July 12, 2014

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/195	1/105	11	Tara Makinen	35	F	Grand Rapids	MN	00:11:25.65	00:31:02.26	00:20:53.48		01:05:31.57
Male	Over	all											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/195	1/90	10	Adam Himes	42	М	Plymouth	MN	00:10:08.78	00:28:33.49	00:18:06.32		00:58:24.37
Fema	le Mast	ers											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/195	2/105	438	Jena Ogston	43	F	Duluth	MN	00:10:51.84	00:31:21.32	00:21:53.63		01:06:14.68
Male	Mast	ers											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/195	5/90	282	Daniel Duff	50	М	Duluth	MN	00:10:18.99	00:30:26.27	00:19:42.50		01:04:00.26
Fema	le Ages	01 - 15											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	134/195	59/105	350	Mallery Lind	15	F	Hibbing	MN	00:13:04.05	00:44:35.78	00:26:36.90		01:27:09.56
Male	Ages	01 - 15											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1 2	12/195 107/195	10/90 65/90	200 50	Joshua Kemp Evan Freed	15 13	M M	Floodwood Excelsior	MN MN	00:12:12.53 00:10:28.69	00:31:41.56 00:41:26.37	00:20:37.97 00:28:07.62		01:06:24.03 01:23:56.14

July 12, 2014

Overall Division Results

Sprint Individual

Female Ages 16 - 19

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	23/195	5/105	352	Kaytlin Garrison	16	F	Cohasset	MN	00:11:50.04	00:33:53.56	00:21:26.02		01:09:32.72
2	38/195	8/105	356	Tayler Hebner	18	F	International Falls	MN	00:11:01.02	00:36:20.80	00:23:57.82		01:14:07.20
3	47/195	12/105	357	Julianna French	18	F	Grand Rapids	MN	00:13:01.85	00:36:12.47	00:23:43.22		01:16:01.01
Male	Ages	16 - 19											
Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	26/195	20/90	205	Colin Kemp	18	М	Floodwood	MN	00:11:15.14	00:32:57.59	00:23:53.53		01:10:03.64
2	71/195	50/90	204	Lars Anderson	16	М	Grand Rapids	MN	00:10:26.96	00:39:33.05	00:25:48.56		01:18:53.52
3	83/195	55/90	201	Jace Isaacs	16	М	Maple Grove	MN	00:12:53.91	00:37:52.62	00:27:15.74		01:20:37.72
Fema	le Ages	20 - 24											
Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	43/195	10/105	363	Kristi Mehrman	23	F	Duluth	MN	00:13:00.16	00:34:38.36	00:24:34.01		01:15:22.48
2	97/195	36/105	153	Katie Burke	24	F	Lake Forest	IL	00:10:35.85	00:37:49.04	00:29:21.93		01:22:37.94
3	136/195	60/105	360	Nicole Frick	20	F	Grand Rapids	MN	00:15:36.13	00:38:13.41	00:30:33.20		01:27:36.32
Male	Ages	20 - 24											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/195	2/90	208	Nicholas Nygaard	24	М	Duluth	MN	00:10:32.60	00:30:23.08	00:16:18.65		01:00:25.70
Fema	le Ages	25 - 29											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	25/195	6/105	373	Jennifer Lucarelli	28	F	Marshfield	WI	00:10:34.24	00:34:15.86	00:22:30.49		01:09:55.76
2	66/195	21/105	369	Bridget Hines	25	F	Duluth	MN	00:13:53.22	00:38:34.40	00:19:57.94		01:18:41.15
3	72/195	22/105	366	Jeanna Holcombe	25	F	Superior	WI	00:09:55.16	00:37:51.59	00:27:17.53		01:19:06.01

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Overall Division Results

Sprint Individual

Male Ages 25 - 29

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/195	3/90	210	Mark Johnson	28	М	Duluth	MN	00:10:10.40	00:30:13.51	00:18:30.11		01:01:14.53
2	46/195	35/90	212	John Perich	29	М	Cedar Rapids	IA	00:12:03.78	00:33:52.05	00:24:16.56		01:15:58.71
3	75/195	52/90	209	James Wolter	25	М	Fargo	ND	00:14:37.56	00:37:52.51	00:23:31.99		01:19:29.62
Fema	le Ages	30 - 34											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	55/195	15/105	381	Julie Feldman	33	F	Inver Grove Heights	MN	00:13:57.97	00:33:28.01	00:26:54.53		01:17:18.71
2	65/195	20/105	375	Lisa Freeburg	30	F	Gering	NE	00:13:02.24	00:39:02.56	00:23:25.53		01:18:37.99
3	112/195	45/105	378	Kathryn Ferguson	31	F	Duluth	MN	00:14:23.52	00:36:52.78	00:29:59.05		01:24:14.79
Male	Ages	30 - 34											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/195	4/90	220	Philip Imholte	34	М	Grand Rapids	MN	00:09:35.98	00:31:33.44	00:19:18.48		01:02:08.80
2	6/195	6/90	217	Craig Walli	32	М	Hibbing	MN	00:10:00.09	00:31:42.07	00:20:37.00		01:04:23.13
3	8/195	8/90	213	Fr. Ben Hadrich	31	М	Duluth	MN	00:11:10.72	00:31:53.23	00:19:26.06		01:05:04.57
Fema	le Ages	35 - 39											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/195	4/105	407	Shauna Joas	39	F	Eagan	MN	00:11:26.38	00:31:22.24	00:23:06.20		01:08:21.72
2	59/195	16/105	412	Amber Hardwig	39	F	Duluth	MN	00:13:25.25	00:38:44.83	00:22:35.54		01:17:50.20
3	62/195	18/105	393	Melissa Grzybowski	35	F	Hibbing	MN	00:13:02.33	00:38:01.00	00:24:19.87		01:18:08.85
Male	Ages	35 - 39											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	7/195	7/90	63	Ryan Dewey	35	М	Esko	MN	00:10:03.39	00:31:01.20	00:21:11.38		01:04:47.98
2	10/195	9/90	230	Cory Berg	37	М	Grand Marais	MN	00:11:49.96	00:31:31.22	00:19:05.19		01:06:02.21
3	20/195	16/90	223	Luther Kemp	35	М	Hibbing	MN	00:11:23.79	00:31:08.30	00:24:03.84		01:08:35.59

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Overall Division Results

Sprint Individual

Female Ages 40 - 44

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	16/195	3/105	425	Christel Kern	40	F	Grand Rapids	MN	00:10:28.68	00:32:53.95	00:22:14.96		01:07:59.71
2	32/195	7/105	167	Anne Hoeschen	41	F	Freeport	MN	00:12:27.88	00:33:13.67	00:23:42.62		01:11:51.04
3	44/195	11/105	434	Marlo Gangi	43	F	Coleraine	MN	00:13:41.79	00:34:35.91	00:24:49.85		01:15:36.50
Male	Ages	40 - 44											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/195	14/90	255	Chris Morris	43	М	Hermantown	MN	00:11:33.76	00:32:49.64	00:21:49.32		01:08:15.13
2	21/195	17/90	100	Frank Gangi	40	М	Coleraine	MN	00:14:26.56	00:31:09.35	00:21:04.32		01:08:49.27
3	24/195	19/90	258	Curt Dimberio	43	М	Duluth	MN	00:13:23.18	00:32:34.94	00:20:58.47		01:09:49.53
Fema	le Ages	45 - 49											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	81/195	27/105	452	Sue Holm	45	F	Deer River	MN	00:11:35.73	00:38:51.90	00:27:12.16		01:20:11.17
2	91/195	33/105	456	Lisa Brandt	47	F	Coleraine	MN	00:13:20.47	00:39:05.93	00:26:17.92		01:22:03.42
3	142/195	63/105	460	Sandra Drennan	49	F	Emo	ON	00:14:03.46	00:40:21.85	00:30:02.58		01:28:16.13
Male	Ages	45 - 49											
Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	13/195	11/90	267	Doug Berg	46	М	Duluth	MN	00:11:25.77	00:30:20.31	00:22:19.31		01:06:52.22
2	14/195	12/90	279	Matt Evans	48	М	Eau Claire	WI	00:09:10.01	00:33:39.28	00:22:17.59		01:07:19.20
3	15/195	13/90	273	Brent Johnson	47	М	Superior	WI	00:11:50.67	00:31:40.37	00:22:01.87		01:07:30.89
Fema	le Ages	50 - 54											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	39/195	9/105	465	Mary Sands	53	F	Saint Paul	MN	00:12:32.29	00:34:39.32	00:24:37.23		01:14:20.35
2	78/195	24/105	175	Debora Rodgers	50	F	Excelsior	MN	00:12:51.22	00:35:16.23	00:27:23.63		01:19:53.39
3	84/195	29/105	462	Mary Seitz	51	F	Duluth	MN	00:11:06.68	00:35:34.53	00:30:16.22		01:20:51.70

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Overall Division Results

Sprint Individual

Male Ages 50 - 54

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/195	15/90	122	Paul Kovach	53	М	Duluth	MN	00:11:46.20	00:29:36.01	00:24:21.07		01:08:32.70
2	30/195	24/90	295	Dave Israel	54	М	Duluth	MN	00:13:14.49	00:34:29.42	00:19:59.50		01:11:22.40
3	49/195	36/90	286	James Justus	51	М	Cohasset	MN	00:10:12.86	00:37:29.66	00:24:56.85		01:16:15.20
Fema	le Ages	55 - 59											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	169/195	83/105	473	Martha Albertson	57	F	Arden Hills	MN	00:13:10.62	00:43:43.04	00:31:02.32		01:34:06.37
2	175/195	88/105	475	Susie Greupner	58	F	Eagan	MN	00:16:44.61	00:40:57.68	00:35:10.44		01:39:18.22
3	178/195	91/105	474	Susan Voigt	58	F	Pengilly	MN	00:14:18.20	00:46:38.79	00:35:59.56		01:41:20.58
Male	Ages	55 - 59											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	31/195	25/90	297	Allen Kutz	55	М	Sartell	MN	00:12:35.20	00:33:55.82	00:22:11.89		01:11:31.52
2	45/195	34/90	298	Paul Olson	56	М	Grand Rapids	MN	00:13:05.70	00:35:04.95	00:24:48.88		01:15:55.02
3	50/195	37/90	302	Bill Stroozas	58	Μ	Duluth	MN	00:11:51.18	00:36:36.44	00:24:38.77		01:16:31.22
Fema	le Ages	60 - 64											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	100/195	39/105	479	Elaine Hanson	62	F	Nevis	MN	00:13:49.03	00:35:39.25	00:30:12.55		01:23:08.93
2	153/195	70/105	478	Nancy Roehr	61	F	Minneapolis	MN	00:15:48.92	00:37:48.68	00:31:50.36		01:30:48.08
3	154/195	71/105	476	Penny Agar	60	F	Duluth	MN	00:12:50.08	00:42:08.09	00:31:37.23		01:30:54.96
Male	Ages	60 - 64											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	67/195	46/90	310	Chuck Kartak	63	М	North Branch	MN	00:16:06.61	00:33:52.67	00:25:19.90		01:18:45.23
2	68/195	47/90	305	Jim Miner	60	М	Duluth	MN	00:11:41.40	00:33:33.75	00:29:09.45		01:18:46.04
3	96/195	61/90	308	Terry Voigt	60	М	Jordan	MN	00:12:50.47	00:38:15.28	00:26:40.79		01:22:35.82

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Overall Division Results

Sprint Individual

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	181/195	94/105	480	Jean Wood	65	F	Excelsior	MN	00:15:56.86	00:41:05.75	00:41:00.38		01:43:02.04
2	187/195	99/105	483	Suzanne Kane	67	F	Edina	MN	00:16:25.79	00:47:02.21	00:37:06.90		01:47:13.57
3	192/195	103/105	484	Sarah Vogel	68	F	Bismarck	ND	00:19:11.65	00:42:58.37	00:47:56.32		01:57:07.94
Male	Ages	65 - 69											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	76/195	53/90	314	Thomas Couillard	65	М	White Bear Lake	MN	00:13:14.00	00:35:09.90	00:26:25.02		01:19:33.03
2	166/195	86/90	313	J. Simpson	66	М	Chanhassen	MN	00:14:57.14	00:40:02.62	00:31:30.14		01:33:38.01
3	194/195	90/90	316	Dwight Carman	68	М	Edina	MN	00:16:17.13	00:45:39.77	00:49:50.27		02:01:43.73
Male	Ages	70 - 74											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	188/195	89/90	317	Francis Tuominen	71	М	Minneapolis	MN	00:18:00.18	00:44:30.00	00:39:02.21		01:48:38.89

July 12, 2014

Overall Division Results

Sprint Team

Male Team

Div Place	Overall Pic/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	1/21	343	Thunder - Lightning And A Lotta Attitude	Chanhassen	MN	00:08:58.45	00:28:18.79	00:18:19.67		00:56:54.76
Fema	le Team									
Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	5/21	325	Three Musketeers	Cohasset	MN	00:15:00.96	00:36:19.35	00:20:13.17		01:13:03.97
Coed	Team									
Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	2/21	450	PPC	Grand Rapids	MN	00:10:26.58	00:33:55.93	00:21:29.69		01:07:22.47