

# Timberman Triathlon

July 12, 2014

## Olympic Individual

### Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	5	Suzie Fox	F	31	Chaska	MN	00:20:04	15	1:08	00:01:02	01:08:16	19	22.1	00:00:46	00:41:13	11	6:52		02:11:18.28
2	6	Ann Snuggerud	F	47	Chaska	MN	00:19:21	10	1:05	00:01:32	01:11:36	25	21.0	00:01:17	00:43:18	19	7:12		02:17:01.87
3	14	Tiffany Kari	F	34	Duluth	MN	00:20:58	23	1:11	00:01:20	01:15:10	34	20.0	00:00:54	00:41:05	10	6:50		02:19:24.63
4	152	Kayla Kjellman	F	22	Thunder Bay	ON	00:20:09	16	1:08	00:01:21	01:14:15	31	20.3	00:00:54	00:43:53	20	7:18		02:20:29.49
5	164	Michelle Breiland	F	37	Duluth	MN	00:20:02	14	1:08	00:01:29	01:17:32	40	19.4	00:01:11	00:44:01	22	7:20		02:24:11.98
6	162	Angel Hohenstein	F	36	Duluth	MN	00:24:53	49	1:24	00:02:15	01:15:20	35	20.0	00:01:18	00:43:14	18	7:12		02:26:57.87
7	176	Lori Green	F	51	Fort Frances	ON					01:15:26	36	20.0	00:01:32	00:49:22	41	8:13		02:29:13.00
8	150	Alea Juntti	F	21	Negaunee	MI	00:25:06	50	1:25	00:01:24	01:19:57	45	18.8	00:01:06	00:44:42	26	7:26		02:32:13.47
9	169	Julie Kemp	F	41	Floodwood	MN	00:25:51	55	1:28	00:02:00	01:16:43	38	19.6	00:01:16	00:47:13	33	7:52		02:33:00.43
10	182	Beth Hassler	F	58	Andover	MN	00:21:12	26	1:12	00:02:08	01:23:40	56	18.0	00:01:27	00:45:59	29	7:39		02:34:23.06
11	166	Lindsay Nisula	F	38	Thunder Bay	ON	00:20:51	22	1:11	00:01:40	01:21:56	53	18.4	00:01:01	00:50:27	44	8:24		02:35:53.67
12	172	Linda Belanger	F	47	International Falls	MN	00:27:16	61	1:32	00:01:14	01:19:55	44	18.8	00:00:59	00:47:23	35	7:53		02:36:43.96
13	163	Christina Andersen	F	36	Grand Rapids	MN	00:24:33	45	1:23	00:01:47	01:20:58	49	18.6	00:01:11	00:49:44	43	8:17		02:38:11.72
14	174	Kris Kolenz	F	49	Duluth	MN	00:20:43	21	1:10	00:02:07	01:23:36	55	18.0	00:01:27	00:51:21	48	8:33		02:39:11.48
15	183	Sheri Schrock	F	60	Cohasset	MN	00:24:30	44	1:23	00:01:53	01:16:21	37	19.7	00:00:56	00:58:01	58	9:40		02:41:39.23
16	154	Lauren Anderson	F	24	Elk River	MN	00:19:01	7	1:04	00:02:34	01:26:02	62	17.5	00:02:28	00:55:51	55	9:18		02:45:54.80
17	159	Natalie Gulleeson	F	36	Lisbon	ND	00:25:14	51	1:25	00:02:49	01:17:28	39	19.4	00:01:43	01:00:15	61	10:02		02:47:26.57
18	177	Sara Dougherty	F	52	Cloquet	MN	00:24:34	46	1:23	00:01:38	01:25:57	61	17.5	00:01:49	00:53:34	51	8:55		02:47:30.25
19	394	Shannon Worum	F	35	Eden Prairie	MN	00:28:05	62	1:35	00:03:08	01:26:07	63	17.5	00:01:35	00:49:42	42	8:16		02:48:33.77
20	180	Abbe Burke	F	56	Lake Forest	IL	00:24:23	43	1:23	00:02:30	01:25:33	60	17.6	00:01:48	01:02:14	66	10:22		02:56:25.10
21	171	Wendy Nevala	F	47	Rochester	MN	00:30:07	70	1:42	00:02:37	01:19:08	42	19.0	00:02:55	01:02:56	68	10:29		02:57:40.96
22	161	Kelly Bunnell	F	35	Bailey	CO	00:22:00	29	1:14	00:02:30	01:30:17	67	16.7	00:01:24	01:01:53	65	10:18		02:58:01.49
23	178	Rose Bortolon	F	52	Thunder Bay	ON	00:29:04	67	1:39	00:01:58	01:28:09	65	17.1	00:01:30	01:02:24	67	10:23		03:03:02.67
24	157	Audra Lehrke	F	31	Waconia	MN	00:24:44	48	1:24	00:03:11	01:33:13	70	16.2	00:02:38	01:04:54	69	10:48		03:08:37.89
25	181	Lois Nilson	F	57	Minneapolis	MN	00:25:45	54	1:27	00:03:15	01:30:54	68	16.6	00:03:09	01:06:34	70	11:05		03:09:34.36
26	151	Anne Michael	F	23	Maple Grove	MN	00:23:38	38	1:20	00:04:02	01:39:23	73	15.2	00:01:25	01:01:28	64	10:14		03:09:52.79
27	179	Amy Bauch	F	56	Minneapolis	MN	00:29:46	69	1:41	00:04:14	01:25:06	59	17.7	00:02:03	01:16:24	73	12:43		03:17:30.30

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	1	Brooks Grossinger	M	37	Mayer	MN	00:18:57	6	1:04	00:00:54	00:59:37	1	25.3	00:00:45	00:34:14	1	5:42		01:54:24.48
2	61	Josh Blankenheim	M	34	Duluth	MN	00:18:21	4	1:02	00:01:00	01:01:27	2	24.5	00:00:45	00:34:59	2	5:49		01:56:29.49
3	2	Brendon O'flanagan	M	37	St. Paul	MN	00:17:09	2	0:58	00:00:53	01:03:51	5	23.6	00:00:49	00:37:40	3	6:16		02:00:19.36
4	12	Ross Weinzierl	M	28	St. Paul	MN	00:18:23	5	1:02	00:01:05	01:04:17	6	23.4	00:00:40	00:40:11	8	6:41		02:04:33.76
5	4	John Shelp	M	42	Maple Plain	MN	00:17:34	3	0:59	00:00:59	01:04:58	8	23.2	00:01:10	00:40:49	9	6:48		02:05:27.44
6	113	Mike Johnson	M	45	Chippewa Falls	WI	00:20:39	20	1:10	00:01:10	01:05:17	9	23.1	00:00:58	00:39:48	6	6:37		02:07:49.22
7	114	Jeff Juntti	M	46	Negaunee	MI	00:19:55	13	1:07	00:01:14	01:03:49	4	23.6	00:01:20	00:42:35	17	7:05		02:08:50.89
8	119	Brian Schubring	M	48	Minneapolis	MN	00:19:32	11	1:06	00:01:24	01:09:01	20	21.8	00:01:00	00:40:04	7	6:40		02:10:59.08
9	51	Jake Croteau	M	18	La Crosse	WI	00:20:33	19	1:10	00:01:33	01:06:48	14	22.5	00:00:44	00:42:02	15	7:00		02:11:37.46
10	64	Brian Bunnell	M	36	Bailey	CO	00:16:36	1	0:56	00:01:49	01:13:18	28	20.5	00:01:05	00:38:53	4	6:28		02:11:39.28
11	68	Steven Hohenstein	M	37	Duluth	MN	00:20:16	17	1:09	00:01:09	01:05:20	11	23.1	00:01:01	00:44:20	23	7:23		02:12:04.31
12	73	Kris Nisula	M	38	Thunder Bay	ON	00:22:47	33	1:17	00:01:06	01:08:13	18	22.1	00:00:56	00:39:29	5	6:34		02:12:27.65
13	112	Tom Verry	M	45	Aspen	CO	00:19:10	8	1:05	00:01:51	01:03:43	3	23.6	00:01:15	00:47:16	34	7:52		02:13:12.85
14	107	Alan Dettmer	M	42	Grand Rapids	MN	00:21:05	25	1:11	00:01:05	01:04:30	7	23.4	00:00:49	00:46:24	30	7:43		02:13:51.61
15	115	Jay Heikkila	M	46	Delano	MN	00:19:16	9	1:05	00:01:28	01:10:30	22	21.4	00:00:45	00:41:57	14	6:59		02:13:52.28
16	134	Bill Schmitt	M	61	Duluth	MN	00:19:46	12	1:07	00:01:33	01:06:52	15	22.5	00:01:05	00:44:54	28	7:28		02:14:06.40
17	124	Kirk Vesterstein	M	53	Wayzata	MN	00:22:53	34	1:18	00:02:00	01:06:39	13	22.6	00:01:10	00:41:37	12	6:56		02:14:17.44
18	103	John Garrison	M	42	Cohasset	MN	00:23:25	37	1:19	00:01:07	01:05:18	10	23.1	00:00:53	00:44:47	27	7:27		02:15:27.44
19	62	Peter Miner	M	34	Duluth	MN	00:20:21	18	1:09	00:01:51	01:07:26	16	22.3	00:01:23	00:44:35	25	7:25		02:15:33.66
20	55	Matthew Davis	M	26	Duluth	MN	00:21:55	27	1:14	00:02:54	01:07:45	17	22.2	00:01:10	00:42:19	16	7:03		02:16:00.84
21	108	David Soukup	M	42	Eden Prairie	MN	00:22:41	31	1:17	00:01:39	01:10:17	21	21.4	00:01:15	00:41:48	13	6:57		02:17:37.15
22	101	David Buhl	M	41	Sartell	MN	00:22:43	32	1:17	00:03:11	01:05:59	12	22.8	00:01:37	00:44:24	24	7:23		02:17:49.98
23	72	Louis Schweim	M	39	Hutchinson	MN	00:24:12	42	1:22	00:02:04	01:13:45	30	20.4	00:00:55	00:43:56	21	7:19		02:24:49.59
24	59	Kristopher Olson	M	33	Maple Grove	MN	00:21:56	28	1:14	00:01:46	01:13:26	29	20.5	00:01:50	00:46:59	32	7:49		02:25:53.97
25	102	Dan Stark	M	40	Grand Rapids	MN	00:23:07	35	1:18	00:02:44	01:11:04	23	21.2	00:02:10	00:47:23	36	7:53		02:26:25.78
26	65	Erik Andersen	M	37	Grand Rapids	MN	00:25:57	57	1:28	00:01:37	01:12:24	26	20.8	00:01:30	00:46:34	31	7:45		02:28:00.21
27	117	Rick Rodgers	M	48	Excelsior	MN	00:26:03	58	1:28	00:02:15	01:11:28	24	21.1	00:01:48	00:47:31	37	7:55		02:29:03.75
28	120	Skeeter Moore	M	51	Duluth	MN	00:21:02	24	1:11	00:01:37	01:14:52	32	20.1	00:01:17	00:51:04	47	8:30		02:29:49.77
29	69	Scott Stusynski	M	37	Fargo	ND	00:24:38	47	1:23	00:02:23	01:13:07	27	20.6	00:02:29	00:48:01	38	8:00		02:30:34.85
30	125	Jack Shovein	M	55	North Oaks	MN	00:25:52	56	1:28	00:02:29	01:19:59	46	18.8	00:01:29	00:48:46	40	8:07		02:38:34.11
31	109	Kevin Haney	M	43	Duluth	MN	00:23:24	36	1:19	00:02:25	01:20:27	47	18.7	00:01:43	00:50:40	45	8:26		02:38:36.89
32	288	James Williamson	M	51	Chesterfield	VA	00:28:56	65	1:38	00:01:18	01:15:04	33	20.1	00:01:36	00:52:01	49	8:40		02:38:53.69
33	116	Mike Clabaugh	M	46	Duluth	MN	00:25:36	53	1:27	00:01:57	01:21:53	52	18.4	00:01:18	00:48:39	39	8:06		02:39:19.93
34	130	Jon Byrne	M	58	Bovey	MN	00:22:27	30	1:16	00:02:59	01:19:51	43	18.9	00:01:40	00:52:59	50	8:49		02:39:53.40
35	74	Ben Nicholson	M	39	Solon	IA	00:28:17	63	1:36	00:04:08	01:20:34	48	18.7	00:01:48	00:50:41	46	8:26		02:45:25.65

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	137	Rudra Tamm	M	68	Bismarck	ND	00:26:24	59	1:29	00:02:09	01:21:52	51	18.4	00:01:21	00:54:24	52	9:03		02:46:06.84
37	136	Walt Prah	M	61	Duluth	MN	00:25:17	52	1:26	00:02:03	01:18:40	41	19.1	00:01:50	00:58:52	59	9:48		02:46:38.88
38	52	James Jylha	M	19	Grand Rapids	MN	00:24:07	41	1:22	00:01:39	01:21:43	50	18.4	00:00:52	01:01:12	63	10:11		02:49:30.70
39	133	Rick Agar	M	60	Duluth	MN	00:24:03	40	1:21	00:02:05	01:24:51	58	17.7	00:01:37	00:57:40	57	9:36		02:50:14.68
40	121	Allen Donais	M	51	Embarrass	MN	00:32:43	73	1:51	00:03:35	01:22:29	54	18.3	00:01:54	00:55:56	56	9:19		02:56:33.60
41	71	James Daniel	M	37	South Range	WI	00:30:56	71	1:45	00:04:25	01:24:33	57	17.8	00:02:32	00:55:17	53	9:12		02:57:40.11
42	105	Chad Belanger	M	42	International Falls	MN	00:28:58	66	1:38	00:05:15	01:26:13	64	17.5	00:02:05	00:55:44	54	9:17		02:58:12.11
43	110	Pete Began	M	44	Barnum	MN	00:26:30	60	1:30	00:03:34	01:29:21	66	16.9	00:02:31	00:59:40	60	9:56		03:01:34.91
44	126	John Massey	M	55	Scottsbluff	NE	00:23:40	39	1:20	00:04:20	01:34:33	71	15.9	00:02:29	01:13:07	71	12:11		03:18:06.74
45	131	Frederick Klann	M	59	Denver	CO	00:32:21	72	1:50	00:07:06	01:39:36	74	15.1	00:02:29	01:00:26	62	10:04		03:21:55.63
46	111	Ken Koski	M	44	Chaska	MN	00:28:53	64	1:38	00:04:02	01:35:03	72	15.8	00:01:45	01:14:36	72	12:25		03:24:15.22
47	138	Herbert Lefler	M	68	Edina	MN	00:29:17	68	1:39	00:05:16	01:31:54	69	16.4	00:02:49	01:17:54	74	12:58		03:27:07.82