

# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	10	Adam Himes	M	42	Plymouth	MN	00:10:09	7	1:44	00:00:58	00:28:34	1	23.5	00:00:39	00:18:07	2	6:02		00:58:24.37
2	208	Nicholas Nygaard	M	24	Duluth	MN	00:10:33	14	1:48	00:02:00	00:30:24	5	22.1	00:01:12	00:16:19	1	5:26		01:00:25.70
3	210	Mark Johnson	M	28	Duluth	MN	00:10:11	8	1:45	00:01:14	00:30:14	3	22.2	00:01:07	00:18:31	4	6:10		01:01:14.53
4	220	Philip Imholte	M	34	Grand Rapids	MN	00:09:36	3	1:39	00:01:04	00:31:34	15	21.3	00:00:38	00:19:19	6	6:26		01:02:08.80
5	282	Daniel Duff	M	50	Duluth	MN	00:10:19	10	1:46	00:02:23	00:30:27	6	22.1	00:01:11	00:19:43	8	6:34		01:04:00.26
6	217	Craig Walli	M	32	Hibbing	MN	00:10:01	5	1:43	00:01:18	00:31:43	18	21.2	00:00:47	00:20:38	11	6:52		01:04:23.13
7	63	Ryan Dewey	M	35	Esko	MN	00:10:04	6	1:43	00:01:29	00:31:02	7	21.7	00:01:04	00:21:12	17	7:03		01:04:47.98
8	213	Fr. Ben Hadrich	M	31	Duluth	MN	00:11:11	28	1:55	00:01:37	00:31:54	19	21.1	00:00:59	00:19:27	7	6:28		01:05:04.57
9	11	Tara Makinen	F	35	Grand Rapids	MN	00:11:26	35	1:58	00:01:20	00:31:03	8	21.7	00:00:51	00:20:54	14	6:57		01:05:31.57
10	230	Cory Berg	M	37	Grand Marais	MN	00:11:50	46	2:02	00:01:57	00:31:32	14	21.3	00:01:40	00:19:06	5	6:21		01:06:02.21
11	438	Jena Ogston	F	43	Duluth	MN	00:10:52	23	1:52	00:01:20	00:31:22	12	21.4	00:00:49	00:21:54	21	7:17		01:06:14.68
12	200	Joshua Kemp	M	15	Floodwood	MN	00:12:13	57	2:06	00:01:11	00:31:42	17	21.2	00:00:42	00:20:38	12	6:52		01:06:24.03
13	267	Doug Berg	M	46	Duluth	MN	00:11:26	36	1:58	00:01:30	00:30:21	4	22.2	00:01:18	00:22:20	26	7:26		01:06:52.22
14	279	Matt Evans	M	48	Eau Claire	WI	00:09:11	2	1:34	00:01:19	00:33:40	35	20.0	00:00:55	00:22:18	25	7:25		01:07:19.20
15	273	Brent Johnson	M	47	Superior	WI	00:11:51	49	2:02	00:01:09	00:31:41	16	21.2	00:00:50	00:22:02	22	7:20		01:07:30.89
16	425	Christel Kern	F	40	Grand Rapids	MN	00:10:29	12	1:48	00:01:23	00:32:54	22	20.4	00:01:00	00:22:15	24	7:24		01:07:59.71
17	255	Chris Morris	M	43	Hermantown	MN	00:11:34	39	1:59	00:01:14	00:32:50	21	20.5	00:00:49	00:21:50	19	7:16		01:08:15.13
18	407	Shauna Joas	F	39	Eagan	MN	00:11:27	37	1:58	00:01:35	00:31:23	13	21.4	00:00:53	00:23:07	33	7:42		01:08:21.72
19	122	Paul Kovach	M	53	Duluth	MN	00:11:47	45	2:01	00:01:42	00:29:37	2	22.7	00:01:08	00:24:22	53	8:07		01:08:32.70
20	223	Luther Kemp	M	35	Hibbing	MN	00:11:24	34	1:57	00:01:08	00:31:09	9	21.6	00:00:53	00:24:04	45	8:01		01:08:35.59
21	100	Frank Gangi	M	40	Coleraine	MN	00:14:27	129	2:29	00:01:08	00:31:10	11	21.6	00:01:02	00:21:05	16	7:01		01:08:49.27
22	58	Nathan Johnson	M	34	Duluth	MN	00:11:15	31	1:56	00:02:00	00:33:58	43	19.8	00:01:13	00:20:52	13	6:57		01:09:16.11
23	352	Kaytlin Garrison	F	16	Cohasset	MN	00:11:51	47	2:02	00:01:32	00:33:54	40	19.8	00:00:52	00:21:27	18	7:08		01:09:32.72
24	258	Curt Dimberio	M	43	Duluth	MN	00:13:24	99	2:18	00:01:44	00:32:35	20	20.6	00:01:10	00:20:59	15	6:59		01:09:49.53
25	373	Jennifer Lucarelli	F	28	Marshfield	WI	00:10:35	18	1:49	00:01:53	00:34:16	44	19.6	00:00:43	00:22:31	27	7:30		01:09:55.76
26	205	Colin Kemp	M	18	Floodwood	MN	00:11:16	32	1:56	00:01:29	00:32:58	23	20.4	00:00:30	00:23:54	42	7:57		01:10:03.64
27	224	Josh Troumbly	M	35	Bovey	MN	00:14:34	132	2:30	00:01:49	00:31:10	10	21.6	00:01:05	00:21:50	20	7:16		01:10:25.06
28	66	Jere Mohr	M	36	Duluth	MN	00:10:34	15	1:49	00:01:32	00:33:25	30	20.1	00:01:19	00:23:57	43	7:58		01:10:43.77
29	266	Joel Harris	M	46	Hermantown	MN	00:12:02	54	2:04	00:01:29	00:33:39	34	20.0	00:00:57	00:23:10	34	7:43		01:11:15.22
30	295	Dave Israel	M	54	Duluth	MN	00:13:15	93	2:16	00:03:02	00:34:30	50	19.5	00:00:38	00:20:00	10	6:39		01:11:22.40
31	297	Allen Kutz	M	55	Sartell	MN	00:12:36	68	2:10	00:01:32	00:33:56	41	19.8	00:01:17	00:22:12	23	7:23		01:11:31.52
32	167	Anne Hoeschen	F	41	Freeport	MN	00:12:28	61	2:08	00:01:25	00:33:14	28	20.2	00:01:03	00:23:43	39	7:54		01:11:51.04
33	260	Tony Tallman	M	45	Hopkins	MN	00:12:53	77	2:12	00:02:01	00:33:48	37	19.9	00:01:07	00:22:34	28	7:31		01:12:19.95
34	259	Jeff Tillman	M	45	Cohasset	MN	00:13:40	108	2:21	00:02:14	00:33:14	27	20.2	00:00:46	00:22:37	30	7:32		01:12:28.44
35	60	Joseph Holz	M	34	Saginaw	MN	00:10:51	22	1:51	00:02:34	00:35:31	66	18.9	00:00:59	00:22:42	31	7:33		01:12:33.31
36	229	Mark Schwartz	M	37	Faribault	MN	00:10:44	21	1:50	00:02:12	00:36:42	76	18.3	00:01:14	00:22:53	32	7:37		01:13:42.92

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July 12, 2014

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
37	226	Michael Shafirka	M	37	Thunder Bay	ON	00:10:34	16	1:49	00:01:44	00:34:43	56	19.4	00:01:48	00:25:04	67	8:21		01:13:50.15
38	356	Taylor Hebner	F	18	International Falls	MN	00:11:02	25	1:53	00:02:07	00:36:21	74	18.5	00:00:41	00:23:58	44	7:59		01:14:07.20
39	465	Mary Sands	F	53	Saint Paul	MN	00:12:33	64	2:09	00:01:19	00:34:40	54	19.4	00:01:13	00:24:38	56	8:12		01:14:20.35
40	218	Zack Kartak	M	34	Minneapolis	MN	00:12:29	62	2:08	00:01:40	00:35:01	58	19.2	00:01:08	00:24:13	49	8:04		01:14:27.83
41	264	Michael Clark	M	46	Rochester	MN	00:12:35	66	2:09	00:02:13	00:33:04	24	20.3	00:01:32	00:25:18	70	8:25		01:14:38.85
42	222	Joshua Wilson	M	35	Maple Lake	MN	00:13:53	113	2:23	00:01:39	00:34:27	49	19.5	00:01:16	00:23:39	37	7:52		01:14:50.85
43	363	Kristi Mehrman	F	23	Duluth	MN	00:13:01	80	2:14	00:01:49	00:34:39	52	19.4	00:01:22	00:24:35	55	8:11		01:15:22.48
44	434	Marlo Gangi	F	43	Coleraine	MN	00:13:42	109	2:21	00:01:27	00:34:36	51	19.4	00:01:03	00:24:50	62	8:16		01:15:36.50
45	298	Paul Olson	M	56	Grand Rapids	MN	00:13:06	86	2:15	00:02:25	00:35:05	59	19.2	00:00:31	00:24:49	60	8:16		01:15:55.02
46	212	John Perich	M	29	Cedar Rapids	IA	00:12:04	55	2:04	00:03:37	00:33:53	38	19.8	00:02:11	00:24:17	50	8:05		01:15:58.71
47	357	Julianna French	F	18	Grand Rapids	MN	00:13:02	82	2:14	00:02:05	00:36:13	72	18.6	00:00:59	00:23:44	40	7:54		01:16:01.01
48	429	Kimberly Radloff	F	41	Saginaw	MN	00:11:55	52	2:03	00:01:44	00:35:16	62	19.1	00:01:01	00:26:12	78	8:43		01:16:06.26
49	286	James Justus	M	51	Cohasset	MN	00:10:13	9	1:45	00:02:28	00:37:30	90	17.9	00:01:09	00:24:57	65	8:18		01:16:15.20
50	302	Bill Stroozas	M	58	Duluth	MN	00:11:52	50	2:02	00:02:00	00:36:37	75	18.4	00:01:26	00:24:39	57	8:12		01:16:31.22
51	430	Sara Peterson	F	41	Duluth	MN	00:10:42	20	1:50	00:02:05	00:38:32	117	17.4	00:01:18	00:24:11	47	8:03		01:16:44.67
52	304	Mark Rauschenfels	M	59	Duluth	MN	00:12:44	71	2:11	00:01:48	00:33:11	26	20.3	00:01:38	00:27:30	107	9:09		01:16:47.68
53	254	Daniel Radloff	M	43	Duluth	MN	00:15:05	143	2:35	00:01:54	00:33:10	25	20.3	00:01:21	00:25:30	74	8:29		01:16:58.50
54	275	Mark Pilate	M	47	Minnetonka	MN	00:13:07	87	2:15	00:02:41	00:33:25	31	20.1	00:01:02	00:26:51	89	8:56		01:17:02.78
55	381	Julie Feldman	F	33	Inver Grove Heights	MN	00:13:58	117	2:24	00:01:47	00:33:29	32	20.1	00:01:12	00:26:55	92	8:58		01:17:18.71
56	292	Steven Otto	M	55	Cohasset	MN	00:14:46	136	2:32	00:02:19	00:35:24	65	19.0	00:00:42	00:24:13	48	8:04		01:17:21.55
57	233	Mathew Wangen	M	38	Grand Rapids	MN	00:18:17	183	3:08	00:04:25	00:35:08	60	19.1	00:01:14	00:18:26	3	6:08		01:17:27.37
58	252	Gregory Nacker	M	42	Vadnais Heights	MN	00:13:29	102	2:19	00:03:01	00:34:21	46	19.6	00:02:09	00:24:44	59	8:14		01:17:42.06
59	412	Amber Hardwig	F	39	Duluth	MN	00:13:26	101	2:18	00:02:18	00:38:45	123	17.3	00:00:47	00:22:36	29	7:31		01:17:50.20
60	486	Patty Hausmann	F	43	Duluth	MN	00:11:12	29	1:55	00:02:13	00:35:37	69	18.9	00:01:42	00:27:10	97	9:03		01:17:50.98
61	214	Marty Cole	M	32	Grand Rapids	MN	00:12:17	58	2:06	00:02:08	00:37:24	89	18.0	00:02:02	00:24:18	51	8:05		01:18:05.65
62	393	Melissa Grzybowski	F	35	Hibbing	MN	00:13:03	84	2:14	00:02:06	00:38:02	107	17.7	00:00:41	00:24:20	52	8:06		01:18:08.85
63	232	Mike Bishop	M	38	Bovey	MN	00:14:36	133	2:30	00:02:48	00:34:55	57	19.2	00:02:23	00:23:39	38	7:52		01:18:18.64
64	443	Paula Menzel	F	44	Hermantown	MN	00:14:03	118	2:25	00:02:03	00:36:54	80	18.2	00:00:51	00:24:42	58	8:13		01:18:30.41
65	375	Lisa Freeburg	F	30	Gering	NE	00:13:03	83	2:14	00:02:23	00:39:03	129	17.2	00:00:46	00:23:26	35	7:48		01:18:37.99
66	369	Bridget Hines	F	25	Duluth	MN	00:13:54	115	2:23	00:04:43	00:38:35	119	17.4	00:01:33	00:19:58	9	6:39		01:18:41.15
67	310	Chuck Kartak	M	63	North Branch	MN	00:16:07	162	2:46	00:01:52	00:33:53	39	19.8	00:01:35	00:25:20	72	8:26		01:18:45.23
68	305	Jim Miner	M	60	Duluth	MN	00:11:42	43	2:00	00:02:19	00:33:34	33	20.0	00:02:04	00:29:10	134	9:43		01:18:46.04
69	284	Kyle Harju	M	50	Monticello	MN	00:12:29	63	2:08	00:01:56	00:34:21	47	19.6	00:01:04	00:29:00	130	9:39		01:18:47.66
70	278	Eric Johnson	M	48	Minnetonka	MN	00:11:51	48	2:02	00:01:37	00:37:52	102	17.8	00:01:24	00:26:07	77	8:42		01:18:47.80
71	204	Lars Anderson	M	16	Grand Rapids	MN	00:10:27	11	1:47	00:02:10	00:39:34	135	17.0	00:00:56	00:25:49	75	8:36		01:18:53.52
72	366	Jeanna Holcombe	F	25	Superior	WI	00:09:56	4	1:42	00:02:28	00:37:52	103	17.7	00:01:34	00:27:18	104	9:05		01:19:06.01

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
73	290	Steven Stromback	M	54	Duluth	MN	00:12:34	65	2:09	00:02:38	00:34:17	45	19.6	00:01:52	00:27:58	114	9:19		01:19:17.31
74	414	Elisa Schmitz	F	39	Hermantown	MN	00:13:02	81	2:14	00:02:21	00:35:32	67	18.9	00:01:16	00:27:11	98	9:03		01:19:18.62
75	209	James Wolter	M	25	Fargo	ND	00:14:38	134	2:31	00:02:06	00:37:53	104	17.7	00:01:23	00:23:32	36	7:50		01:19:29.62
76	314	Thomas Couillard	M	65	White Bear Lake	MN	00:13:15	92	2:16	00:02:58	00:35:10	61	19.1	00:01:47	00:26:26	81	8:48		01:19:33.03
77	132	Louis Bortolon	M	59	Thunder Bay	ON	00:15:36	149	2:41	00:02:31	00:34:40	55	19.4	00:01:49	00:25:04	68	8:21		01:19:37.34
78	175	Debora Rodgers	F	50	Excelsior	MN	00:12:52	76	2:12	00:02:29	00:35:17	64	19.1	00:01:55	00:27:24	105	9:07		01:19:53.39
79	358	Edyn Isaacs	F	18	Maple Grove	MN	00:10:34	17	1:49	00:01:43	00:39:45	137	16.9	00:00:49	00:27:14	102	9:04		01:20:01.76
80	426	Kamrin Macki	F	41	Grand Forks	ND	00:13:55	116	2:23	00:01:44	00:38:04	108	17.7	00:01:31	00:24:54	63	8:17		01:20:05.39
81	452	Sue Holm	F	45	Deer River	MN	00:11:36	40	1:59	00:01:40	00:38:52	126	17.3	00:00:52	00:27:13	100	9:04		01:20:11.17
82	427	Mina Bradley	F	41	Duluth	MN	00:11:13	30	1:55	00:01:48	00:37:21	88	18.0	00:01:03	00:29:13	136	9:44		01:20:35.01
83	201	Jace Isaacs	M	16	Maple Grove	MN	00:12:54	78	2:13	00:01:48	00:37:53	105	17.7	00:00:49	00:27:16	103	9:05		01:20:37.72
84	462	Mary Seitz	F	51	Duluth	MN	00:11:07	26	1:54	00:02:19	00:35:35	68	18.9	00:01:36	00:30:17	152	10:05		01:20:51.70
85	444	Jaleh Nahvi	F	44	Inver Grove Heights	MN	00:11:37	41	1:59	00:01:58	00:39:24	134	17.1	00:01:09	00:26:54	91	8:57		01:21:00.29
86	410	Renee Saamanen	F	38	Duluth	MN	00:13:15	94	2:16	00:02:30	00:33:40	36	20.0	00:01:52	00:30:15	151	10:04		01:21:30.20
87	294	Erik Lundquist	M	54	Juneau	AK	00:16:43	173	2:52	00:02:22	00:37:15	84	18.0	00:00:47	00:24:34	54	8:11		01:21:39.34
88	265	Tony Radloff	M	46	Saginaw	MN	00:17:16	178	2:58	00:03:05	00:34:22	48	19.6	00:02:08	00:24:55	64	8:18		01:21:43.19
89	160	Leah Gruhn	F	35	Duluth	MN	00:13:47	110	2:22	00:01:46	00:33:57	42	19.8	00:01:44	00:30:32	154	10:10		01:21:43.23
90	227	Joshua Feldman	M	38	Inver Grove Heights	MN	00:15:04	141	2:35	00:02:29	00:37:34	93	17.9	00:02:07	00:24:50	61	8:16		01:22:02.29
91	456	Lisa Brandt	F	47	Coleraine	MN	00:13:21	98	2:17	00:02:21	00:39:06	130	17.2	00:00:59	00:26:18	79	8:45		01:22:03.42
92	330	Denise Stempa	F	39	Appleton	WI	00:16:12	163	2:47	00:02:28	00:36:48	77	18.3	00:01:46	00:25:00	66	8:19		01:22:10.56
93	447	Veronica Kaspszak	F	44	Hermantown	MN	00:14:16	123	2:27	00:01:48	00:39:13	132	17.1	00:01:42	00:25:19	71	8:26		01:22:14.99
94	56	Erik Kling	M	30	Grand Rapids	MN	00:11:57	53	2:03	00:02:41	00:37:33	92	17.9	00:01:26	00:28:43	126	9:34		01:22:16.78
95	253	Brian Trombley	M	42	Excelsior	MN	00:13:25	100	2:18	00:02:33	00:37:10	83	18.1	00:01:35	00:27:46	112	9:15		01:22:25.08
96	308	Terry Voigt	M	60	Jordan	MN	00:12:51	75	2:12	00:03:30	00:38:16	112	17.6	00:01:20	00:26:41	87	8:53		01:22:35.82
97	153	Katie Burke	F	24	Lake Forest	IL	00:10:36	19	1:49	00:03:31	00:37:50	100	17.8	00:01:21	00:29:22	140	9:47		01:22:37.94
98	404	Ann Gustafson	F	38	Carlton	MN	00:13:20	97	2:17	00:04:33	00:35:41	71	18.8	00:01:10	00:28:25	121	9:28		01:23:06.75
99	359	Erika Kooda	F	19	Grand Rapids	MN	00:12:27	60	2:08	00:03:39	00:37:37	95	17.9	00:01:17	00:28:11	118	9:23		01:23:08.34
100	479	Elaine Hanson	F	62	Nevis	MN	00:13:50	111	2:22	00:01:57	00:35:40	70	18.8	00:01:33	00:30:13	150	10:04		01:23:08.93
101	225	Brian Grzybowski	M	35	Hibbing	MN	00:15:48	156	2:43	00:01:57	00:37:54	106	17.7	00:01:09	00:26:34	83	8:51		01:23:19.97
102	309	Thomas Pearson	M	61	Pengilly	MN	00:05:19	1	0:54	00:03:21	00:40:17	141	16.7	00:01:45	00:32:45	170	10:54		01:23:25.22
103	402	Dina Clabaugh	F	37	Duluth	MN	00:16:05	161	2:46	00:03:06	00:35:16	63	19.1	00:01:31	00:27:33	108	9:10		01:23:28.75
104	431	Amy Haney	F	41	Duluth	MN	00:14:38	135	2:31	00:02:33	00:38:33	118	17.4	00:00:56	00:27:06	96	9:01		01:23:43.33
105	368	Danni Herschbach	F	25	Swan River	MN	00:13:12	89	2:16	00:03:24	00:39:07	131	17.2	00:01:01	00:27:04	94	9:01		01:23:44.69
106	283	Dan Fischer	M	49	Prior Lake	MN	00:15:01	139	2:35	00:02:22	00:38:16	113	17.6	00:01:21	00:26:57	93	8:58		01:23:53.78
107	50	Evan Freed	M	13	Excelsior	MN	00:10:29	13	1:48	00:02:37	00:41:27	153	16.2	00:01:17	00:28:08	116	9:22		01:23:56.14
108	367	Hilary Huntley	F	25	Grand Rapids	MN	00:11:09	27	1:55	00:02:18	00:39:46	138	16.9	00:02:01	00:28:45	127	9:34		01:23:56.22

# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----				----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc			Pace
109	234	Jeff Love	M	39	Grand Rapids	MN	00:15:42	151	2:42	00:01:58	00:40:20	143	16.7	00:00:49	00:25:12	69	8:23		01:23:58.53
110	401	Crystal Scuffy	F	36	Eveleth	MN	00:13:40	107	2:21	00:01:52	00:39:01	128	17.2	00:01:24	00:28:05	115	9:21		01:23:59.38
111	269	Neil Grunke	M	47	Deer River	MN	00:15:47	155	2:42	00:02:23	00:38:06	109	17.6	00:01:04	00:26:51	90	8:56		01:24:08.86
112	378	Kathryn Ferguson	F	31	Duluth	MN	00:14:24	127	2:28	00:01:41	00:36:53	79	18.2	00:01:19	00:30:00	144	9:59		01:24:14.79
113	287	Marc Chiodo	M	52	Mpls	MN	00:15:34	148	2:40	00:02:10	00:34:40	53	19.4	00:03:09	00:28:52	128	9:37		01:24:23.00
114	353	Ellie Snuggerud	F	16	Chaska	MN	00:12:45	72	2:11	00:03:08	00:40:54	147	16.4	00:01:19	00:26:23	80	8:47		01:24:25.62
115	236	Previn Solberg	M	39	Blaine	MN	00:14:27	128	2:29	00:01:49	00:36:16	73	18.5	00:01:26	00:30:39	156	10:12		01:24:34.08
116	416	Heather Isakson	F	39	South Range	WI	00:10:58	24	1:53	00:05:10	00:36:53	78	18.2	00:02:29	00:29:12	135	9:43		01:24:38.44
117	392	Salli Fox	F	35	Deer River	MN	00:16:29	170	2:50	00:02:20	00:38:14	110	17.6	00:00:58	00:26:46	88	8:55		01:24:44.07
118	371	Laura Helmbrecht	F	27	Minneapolis	MN	00:11:38	42	2:00	00:03:04	00:38:40	121	17.4	00:02:19	00:29:09	132	9:42		01:24:46.12
119	354	Erika Blesener	F	16	Cloquet	MN	00:12:50	73	2:12	00:01:44	00:37:37	94	17.9	00:01:22	00:31:15	160	10:24		01:24:46.40
120	411	Amy Petersen	F	39	Cedar Falls	IA	00:11:22	33	1:57	00:03:07	00:42:41	161	15.7	00:01:01	00:26:40	86	8:53		01:24:49.20
121	391	Mindy Hess	F	35	Hibbing	MN	00:15:45	154	2:42	00:02:51	00:37:46	98	17.8	00:01:00	00:27:38	110	9:12		01:24:57.47
122	256	Jason Skiple	M	43	Fargo	ND	00:13:13	91	2:16	00:02:58	00:38:30	116	17.5	00:02:08	00:28:37	124	9:32		01:25:24.11
123	250	Bill Macki	M	41	Grand Forks	ND	00:12:57	79	2:13	00:03:21	00:38:49	125	17.3	00:01:25	00:28:59	129	9:39		01:25:27.59
124	221	Paul Jabs	M	34	Minnetonka	MN	00:13:12	90	2:16	00:03:05	00:44:33	173	15.1	00:00:52	00:23:52	41	7:57		01:25:32.83
125	276	Todd Kruse	M	49	Inver Grove Heights	MN	00:15:18	146	2:37	00:02:35	00:38:45	124	17.3	00:01:53	00:27:11	99	9:03		01:25:40.28
126	303	Gregory Dehler	M	58	Roseville	MN	00:17:03	177	2:56	00:02:12	00:33:19	29	20.2	00:02:28	00:30:42	157	10:13		01:25:42.47
127	372	Christi Perich	F	28	Cedar Rapids	IA	00:13:38	104	2:20	00:02:53	00:39:37	136	17.0	00:01:51	00:27:46	113	9:15		01:25:42.76
128	211	Kai Johnson	M	29	Fargo	ND	00:15:14	145	2:37	00:03:38	00:37:02	82	18.2	00:01:58	00:28:25	120	9:28		01:26:13.60
129	400	Carolyn Bishop	F	36	Bovey	MN	00:14:18	125	2:27	00:01:51	00:38:23	114	17.5	00:01:54	00:29:57	143	9:58		01:26:20.79
130	387	Nona Latzig	F	33	New Germany	MN	00:14:06	120	2:25	00:02:18	00:40:56	148	16.4	00:00:59	00:28:10	117	9:23		01:26:25.43
131	403	Shanada Schwartz	F	37	Faribault	MN	00:13:39	106	2:20	00:02:35	00:41:31	154	16.2	00:01:35	00:27:27	106	9:08		01:26:45.30
132	386	Stephanie Kemp	F	33	Hibbing	MN	00:13:39	105	2:20	00:02:59	00:42:43	164	15.7	00:01:06	00:26:38	85	8:52		01:27:02.79
133	377	Angela Cress	F	31	Minneapolis	MN	00:15:32	147	2:40	00:02:25	00:40:48	146	16.5	00:01:57	00:26:28	82	8:49		01:27:07.81
134	350	Mallery Lind	F	15	Hibbing	MN	00:13:05	85	2:14	00:02:08	00:44:36	174	15.1	00:00:45	00:26:37	84	8:52		01:27:09.56
135	301	Lee Schumacher	M	57	Hibbing	MN	00:12:43	70	2:11	00:03:51	00:38:30	115	17.5	00:01:03	00:31:16	161	10:25		01:27:19.68
136	360	Nicole Frick	F	20	Grand Rapids	MN	00:15:37	150	2:41	00:02:22	00:38:14	111	17.6	00:00:53	00:30:34	155	10:11		01:27:36.32
137	271	Scott Pilate	M	46	Duluth	MN	00:11:53	51	2:02	00:04:24	00:37:43	97	17.8	00:03:37	00:30:04	148	10:01		01:27:37.95
138	280	Shawn Donohue	M	50	Roslyn	ON	00:14:07	121	2:25	00:04:39	00:37:17	86	18.0	00:02:28	00:29:14	137	9:44		01:27:42.67
139	437	Cindy Shevich	F	43	Deer River	MN	00:15:43	152	2:42	00:03:01	00:40:17	142	16.7	00:01:14	00:27:34	109	9:11		01:27:47.42
140	281	Todd Isaacs	M	49	Maple Grove	MN	00:18:47	186	3:13	00:01:52	00:37:32	91	17.9	00:00:46	00:29:19	139	9:46		01:28:13.19
141	428	Steph Iozzo	F	40	Hibbing	MN	00:15:09	144	2:36	00:02:28	00:42:41	162	15.7	00:00:52	00:27:06	95	9:01		01:28:13.28
142	460	Sandra Drennan	F	49	Emo	ON	00:14:04	119	2:25	00:02:43	00:40:22	144	16.6	00:01:06	00:30:03	146	10:00		01:28:16.13
143	285	Douglas Mcneil	M	51	Hill City	MN	00:16:57	176	2:55	00:04:56	00:37:17	85	18.0	00:01:15	00:28:12	119	9:23		01:28:35.21
144	299	Gary Kubat	M	57	Minneapolis	MN	00:15:44	153	2:42	00:03:45	00:36:55	81	18.2	00:01:55	00:31:04	159	10:21		01:29:21.14

# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
145	453	Colleen McCormack	F	47	Hibbing	MN	00:16:30	171	2:50	00:02:50	00:40:59	150	16.4	00:01:00	00:28:34	122	9:31	01:29:51.52
146	440	Kendra Light	F	43	Savage	MN	00:16:32	172	2:50	00:02:31	00:40:26	145	16.6	00:01:50	00:28:38	125	9:32	01:29:53.22
147	296	Glenn Davis	M	56	International Falls	MN	00:18:29	185	3:10	00:02:36	00:37:18	87	18.0	00:01:27	00:30:08	149	10:02	01:29:55.24
148	155	Leah Grozdanich	F	26	Duluth	MN	00:11:42	44	2:00	00:02:31	00:41:50	157	16.1	00:02:01	00:32:07	167	10:42	01:30:08.97
149	459	Jill Thomsen	F	48	North Oaks	MN	00:20:42	191	3:33	00:02:57	00:38:39	120	17.4	00:01:52	00:26:01	76	8:40	01:30:09.71
150	312	Joe Kandiko	M	64	Excelsior	MN	00:13:18	95	2:17	00:02:14	00:39:16	133	17.1	00:02:01	00:33:23	173	11:07	01:30:09.86
151	365	Kailey Bakken	F	24	Thief River Falls	MN	00:12:22	59	2:07	00:02:42	00:43:45	168	15.4	00:01:14	00:30:26	153	10:08	01:30:26.63
152	379	Shawna Jokinen	F	32	Hermantown	MN	00:11:30	38	1:58	00:02:41	00:39:58	139	16.8	00:01:40	00:34:51	178	11:36	01:30:37.80
153	478	Nancy Roehr	F	61	Minneapolis	MN	00:15:49	157	2:43	00:03:27	00:37:49	99	17.8	00:01:54	00:31:51	166	10:36	01:30:48.08
154	476	Penny Agar	F	60	Duluth	MN	00:12:51	74	2:12	00:02:18	00:42:09	160	15.9	00:02:03	00:31:38	165	10:32	01:30:54.96
155	454	Sandra Volkert	F	46	Suzhou Industrial Pa		00:15:05	142	2:35	00:02:36	00:38:45	122	17.3	00:02:11	00:32:25	168	10:48	01:30:59.27
156	481	Susanne Bakken	F	64	Duluth	MN	00:13:54	114	2:23	00:02:05	00:41:08	152	16.3	00:01:29	00:32:49	171	10:56	01:31:22.06
157	355	Cari Janssen	F	16	Grand Rapids	MN	00:16:20	166	2:48	00:02:57	00:44:17	170	15.2	00:00:41	00:27:13	101	9:04	01:31:26.17
158	376	Caitlin Pekuri	F	30	Woodbury	MN	00:12:37	69	2:10	00:02:26	00:42:42	163	15.7	00:00:57	00:33:10	172	11:03	01:31:48.86
159	439	Jill Knutson-Kaske	F	43	Superior	WI	00:14:31	131	2:29	00:02:34	00:42:06	159	16.0	00:01:27	00:31:35	164	10:31	01:32:09.19
160	263	Alan Jylha	M	45	Grand Rapids	MN	00:14:16	124	2:27	00:00:58	00:39:00	127	17.2	00:01:45	00:36:57	186	12:18	01:32:54.10
161	446	Leanne Digiuseppe	F	45	Thunder Bay	ON	00:14:29	130	2:29	00:04:20	00:41:42	156	16.1	00:02:21	00:30:03	147	10:00	01:32:54.13
162	300	Todd Albertson	M	57	Arden Hills	MN	00:13:35	103	2:20	00:03:43	00:45:11	176	14.9	00:02:53	00:27:43	111	9:14	01:33:01.83
163	445	Shelly Tischler	F	44	Superior	WI	00:15:03	140	2:35	00:02:15	00:41:38	155	16.1	00:01:46	00:32:36	169	10:51	01:33:15.11
164	383	Elizabeth Danielson	F	33	Effie	MN	00:14:09	122	2:26	00:02:49	00:45:40	178	14.7	00:01:13	00:29:30	141	9:49	01:33:19.20
165	388	Karysse Trandem	F	33	Grand Rapids	MN	00:16:46	175	2:53	00:03:50	00:41:57	158	16.0	00:00:57	00:30:01	145	10:00	01:33:28.84
166	313	J. Simpson	M	66	Chanhassen	MN	00:14:58	138	2:34	00:04:28	00:40:03	140	16.8	00:02:41	00:31:31	163	10:30	01:33:38.01
167	466	Stephanie Padden	F	52	Duluth	MN	00:15:54	158	2:44	00:02:17	00:37:41	96	17.8	00:01:49	00:36:06	184	12:01	01:33:45.92
168	413	Beth Lind	F	39	Hibbing	MN	00:15:56	159	2:44	00:02:05	00:43:05	166	15.6	00:01:36	00:31:22	162	10:27	01:34:00.37
169	473	Martha Albertson	F	57	Arden Hills	MN	00:13:11	88	2:16	00:03:57	00:43:44	167	15.4	00:02:14	00:31:03	158	10:20	01:34:06.37
170	173	Valerie Blanchenay	F	49	Jacobson	MN	00:16:27	169	2:49	00:02:48	00:37:51	101	17.8	00:02:11	00:35:06	179	11:41	01:34:21.17
171	215	Lucas Winkler	M	33	Grand Rapids	MN	00:19:07	188	3:17	00:04:08	00:45:10	175	14.9	00:01:04	00:25:26	73	8:28	01:34:52.51
172	435	Laura Sieger	F	43	Duluth	MN	00:13:19	96	2:17	00:02:53	00:45:15	177	14.9	00:01:45	00:34:28	176	11:29	01:37:38.32
173	385	Kayla Hertel	F	32	Duluth	MN	00:12:35	67	2:09	00:03:19	00:43:58	169	15.3	00:02:11	00:35:49	182	11:56	01:37:50.06
174	364	Molly Johnson	F	24	Hibbing	MN	00:12:09	56	2:05	00:03:41	00:44:20	171	15.2	00:01:30	00:36:35	185	12:11	01:38:12.25
175	475	Susie Greupner	F	58	Eagan	MN	00:16:45	174	2:52	00:03:46	00:40:58	149	16.4	00:02:41	00:35:11	180	11:43	01:39:18.22
176	374	Ashlie Reed	F	30	Houston	TX	00:18:19	184	3:09	00:03:28	00:52:05	193	12.9	00:01:23	00:24:07	46	8:02	01:39:19.00
177	458	Shawn Mackbee	F	49	Grand Rapids	MN	00:17:53	180	3:04	00:03:04	00:47:18	185	14.2	00:01:36	00:29:56	142	9:58	01:39:45.12
178	474	Susan Voigt	F	58	Pengilly	MN	00:14:19	126	2:27	00:03:12	00:46:39	183	14.4	00:01:13	00:36:00	183	11:59	01:41:20.58
179	463	Gina Swanson	F	52	Saginaw	MN	00:16:21	167	2:48	00:03:47	00:46:24	181	14.5	00:01:21	00:34:00	175	11:19	01:41:50.27
180	399	Lisa Barnidge	F	37	Apple Valley	MN	00:16:17	164	2:48	00:03:46	00:47:30	186	14.2	00:01:32	00:33:50	174	11:16	01:42:53.81

# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
181	480	Jean Wood	F	65	Excelsior	MN	00:15:57	160	2:44	00:03:13	00:41:06	151	16.4	00:01:47	00:41:01	191	13:40	01:43:02.04
182	408	Charity Branstad	F	38	Bovey	MN	00:21:32	192	3:42	00:03:01	00:48:47	188	13.8	00:00:59	00:29:04	131	9:41	01:43:21.22
183	433	Barbara Kennedy	F	42	St Paul	MN	00:21:33	193	3:42	00:02:39	00:47:32	187	14.1	00:02:31	00:29:17	138	9:45	01:43:28.93
184	156	Elyse Claiborne	F	26	Minneapolis	MN	00:21:54	194	3:46	00:02:44	00:49:29	191	13.6	00:01:00	00:29:09	133	9:42	01:44:12.83
185	396	Megan Salmela	F	36	Crystal	MN	00:14:50	137	2:33	00:03:51	00:49:17	190	13.6	00:01:43	00:35:18	181	11:45	01:44:56.42
186	261	Daniel Zemke	M	45	Oronoco	MN	00:27:22	195	4:42	00:03:21	00:45:50	180	14.7	00:01:32	00:28:36	123	9:31	01:46:38.79
187	483	Suzanne Kane	F	67	Edina	MN	00:16:26	168	2:49	00:03:54	00:47:03	184	14.3	00:02:45	00:37:07	187	12:22	01:47:13.57
188	317	Francis Tuominen	M	71	Minneapolis	MN	00:18:01	182	3:05	00:04:38	00:44:31	172	15.1	00:02:29	00:39:03	189	13:00	01:48:38.89
189	397	Heather Wangen	F	35	Grand Rapids	MN	00:17:53	181	3:04	00:04:41	00:50:41	192	13.3	00:01:53	00:34:45	177	11:34	01:49:50.93
190	464	Mary Laplant	F	52	Grand Rapids	MN	00:17:51	179	3:04	00:03:46	00:49:06	189	13.7	00:01:29	00:38:26	188	12:48	01:50:35.06
191	451	Candy Grunke	F	45	Deer River	MN	00:19:59	190	3:26	00:03:51	00:46:32	182	14.4	00:02:10	00:40:29	190	13:29	01:52:58.90
192	484	Sarah Vogel	F	68	Bismarck	ND	00:19:12	189	3:18	00:03:08	00:42:59	165	15.6	00:03:55	00:47:57	194	15:58	01:57:07.94
193	370	Jeri Swanson	F	27	Duluth	MN	00:13:51	112	2:23	00:04:00	00:57:19	195	11.7	00:01:26	00:42:38	192	14:12	01:59:12.01
194	316	Dwight Carman	M	68	Edina	MN	00:16:18	165	2:48	00:05:44	00:45:40	179	14.7	00:04:13	00:49:51	195	16:36	02:01:43.73
195	455	Hsieng Su	F	47	New Berlin	WI	00:18:58	187	3:15	00:03:58	00:53:24	194	12.6	00:02:14	00:43:31	193	14:30	02:02:04.01

# Timberman Triathlon

July 12, 2014

## Did Not Finish or Disqualified

### Sprint Individual

Reason	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time		
DNF	219	Paul Huttner	M	33	Grand Rapids	MN	00:12:20		2:07	00:01:44							
DNF	307	Jared Greupner	M	60	Eagan	MN	00:17:35		3:01	00:03:42	00:36:41	18.3	00:08:15				
DNF	442	Colleen Began	F	43	Barnum	MN	00:14:32		2:30	00:03:04	00:51:51	13.0					
DNF	449	Spice Donohue	F	46	Rosslyn	ON											
DNF	482	Leslie Shields	F	65	Edina	MN											

# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Team

Place	No.	Team Name	Members: Swimmer, Bike, Runner	----- SWIM -----			----- BIKE -----				----- RUN -----			Penalty	Total Time
				Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc		
1	343	Thunder - Lightning And A Lotta Attitude	Paul Mullaney Gary Bork Kevin Mullaney	00:08:59	1	1:32	00:00:45	00:28:19	1	23.7	00:00:34	00:18:20	1	6:06	00:56:54.76
2	450	P P C	Toni Youngdahl-Palecek Paul Palecek Katie Cargill	00:10:27	5	1:47	00:00:51	00:33:56	3	19.8	00:00:41	00:21:30	7	7:09	01:07:22.47
3	340	The Wake Zone	Madison Waech Nathan Waech Nathan Waech	00:12:55	8	2:13	00:00:54	00:35:14	5	19.1	00:00:58	00:20:03	5	6:40	01:10:01.60
4	327	Got Sisu!	Jocelyn Hokkanen Skyler Hokkanen Spencer Hokkanen	00:11:24	6	1:57	00:00:54	00:37:35	10	17.9	00:00:36	00:20:01	4	6:40	01:10:27.85
5	325	Three Musketeers	bailey tillman Erin Baker Megan Allen	00:15:01	16	2:35	00:00:52	00:36:20	6	18.5	00:00:39	00:20:14	6	6:44	01:13:03.97
6	349	Vicious And Delicious	Carl Kaase Graham Gallop Jason Bibeau	00:14:30	12	2:29	00:00:43	00:38:13	13	17.6	00:00:32	00:19:08	2	6:22	01:13:04.06
7	333	Team Wak	wendy carson Kristine Ebent Adam Ebent	00:15:24	17	2:39	00:01:03	00:37:53	11	17.7	00:00:41	00:19:17	3	6:25	01:14:16.02
8	326	M D L	Michelle Twite David Rostvold Lynn Rostvold	00:10:22	4	1:47	00:00:51	00:34:42	4	19.4	00:00:40	00:28:41	13	9:33	01:15:13.47
9	341	Tippy Bohn	Katie Cowles David Kropid Lisa Anderson	00:13:15	9	2:16	00:00:57	00:33:45	2	19.9	00:00:45	00:29:35	15	9:51	01:18:14.37
10	328	It's All About The Shirt	Jill Murray Tracy Kolstad Andrea Major	00:10:13	3	1:45	00:00:49	00:37:19	9	18.0	00:00:45	00:29:35	14	9:51	01:18:38.14
11	329	Ahhh	Linnea Soular Heidi Lonson Amber Carlson	00:14:43	14	2:31	00:00:57	00:36:20	7	18.5	00:00:40	00:26:12	10	8:43	01:18:48.57
12	336	3 Mooseys	Amanda Stromback Mary Stromback Cara Stromback	00:15:27	18	2:39	00:01:05	00:38:44	15	17.4	00:00:54	00:26:09	9	8:42	01:22:17.41
13	337	Fueled By Frosting	Keith Murphy Mike Eliason Misty Eliason	00:12:12	7	2:05	00:01:15	00:39:57	17	16.8	00:00:51	00:28:30	12	9:29	01:22:42.38
14	277	Snuggerud	dave snuggerud Dave Snuggerud Emma Snuggerud	00:17:17	21	2:58	00:02:54	00:37:55	12	17.7	00:01:04	00:23:41	8	7:53	01:22:48.36
15	331	Foxy Thorhousens	Lisa Fox Pam Gilhousen Carrie Thorvig	00:16:16	20	2:47	00:00:51	00:37:02	8	18.1	00:00:41	00:28:03	11	9:20	01:22:50.61
16	334	Team C Jr	Richard most Courtney Carson Julie Most	00:13:40	10	2:21	00:00:49	00:38:36	14	17.4	00:00:42	00:30:01	16	10:00	01:23:46.57
17	335	The Winers	Elizabeth Mehrman Elizabeth Mehrman Mara Roningen	00:14:35	13	2:30	00:02:31	00:39:22	16	17.1	00:00:43	00:30:39	18	10:12	01:27:47.39



# Timberman Triathlon

July 12, 2014

## Overall Results

### Sprint Team

Place	No.	Team Name	Members: Swimmer, Bike, Runner	----- SWIM -----			----- BIKE -----				----- RUN -----			Penalty	Total Time
				Time	Plc	100y	T1	Time	Plc	Mph	T2	Time	Plc		
18	338	Team Dolan 3 Generations	joe dolan      bob Dolan      Meghan Dolan	00:14:20	11	2:27	00:00:58	00:40:14	18	16.7	00:00:58	00:32:29	19	10:49	01:28:56.84
19	351	3 Sassy Ladies	Kate Bustrom      Sarah Bustrom      Shannon Fitch	00:10:09	2	1:44	00:00:55	00:41:30	19	16.2	00:00:47	00:36:59	21	12:19	01:30:17.75
20	344	Grossingers	Krissy Grossinger      Ron Grossinger      Dawn Grossinger	00:15:45	19	2:42	00:01:04	00:45:23	20	14.8	00:00:46	00:30:04	17	10:01	01:32:59.50
21	332	The Outer Penguins	Patty Carlin-Janssen      Sara Porter      Kali Janssen	00:15:01	15	2:35	00:00:50	00:48:18	21	13.9	00:00:37	00:35:37	20	11:52	01:40:20.50