	Decorah	IA	9:00	00:27:59.48
58	170/500	5/36	356	Elise Rasmussen	F	13	Jackson	MN	9:03	00:28:07.98
59	174/500	6/36	425	Britta Swanson	F	12	Decorah	IA	9:04	00:28:12.79
60	175/500	5/36	151	Padrin Grimstad	F	40	Decorah	IA	9:05	00:28:13.40
61	176/500	6/36	282	Maureen Maly	F	46	Medina	MN	9:06	00:28:17.91
62	178/500	7/36	12	Grace Bachelder	F	10	Decorah	IA	9:08	00:28:22.98
63	181/500	8/36	326	Kalea Oftedahl	F	12	Decorah	IA	9:10	00:28:31.14
64	182/500	13/60	574	Samantha Cuvelier	F	22	Decorah	IA	9:11	00:28:32.38
65	183/500	14/60	416	Rachel Stenhaug	F	22	Rochester	MN	9:11	00:28:32.48
66	185/500	4/24	547	Sarah Nelson	F	52	Moscow	ID	9:12	00:28:35.21
67	187/500	11/63	532	Cara Feiderman	F	30	Rochester	MN	9:14	00:28:42.48
68	188/500	12/63	540	Kristin Schultes	F	34	Edina	MN	9:14	00:28:42.72
69	190/500	15/60	253	Janna Langholz	F	25	Dallas	TX	9:16	00:28:47.82
70	193/500	16/60	411	Krystle Starr	F	28	Kansas City	MO	9:19	00:28:58.89
71	194/500	9/36	150	Claire Graham	F	11	Dodge Center	MN	9:20	00:29:02.36
72	198/500	13/63	430	Laura Taylor	F	34	Rochester	MN	9:23	00:29:11.71
73	199/500	14/63	542	Rachel Parks	F	39	Big Lake	MN	9:24	00:29:13.73
74	200/500	15/63	143	Jamie Gavle	F	32	Decorah	IA	9:25	00:29:16.58
75	203/500	17/60	570	Bethany Chalmers	F	29	Minneapolis	MN	9:26	00:29:19.23
76	204/500	16/63	110	Kelly Egan	F	32	Westgate	IA	9:26	00:29:19.84
77	206/500	18/60	488	Lydia Veeder	F	23	Saint Paul	MN	9:28	00:29:25.95
78	207/500	17/63	93	Amanda Day	F	34	Sun Prairie	WI	9:30	00:29:32.65
79	208/500	18/63	403	Tiffany Smith	F	34	Decorah	IA	9:32	00:29:40.28
80	209/500	19/63	312	Laura Nichols	F	39	Silver Spring	MD	9:35	00:29:47.34
81	211/500	10/36	429	Gracia Taylor	F	13	Decorah	IA	9:36	00:29:52.61
82	213/500	11/36	303	Abby Moen	F	11	Decorah	IA	9:37	00:29:53.22
83	215/500	12/36	11	Emma Bachelder	F	12	Decorah	IA	9:39	00:30:00.36
84	218/500	19/60	600	Stacey Falck	F	28	Dunkerton	IA	9:44	00:30:16.80
85	220/500	13/27	516	Kayla Ingvalson	F	19	Decorah	IA	9:46	00:30:20.85
86	223/500	14/27	585	Hannah Bernatz	F	19	Decorah	IA	9:49	00:30:31.23
87	224/500	20/63	171	Jordan Hanson	F	33	Hudson	IA	9:50	00:30:34.89
88	225/500	21/63	35	Melissa Bills	F	33	Decorah	IA	9:50	00:30:35.48
89	226/500	22/63	384	Brandi Schissel	F	32	Calmar	IA	9:50	00:30:35.50
90	227/500	23/63	538	Shelly Giddings	F	33	Decorah	IA	9:51	00:30:36.92
91	228/500	7/36	249	Kathy Krob	F	47	Anderson	SC	9:52	00:30:40.78
92	230/500	5/24	158	Sabrina Hageman	F	52	Lacey	WA	9:53	00:30:43.98
93	231/500	20/60	380	Allyson Sand	F	24	Chicago	IL	9:55	00:30:48.92
94	232/500	24/63	612	Jen Canales	F	33	Des Moines	IA	9:55	00:30:49.12
95	234/500	21/60	388	Jennifer Schulz	F	23	Decorah	IA	9:55	00:30:49.33
96	235/500	6/24	497	Lois Finanger	F	59	Decorah	IA	9:55	00:30:49.94
97	236/500	12/23	242	Kylie Kerndt	F	15	Decorah	IA	9:55	00:30:50.48
98	239/500	13/23	130	Noelle Francisco	F	14	Westlake Village	CA	9:56	00:30:54.48
99	240/500	8/36	398	Holly Sires	F	41	Saint Charles	MN	9:57	00:30:55.43
100	241/500	7/24	53	Pam Buddenberg	F	51	Decorah	IA	9:57	00:30:55.64
101	242/500	9/36	328	Lisa Olson	F	46	Minneapolis	MN	9:57	00:30:56.23
102	244/500	13/36	276	Anja Madsen	F	11	Decorah	IA	9:58	00:30:59.12
103	246/500	14/23	320	Courtney Nordheim	F	15	Decorah	IA	9:58	00:31:00.14
104	249/500	14/36	237	Mia Kautman	F	7	Gilbert	IA	10:00	00:31:06.88
105	254/500	25/63	59	Dana Carolan	F	36	Decorah	IA	10:01	00:31:09.32
106	255/500	15/23	180	Aly Haugen	F	14	Minneapolis	MN	10:01	00:31:09.92
107	257/500	16/23	216	Madelyn Jermier	F	15	Decorah	IA	10:02	00:31:11.95
108	258/500	17/23	584	Monica Tappe	F	16	Decorah	IA	10:03	00:31:14.57

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
109	259/500	10/36	254	Brenda Langreck	F	48	Decorah	IA	10:03	00:31:14.98
110	260/500	15/27	208	Jennison Jenkins	F	18	Decorah	IA	10:04	00:31:16.81
111	261/500	26/63	606	Gwen Van Genpen	F	36	Decorah	IA	10:04	00:31:16.99
112	263/500	11/36	273	Ronda Lovelace	F	48	Rochester	MN	10:06	00:31:25.18
113	264/500	1/5	165	Diane Hammel	F	60	Stewartville	MN	10:07	00:31:25.98
114	266/500	15/36	301	Abby Milburn	F	11	Decorah	IA	10:07	00:31:28.43
115	267/500	16/36	569	Leonie Wegmueller	F	12	Langau		10:08	00:31:30.23
116	268/500	18/23	355	Rylea Ranum	F	14	Decorah	IA	10:08	00:31:31.68
117	270/500	8/24	36	Alison Bishop	F	52	Decorah	IA	10:10	00:31:36.16
118	271/500	9/24	438	Randeen Torvik Ragan	F	58	Austin	TX	10:10	00:31:36.16
119	272/500	22/60	613	Hillary Reed	F	25	Cedar Rapids	IA	10:10	00:31:36.23
120	273/500	23/60	324	Bridget Ode	F	25	Cedar Rapids	IA	10:10	00:31:36.36
121	274/500	12/36	385	Traci Schmitz	F	47	Marion	IA	10:10	00:31:37.79
122	275/500	13/36	149	Kory Graham	F	45	Dodge Center	MN	10:11	00:31:39.84
123	276/500	24/60	614	Isabela Rosales	F	20	Decorah	IA	10:12	00:31:42.49
124	277/500	16/27	340	Kayla Peterson	F	19	Decorah	IA	10:12	00:31:42.69
125	278/500	25/60	241	Amanda Kennay	F	25	Rockfalls	IL	10:13	00:31:46.76
126	282/500	14/36	521	Sara Friedl Putnam	F	47	Decorah	IA	10:15	00:31:50.86
127	283/500	27/63	377	Jacquelyn Ruen	F	33	Minneapolis	MN	10:15	00:31:51.64
128	284/500	28/63	182	Andrea Haugo	F	33	Viroqua	WI	10:15	00:31:52.44
129	285/500	15/36	14	Kaija Baldock	F	40	Tonganoxie	KS	10:15	00:31:53.24
130	286/500	26/60	492	Hannah Ranum	F	23	Minneapolis	MN	10:16	00:31:54.48
131	287/500	29/63	183	Jean Hegland	F	37	North Libert	IA	10:16	00:31:56.72
132	288/500	30/63	480	Andrea Wilson	F	38	Decorah	IA	10:16	00:31:56.73
133	291/500	17/27	259	Alysen Lemieux	F	19	Noblesville	IN	10:18	00:32:02.81
134	292/500	27/60	490	Mikayla Morrison	F	20	South English	IA	10:19	00:32:03.43
135	295/500	31/63	57	Hon Busta	F	33	Decorah	IA	10:20	00:32:09.10
136	296/500	17/36	567	Muriel Wegmueller	F	12	Langua		10:21	00:32:11.75
137	300/500	16/36	239	Kim Kavan	F	42	Decorah	IA	10:23	00:32:15.98
138	301/500	18/36	255	Kylie Larson	F	9	Des Moines	IA	10:23	00:32:16.19
139	302/500	32/63	357	Larissa Rasmussen	F	38	Jackson	MN	10:23	00:32:16.74
140	304/500	28/60	142	Krista Garvin	F	21	Cedar Falls	IA	10:24	00:32:20.68
141	305/500	19/36	264	Annette Leschensky	F	12	Decorah	IA	10:25	00:32:22.73
142	307/500	10/24	115	Sharon Elsbernd	F	50	Calmar	IA	10:26	00:32:26.20
143	309/500	29/60	266	Hanna Lindblom	F	22	Edina	MN	10:27	00:32:30.71
144	310/500	33/63	513	Jenn Reagan	F	35	Savanna	IL	10:28	00:32:31.49
145	311/500	19/23	153	Alli Groux	F	14	Calmar	IA	10:28	00:32:32.73
146	312/500	20/23	89	Jenna Dambek	F	16	Valparaiso	IN	10:28	00:32:34.17
147	313/500	34/63	81	Amy Courtney	F	38	Ridgeway	IA	10:29	00:32:35.19
148	314/500	11/24	450	Kendra Van Sloten	F	50	Decorah	IA	10:29	00:32:36.13
149	316/500	30/60	514	Kerbie Engel	F	29	Decorah	IA	10:34	00:32:51.66
150	318/500	20/36	603	Addie Carlson	F	10	Davenport	IA	10:35	00:32:55.49
151	319/500	31/60	449	Sharese Van Sloten	F	27	Iowa City	IA	10:36	00:32:56.15
152	321/500	17/36	405	Kelli Smutzler	F	45	Decorah	IA	10:36	00:32:57.38
153	322/500	18/36	609	Susanna Cole	F	42	Redding	CA	10:37	00:32:59.49
154	323/500	35/63	485	Anne Wuebker	F	30	Waukon	IA	10:37	00:32:59.63
155	324/500	32/60	383	Whitney Schiller	F	29	Decorah	IA	10:37	00:32:59.99
156	325/500	19/36	102	Lara Dolphin	F	41	Gales Ferry	CT	10:38	00:33:02.69
157	327/500	20/36	439	Karen Trewin	F	44	Decorah	IA	10:39	00:33:05.97
158	328/500	33/60	511	Christine Bochniak	F	27	Dubuque	IA	10:39	00:33:05.97
159	329/500	36/63	291	Lara Mccombie	F	36	Bellevue	IA	10:39	00:33:06.16
160	332/500	12/24	577	Jane Miller	F	50	Decorah	IA	10:42	00:33:16.14
161	333/500	21/36	252	Sydney Landstrom	F	13	Decorah	IA	10:42	00:33:16.74
162	335/500	34/60	530	Brooke Fosaaen	F	20	Rockford	MN	10:43	00:33:19.60

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
163	336/500	21/23	114	Lindsay Elsbernd	F	15	Decorah	IA	10:43	00:33:20.81
164	337/500	22/23	129	Amanda Francisco	F	16	Westlake Village	CA	10:45	00:33:24.68
165	338/500	37/63	302	Rebecca Miller	F	31	Robins	IA	10:46	00:33:27.24
166	339/500	13/24	204	Kay Imoehl	F	50	Decorah	IA	10:46	00:33:27.94
167	342/500	35/60	598	Allie Canoy	F	22	Grand Forks	ND	10:52	00:33:46.99
168	343/500	38/63	481	Kristina Wiltgen	F	35	Decorah	IA	10:55	00:33:55.24
169	346/500	39/63	583	Robyn Hanson	F	34	Decorah	IA	10:59	00:34:10.48
170	348/500	40/63	230	Marissa Kamaryt	F	37	Oak Park	IL	11:01	00:34:16.38
171	349/500	41/63	135	Lauren Frobish	F	32	Dewitt	IA	11:02	00:34:17.80
172	350/500	42/63	415	Stephanie Steines	F	38	Decorah	IA	11:03	00:34:21.88
173	351/500	21/36	397	Tammy Silver	F	49	Woodland	CA	11:04	00:34:25.49
174	352/500	22/36	209	Stacy Jensen	F	43	Mason City	IA	11:05	00:34:28.74
175	353/500	36/60	575	Jenna Darsee	F	21	Urbandale	IA	11:07	00:34:34.49
176	355/500	22/36	589	Emma Fretheim	F	13	Decorah	IA	11:12	00:34:50.34
177	357/500	18/27	474	Molly Wettach	F	19	Decorah	IA	11:15	00:34:58.16
178	362/500	23/36	566	Lisa McClellan	F	42	West Union	IA	11:18	00:35:07.45
179	366/500	37/60	379	Rachel Sand	F	27	Chicago	IL	11:21	00:35:18.87
180	371/500	14/24	184	Wendy Helgerson	F	56	Decorah	IA	11:34	00:35:56.70
181	372/500	15/24	156	Renee Gunderson	F	50	Decorah	IA	11:35	00:36:00.49
182	373/500	43/63	293	Sarah McConnell	F	37	Rochester	MN	11:37	00:36:08.24
183	374/500	44/63	218	Dawn Johnson	F	37	Rochester	MN	11:38	00:36:09.67
184	375/500	23/36	593	Hattie Baldock	F	10	Decorah	IA	11:40	00:36:16.60
185	376/500	38/60	70	Claire Cobb	F	22	Shawnee	KS	11:40	00:36:17.21
186	378/500	24/36	292	Alexis McCombie	F	8	Bellevue	IA	11:44	00:36:27.99
187	380/500	24/36	177	Michelle Hanson	F	46	Valpraiso	IN	11:45	00:36:30.62
188	382/500	25/36	61	Julie Chamberlain	F	40	Decorah	IA	11:45	00:36:33.47
189	383/500	45/63	582	Rachel Halvorson	F	30	Des Moines	IA	11:46	00:36:34.68
190	384/500	39/60	502	Rachel Jungwirth	F	23	Saint Louis Park	MN	11:46	00:36:36.29
191	387/500	26/36	191	Candy Herold	F	48	Calmar	IA	11:47	00:36:39.75
192	390/500	27/36	96	Andrea Detweiler	F	43	Oelwein	IA	11:49	00:36:43.62
193	391/500	46/63	251	Erica Landas	F	35	Oak Park	IL	11:52	00:36:55.29
194	392/500	40/60	91	Lindsay Davis	F	28	Decorah	IA	11:53	00:36:55.56
195	393/500	25/36	76	Riley Corrigan	F	12	Norwood Young America	MN	11:53	00:36:57.25
196	394/500	47/63	294	Laura McCreery	F	33	Davenport	IA	11:53	00:36:57.71
197	396/500	23/23	531	Nicole Fosaaen	F	15	Rockford	MN	11:55	00:37:01.96
198	399/500	48/63	330	Keri Ostby	F	36	Rochester	MN	11:59	00:37:15.84
199	400/500	49/63	448	Cory Van Patten	F	34	Gilbert	AZ	11:59	00:37:15.84
200	401/500	28/36	196	Tracy Hjelle	F	44	Decorah	IA	12:00	00:37:19.91
201	402/500	50/63	134	Samantha Friederick	F	31	Decorah	IA	12:04	00:37:31.12
202	403/500	41/60	494	Melissa Ross	F	29	Oregon	WI	12:04	00:37:31.12
203	404/500	42/60	432	Ashley Thompson	F	20	Oakdale	MN	12:05	00:37:34.50
204	405/500	26/36	109	Marlee Duwe	F	13	Decorah	IA	12:06	00:37:37.18
205	407/500	19/27	536	Kiersten Wenthold	F	19	Fort Atkinson	IA	12:12	00:37:54.94
206	408/500	43/60	537	Shandra Taylor	F	22	Louisville	KY	12:12	00:37:55.25
207	410/500	51/63	27	Lindsey Belz	F	33	Cardiff By The Sea	CA	12:20	00:38:21.39
208	412/500	44/60	421	Samantha Street	F	23	Winona	MN	12:22	00:38:27.25
209	413/500	2/5	387	Dianne Schultz	F	63	Postville	IA	12:23	00:38:31.53
210	414/500	16/24	107	Sarah Dunleavy	F	51	Denver	IA	12:32	00:38:56.99
211	418/500	45/60	245	Mollie King	F	22	Minneapolis	MN	12:42	00:39:27.64
212	420/500	17/24	376	Joanie Rollins	F	53	Decorah	IA	12:48	00:39:48.43
213	422/500	27/36	469	Helen Weis	F	12	Decorah	IA	12:52	00:40:01.25
214	423/500	52/63	84	Kyleen Cowie	F	30	Chicago	IL	12:54	00:40:05.25
215	424/500	29/36	275	Ann Lynch	F	49	Rochester	MN	12:54	00:40:07.92
216	425/500	18/24	401	Carol Smith	F	57	Decorah	IA	12:55	00:40:08.73

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
217	426/500	53/63	390	Anna Seamans	F	33	Prairie Du Chien	WI	12:56	00:40:11.99
218	428/500	46/60	37	Erica Bjelland	F	20	Devils Lake	ND	12:56	00:40:13.82
219	429/500	47/60	47	Emma Breitenstein	F	20	Decorah	IA	12:56	00:40:13.82
220	430/500	54/63	437	Mesha Torkelson	F	31	Big Lake	MN	12:58	00:40:18.83
221	431/500	20/27	284	Caroline Marlow	F	17	Decorah	IA	13:02	00:40:29.70
222	432/500	48/60	445	Hillary Vamstad	F	28	Decorah	IA	13:02	00:40:30.75
223	434/500	28/36	73	Kayanne Cooper	F	13	Decorah	IA	13:02	00:40:32.25
224	436/500	3/5	278	Barb Mahr	F	63	Decorah	IA	13:05	00:40:41.64
225	437/500	49/60	505	Sarah Dow	F	25	Waukee	IA	13:06	00:40:42.44
226	438/500	30/36	20	Cindy Barwick	F	43	Sheldon	IA	13:06	00:40:43.60
227	439/500	29/36	493	Maleah Ackerman	F	13	South English	IA	13:10	00:40:55.69
228	441/500	19/24	396	Maureen Shroyer	F	53	Decorah	IA	13:11	00:40:58.74
229	442/500	30/36	358	Ella Ready	F	8	Sioux Falls	SD	13:13	00:41:05.67
230	443/500	55/63	359	Laura Ready	F	35	Sioux Falls	SD	13:13	00:41:05.87
231	444/500	31/36	551	Thea Schissel	F	9	Decorah	IA	13:16	00:41:13.50
232	445/500	21/27	414	Zoe Steine-Hanson	F	17	Portland	OR	13:21	00:41:28.80
233	446/500	31/36	413	Tricia Steine-Hanson	F	41	Portland	OR	13:22	00:41:32.69
234	447/500	32/36	525	Claire Jensen	F	13	Decorah	IA	13:23	00:41:37.75
235	448/500	32/36	42	Keri Bodensteiner	F	41	Decorah	IA	13:26	00:41:45.68
236	449/500	56/63	203	Janet Hunter	F	37	Decorah	IA	13:28	00:41:52.21
237	450/500	57/63	460	Linda Walter	F	39	Decorah	IA	13:28	00:41:52.21
238	451/500	50/60	13	Kelly Baker	F	21	Homer Glen	IL	13:44	00:42:41.35
239	453/500	58/63	106	Lacie Driscoll	F	32	Crystal Lake	IL	13:52	00:43:05.11
240	454/500	33/36	4	Christin Anderson	F	43	Franklin	TN	13:52	00:43:06.47
241	455/500	34/36	44	Christy Bouska	F	41	Decorah	IA	14:03	00:43:41.51
242	458/500	59/63	510	Jerita Bureson	F	37	Abu Dhabi		14:14	00:44:14.13
243	459/500	4/5	124	Chris Flaskerud	F	62	Decorah	IA	14:21	00:44:36.59
244	460/500	20/24	482	Beth Winke	F	52	Suffolk	VA	14:31	00:45:08.26
245	461/500	5/5	99	Barb Dohlen	F	68	Emerald Isle	NC	14:32	00:45:11.76
246	462/500	51/60	963	Liv Ulring	F	20	Decorah	IA	14:33	00:45:13.23
247	464/500	35/36	522	Meg Hammes	F	45	Calmar	IA	14:33	00:45:14.16
248	465/500	52/60	24	Marie Bauer	F	20	Stillwater	MN	14:33	00:45:14.17
249	466/500	53/60	97	Shanna Dibble	F	28	Decorah	IA	14:46	00:45:54.93
250	467/500	21/24	222	Lisa Johnsrud	F	52	Dodgville	WI	15:00	00:46:38.47
251	468/500	22/24	475	Connie White	F	52	Decorah	IA	15:04	00:46:49.44
252	469/500	54/60	310	Railyn Nelson	F	27	Hastings	MN	15:04	00:46:50.26
253	470/500	55/60	408	Sarah Snyder	F	23	Cottage Grove	MN	15:04	00:46:50.46
254	471/500	22/27	299	Jessie Metz	F	18	Albertville	MN	15:24	00:47:53.27
255	472/500	23/27	55	Josie Burns	F	18	Albertville	MN	15:24	00:47:53.39
256	473/500	33/36	352	Maddie Putnam	F	12	Decorah	IA	15:28	00:48:05.77
257	475/500	23/24	120	Lynette Falck	F	55	Decorah	IA	15:36	00:48:30.39
258	476/500	60/63	595	Patty Murray	F	35	Amboy	MN	15:43	00:48:49.93
259	477/500	24/27	43	Rachel Bourget	F	18	Albertville	MN	15:57	00:49:34.49
260	478/500	25/27	366	Maia Rehovsky	F	18	Albertville	MN	15:57	00:49:34.49
261	481/500	26/27	283	Caitlin Maly	F	17	Medina	MN	16:47	00:52:11.57
262	482/500	24/24	207	Llew Jenkins	F	50	Decorah	IA	16:50	00:52:20.74
263	483/500	56/60	98	Audi Dickey	F	20	Apple Valley	MN	17:02	00:52:57.78
264	484/500	57/60	560	Courtney Castleberry	F	20	Stillwater	MN	17:02	00:52:57.79
265	485/500	58/60	444	Hailey Uphoff	F	20	Big Lake	MN	17:02	00:52:58.28
266	487/500	61/63	17	Paige Baraban	F	36	Roeland Park	KS	17:20	00:53:51.77
267	488/500	36/36	297	Marnie Mentel	F	46	St. Albans	MO	17:28	00:54:17.53
268	489/500	62/63	18	Melanie Barr	F	38	Manhattan Beach	CA	17:28	00:54:18.19
269	490/500	27/27	410	Chelsey Stamper	F	19	Waukon	IA	17:49	00:55:22.38
270	493/500	63/63	501	Marissa Nordschow	F	34	Decorah	IA	18:36	00:57:49.15

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
271	496/500	34/36	103	Violet Doolittle	F	12	Forest Lake	MN	19:03	00:59:12.48
272	497/500	35/36	479	Emily Williams	F	12	Decorah	IA	19:03	00:59:12.54
273	498/500	59/60	508	Ashley Johnson	F	27	Crookston	MN	19:10	00:59:35.87
274	499/500	36/36	509	Teegan Johnson	F	6	Crookston	MN	19:11	00:59:36.45
275	500/500	60/60	389	Rebekah Schulz	F	22	Decorah	IA	25:27	01:19:05.99

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/500	1/1	471	Adam Weis	M	17	North Liberty	IA	6:34	00:20:25.21
2	2/500	1/14	257	Andrew Larson	M	16	Decorah	IA	6:38	00:20:37.72
3	3/500	1/22	2	Jorn Aslak Amundsen	M	52	Hundhamaren		6:43	00:20:53.96
4	5/500	1/42	205	Kent Ingvalson	M	23	Decorah	IA	6:49	00:21:12.18
5	6/500	2/42	370	Alex Rigdon	M	23	St. Louis Park	MN	6:53	00:21:24.40
6	7/500	1/44	596	Blake Towle	M	31	Cedar Rapids	IA	6:53	00:21:25.42
7	8/500	2/14	452	Tyler Vandelune	M	14	Decorah	IA	6:54	00:21:27.67
8	9/500	2/44	392	Kurt Seamans	M	32	Wasilla	AK	6:57	00:21:37.47
9	10/500	3/14	94	Austin Day	M	15	Waukon	IA	6:57	00:21:37.65
10	11/500	1/10	270	Gable Lonning	M	17	Decorah	IA	6:58	00:21:39.29
11	12/500	3/44	54	Brent Buresh	M	39	Decorah	IA	6:58	00:21:40.71
12	13/500	4/14	25	Garret Baumler	M	16	Decorah	IA	7:00	00:21:45.61
13	14/500	4/44	197	Scott Hogseth	M	31	Madison	WI	7:01	00:21:48.68
14	15/500	3/42	433	Joe Thompson	M	25	Ames	IA	7:02	00:21:52.35
15	16/500	2/10	590	Parker Fretheim	M	17	Decorah	IA	7:03	00:21:54.39
16	17/500	4/42	456	Nathan Wagner	M	29	Des Moines	IA	7:03	00:21:55.21
17	20/500	3/10	341	Tyler Peterson	M	17	Decorah	IA	7:08	00:22:12.46
18	21/500	5/14	286	Henrik Marquardt	M	15	Decorah	IA	7:08	00:22:12.47
19	22/500	1/43	412	Alexander Steding	M	44	Decorah	IA	7:10	00:22:18.59
20	24/500	2/43	604	Garth Carlson	M	45	Davenport	IA	7:11	00:22:20.84
21	25/500	4/10	576	Josh Miller	M	19	Decorah	IA	7:11	00:22:21.65
22	26/500	6/14	263	Ben Leschensky	M	15	Decorah	IA	7:11	00:22:22.22
23	27/500	5/10	200	Steven Holkesvik	M	17	Decorah	IA	7:12	00:22:23.68
24	28/500	5/42	185	Ryan Henderson	M	21	Monona	IA	7:12	00:22:25.31
25	30/500	1/35	198	Nils Holkesvik	M	12	Decorah	IA	7:16	00:22:35.93
26	34/500	6/42	228	Henry Jungbauer	M	21	Dellwood	MN	7:23	00:22:57.49
27	35/500	3/43	381	Brian Sanderman	M	41	Cedar Falls	IA	7:28	00:23:12.47
28	37/500	2/35	235	Jacob Kautman	M	11	Gilbert	IA	7:30	00:23:19.27
29	38/500	2/22	193	Scott Hervey	M	51	Decorah	IA	7:30	00:23:20.72
30	39/500	7/14	121	Isaac Fink	M	16	Waukon	IA	7:31	00:23:24.21
31	40/500	5/44	321	Scott Nordschow	M	34	Decorah	IA	7:32	00:23:25.17
32	42/500	3/22	224	Brian Jones	M	56	Decorah	IA	7:32	00:23:27.47
33	43/500	3/35	248	Brayden Krivachek	M	13	Decorah	IA	7:33	00:23:28.82
34	44/500	4/22	268	Bradley Loftsgard	M	57	Decorah	IA	7:36	00:23:37.56
35	48/500	7/42	74	Mitch Cornelius	M	25	Streetsboro	OH	7:40	00:23:50.19
36	49/500	6/44	60	Michael Casterton	M	34	Decorah	IA	7:40	00:23:50.97
37	51/500	1/13	45	Arland Braaten-Lee	M	65	Northfield	MN	7:40	00:23:51.81
38	53/500	2/13	113	Denny Ellingson	M	62	Courtland	MN	7:42	00:23:56.47
39	54/500	4/43	277	Greg Madsen	M	44	Decorah	IA	7:42	00:23:57.97
40	55/500	5/22	483	Bill Winke	M	50	Albia	IA	7:44	00:24:04.25
41	56/500	6/22	75	Michael Cornelius	M	51	Decorah	IA	7:46	00:24:08.12
42	57/500	7/44	178	David Hart	M	37	Maple Grove	MN	7:47	00:24:10.97
43	59/500	4/35	427	Noah Tapscott	M	12	Decorah	IA	7:47	00:24:11.78
44	60/500	5/35	236	Owen Kautman	M	9	Gilbert	IA	7:47	00:24:11.97
45	61/500	5/43	395	Michael Sheehan	M	46	Wausau	WI	7:47	00:24:12.58
46	62/500	6/43	423	Tj Sturtz	M	43	Plano	IA	7:47	00:24:13.61
47	63/500	8/44	440	Peter Triesenberg	M	34	Santa Cruz	CA	7:47	00:24:13.97
48	64/500	7/43	272	Gary Lovelace	M	48	Rochester	MN	7:48	00:24:14.20
49	65/500	8/14	80	Blake Courtney	M	15	Ridgeway	IA	7:50	00:24:22.22
50	66/500	9/44	588	Daniel Kuboushek	M	34	Calmar	IA	7:50	00:24:22.59
51	68/500	8/42	571	Brent Pepin	M	26	Postville	IA	7:51	00:24:25.22
52	69/500	6/35	368	Kyle Renken	M	11	Decorah	IA	7:51	00:24:26.22
53	70/500	6/10	311	Forde Nesteby	M	18	Decorah	IA	7:52	00:24:27.68
54	71/500	7/22	194	Howard Higgins	M	50	Fairport	NY	7:52	00:24:28.48

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
55	72/500	8/43	422	Michael Sturtz	M	47	Indianola	IA	7:52	00:24:28.90
56	73/500	9/42	477	Gavin Wicks	M	24	Decorah	IA	7:52	00:24:28.90
57	75/500	9/43	220	Andy Johnson	M	44	Decorah	IA	7:53	00:24:31.13
58	77/500	7/35	342	Spencer Peterson	M	13	Decorah	IA	7:56	00:24:39.87
59	78/500	10/43	234	Andrew Kautman	M	40	Gilbert	IA	7:57	00:24:43.13
60	79/500	7/10	138	Jakob Frueh	M	18	Decorah	IA	7:57	00:24:43.53
61	80/500	10/42	489	Bradley Vogel	M	25	Saint Paul	MN	7:57	00:24:44.55
62	81/500	11/43	281	Lance Maly	M	47	Medina	MN	7:59	00:24:49.97
63	83/500	12/43	82	Scott Courtney	M	42	Ridgeway	IA	8:00	00:24:54.28
64	84/500	8/22	441	Bob Tupy	M	55	Calmar	IA	8:01	00:24:55.96
65	86/500	11/42	316	Jared Noack	M	28	Des Moines	IA	8:03	00:25:02.86
66	87/500	13/43	86	Paul Dambek	M	43	Valparaiso	IN	8:04	00:25:03.87
67	90/500	10/44	561	Torray Wilson	M	32	Paullina	IA	8:06	00:25:12.63
68	91/500	14/43	238	Cheuang Kavan	M	45	Decorah	IA	8:07	00:25:15.47
69	93/500	9/14	8	Nathan Anderson	M	14	Saint Paul	MN	8:10	00:25:23.24
70	94/500	12/42	417	Jeremy Stenseth	M	21	Calmar	IA	8:10	00:25:24.22
71	95/500	13/42	187	John Herber	M	20	Dubuque	IA	8:10	00:25:24.87
72	97/500	8/35	215	Blake Jermier	M	9	Decorah	IA	8:11	00:25:25.90
73	98/500	14/42	333	Sean Parvi	M	24	Ramsey	MN	8:11	00:25:26.90
74	99/500	15/42	378	Michael Sabers	M	28	Iowa City	IA	8:13	00:25:33.40
75	100/500	9/35	108	Briggs Duwe	M	11	Decorah	IA	8:14	00:25:36.97
76	101/500	8/10	136	Jakob Frueh	M	18	Decorah	IA	8:15	00:25:38.68
77	103/500	11/44	601	Mike Tollefson	M	34	Decorah	IA	8:17	00:25:45.42
78	104/500	12/44	459	Jimmie Walsh	M	33	Waverly	IA	8:17	00:25:46.21
79	105/500	15/43	597	David Tollefson	M	41	Cedar Rapids	IA	8:21	00:25:59.70
80	106/500	10/35	280	Luke Maly	M	13	Medina	MN	8:24	00:26:06.86
81	107/500	11/35	214	Zach Jermier	M	10	Decorah	IA	8:25	00:26:10.25
82	108/500	16/42	581	Soloman Halvorson	M	29	Des Moines	IA	8:26	00:26:15.13
83	113/500	17/42	434	Tanner Tjossem	M	21	Decorah	IA	8:29	00:26:21.64
84	115/500	13/44	48	Nick Brock	M	34	Decorah	IA	8:29	00:26:24.28
85	116/500	18/42	319	Justin Noethe	M	26	Indianola	IA	8:31	00:26:28.47
86	118/500	19/42	478	Benjamin Wilbur	M	26	Decorah	IA	8:31	00:26:29.58
87	120/500	16/43	188	Christopher Herber	M	47	Dubuque	IA	8:32	00:26:31.20
88	123/500	14/44	472	Lucas Welper	M	32	Stewartville	MN	8:32	00:26:32.97
89	124/500	12/35	372	Sam Robinson	M	13	Decorah	IA	8:33	00:26:34.67
90	125/500	10/14	285	Jake Marlow	M	16	Decorah	IA	8:34	00:26:37.11
91	135/500	20/42	201	Stephen Hu	M	27	Minneapolis	MN	8:42	00:27:02.16
92	136/500	15/44	58	Tom Busta	M	32	Decorah	IA	8:42	00:27:02.73
93	137/500	11/14	361	Jerod Redenius	M	14	Decorah	IA	8:42	00:27:04.39
94	138/500	21/42	164	Uriah Halvorson	M	27	Decorah	IA	8:43	00:27:04.99
95	139/500	22/42	476	Drew White	M	26	Middleton	WI	8:43	00:27:06.64
96	141/500	13/35	399	Preston Sires	M	10	Saint Charles	MN	8:44	00:27:08.72
97	142/500	16/44	431	Joshua Taylor	M	34	Rochester	MN	8:44	00:27:09.68
98	143/500	9/10	92	Ethan Davis	M	19	Decorah	IA	8:46	00:27:14.72
99	147/500	23/42	393	Drew Sears	M	27	Cedar Falls	IA	8:46	00:27:17.20
100	149/500	10/10	458	Anders Wahlberg	M	18	Decorah	IA	8:49	00:27:24.13
101	151/500	14/35	101	Hunter Dolphin	M	12	Gales Ferry	CT	8:50	00:27:29.25
102	152/500	17/43	147	Bob Gilbertson	M	41	Marshalltown	IA	8:52	00:27:33.34
103	153/500	12/14	523	Luke Anderson	M	15	Clive	IA	8:52	00:27:34.97
104	157/500	17/44	371	Erik Riha	M	38	Champaign	IL	8:55	00:27:44.28
105	158/500	18/43	594	Victor Agusta	M	46	Cary	NC	8:56	00:27:48.36
106	159/500	15/35	592	Remi Baldock	M	9	Decorah	IA	8:57	00:27:51.42
107	161/500	18/44	374	Tad Robinson	M	37	Allentown	PA	8:58	00:27:53.73
108	162/500	24/42	367	Jacob Reinhardt	M	23	Decorah	IA	8:58	00:27:54.67



# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
109	165/500	16/35	155	James Groux	M	11	Calmar	IA	8:59	00:27:55.88
110	166/500	19/44	336	Darin Peterson	M	31	Decorah	IA	8:59	00:27:56.90
111	168/500	17/35	131	Owen Frick	M	8	Rochester	MN	9:01	00:28:02.60
112	169/500	25/42	553	Erik Orvis	M	20	Decorah	IA	9:02	00:28:05.45
113	171/500	18/35	287	Lars Marquardt	M	13	Decorah	IA	9:04	00:28:11.38
114	172/500	19/43	543	Thoms Marquardt	M	45	Decorah	IA	9:04	00:28:11.73
115	173/500	3/13	159	Marle Hageman	M	63	Fort Atkinson	IA	9:04	00:28:11.77
116	177/500	9/22	87	John Dambek	M	50	Decorah	IA	9:07	00:28:19.73
117	179/500	4/13	394	Jim Sewick	M	60	Waukon	IA	9:08	00:28:23.94
118	180/500	20/44	261	Brian Lensch	M	39	Decorah	IA	9:08	00:28:24.21
119	184/500	20/43	265	Jesse Leuenberger	M	42	Decorah	IA	9:12	00:28:35.21
120	186/500	10/22	457	John Wahlberg	M	50	Apple Valley	MN	9:14	00:28:41.73
121	189/500	21/44	539	Ben Schultes	M	36	Edina	MN	9:14	00:28:43.34
122	191/500	21/43	339	Curtis Peterson	M	44	Decorah	IA	9:16	00:28:50.51
123	192/500	22/43	541	Tom Klotzbach	M	49	Decorah	IA	9:18	00:28:56.48
124	195/500	19/35	332	Drew Parks	M	8	Big Lake	MN	9:22	00:29:07.98
125	196/500	23/43	331	Jason Parks	M	41	Big Lake	MN	9:22	00:29:08.25
126	197/500	26/42	535	Darrin Sersland	M	26	Minneapolis	MN	9:22	00:29:08.85
127	201/500	24/43	418	Jim Stenseth	M	49	Calmar	IA	9:25	00:29:17.73
128	202/500	11/22	369	Alan Renken	M	50	Decorah	IA	9:25	00:29:18.42
129	205/500	22/44	404	Weylin Smith	M	36	Decorah	IA	9:27	00:29:22.69
130	210/500	23/44	313	Bradley Nichols	M	39	Silver Spring	MD	9:35	00:29:47.73
131	212/500	25/43	360	Chris Redenius	M	41	Decorah	IA	9:37	00:29:52.98
132	214/500	26/43	176	Carter Hanson	M	45	Valpraiso	IN	9:38	00:29:56.89
133	216/500	27/42	519	Peter Lillibridge	M	20	Decorah	IA	9:39	00:30:00.48
134	217/500	27/43	289	Kevin Marquis	M	45	Marion	IA	9:44	00:30:15.73
135	219/500	12/22	223	Stu Johnston	M	52	Decorah	IA	9:45	00:30:18.42
136	221/500	28/43	305	Andrew Moorcroft	M	42	Decorah	IA	9:47	00:30:26.73
137	222/500	13/22	564	Steve Pederson	M	59	Jesup	IA	9:49	00:30:30.98
138	229/500	20/35	373	Charlie Robinson	M	11	Decorah	IA	9:53	00:30:43.62
139	233/500	24/44	243	Tade Kerndt	M	37	Decorah	IA	9:55	00:30:49.23
140	237/500	25/44	190	Dan Herman	M	30	Decorah	IA	9:56	00:30:52.48
141	238/500	26/44	484	Mike Wood	M	39	Perry	IA	9:56	00:30:53.19
142	243/500	5/13	152	Larry Grimstad	M	71	Decorah	IA	9:58	00:30:58.70
143	245/500	28/42	85	Michael Crowe	M	23	Waterloo	IA	9:58	00:30:59.31
144	247/500	29/42	599	Andy Pavlovec	M	29	Fort Atkinson	IA	9:59	00:31:02.60
145	248/500	14/22	161	Terry Haindfield	M	55	Highlandville	IA	10:00	00:31:05.98
146	250/500	27/44	179	Jason Hartfield	M	33	Minneapolis	MN	10:00	00:31:06.98
147	251/500	28/44	851	Dan Jackson	M	30	Minneapolis	MN	10:01	00:31:07.70
148	252/500	15/22	885	Daniel Pavlovec	M	57	Ft. Atkinson	IA	10:01	00:31:07.89
149	253/500	29/44	233	Anthony Kautman	M	37	Iowa City	IA	10:01	00:31:07.89
150	256/500	29/43	181	Dean Haugen	M	45	Minneapolis	MN	10:02	00:31:10.94
151	262/500	30/43	7	David Anderson	M	49	Robbinsville	NJ	10:05	00:31:22.53
152	265/500	21/35	72	Isaac Cooper	M	10	Decorah	IA	10:07	00:31:28.22
153	269/500	22/35	354	Lucas Rabe	M	8	Robins	IA	10:10	00:31:35.33
154	279/500	30/44	221	Adam Johnson	M	32	Rockfalls	IL	10:13	00:31:46.96
155	280/500	6/13	213	Darrell Jensen	M	67	Decorah	IA	10:14	00:31:48.39
156	281/500	30/42	515	Brett Epperson	M	25	Decorah	IA	10:14	00:31:50.41
157	289/500	7/13	424	Rasmus Sunde	M	70	Balestraud		10:18	00:32:00.98
158	290/500	31/42	125	Erik Forbes	M	20	Noblesville	IN	10:18	00:32:02.21
159	293/500	32/42	400	Alex Smith	M	21	Decorah	IA	10:19	00:32:05.46
160	294/500	23/35	154	Gavin Groux	M	8	Calmar	IA	10:20	00:32:07.89
161	297/500	31/43	568	Bernard Wegmueller	M	48	Lagnam		10:21	00:32:11.96
162	298/500	32/43	210	Rich Jensen	M	45	Mason City	IA	10:22	00:32:13.98

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
163	299/500	31/44	256	Mike Larson	M	36	Des Moines	IA	10:22	00:32:15.22
164	303/500	24/35	550	Tate Schissel	M	11	Decorah	IA	10:24	00:32:19.99
165	306/500	32/44	544	Paul Hogseth	M	35	Mount Horeb	WI	10:26	00:32:25.99
166	308/500	25/35	3	Austin Anderson	M	8	Franklin	TN	10:26	00:32:27.57
167	315/500	16/22	443	Paul Ulviden	M	55	Decorah	IA	10:33	00:32:47.20
168	317/500	17/22	463	Paul Wanless	M	57	Decorah	IA	10:34	00:32:52.69
169	320/500	33/43	406	David Smutzler	M	46	Decorah	IA	10:36	00:32:57.23
170	326/500	26/35	529	Claylan Mounthachock	M	11	Rockford	MN	10:38	00:33:03.92
171	330/500	33/42	386	Gannon Schmitz	M	20	Decorah	IA	10:39	00:33:08.39
172	331/500	34/43	172	John Hanson	M	40	Portland	OR	10:42	00:33:15.33
173	334/500	27/35	327	Mason O'hara	M	11	Decorah	IA	10:42	00:33:16.96
174	340/500	18/22	298	Claude Mertzenich	M	51	Decorah	IA	10:47	00:33:31.20
175	341/500	8/13	246	Karl Knudson	M	63	Decorah	IA	10:49	00:33:36.99
176	344/500	28/35	822	Garrett Doolittle	M	9	Forest Lake	MN	10:55	00:33:55.34
177	345/500	29/35	586	Brody Hanson	M	8	Decorah	IA	10:57	00:34:02.33
178	347/500	33/44	611	Rob Sand	M	31	Des Moines	IA	11:01	00:34:15.37
179	354/500	30/35	573	Christian Mclellan	M	11	West Union	IA	11:09	00:34:41.46
180	356/500	35/43	591	Daniel Fretheim	M	46	Decorah	IA	11:12	00:34:50.74
181	358/500	19/22	473	Jeff Wettach	M	56	Decorah	IA	11:15	00:34:58.49
182	359/500	34/42	557	Joe Snyder	M	23	Cottage Grove	MN	11:15	00:34:58.56
183	360/500	34/44	15	Israel Balik	M	34	Cresco	IA	11:16	00:35:01.16
184	361/500	35/44	442	Matt Turner	M	33	Decorah	IA	11:16	00:35:01.18
185	363/500	31/35	572	Lucas Mclellan	M	9	West Union	IA	11:18	00:35:07.65
186	364/500	36/43	132	Matthew Frick	M	42	Rochester	MN	11:20	00:35:15.20
187	365/500	32/35	133	Sam Frick	M	11	Rochester	MN	11:20	00:35:15.20
188	367/500	35/42	464	Chris Wanless	M	22	Decorah	IA	11:22	00:35:20.99
189	368/500	36/44	436	John Torkelson	M	37	Big Lake	MN	11:24	00:35:28.20
190	369/500	37/44	447	David Van Patten	M	39	Gilbert	AZ	11:26	00:35:32.69
191	370/500	38/44	46	Brian Brandsmeier	M	36	North Liberty	IA	11:29	00:35:42.86
192	377/500	36/42	334	Dean Parvi	M	22	Ramsey	MN	11:42	00:36:23.12
193	379/500	39/44	512	Kyle Melaas	M	34	Savanna	IL	11:44	00:36:28.40
194	381/500	37/43	62	Brad Chamberlain	M	42	Decorah	IA	11:45	00:36:33.25
195	385/500	37/42	503	Keller Grado	M	23	Saint Louis Park	MN	11:47	00:36:36.86
196	386/500	9/13	322	Arne Nymark	M	80	Bergen		11:47	00:36:36.90
197	388/500	38/43	307	Sveln Olav Mymark	M	49	Bergen		11:48	00:36:40.17
198	389/500	38/42	419	Ben Stenseth	M	25	Calmar	IA	11:48	00:36:41.17
199	395/500	39/42	167	Jake Hammes	M	25	Cumberland	WI	11:54	00:36:59.73
200	397/500	40/42	309	Greg Nelson	M	28	Hastings	MN	11:59	00:37:15.50
201	398/500	39/43	21	Gary Barwick	M	48	Sheldon	IA	11:59	00:37:15.75
202	406/500	33/35	77	Chris Corrigan	M	10	Norwood Young America	MN	12:08	00:37:44.38
203	409/500	20/22	217	Kai Robert Johansen	M	58	Gralum	IA	12:13	00:37:59.62
204	411/500	40/43	548	Klint Kjeldahl	M	45	Maple Grove	MN	12:21	00:38:24.42
205	415/500	40/44	610	Rockne Cole	M	39	Illinois		12:36	00:39:11.50
206	416/500	41/43	306	Erich Morris	M	42	Minneapolis	MN	12:37	00:39:12.22
207	417/500	10/13	100	Ross Dohlen	M	79	Emerald Isle	NC	12:39	00:39:20.92
208	419/500	11/13	31	Don Berg	M	79	Decorah	IA	12:42	00:39:29.87
209	421/500	34/35	468	Henry Weis	M	7	Decorah	IA	12:51	00:39:57.13
210	427/500	41/44	391	Brent Seamans	M	34	Prairie Du Chien	WI	12:56	00:40:12.40
211	433/500	41/42	446	Brian Vamstad	M	29	Decorah	IA	13:02	00:40:30.90
212	435/500	35/35	486	Nicholas Yates	M	8	Suffolk	VA	13:03	00:40:34.94
213	440/500	13/14	491	Clayton Morrison	M	15	South English	IA	13:10	00:40:56.70
214	452/500	42/42	323	Gregg O'connor	M	21	Schaumburg	IL	13:44	00:42:41.44
215	456/500	12/13	269	Per Einar Sonnesym	M	82	Bergen		14:12	00:44:07.49
216	457/500	42/44	56	Matt Bureson	M	37	Decorah	IA	14:14	00:44:13.51

# Nordic Fest Elvelopet

July 26, 2014

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
217	463/500	21/22	166	Mark Hammes	M	52	Cumberland	WI	14:33	00:45:13.43
218	474/500	22/22	351	Dale Putnam	M	56	Decorah	IA	15:31	00:48:13.32
219	479/500	1/1	498	Frank Veltri	M	99	Eugene	OR	16:32	00:51:24.58
220	480/500	14/14	579	Derek Morrow	M	14	Frisco	TX	16:46	00:52:06.47
221	486/500	43/44	365	Carl Refsal	M	38	Roeland Park	KS	17:19	00:53:50.75
222	491/500	44/44	495	Steve Niedzlelski	M	39	Buffalo	MN	17:50	00:55:24.62
223	492/500	13/13	558	Olav Skeie	M	76			17:50	00:55:27.23
224	494/500	42/43	202	Matt Hughes	M	40	Decorah	IA	18:36	00:57:49.79
225	495/500	43/43	504	Kevin Peterson	M	45	Omaha	NE	18:56	00:58:50.28