

PHA 5K
September 20, 2014
Cedar Rapids, Iowa

5K RESULTS

Place	Div/Tot	Name	City	St	S	Time	Pace
1	1/5	Benjamin Peiffer	Cedar Rapids	IA	M	19:08	6:10
2	1/4	Freddie Simshauser	Ely	IA	M	21:36	6:57
3	1/4	Scott Hoffman	Orion	IL	M	21:53	7:03
4	1/2	Noah Keller	Marion	IA	M	22:21	7:12
5	2/4	Michael Sexton	West Branch	IA	M	23:31	7:35
6	1/24	Haylee Altenburg	Franklin Grove	IL	F	23:39	7:37
7	1/21	Chris Waldron	Crete	NE	M	25:13	8:07
8	2/24	Laura Cushing	Omaha	NE	F	25:17	8:09
9	1/6	Nikki Woodard	Silvis	IL	F	25:22	8:10
10	1/5	Molly Eilers	Cedar Rapids	IA	F	26:54	8:40
11	1/2	Lynn Woodard	Silvis	IL	M	27:22	8:49
12	2/2	Luka Forve	Yorkville	IL	M	27:46	8:57
13	2/21	Clint Darlymple	Romeoville	IL	M	28:55	9:19
14	2/5	Kevin Eslink	Cedar Rapids	IA	M	28:56	9:19
15	3/24	Hillary Caldwell	Waterloo	IA	F	30:21	9:46
16	3/21	Dwain Caldwell	Waterloo	IA	M	31:00	9:59
17	2/5	Kate Vos	North Liberty	IA	F	31:06	10:01
18	4/21	Craig Murphy	Solon	IA	M	31:24	10:07
19	1/4	Michael Forve	Yorkville	IL	M	32:09	10:21
20	1/1	Emma Forve	Yorkville	IL	F	32:12	10:22
21	4/24	Roze Murphy	Solon	IA	F	32:30	10:28
22	2/6	Jessica Crabbs	Pleasantville	IA	F	33:00	10:37
23	2/2	Ron Jones	Cedar Rapids	IA	M	33:13	10:42
24	1/4	Susanne Forve	Yorkville	IL	F	33:30	10:47
25	1/1	Grace Lindgren	Swisher	IA	F	34:04	10:58
26	3/6	Elizabeth Paxton	Port Byron	IL	F	34:23	11:04
27	2/4	Heather Crabbs	Des Moines	IA	F	34:26	11:05
28	1/7	Carol Johnson	Marion	IA	F	34:40	11:10
29	2/4	Ricky Crabbs	Des Moines	IA	M	34:52	11:14
30	5/21	Uby Martinez	Iowa City	IA	M	34:55	11:15
31	5/24	Ellie Martinez	Iowa City	IA	F	34:57	11:15
32	6/21	Anthony Novoa	Ackworth	IA	M	35:06	11:18
33	6/24	Amanda Hodge	Ackworth	IA	F	35:07	11:18
34	2/7	Loretta Bowman	Newton	IA	F	35:10	11:19
35	7/21	Craig Grobstitch -	Cedar Rapids	IA	M	35:29	11:26
36	7/24	Sarah Bostian	Belle Plaine	IA	F	35:30	11:26
37	8/21	Jake Brown - Actel	Cedar Rapids	IA	M	35:30	11:26
38	8/24	Lori Williams	Ackworth	IA	F	35:45	11:31
39	9/21	Chuck Williams	Ackworth	IA	M	35:46	11:31
40	1/2	Avery Shrader	Iowa City	IA	F	36:11	11:39
41	9/24	Yuk Sum Chung	Iowa City	IA	F	36:21	11:42
42	3/4	Christopher Carpen	Bettendorf	IA	M	38:15	12:19
43	3/5	Neala Arnold	Bettendorf	IA	F	38:16	12:19
44	1/3	Rhonda Jones	Cedar Rapids	IA	F	38:18	12:20
45	10/21	Scott Daly	North Liberty	IA	M	38:59	12:33
46	11/21	Tom Altenburg	Franklin Grove	IL	M	40:57	13:11
47	10/24	Barb Altenburg	Franklin Grove	IL	F	41:49	13:28
48	2/4	Jim Cherry	Walford	IA	M	41:55	13:30
49	11/24	Kailee Meskimen	Iowa City	IA	F	41:58	13:31
50	12/21	Cole Meskimen	Iowa City	IA	M	41:58	13:31
51	12/24	Carin Vahle	North Liberty	IA	F	42:51	13:48
52	13/21	Dean Bostian	La Porte City	IA	M	48:44	15:41

53	13/24	Andrea Mahoney	West Branch	IA F	50:02	16:07
54	14/21	Leo Mahoney	West Branch	IA M	50:04	16:07
55	3/4	Tom Schrader	Oregon	IL M	50:38	16:18
56	3/4	Lisa Schrader	Oregon	IL F	50:39	16:19
57	14/24	Jona Darlymple	Washington	IA F	51:37	16:37
58	4/6	Lisa Lake	North Liberty	IA F	51:37	16:37
59	15/21	Joe McConnell	Washington	IA M	51:47	16:40
60	15/24	Maisie Martinez	Iowa City	IA F	51:49	16:41
61	3/7	Tammy Storjohann	Tipton	IA F	53:38	17:16
62	5/6	Heather Ahrens - S	Tipton	IA F	53:41	17:17
63	3/4	Shawn Lewis	Cedar Rapids	IA M	57:14	18:26
64	3/5	Jake Schwarz	Dixon	IL M	57:42	18:35
65	4/5	Kelley Schwarz	Dixon	IL F	57:43	18:35
66	4/5	Eric Lake	North Liberty	IA M	58:35	18:52
67	16/24	Carrie Martinez	Iowa City	IA F	58:37	18:52
68	17/24	Ella Brolley	Romeoville	IL F	58:37	18:52
69	18/24	Marde McConnell	Washington	IA F	58:39	18:53
70	5/5	Ryan Lebeda	Marion	IA M	58:39	18:53
71	16/21	Craig Darlymple	Washington	IA M	58:39	18:53
72	6/6	Sara Stuefen	Vinton	IA F	58:39	18:53
73	17/21	Lenny Geiger	Vinton	IA M	58:42	18:54
74	18/21	Jim Durian	Cedar Rapids	IA M	58:42	18:54
75	19/24	Krystal Geiger	Vinton	IA F	58:43	18:54
76	1/1	Ellie Ballard	Iowa City	IA F	59:17	19:05
77	19/21	Ross Imwalle	Iowa City	IA M	1:00:55	19:37
78	20/24	Alexia Obregan	Iowa City	IA F	1:00:56	19:37
79	20/21	Edgar Soto	Iowa City	IA M	1:00:56	19:37
80	21/24	Ashley Imwalle	Iowa City	IA F	1:01:20	19:45
81	21/21	Michael Tarwater	Iowa City	IA M	1:01:21	19:45
82	22/24	Shannon Tarwater	Iowa City	IA F	1:01:21	19:45
83	4/7	Dawn Paxton	Port Byron	IL F	1:03:19	20:23
84	23/24	Colleen Brown	Cedar Rapids	IA F	1:07:15	21:39
85	5/7	Kathy Francois	Solon	IA F	1:07:17	21:40
86	6/7	Lavonne Kahler	Coralville	IA F	1:07:19	21:40
87	7/7	Joann Woodard	Silvis	IL F	1:08:12	21:57
88	4/4	Matt Bulkeley	Iowa City	IA M	1:09:21	22:20
89	2/3	Linda Dykstra	Iowa City	IA F	1:09:21	22:20
90	4/4	Carrie Dykstra	Swisher	IA F	1:09:22	22:20
91	24/24	Kara Dierikx	Davenport	IA F	1:09:24	22:21
92	4/4	Guy Dierikx	Davenport	IA M	1:09:24	22:21
93	5/5	Michelle Sexton	West Branch	IA F	1:12:29	23:20
94	4/4	Michael Hamer	West Branch	IA M	1:12:29	23:20
95	3/3	June Hamer	West Branch	IA F	1:12:37	23:23
96	2/2	Anna Dykstra	Iowa City	IA F	1:18:54	25:24