

PRAIRIE PUNISHER DUATHLON  
 Saturday, July 12, 2014  
 Gardner, Kansas

5K Run, 34.5K Bike, 5K Run

TOT PLC	DIV PLC	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	1/9	John Snyder	Leawood	KS	45	M	3	20:07	6:29	0:39	1	57:03	22.5	0:46	2	20:11	6:30	1:38:45
2	1/8	Mark Marriott	Lenexa	KS	40	M	6	20:45	6:41	0:51	2	58:18	22.1	0:46	5	21:32	6:56	1:42:10
3	1/5	Trevor Waggoner	Kansas City	KS	33	M	2	19:53	6:24	0:48	10	1:02:36	20.5	0:49	3	20:29	6:36	1:44:32
4	1/4	Josh Budimlija	Shawnee	KS	36	M	13	21:41	6:59	0:56	5	59:35	21.6	0:46	7	22:15	7:10	1:45:12
5	2/9	Kirk Decker	Blue Springs	MO	45	M	7	20:55	6:44	0:55	7	59:48	21.5	0:50	10	23:08	7:27	1:45:35
6	1/4	Aaron Ballew	Shawnee	KS	29	M	1	19:50	6:23	0:40	13	1:04:55	19.8	0:42	1	20:04	6:28	1:46:10
7	3/9	Peter Paulin	Leawood	KS	46	M	12	21:39	6:59	1:12	8	1:00:51	21.1	0:34	6	22:12	7:09	1:46:26
8	2/8	Eric Otte	Olathe	KS	41	M	18	22:29	7:15	1:14	4	59:07	21.8	0:58	14	23:46	7:39	1:47:33
9	2/4	Paul Sandburg	Lawrence	KS	36	M	14	21:49	7:02	1:08	9	1:01:23	21.0	1:15	8	22:48	7:21	1:48:20
10	1/1	Carl Fischer	Leavenworth	KS	55	M	21	22:52	7:22	1:15	3	58:30	22.0	1:08	19	25:05	8:05	1:48:48
11	1/3	Gary Mundhenke	Kansas City	MO	53	M	8	21:00	6:46	1:01	17	1:07:38	19.0	1:08	4	21:05	6:47	1:51:49
12	3/4	Matthew Mabe	Olathe	KS	38	M	9	21:10	6:49	1:23	6	59:37	21.6	0:52	37	29:06	9:22	1:52:06
13	2/4	Tanner Gifford	Olathe	KS	29	M	10	21:29	6:55	1:04	12	1:04:43	19.9	0:48	22	25:28	8:12	1:53:30
14	4/9	Heath Glenn	Topeka	KS	47	M	25	23:52	7:41	0:58	11	1:03:52	20.1	0:46	17	24:33	7:54	1:53:59
15	5/9	Jeff Rothen	Olathe	KS	46	M	11	21:36	6:57	1:11	18	1:07:43	19.0	1:11	13	23:40	7:37	1:55:18
16	1/11	Angela Redfern	St. George	KS	38	F	23	23:13	7:29	0:51	14	1:05:33	19.6	1:05	23	25:30	8:13	1:56:11
17	3/4	Eric Martin	Manhattan	KS	27	M	4	20:22	6:34	1:24	26	1:12:05	17.8	1:00	12	23:31	7:34	1:58:19
18	6/9	Steve Fromm	Kansas City	MO	46	M	29	24:32	7:54	1:02	16	1:06:27	19.4	1:05	20	25:24	8:11	1:58:28
19	1/2	Cassandra Robinson	Overland Park	KS	25	F	17	22:23	7:13	0:58	23	1:11:20	18.0	0:43	16	24:07	7:46	1:59:29
20	2/5	Dan Hirner	Gardner	KS	32	M	15	22:04	7:07	1:07	22	1:09:59	18.4	0:53	25	25:35	8:14	1:59:36
21	2/11	Jodi Leeper	Olathe	KS	39	F	20	22:32	7:16	1:24	24	1:11:42	17.9	0:42	11	23:30	7:34	1:59:49
22	3/5	Mark Zschoche	Lenexa	KS	31	M	24	23:49	7:40	1:46	20	1:09:28	18.5	1:34	24	25:33	8:14	2:02:08
23	1/6	Candy Hawks	Leawood	KS	43	F	32	24:45	7:58	0:46	19	1:08:50	18.7	0:45	38	29:19	9:26	2:04:23
24	4/4	Matthew Rinehart	South Haven	KS	27	M	30	24:41	7:57	0:56	15	1:06:07	19.5	0:59	48	32:02	10:19	2:04:43
25	4/5	Ryand Tucker	Belton	MO	34	M	16	22:19	7:11	1:07	32	1:14:49	17.2	1:16	27	25:46	8:18	2:05:14
26	3/8	Kurt Gordon	Olathe	KS	43	M	5	20:43	6:40	1:37	42	1:18:40	16.4	2:00	9	22:57	7:24	2:05:55
27	2/6	Tesa Green	Lawrence	KS	43	F	34	25:06	8:05	1:03	29	1:13:56	17.4	1:02	18	25:01	8:04	2:06:06
28	1/3	Mary Anthes	Kansas City	MO	49	F	38	26:17	8:28	1:06	21	1:09:53	18.4	1:14	29	28:07	9:03	2:06:35
29	5/5	Brandon Walls	Olathe	KS	31	M	28	24:14	7:48	0:54	27	1:13:09	17.6	0:54	28	27:33	8:52	2:06:42
30	1/1	Catherine Wiltange	Olathe	KS	15	F	19	22:31	7:15	1:09	40	1:18:09	16.5	1:15	15	23:47	7:40	2:06:49
31	3/11	Kelly Lecluyse	Gardner	KS	36	F	22	23:13	7:29	1:08	30	1:14:02	17.4	1:38	39	29:47	9:35	2:09:46
32	4/8	Matt Hill	Olathe	KS	41	M	31	24:42	7:57	1:05	28	1:13:45	17.4	1:18	40	29:48	9:36	2:10:37
33	1/4	Angela Rinehart	Chanute	KS	32	F	45	27:46	8:57	0:49	34	1:15:56	16.9	0:46	31	28:22	9:08	2:13:37
34	7/9	Jim Brull	Emporia	KS	45	M	39	26:21	8:29	2:05	31	1:14:42	17.2	2:00	32	28:38	9:13	2:13:44
35	8/9	Kirt Leyda	Topeka	KS	45	M	33	24:47	7:59	1:57	36	1:16:03	16.9	1:41	41	30:06	9:42	2:14:31
36	5/8	Joe Russell	Americus	KS	43	M	42	26:38	8:35	1:15	38	1:17:35	16.6	1:06	30	28:12	9:05	2:14:44
37	2/3	Tim Medina	Kansas City	MO	54	M	35	25:24	8:11	1:26	35	1:16:02	16.9	1:27	43	30:50	9:56	2:15:07
38	6/8	Justin Moore	Leawood	KS	41	M	51	28:38	9:13	1:21	25	1:11:47	17.9	1:43	50	32:29	10:28	2:15:56
39	4/11	Melissa Medina	Kansas City	MO	39	F	41	26:27	8:31	1:32	33	1:15:08	17.1	1:27	52	33:00	10:38	2:17:32
40	5/11	Jennifer West	Olathe	KS	36	F	47	28:09	9:04	1:22	41	1:18:32	16.4	0:51	36	29:05	9:22	2:17:57
41	3/6	Megan Case	Overland Park	KS	42	F	48	28:10	9:04	1:37	44	1:18:45	16.3	1:45	35	29:03	9:21	2:19:19
42	9/9	Paul Finn	Olathe	KS	49	M	40	26:21	8:29	3:40	37	1:16:45	16.8	2:28	44	31:00	9:59	2:20:12
43	6/11	Holly Chaitman	Edgerton	KS	35	F	37	26:15	8:27	1:48	48	1:25:38	15.0	1:26	26	25:39	8:16	2:20:44
44	2/4	Kristina Selters	Lawrence	KS	32	F	26	23:52	7:41	0:55	55	1:30:56	14.1	0:49	21	25:27	8:12	2:21:56
45	4/6	Alice Stewart	Baldwin City	KS	44	F	36	26:07	8:25	0:54	51	1:27:23	14.7	1:11	33	28:41	9:14	2:24:15
46	1/1	Tom Olerich	Olathe	KS	65	M	60	31:40	10:12	1:50	39	1:18:02	16.5	1:44	47	31:41	10:12	2:24:55
47	7/11	Bonnie Walker	Gardner	KS	38	F	53	28:48	9:16	1:58	45	1:20:28	16.0	2:06	49	32:06	10:20	2:25:23
48	7/8	Dennis Case	Overland Park	KS	44	M	49	28:19	9:07	1:30	43	1:18:41	16.3	1:47	57	35:12	11:20	2:25:27
49	2/3	Stephanie Steinige	Overland Park	KS	49	F	55	30:25	9:48	1:07	46	1:22:40	15.6	1:05	45	31:10	10:02	2:26:24
50	5/6	Staci Freudiger	Lenexa	KS	41	F	56	30:29	9:49	1:21	47	1:22:55	15.5	1:32	46	31:22	10:06	2:27:37
51	4/4	Chad Austin	Lenexa	KS	36	M	27	24:06	7:46	1:21	57	1:33:12	13.8	0:52	34	28:44	9:15	2:28:13
52	3/3	Michele Ross	Fort Riley	KS	45	F	43	27:13	8:46	2:38	50	1:26:34	14.9	2:02	51	32:36	10:30	2:31:01
53	8/11	Nova Bland	Overland Park	KS	39	F	46	28:03	9:02	2:18	49	1:26:29	14.9	2:09	53	34:16	11:02	2:33:13
54	2/2	Emmy Gibson	Elkhart	IN	28	F	50	28:24	9:09	1:24	52	1:28:20	14.6	1:29	54	34:39	11:09	2:34:15
55	6/6	Larisa Chambers-Lo	Lawrence	KS	42	F	44	27:46	8:57	1:46	56	1:32:30	13.9	2:02	42	30:44	9:54	2:34:46
56	9/11	Teri Thompson Edig	Baldwin City	KS	39	F	59	30:55	9:57	1:46	53	1:28:42	14.5	2:23	56	35:05	11:18	2:38:49
57	10/11	Jody Jones	Prairie Villag	KS	39	F	54	29:41	9:34	3:01	58	1:33:21	13.8	1:11	55	34:39	11:10	2:41:52
58	8/8	Brian Lochner	Lawrence	KS	42	M	52	28:41	9:14	2:20	59	1:34:38	13.6	2:13	60	41:38	13:24	2:49:28
59	11/11	Kim Ilhardt	Overland Park	KS	35	F	58	30:39	9:52	2:48	60	1:35:31	13.5	1:16	59	40:43	13:07	2:50:55
60	3/4	Kelly Martin	Shawnee	KS	34	F	57	30:31	9:50	1:29	62	1:42:22	12.6	2:36	58	37:46	12:10	2:54:41
61	4/4	Nicci Bowman	Lenexa	KS	33	F	61	33:35	10:49	2:23	61	1:38:23	13.1	2:36	61	46:07	14:51	3:03:02
62	3/3	Mike Oberrieder	Lawrence	KS	50	M	62	34:33	11:08	7:45	54	1:30:51	14.2	3:26	62	46:29	14:58	3:03:02

PROBLEM RESULTS

TOT PLC	DIV PLC	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	1/1	Jacob Edwards	Overland Park	KS	32	M											19:42
2	1/1	Carrie Glenn	Topeka	KS	44	M	1	30:14	9:44								
3	1/1	Colleen Janner	Shawnee	KS	51	F	2	40:08	12:55	3:47							

TEAM RESULTS

TOTAL PLACE	DIV PLC	TEAM NAME = MEMBERS (RUNNER, BIKER)	plc	RUN time	pace	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME	
1	1/3	Team263 = Tyler Staples , Elizabeth Staples	3	26:38	8:35	0:35	2	58:53	21.8	0:31	2	26:19	8:28	1:52:54
2	1/2	Team266 = Mark Thornberry , Brandon Barelman	1	23:49	7:40	1:01	3	1:03:44	20.2	0:31	1	25:43	8:17	1:54:46
3	2/3	Team275 = Craig Henwood , Mimi Henwood	6	31:16	10:04	0:50	1	53:33	24.0	0:40	6	32:29	10:28	1:58:46
4	3/3	Team265 = Todd Laytham , Michelle Laytham	5	29:37	9:32	0:38	4	1:05:03	19.8	0:37	5	29:15	9:25	2:05:08
5	2/2	Team262 = Nick Gonzalez , Alec Gonzalez	4	29:05	9:22	0:49	5	1:10:58	18.1	0:29	3	26:45	8:37	2:08:02
6	1/1	Team264 = Jennifer Stefanchik , Christine Stewart	2	26:21	8:29	0:42	6	1:20:15	16.0	0:33	4	26:51	8:39	2:14:39

MALE RESULTS

TOT PLC #	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	271 John Snyder	Leawood	KS	45	M	3	20:07	6:29	0:39	1	57:03	22.5	0:46	2	20:11	6:30	1:38:45
2	233 Mark Marriott	Lenexa	KS	40	M	6	20:45	6:41	0:51	2	58:18	22.1	0:46	5	21:32	6:56	1:42:10
3	256 Trevor Waggoner	Kansas City	KS	33	M	2	19:53	6:24	0:48	10	1:02:36	20.5	0:49	3	20:29	6:36	1:44:32
4	208 Josh Budimilija	Shawnee	KS	36	M	13	21:41	6:59	0:56	5	59:35	21.6	0:46	7	22:15	7:10	1:45:12
5	213 Kirk Decker	Blue Springs	MO	45	M	7	20:55	6:44	0:55	7	59:48	21.5	0:50	10	23:08	7:27	1:45:35
6	204 Aaron Ballew	Shawnee	KS	29	M	1	19:50	6:23	0:40	13	1:04:55	19.8	0:42	1	20:04	6:28	1:46:10
7	242 Peter Paulin	Leawood	KS	46	M	12	21:39	6:59	1:12	8	1:00:51	21.1	0:34	6	22:12	7:09	1:46:26
8	241 Eric Otte	Olathe	KS	41	M	17	22:29	7:15	1:14	4	59:07	21.8	0:58	13	23:46	7:39	1:47:33
9	250 Paul Sandburg	Lawrence	KS	36	M	14	21:49	7:02	1:08	9	1:01:23	21.0	1:15	8	22:48	7:21	1:47:20
10	276 Carl Fischer	Leavenworth	KS	55	M	18	22:52	7:22	1:15	3	58:30	22.0	1:08	15	25:05	8:05	1:48:48
11	237 Gary Mundhenke	Kansas City	MO	53	M	8	21:00	6:46	1:01	16	1:07:38	19.0	1:08	4	21:05	6:47	1:51:49
12	274 Matthew Mabe	Olathe	KS	38	M	9	21:10	6:49	1:23	6	59:37	21.6	0:52	25	29:06	9:22	1:52:06
13	218 Tanner Gifford	Olathe	KS	29	M	10	21:29	6:55	1:04	12	1:04:43	19.9	0:48	17	25:28	8:12	1:53:30
14	219 Heath Glenn	Topeka	KS	47	M	20	23:52	7:41	0:58	11	1:03:52	20.1	0:46	14	24:33	7:54	1:53:59
15	248 Jeff Rothen	Olathe	KS	46	M	11	21:36	6:57	1:11	17	1:07:43	19.0	1:11	12	23:40	7:37	1:55:18
16	235 Eric Martin	Manhattan	KS	27	M	4	20:22	6:34	1:24	21	1:12:05	17.8	1:00	11	23:31	7:34	1:58:19
17	272 Steve Fromm	Kansas City	MO	46	M	23	24:32	7:54	1:02	15	1:06:27	19.4	1:05	16	25:24	8:11	1:58:28
18	273 Dan Hirner	Gardner	KS	32	M	15	22:04	7:07	1:07	19	1:09:59	18.4	0:53	19	25:35	8:14	1:59:36
19	261 Mark Zschoche	Lenexa	KS	31	M	19	23:49	7:40	1:46	18	1:09:28	18.5	1:34	18	25:33	8:14	2:02:08
20	244 Matthew Rinehart	South Haven	KS	27	M	24	24:41	7:57	0:56	14	1:06:07	19.5	0:59	31	32:02	10:19	2:04:43
21	255 Ryand Tucker	Belton	MO	34	M	16	22:19	7:11	1:07	25	1:14:49	17.2	1:16	20	25:46	8:18	2:05:14
22	221 Kurt Gordon	Olathe	KS	43	M	5	20:43	6:40	1:37	31	1:18:40	16.4	2:00	9	22:57	7:24	2:05:55
23	258 Brandon Walls	Olathe	KS	31	M	22	24:14	7:48	0:54	22	1:13:09	17.6	0:54	21	27:33	8:52	2:06:42
24	224 Matt Hill	Olathe	KS	41	M	25	24:42	7:57	1:05	23	1:13:45	17.4	1:18	26	29:48	9:36	2:10:37
25	207 Jim Brull	Emporia	KS	45	M	28	26:21	8:29	2:05	24	1:14:42	17.2	2:00	23	28:38	9:13	2:13:44
26	231 Kirt Leyda	Topeka	KS	45	M	26	24:47	7:59	1:57	27	1:16:03	16.9	1:41	27	30:06	9:42	2:14:31
27	249 Joe Russell	Americus	KS	43	M	30	26:38	8:35	1:15	29	1:17:35	16.6	1:06	22	28:12	9:05	2:14:44
28	270 Tim Medina	Kansas City	MO	54	M	27	25:24	8:11	1:26	26	1:16:02	16.9	1:27	28	30:50	9:56	2:15:07
29	236 Justin Moore	Leawood	KS	41	M	32	28:38	9:13	1:21	20	1:11:47	17.9	1:43	32	32:29	10:28	2:15:56
30	216 Paul Finn	Olathe	KS	49	M	29	26:21	8:29	3:40	28	1:16:45	16.8	2:28	29	31:00	9:59	2:20:12
31	240 Tom Olerich	Olathe	KS	65	M	34	31:40	10:12	1:50	30	1:18:02	16.5	1:44	30	31:41	10:12	2:24:55
32	210 Dennis Case	Overland Park	KS	44	M	31	28:19	9:07	1:30	32	1:18:41	16.3	1:47	33	35:12	11:20	2:25:27
33	203 Chad Austin	Lenexa	KS	36	M	21	24:06	7:46	1:21	34	1:33:12	13.8	0:52	24	28:44	9:15	2:28:13
34	232 Brian Lochner	Lawrence	KS	42	M	33	28:41	9:14	2:20	35	1:34:38	13.6	2:13	34	41:38	13:24	2:49:28
35	239 Mike Oberrieder	Lawrence	KS	50	M	35	34:33	11:08	7:45	33	1:30:51	14.2	3:26	35	46:29	14:58	3:03:02

FEMALE RESULTS

TOT PLC #	NAME	CITY	ST	AGE	S	plc	RUN time	pace	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1	243 Angela Redfern	St. George	KS	38	F	5	23:13	7:29	0:51	1	1:05:33	19.6	1:05	6	25:30	8:13	1:56:11
2	246 Casandra Robinson	Overland Park	KS	25	F	1	22:23	7:13	0:58	4	1:11:20	18.0	0:43	3	24:07	7:46	1:59:29
3	230 Jodi Leeper	Olathe	KS	39	F	3	22:32	7:16	1:24	5	1:11:42	17.9	0:42	1	23:30	7:34	1:59:49
4	223 Candy Hawks	Leawood	KS	43	F	7	24:45	7:58	0:46	2	1:08:50	18.7	0:45	13	29:19	9:26	2:04:23
5	222 Tessa Green	Lawrence	KS	43	F	8	25:06	8:05	1:03	6	1:13:56	17.4	1:02	4	25:01	8:04	2:06:06
6	202 Mary Anthes	Kansas City	MO	49	F	11	26:17	8:28	1:06	3	1:09:53	18.4	1:14	8	28:07	9:03	2:06:35
7	268 Catherine Wiltange	Olathe	KS	15	F	2	22:31	7:15	1:09	10	1:18:09	16.5	1:15	2	23:47	7:40	2:06:49
8	229 Kelly Lecluyse	Gardner	KS	36	F	4	23:13	7:29	1:08	7	1:14:02	17.4	1:38	14	29:47	9:35	2:09:46
9	245 Angela Rinehart	Chanute	KS	32	F	15	27:46	8:57	0:49	9	1:15:56	16.9	0:46	9	28:22	9:08	2:13:37
10	269 Melissa Medina	Kansas City	MO	39	F	12	26:27	8:31	1:32	8	1:15:08	17.1	1:27	20	33:00	10:38	2:17:32
11	259 Jennifer West	Olathe	KS	36	F	17	28:09	9:04	1:22	11	1:18:32	16.4	0:51	12	29:05	9:22	2:17:57
12	209 Megan Case	Overland Park	KS	42	F	18	28:10	9:04	1:37	12	1:18:45	16.3	1:45	11	29:03	9:21	2:19:19
13	211 Holly Chaitman	Edgerton	KS	35	F	10	26:15	8:27	1:48	16	1:25:38	15.0	1:26	7	25:39	8:16	2:20:44
14	251 Kristina Selters	Lawrence	KS	32	F	6	23:52	7:41	0:55	22	1:30:56	14.1	0:49	5	25:27	8:12	2:21:56
15	253 Alice Stewart	Baldwin City	KS	44	F	9	26:07	8:25	0:54	19	1:27:23	14.7	1:11	10	28:41	9:14	2:24:15
16	257 Bonnie Walker	Gardner	KS	38	F	20	28:48	9:16	1:58	13	1:20:28	16.0	2:06	18	32:06	10:20	2:25:23
17	252 Stephanie Steinige	Overland Park	KS	49	F	22	30:25	9:48	1:07	14	1:22:40	15.6	1:05	16	31:10	10:02	2:26:24
18	267 Staci Freudiger	Lenexa	KS	41	F	23	30:29	9:49	1:21	15	1:22:55	15.5	1:32	17	31:22	10:06	2:27:37
19	247 Michele Ross	Fort Riley	KS	45	F	13	27:13	8:46	2:38	18	1:26:34	14.9	2:02	19	32:36	10:30	2:31:01
20	205 Nova Bland	Overland Park	KS	39	F	16	28:03	9:02	2:18	17	1:26:29	14.9	2:09	21	34:16	11:02	2:33:13
21	217 Emmy Gibson	Elkhart	IN	28	F	19	28:24	9:09	1:24	20	1:28:20	14.6	1:29	22	34:39	11:09	2:34:15
22	212 Larisa Chambers-Lo	Lawrence	KS	42	F	14	27:46	8:57	1:46	23	1:32:30	13.9	2:02	15	30:44	9:54	2:34:46
23	254 Teri Thompson Edig	Baldwin City	KS	39	F	26	30:55	9:57	1:46	21	1:28:42	14.5	2:23	24	35:05	11:18	2:38:49
24	227 Jody Jones	Prairie Villag	KS	39	F	21	29:41	9:34	3:01	24	1:33:21	13.8	1:11	23	34:39	11:10	2:41:52
25	225 Kim Ilhardt	Overland Park	KS	35	F	25	30:39	9:52	2:48	25	1:35:31	13.5	1:16	26	40:43	13:07	2:50:55
26	234 Kelly Martin	Shawnee	KS	34	F	24	30:31	9:50	1:29	27	1:42:22	12.6	2:36	25	37:46	12:10	2:54:41
27	206 Nicci Bowman	Lenexa	KS	33	F	27	33:35	10:49	2:23	26	1:38:23	13.1	2:36	27	46:07	14:51	3:03:02

TOP 10 FIRST RUN

NAME	CITY	ST	AGE	S	time	yds
1	Aaron Ballew	Shawnee	KS	29	M	19:50 6:23
2	Trevor Waggoner	Kansas City	KS	33	M	19:53 6:24
3	John Snyder	Leawood	KS	45	M	20:07 6:29
4	Eric Martin	Manhattan	KS	27	M	20:22 6:34
5	Kurt Gordon	Olathe	KS	43	M	20:43 6:40
6	Mark Marriott	Lenexa	KS	40	M	20:45 6:41
7	Kirk Decker	Blue Springs	MO	45	M	20:55 6:44
8	Gary Mundhenke	Kansas City	MO	53	M	21:00 6:46
9	Matthew Mabe	Olathe	KS	38	M	21:10 6:49
10	Tanner Gifford	Olathe	KS	29	M	21:29 6:55

TOP 10 FIRST TRANSITION

NAME	CITY	ST	AGE	S	time
1 John Snyder	Leawood	KS	45	M	0:39
2 Aaron Ballew	Shawnee	KS	29	M	0:40
3 Candy Hawks	Leawood	KS	43	F	0:46
4 Trevor Waggoner	Kansas City	KS	33	M	0:48
5 Angela Rinehart	Chanute	KS	32	F	0:49
6 Angela Redfern	St. George	KS	38	F	0:51
7 Mark Marriott	Lenexa	KS	40	M	0:51
8 Alice Stewart	Baldwin City	KS	44	F	0:54
9 Brandon Walls	Olathe	KS	31	M	0:54
10 Kristina Selters	Lawrence	KS	32	F	0:55

TOP 10 BIKE

NAME	CITY	ST	AGE	S	time	mph
1 Craig Henwood	Olathe	KS			53:33	24.0
2 John Snyder	Leawood	KS	45	M	57:03	22.5
3 Mark Marriott	Lenexa	KS	40	M	58:18	22.1
4 Carl Fischer	Leavenworth	KS	55	M	58:30	22.0
5 Tyler Staples	Lenexa	KS			58:53	21.8
6 Eric Otte	Olathe	KS	41	M	59:07	21.8
7 Josh Budimlija	Shawnee	KS	36	M	59:35	21.6
8 Matthew Mabe	Olathe	KS	38	M	59:37	21.6
9 Kirk Decker	Blue Springs	MO	45	M	59:48	21.5
10 Peter Paulin	Leawood	KS	46	M	1:00:51	21.1

TOP 10 SECOND TRANSITION

NAME	CITY	ST	AGE	S	time
1 Peter Paulin	Leawood	KS	46	M	0:34
2 Jodi Leeper	Olathe	KS	39	F	0:42
3 Aaron Ballew	Shawnee	KS	29	M	0:42
4 Cassandra Robinson	Overland Park	KS	25	F	0:43
5 Candy Hawks	Leawood	KS	43	F	0:45
6 Angela Rinehart	Chanute	KS	32	F	0:46
7 Heath Glenn	Topeka	KS	47	M	0:46
8 Mark Marriott	Lenexa	KS	40	M	0:46
9 John Snyder	Leawood	KS	45	M	0:46
10 Josh Budimlija	Shawnee	KS	36	M	0:46

TOP 10 SECOND RUN

NAME	CITY	ST	AGE	S	time	pace
1 Aaron Ballew	Shawnee	KS	29	M	20:04	6:28
2 John Snyder	Leawood	KS	45	M	20:11	6:30
3 Trevor Waggoner	Kansas City	KS	33	M	20:29	6:36
4 Gary Mundhenke	Kansas City	MO	53	M	21:05	6:47
5 Mark Marriott	Lenexa	KS	40	M	21:32	6:56
6 Peter Paulin	Leawood	KS	46	M	22:12	7:09
7 Josh Budimlija	Shawnee	KS	36	M	22:15	7:10
8 Paul Sandburg	Lawrence	KS	36	M	22:48	7:21
9 Kurt Gordon	Olathe	KS	43	M	22:57	7:24
10 Kirk Decker	Blue Springs	MO	45	M	23:08	7:27

FEMALE AGE GROUP RESULTS 1 - 19

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Catherine Wiltange	Olathe	KS	15	F	1	22:31	7:15	1:09	1	1:18:09	16.5	1:15	1	23:47	7:40	2:06:49

FEMALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Cassandra Robinson	Overland Park	KS	25	F	1	22:23	7:13	0:58	1	1:11:20	18.0	0:43	1	24:07	7:46	1:59:29
2 Emmy Gibson	Elkhart	IN	28	F	2	28:24	9:09	1:24	2	1:28:20	14.6	1:29	2	34:39	11:09	2:34:15

MALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Aaron Ballew	Shawnee	KS	29	M	1	19:50	6:23	0:40	2	1:04:55	19.8	0:42	1	20:04	6:28	1:46:10
2 Tanner Gifford	Olathe	KS	29	M	3	21:29	6:55	1:04	1	1:04:43	19.9	0:48	3	25:28	8:12	1:53:30
3 Eric Martin	Manhattan	KS	27	M	2	20:22	6:34	1:24	4	1:12:05	17.8	1:00	2	23:31	7:34	1:58:19
4 Matthew Rinehart	South Haven	KS	27	M	4	24:41	7:57	0:56	3	1:06:07	19.5	0:59	4	32:02	10:19	2:04:43

FEMALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Angela Rinehart	Chanute	KS	32	F	2	27:46	8:57	0:49	1	1:15:56	16.9	0:46	2	28:22	9:08	2:13:37
2 Kristina Selters	Lawrence	KS	32	F	1	23:52	7:41	0:55	2	1:30:56	14.1	0:49	1	25:27	8:12	2:21:56
3 Kelly Martin	Shawnee	KS	34	F	3	30:31	9:50	1:29	4	1:42:22	12.6	2:36	3	37:46	12:10	2:54:41
4 Nicci Bowman	Lenexa	KS	33	F	4	33:35	10:49	2:23	3	1:38:23	13.1	2:36	4	46:07	14:51	3:03:02

MALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Trevor Waggoner	Kansas City	KS	33	M	1	19:53	6:24	0:48	1	1:02:36	20.5	0:49	1	20:29	6:36	1:44:32
2 Dan Hirner	Gardner	KS	32	M	2	22:04	7:07	1:07	3	1:09:59	18.4	0:53	3	25:35	8:14	1:59:36
3 Mark Zschoche	Lenexa	KS	31	M	4	23:49	7:40	1:46	2	1:09:28	18.5	1:34	2	25:33	8:14	2:02:08
4 Ryand Tucker	Belton	MO	34	M	3	22:19	7:11	1:07	5	1:14:49	17.2	1:16	4	25:46	8:18	2:05:14
5 Brandon Walls	Olathe	KS	31	M	5	24:14	7:48	0:54	4	1:13:09	17.6	0:54	5	27:33	8:52	2:06:42

FEMALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Angela Redfern	St. George	KS	38	F	3	23:13	7:29	0:51	1	1:05:33	19.6	1:05	2	25:30	8:13	1:56:11
2 Jodi Leeper	Olathe	KS	39	F	1	22:32	7:16	1:24	2	1:11:42	17.9	0:42	1	23:30	7:34	1:59:49
3 Kelly Lecluyse	Gardner	KS	36	F	2	23:13	7:29	1:08	3	1:14:02	17.4	1:38	5	29:47	9:35	2:09:46
4 Melissa Medina	Kansas City	MO	39	F	5	26:27	8:31	1:32	4	1:15:08	17.1	1:27	7	33:00	10:38	2:17:32
5 Jennifer West	Olathe	KS	36	F	7	28:09	9:04	1:22	5	1:18:32	16.4	0:51	4	29:05	9:22	2:17:57
6 Holly Chaitman	Edgerton	KS	35	F	4	26:15	8:27	1:48	7	1:25:38	15.0	1:26	3	25:39	8:16	2:20:44
7 Bonnie Walker	Gardner	KS	38	F	8	28:48	9:16	1:58	6	1:20:28	16.0	2:06	6	32:06	10:20	2:25:23
8 Nova Bland	Overland Park	KS	39	F	6	28:03	9:02	2:18	8	1:26:29	14.9	2:09	8	34:16	11:02	2:33:13
9 Teri Thompson Edig	Baldwin City	KS	39	F	11	30:55	9:57	1:46	9	1:28:42	14.5	2:23	10	35:05	11:18	2:38:49
10 Jody Jones	Prairie Villag	KS	39	F	9	29:41	9:34	3:01	10	1:33:21	13.8	1:11	9	34:39	11:10	2:41:52
11 Kim Ilhardt	Overland Park	KS	35	F	10	30:39	9:52	2:48	11	1:35:31	13.5	1:16	11	40:43	13:07	2:50:55

MALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Josh Budimlija	Shawnee	KS	36	M	2	21:41	6:59	0:56	1	59:35	21.6	0:46	1	22:15	7:10	1:45:12
2 Paul Sandburg	Lawrence	KS	36	M	3	21:49	7:02	1:08	3	1:01:23	21.0	1:15	2	22:48	7:21	1:48:20
3 Matthew Mabe	Olathe	KS	38	M	1	21:10	6:49	1:23	2	59:37	21.6	0:52	4	29:06	9:22	1:52:06
4 Chad Austin	Lenexa	KS	36	M	4	24:06	7:46	1:21	4	1:33:12	13.8	0:52	3	28:44	9:15	2:28:13

FEMALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Candy Hawks	Leawood	KS	43	F	1	24:45	7:58	0:46	1	1:08:50	18.7	0:45	4	29:19	9:26	2:04:23
2 Tesa Green	Lawrence	KS	43	F	2	25:06	8:05	1:03	2	1:13:56	17.4	1:02	1	25:01	8:04	2:06:06
3 Megan Case	Overland Park	KS	42	F	5	28:10	9:04	1:37	3	1:18:45	16.3	1:45	3	29:03	9:21	2:19:19
4 Alice Stewart	Baldwin City	KS	44	F	3	26:07	8:25	0:54	5	1:27:23	14.7	1:11	2	28:41	9:14	2:24:15
5 Staci Freudiger	Lenexa	KS	41	F	6	30:29	9:49	1:21	4	1:22:55	15.5	1:32	6	31:22	10:06	2:27:37
6 Larisa Chambers-Lo	Lawrence	KS	42	F	4	27:46	8:57	1:46	6	1:32:30	13.9	2:02	5	30:44	9:54	2:34:46

MALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Mark Marriott	Lenexa	KS	40	M	2	20:45	6:41	0:51	1	58:18	22.1	0:46	1	21:32	6:56	1:42:10
2 Eric Otte	Olathe	KS	41	M	3	22:29	7:15	1:14	2	59:07	21.8	0:58	3	23:46	7:39	1:47:33
3 Kurt Gordon	Olathe	KS	43	M	1	20:43	6:40	1:37	6	1:18:40	16.4	2:00	2	22:57	7:24	2:05:55
4 Matt Hill	Olathe	KS	41	M	4	24:42	7:57	1:05	4	1:13:45	17.4	1:18	5	29:48	9:36	2:10:37
5 Joe Russell	Americus	KS	43	M	5	26:38	8:35	1:15	5	1:17:35	16.6	1:06	4	28:12	9:05	2:14:44
6 Justin Moore	Leawood	KS	41	M	7	28:38	9:13	1:21	3	1:11:47	17.9	1:43	6	32:29	10:28	2:15:56
7 Dennis Case	Overland Park	KS	44	M	6	28:19	9:07	1:30	7	1:18:41	16.3	1:47	7	35:12	11:20	2:25:27
8 Brian Lochner	Lawrence	KS	42	M	8	28:41	9:14	2:20	8	1:34:38	13.6	2:13	8	41:38	13:24	2:49:28

FEMALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Mary Anthes	Kansas City	MO	49	F	1	26:17	8:28	1:06	1	1:09:53	18.4	1:14	1	28:07	9:03	2:06:35
2 Stephanie Steinige	Overland Park	KS	49	F	3	30:25	9:48	1:07	2	1:22:40	15.6	1:05	2	31:10	10:02	2:26:24
3 Michele Ross	Fort Riley	KS	45	F	2	27:13	8:46	2:38	3	1:26:34	14.9	2:02	3	32:36	10:30	2:31:01

MALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 John Snyder	Leawood	KS	45	M	1	20:07	6:29	0:39	1	57:03	22.5	0:46	1	20:11	6:30	1:38:45
2 Kirk Decker	Blue Springs	MO	45	M	2	20:55	6:44	0:55	2	59:48	21.5	0:50	3	23:08	7:27	1:45:35
3 Peter Paulin	Leawood	KS	46	M	4	21:39	6:59	1:12	3	1:00:51	21.1	0:34	2	22:12	7:09	1:46:26
4 Heath Glenn	Topeka	KS	47	M	5	23:52	7:41	0:58	4	1:03:52	20.1	0:46	5	24:33	7:54	1:53:59
5 Jeff Rothen	Olathe	KS	46	M	3	21:36	6:57	1:11	6	1:07:43	19.0	1:11	4	23:40	7:37	1:55:18
6 Steve Fromm	Kansas City	MO	46	M	6	24:32	7:54	1:02	5	1:06:27	19.4	1:05	6	25:24	8:11	1:58:28
7 Jim Brull	Emporia	KS	45	M	8	26:21	8:29	2:05	7	1:14:42	17.2	2:00	7	28:38	9:13	2:13:44
8 Kirt Leyda	Topeka	KS	45	M	7	24:47	7:59	1:57	8	1:16:03	16.9	1:41	8	30:06	9:42	2:14:31
9 Paul Finn	Olathe	KS	49	M	9	26:21	8:29	3:40	9	1:16:45	16.8	2:28	9	31:00	9:59	2:20:12

MALE AGE GROUP RESULTS 50 - 54

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Gary Mundhenke	Kansas City	MO	53	M	1	21:00	6:46	1:01	1	1:07:38	19.0	1:08	1	21:05	6:47	1:51:49
2 Tim Medina	Kansas City	MO	54	M	2	25:24	8:11	1:26	2	1:16:02	16.9	1:27	2	30:50	9:56	2:15:07
3 Mike Oberrieder	Lawrence	KS	50	M	3	34:33	11:08	7:45	3	1:30:51	14.2	3:26	3	46:29	14:58	3:03:02

MALE AGE GROUP RESULTS 55 - 59

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Carl Fischer	Leavenworth	KS	55	M	1	22:52	7:22	1:15	1	58:30	22.0	1:08	1	25:05	8:05	1:48:48

MALE AGE GROUP RESULTS 65 - 69

NAME	CITY	ST	AGE	S	plc	RUN time	PACE	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Tom Olerich	Olathe	KS	65	M	1	31:40	10:12	1:50	1	1:18:02	16.5	1:44	1	31:41	10:12	2:24:55