

# Timberman Triathlon

July 12, 2014

## Overall Division Results

Sprint Individual

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/195	1/105	11	Tara Makinen	35	F	Grand Rapids	MN	00:11:25.65	00:31:02.26	00:20:53.48		01:05:31.57

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/195	1/90	10	Adam Himes	42	M	Plymouth	MN	00:10:08.78	00:28:33.49	00:18:06.32		00:58:24.37

### Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/195	2/105	438	Jena Ogston	43	F	Duluth	MN	00:10:51.84	00:31:21.32	00:21:53.63		01:06:14.68

### Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/195	5/90	282	Daniel Duff	50	M	Duluth	MN	00:10:18.99	00:30:26.27	00:19:42.50		01:04:00.26

### Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	134/195	59/105	350	Mallery Lind	15	F	Hibbing	MN	00:13:04.05	00:44:35.78	00:26:36.90		01:27:09.56

### Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/195	10/90	200	Joshua Kemp	15	M	Floodwood	MN	00:12:12.53	00:31:41.56	00:20:37.97		01:06:24.03
2	107/195	65/90	50	Evan Freed	13	M	Excelsior	MN	00:10:28.69	00:41:26.37	00:28:07.62		01:23:56.14

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## Overall Division Results

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### Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	23/195	5/105	352	Kaytlin Garrison	16	F	Cohasset	MN	00:11:50.04	00:33:53.56	00:21:26.02		01:09:32.72
2	38/195	8/105	356	Taylor Hebner	18	F	International Falls	MN	00:11:01.02	00:36:20.80	00:23:57.82		01:14:07.20
3	47/195	12/105	357	Julianna French	18	F	Grand Rapids	MN	00:13:01.85	00:36:12.47	00:23:43.22		01:16:01.01
4	79/195	25/105	358	Edyn Isaacs	18	F	Maple Grove	MN	00:10:33.71	00:39:44.24	00:27:13.24		01:20:01.76
5	99/195	38/105	359	Erika Kooda	19	F	Grand Rapids	MN	00:12:26.25	00:37:36.64	00:28:10.79		01:23:08.34
6	114/195	46/105	353	Ellie Snuggerud	16	F	Chaska	MN	00:12:44.91	00:40:53.43	00:26:22.05		01:24:25.62
7	119/195	50/105	354	Erika Blesener	16	F	Cloquet	MN	00:12:49.76	00:37:36.59	00:31:14.85		01:24:46.40
8	157/195	74/105	355	Cari Janssen	16	F	Grand Rapids	MN	00:16:19.77	00:44:16.96	00:27:12.24		01:31:26.17

### Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	26/195	20/90	205	Colin Kemp	18	M	Floodwood	MN	00:11:15.14	00:32:57.59	00:23:53.53		01:10:03.64
2	71/195	50/90	204	Lars Anderson	16	M	Grand Rapids	MN	00:10:26.96	00:39:33.05	00:25:48.56		01:18:53.52
3	83/195	55/90	201	Jace Isaacs	16	M	Maple Grove	MN	00:12:53.91	00:37:52.62	00:27:15.74		01:20:37.72

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	43/195	10/105	363	Kristi Mehrman	23	F	Duluth	MN	00:13:00.16	00:34:38.36	00:24:34.01		01:15:22.48
2	97/195	36/105	153	Katie Burke	24	F	Lake Forest	IL	00:10:35.85	00:37:49.04	00:29:21.93		01:22:37.94
3	136/195	60/105	360	Nicole Frick	20	F	Grand Rapids	MN	00:15:36.13	00:38:13.41	00:30:33.20		01:27:36.32
4	151/195	68/105	365	Kailey Bakken	24	F	Thief River Falls	MN	00:12:21.62	00:43:44.57	00:30:25.86		01:30:26.63
5	174/195	87/105	364	Molly Johnson	24	F	Hibbing	MN	00:12:08.06	00:44:19.83	00:36:34.52		01:38:12.25

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/195	2/90	208	Nicholas Nygaard	24	M	Duluth	MN	00:10:32.60	00:30:23.08	00:16:18.65		01:00:25.70

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### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	25/195	6/105	373	Jennifer Lucarelli	28	F	Marshfield	WI	00:10:34.24	00:34:15.86	00:22:30.49		01:09:55.76
2	66/195	21/105	369	Bridget Hines	25	F	Duluth	MN	00:13:53.22	00:38:34.40	00:19:57.94		01:18:41.15
3	72/195	22/105	366	Jeanna Holcombe	25	F	Superior	WI	00:09:55.16	00:37:51.59	00:27:17.53		01:19:06.01
4	105/195	42/105	368	Danni Herschbach	25	F	Swan River	MN	00:13:11.27	00:39:06.18	00:27:03.21		01:23:44.69
5	108/195	43/105	367	Hilary Huntley	25	F	Grand Rapids	MN	00:11:08.96	00:39:45.45	00:28:44.38		01:23:56.22
6	118/195	49/105	371	Laura Helmbrecht	27	F	Minneapolis	MN	00:11:37.36	00:38:39.21	00:29:08.16		01:24:46.12
7	127/195	53/105	372	Christi Perich	28	F	Cedar Rapids	IA	00:13:37.11	00:39:36.35	00:27:45.74		01:25:42.76
8	148/195	66/105	155	Leah Grozdanich	26	F	Duluth	MN	00:11:41.89	00:41:49.83	00:32:06.28		01:30:08.97
9	184/195	97/105	156	Elyse Claiborne	26	F	Minneapolis	MN	00:21:53.43	00:49:28.19	00:29:08.78		01:44:12.83
10	193/195	104/105	370	Jeri Swanson	27	F	Duluth	MN	00:13:50.73	00:57:18.52	00:42:37.24		01:59:12.01

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/195	3/90	210	Mark Johnson	28	M	Duluth	MN	00:10:10.40	00:30:13.51	00:18:30.11		01:01:14.53
2	46/195	35/90	212	John Perich	29	M	Cedar Rapids	IA	00:12:03.78	00:33:52.05	00:24:16.56		01:15:58.71
3	75/195	52/90	209	James Wolter	25	M	Fargo	ND	00:14:37.56	00:37:52.51	00:23:31.99		01:19:29.62
4	128/195	75/90	211	Kai Johnson	29	M	Fargo	ND	00:15:13.46	00:37:01.21	00:28:24.45		01:26:13.60

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## Overall Division Results

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### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	55/195	15/105	381	Julie Feldman	33	F	Inver Grove Heights	MN	00:13:57.97	00:33:28.01	00:26:54.53		01:17:18.71
2	65/195	20/105	375	Lisa Freeburg	30	F	Gering	NE	00:13:02.24	00:39:02.56	00:23:25.53		01:18:37.99
3	112/195	45/105	378	Kathryn Ferguson	31	F	Duluth	MN	00:14:23.52	00:36:52.78	00:29:59.05		01:24:14.79
4	130/195	55/105	387	Nona Latzig	33	F	New Germany	MN	00:14:05.10	00:40:55.82	00:28:09.01		01:26:25.43
5	132/195	57/105	386	Stephanie Kemp	33	F	Hibbing	MN	00:13:38.87	00:42:42.11	00:26:37.43		01:27:02.79
6	133/195	58/105	377	Angela Cress	31	F	Minneapolis	MN	00:15:31.74	00:40:47.72	00:26:27.68		01:27:07.81
7	152/195	69/105	379	Shawna Jokinen	32	F	Hermantown	MN	00:11:29.10	00:39:57.73	00:34:50.48		01:30:37.80
8	158/195	75/105	376	Caitlin Pekuri	30	F	Woodbury	MN	00:12:36.21	00:42:41.18	00:33:09.31		01:31:48.86
9	164/195	79/105	383	Elizabeth Danielson	33	F	Effie	MN	00:14:08.97	00:45:39.15	00:29:29.98		01:33:19.20
10	165/195	80/105	388	Karysse Trandem	33	F	Grand Rapids	MN	00:16:45.78	00:41:56.91	00:30:00.86		01:33:28.84
11	173/195	86/105	385	Kayla Hertel	32	F	Duluth	MN	00:12:34.26	00:43:57.60	00:35:48.85		01:37:50.06
12	176/195	89/105	374	Ashlie Reed	30	F	Houston	TX	00:18:18.95	00:52:04.21	00:24:06.04		01:39:19.00

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/195	4/90	220	Philip Imholte	34	M	Grand Rapids	MN	00:09:35.98	00:31:33.44	00:19:18.48		01:02:08.80
2	6/195	6/90	217	Craig Walli	32	M	Hibbing	MN	00:10:00.09	00:31:42.07	00:20:37.00		01:04:23.13
3	8/195	8/90	213	Fr. Ben Hadrich	31	M	Duluth	MN	00:11:10.72	00:31:53.23	00:19:26.06		01:05:04.57
4	22/195	18/90	58	Nathan Johnson	34	M	Duluth	MN	00:11:14.57	00:33:57.61	00:20:51.32		01:09:16.11
5	35/195	28/90	60	Joseph Holz	34	M	Saginaw	MN	00:10:50.02	00:35:30.46	00:22:41.51		01:12:33.31
6	40/195	31/90	218	Zack Kartak	34	M	Minneapolis	MN	00:12:28.89	00:35:00.33	00:24:12.06		01:14:27.83
7	61/195	44/90	214	Marty Cole	32	M	Grand Rapids	MN	00:12:16.81	00:37:23.37	00:24:17.13		01:18:05.65
8	94/195	59/90	56	Erik Kling	30	M	Grand Rapids	MN	00:11:56.35	00:37:32.28	00:28:42.19		01:22:16.78
9	124/195	72/90	221	Paul Jabs	34	M	Minnetonka	MN	00:13:11.87	00:44:32.66	00:23:51.45		01:25:32.83
10	171/195	87/90	215	Lucas Winkler	33	M	Grand Rapids	MN	00:19:06.07	00:45:09.70	00:25:25.71		01:34:52.51

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## Overall Division Results

Sprint Individual

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/195	4/105	407	Shauna Joas	39	F	Eagan	MN	00:11:26.38	00:31:22.24	00:23:06.20		01:08:21.72
2	59/195	16/105	412	Amber Hardwig	39	F	Duluth	MN	00:13:25.25	00:38:44.83	00:22:35.54		01:17:50.20
3	62/195	18/105	393	Melissa Grzybowski	35	F	Hibbing	MN	00:13:02.33	00:38:01.00	00:24:19.87		01:18:08.85
4	74/195	23/105	414	Elisa Schmitz	39	F	Hermantown	MN	00:13:01.08	00:35:31.02	00:27:10.15		01:19:18.62
5	86/195	31/105	410	Renee Saamanen	38	F	Duluth	MN	00:13:14.86	00:33:39.96	00:30:14.37		01:21:30.20
6	89/195	32/105	160	Leah Gruhn	35	F	Duluth	MN	00:13:46.46	00:33:56.05	00:30:31.69		01:21:43.23
7	92/195	34/105	330	Denise Stempa	39	F	Appleton	WI	00:16:11.11	00:36:47.25	00:24:59.62		01:22:10.56
8	98/195	37/105	404	Ann Gustafson	38	F	Carlton	MN	00:13:19.73	00:35:40.65	00:28:24.61		01:23:06.75
9	103/195	40/105	402	Dina Clabaugh	37	F	Duluth	MN	00:16:04.96	00:35:16.00	00:27:32.40		01:23:28.75
10	110/195	44/105	401	Crystal Scuffy	36	F	Eveleth	MN	00:13:39.52	00:39:00.55	00:28:04.25		01:23:59.38
11	116/195	47/105	416	Heather Isakson	39	F	South Range	WI	00:10:57.17	00:36:52.02	00:29:11.30		01:24:38.44
12	117/195	48/105	392	Salli Fox	35	F	Deer River	MN	00:16:28.53	00:38:13.26	00:26:45.84		01:24:44.07
13	120/195	51/105	411	Amy Petersen	39	F	Cedar Falls	IA	00:11:21.23	00:42:40.74	00:26:39.76		01:24:49.20
14	121/195	52/105	391	Mindy Hess	35	F	Hibbing	MN	00:15:44.24	00:37:45.83	00:27:37.12		01:24:57.47
15	129/195	54/105	400	Carolyn Bishop	36	F	Bovey	MN	00:14:17.75	00:38:22.03	00:29:56.47		01:26:20.79
16	131/195	56/105	403	Shanada Schwartz	37	F	Faribault	MN	00:13:38.89	00:41:30.56	00:27:26.35		01:26:45.30
17	168/195	82/105	413	Beth Lind	39	F	Hibbing	MN	00:15:55.62	00:43:04.23	00:31:21.06		01:34:00.37
18	180/195	93/105	399	Lisa Barnidge	37	F	Apple Valley	MN	00:16:16.84	00:47:29.42	00:33:49.96		01:42:53.81
19	182/195	95/105	408	Charity Branstad	38	F	Bovey	MN	00:21:31.66	00:48:46.43	00:29:03.33		01:43:21.22
20	185/195	98/105	396	Megan Salmela	36	F	Crystal	MN	00:14:49.88	00:49:16.27	00:35:17.41		01:44:56.42
21	189/195	100/105	397	Heather Wangen	35	F	Grand Rapids	MN	00:17:52.78	00:50:40.04	00:34:44.31		01:49:50.93

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Sprint Individual

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	7/195	7/90	63	Ryan Dewey	35	M	Esko	MN	00:10:03.39	00:31:01.20	00:21:11.38		01:04:47.98
2	10/195	9/90	230	Cory Berg	37	M	Grand Marais	MN	00:11:49.96	00:31:31.22	00:19:05.19		01:06:02.21
3	20/195	16/90	223	Luther Kemp	35	M	Hibbing	MN	00:11:23.79	00:31:08.30	00:24:03.84		01:08:35.59
4	27/195	21/90	224	Josh Troumbly	35	M	Bovey	MN	00:14:33.42	00:31:09.02	00:21:49.81		01:10:25.06
5	28/195	22/90	66	Jere Mohr	36	M	Duluth	MN	00:10:33.49	00:33:24.24	00:23:56.06		01:10:43.77
6	36/195	29/90	229	Mark Schwartz	37	M	Faribault	MN	00:10:43.50	00:36:41.86	00:22:52.58		01:13:42.92
7	37/195	30/90	226	Michael Shafirka	37	M	Thunder Bay	ON	00:10:33.55	00:34:42.36	00:25:03.81		01:13:50.15
8	42/195	33/90	222	Joshua Wilson	35	M	Maple Lake	MN	00:13:52.77	00:34:26.03	00:23:38.71		01:14:50.85
9	57/195	42/90	233	Mathew Wangen	38	M	Grand Rapids	MN	00:18:16.54	00:35:07.18	00:18:25.96		01:17:27.37
10	63/195	45/90	232	Mike Bishop	38	M	Bovey	MN	00:14:35.05	00:34:54.86	00:23:38.96		01:18:18.64
11	90/195	58/90	227	Joshua Feldman	38	M	Inver Grove Heights	MN	00:15:03.96	00:37:33.46	00:24:49.64		01:22:02.29
12	101/195	62/90	225	Brian Grzybowski	35	M	Hibbing	MN	00:15:47.81	00:37:53.37	00:26:33.33		01:23:19.97
13	109/195	66/90	234	Jeff Love	39	M	Grand Rapids	MN	00:15:41.56	00:40:19.14	00:25:11.32		01:23:58.53
14	115/195	69/90	236	Previn Solberg	39	M	Blaine	MN	00:14:26.54	00:36:15.11	00:30:38.91		01:24:34.08

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## Overall Division Results

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### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	16/195	3/105	425	Christel Kern	40	F	Grand Rapids	MN	00:10:28.68	00:32:53.95	00:22:14.96		01:07:59.71
2	32/195	7/105	167	Anne Hoeschen	41	F	Freeport	MN	00:12:27.88	00:33:13.67	00:23:42.62		01:11:51.04
3	44/195	11/105	434	Marlo Gangi	43	F	Coleraine	MN	00:13:41.79	00:34:35.91	00:24:49.85		01:15:36.50
4	48/195	13/105	429	Kimberly Radloff	41	F	Saginaw	MN	00:11:54.97	00:35:15.20	00:26:11.88		01:16:06.26
5	51/195	14/105	430	Sara Peterson	41	F	Duluth	MN	00:10:41.66	00:38:31.05	00:24:10.63		01:16:44.67
6	60/195	17/105	486	Patty Hausmann	43	F	Duluth	MN	00:11:11.05	00:35:36.65	00:27:09.19		01:17:50.98
7	64/195	19/105	443	Paula Menzel	44	F	Hermantown	MN	00:14:02.45	00:36:53.57	00:24:41.41		01:18:30.41
8	80/195	26/105	426	Kamrin Macki	41	F	Grand Forks	ND	00:13:54.69	00:38:03.37	00:24:53.56		01:20:05.39
9	82/195	28/105	427	Mina Bradley	41	F	Duluth	MN	00:11:12.97	00:37:20.23	00:29:12.48		01:20:35.01
10	85/195	30/105	444	Jaleh Nahvi	44	F	Inver Grove Heights	MN	00:11:36.86	00:39:23.85	00:26:53.93		01:21:00.29
11	93/195	35/105	447	Veronica Kaspszak	44	F	Hermantown	MN	00:14:15.36	00:39:12.20	00:25:18.45		01:22:14.99
12	104/195	41/105	431	Amy Haney	41	F	Duluth	MN	00:14:37.98	00:38:32.11	00:27:05.46		01:23:43.33
13	139/195	61/105	437	Cindy Shevich	43	F	Deer River	MN	00:15:42.61	00:40:16.87	00:27:33.31		01:27:47.42
14	141/195	62/105	428	Steph Iozzo	40	F	Hibbing	MN	00:15:08.43	00:42:40.85	00:27:05.11		01:28:13.28
15	146/195	65/105	440	Kendra Light	43	F	Savage	MN	00:16:31.06	00:40:25.18	00:28:37.31		01:29:53.22
16	159/195	76/105	439	Jill Knutson-Kaske	43	F	Superior	WI	00:14:30.44	00:42:05.38	00:31:34.21		01:32:09.19
17	163/195	78/105	445	Shelly Tischler	44	F	Superior	WI	00:15:02.61	00:41:37.40	00:32:35.10		01:33:15.11
18	172/195	85/105	435	Laura Sieger	43	F	Duluth	MN	00:13:18.98	00:45:14.97	00:34:27.11		01:37:38.32
19	183/195	96/105	433	Barbara Kennedy	42	F	St Paul	MN	00:21:32.19	00:47:31.06	00:29:16.82		01:43:28.93

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/195	14/90	255	Chris Morris	43	M	Hermantown	MN	00:11:33.76	00:32:49.64	00:21:49.32		01:08:15.13
2	21/195	17/90	100	Frank Gangi	40	M	Coleraine	MN	00:14:26.56	00:31:09.35	00:21:04.32		01:08:49.27
3	24/195	19/90	258	Curt Dimberio	43	M	Duluth	MN	00:13:23.18	00:32:34.94	00:20:58.47		01:09:49.53
4	53/195	39/90	254	Daniel Radloff	43	M	Duluth	MN	00:15:04.91	00:33:09.78	00:25:29.75		01:16:58.50
5	58/195	43/90	252	Gregory Nacker	42	M	Vadnais Heights	MN	00:13:28.98	00:34:20.61	00:24:43.13		01:17:42.06
6	95/195	60/90	253	Brian Trombley	42	M	Excelsior	MN	00:13:24.01	00:37:09.32	00:27:45.38		01:22:25.08
7	122/195	70/90	256	Jason Skiple	43	M	Fargo	ND	00:13:12.56	00:38:29.39	00:28:36.78		01:25:24.11
8	123/195	71/90	250	Bill Macki	41	M	Grand Forks	ND	00:12:56.11	00:38:48.07	00:28:58.51		01:25:27.59

# Timberman Triathlon

July 12, 2014

## Overall Division Results

Sprint Individual

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	81/195	27/105	452	Sue Holm	45	F	Deer River	MN	00:11:35.73	00:38:51.90	00:27:12.16		01:20:11.17
2	91/195	33/105	456	Lisa Brandt	47	F	Coleraine	MN	00:13:20.47	00:39:05.93	00:26:17.92		01:22:03.42
3	142/195	63/105	460	Sandra Drennan	49	F	Emo	ON	00:14:03.46	00:40:21.85	00:30:02.58		01:28:16.13
4	145/195	64/105	453	Colleen McCormack	47	F	Hibbing	MN	00:16:29.51	00:40:58.87	00:28:33.85		01:29:51.52
5	149/195	67/105	459	Jill Thomsen	48	F	North Oaks	MN	00:20:41.71	00:38:38.95	00:26:00.84		01:30:09.71
6	155/195	72/105	454	Sandra Volkert	46	F	Suzhou Industrial Park		00:15:04.50	00:38:44.04	00:32:24.92		01:30:59.27
7	161/195	77/105	446	Leanne Diguseppe	45	F	Thunder Bay	ON	00:14:28.90	00:41:41.75	00:30:02.89		01:32:54.13
8	170/195	84/105	173	Valerie Blanchenay	49	F	Jacobson	MN	00:16:26.48	00:37:50.78	00:35:05.48		01:34:21.17
9	177/195	90/105	458	Shawn Mackbee	49	F	Grand Rapids	MN	00:17:52.41	00:47:17.56	00:29:55.76		01:39:45.12
10	191/195	102/105	451	Candy Grunke	45	F	Deer River	MN	00:19:58.82	00:46:31.95	00:40:28.16		01:52:58.90
11	195/195	105/105	455	Hsieng Su	47	F	New Berlin	WI	00:18:57.94	00:53:23.66	00:43:30.82		02:02:04.01

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	13/195	11/90	267	Doug Berg	46	M	Duluth	MN	00:11:25.77	00:30:20.31	00:22:19.31		01:06:52.22
2	14/195	12/90	279	Matt Evans	48	M	Eau Claire	WI	00:09:10.01	00:33:39.28	00:22:17.59		01:07:19.20
3	15/195	13/90	273	Brent Johnson	47	M	Superior	WI	00:11:50.67	00:31:40.37	00:22:01.87		01:07:30.89
4	29/195	23/90	266	Joel Harris	46	M	Hermantown	MN	00:12:01.47	00:33:38.45	00:23:09.60		01:11:15.22
5	33/195	26/90	260	Tony Tallman	45	M	Hopkins	MN	00:12:52.00	00:33:47.07	00:22:33.73		01:12:19.95
6	34/195	27/90	259	Jeff Tillman	45	M	Cohasset	MN	00:13:39.73	00:33:13.19	00:22:36.74		01:12:28.44
7	41/195	32/90	264	Michael Clark	46	M	Rochester	MN	00:12:34.21	00:33:03.82	00:25:17.51		01:14:38.85
8	54/195	40/90	275	Mark Pilate	47	M	Minnetonka	MN	00:13:06.17	00:33:24.55	00:26:50.36		01:17:02.78
9	70/195	49/90	278	Eric Johnson	48	M	Minnetonka	MN	00:11:50.12	00:37:51.03	00:26:06.22		01:18:47.80
10	88/195	57/90	265	Tony Radloff	46	M	Saginaw	MN	00:17:15.74	00:34:21.51	00:24:54.22		01:21:43.19
11	106/195	64/90	283	Dan Fischer	49	M	Prior Lake	MN	00:15:00.38	00:38:15.37	00:26:56.39		01:23:53.78
12	111/195	67/90	269	Neil Grunke	47	M	Deer River	MN	00:15:46.50	00:38:05.12	00:26:50.42		01:24:08.86
13	125/195	73/90	276	Todd Kruse	49	M	Inver Grove Heights	MN	00:15:17.30	00:38:44.90	00:27:10.67		01:25:40.28
14	137/195	77/90	271	Scott Pilate	46	M	Duluth	MN	00:11:52.09	00:37:42.90	00:30:03.56		01:27:37.95
15	140/195	79/90	281	Todd Isaacs	49	M	Maple Grove	MN	00:18:46.01	00:37:31.43	00:29:19.00		01:28:13.19
16	160/195	84/90	263	Alan Jylha	45	M	Grand Rapids	MN	00:14:15.57	00:38:59.66	00:36:56.87		01:32:54.10
17	186/195	88/90	261	Daniel Zemke	45	M	Oronoco	MN	00:27:21.71	00:45:49.23	00:28:35.57		01:46:38.79



# Timberman Triathlon

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## Overall Division Results

Sprint Individual

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	39/195	9/105	465	Mary Sands	53	F	Saint Paul	MN	00:12:32.29	00:34:39.32	00:24:37.23		01:14:20.35
2	78/195	24/105	175	Debora Rodgers	50	F	Excelsior	MN	00:12:51.22	00:35:16.23	00:27:23.63		01:19:53.39
3	84/195	29/105	462	Mary Seitz	51	F	Duluth	MN	00:11:06.68	00:35:34.53	00:30:16.22		01:20:51.70
4	167/195	81/105	466	Stephanie Padden	52	F	Duluth	MN	00:15:53.55	00:37:41.00	00:36:05.64		01:33:45.92
5	179/195	92/105	463	Gina Swanson	52	F	Saginaw	MN	00:16:20.43	00:46:23.69	00:33:59.35		01:41:50.27
6	190/195	101/105	464	Mary Laplant	52	F	Grand Rapids	MN	00:17:50.13	00:49:05.84	00:38:25.30		01:50:35.06

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/195	15/90	122	Paul Kovach	53	M	Duluth	MN	00:11:46.20	00:29:36.01	00:24:21.07		01:08:32.70
2	30/195	24/90	295	Dave Israel	54	M	Duluth	MN	00:13:14.49	00:34:29.42	00:19:59.50		01:11:22.40
3	49/195	36/90	286	James Justus	51	M	Cohasset	MN	00:10:12.86	00:37:29.66	00:24:56.85		01:16:15.20
4	69/195	48/90	284	Kyle Harju	50	M	Monticello	MN	00:12:28.90	00:34:20.87	00:28:59.30		01:18:47.66
5	73/195	51/90	290	Steven Stromback	54	M	Duluth	MN	00:12:33.88	00:34:16.13	00:27:57.63		01:19:17.31
6	87/195	56/90	294	Erik Lundquist	54	M	Juneau	AK	00:16:42.65	00:37:14.55	00:24:33.93		01:21:39.34
7	113/195	68/90	287	Marc Chiodo	52	M	Mpls	MN	00:15:33.37	00:34:39.28	00:28:51.72		01:24:23.00
8	138/195	78/90	280	Shawn Donohue	50	M	Roslyn	ON	00:14:06.58	00:37:16.67	00:29:13.40		01:27:42.67
9	143/195	80/90	285	Douglas Mcneil	51	M	Hill City	MN	00:16:56.96	00:37:16.13	00:28:11.55		01:28:35.21

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	169/195	83/105	473	Martha Albertson	57	F	Arden Hills	MN	00:13:10.62	00:43:43.04	00:31:02.32		01:34:06.37
2	175/195	88/105	475	Susie Greupner	58	F	Eagan	MN	00:16:44.61	00:40:57.68	00:35:10.44		01:39:18.22
3	178/195	91/105	474	Susan Voigt	58	F	Pengilly	MN	00:14:18.20	00:46:38.79	00:35:59.56		01:41:20.58

# Timberman Triathlon

July 12, 2014

## Overall Division Results

Sprint Individual

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	31/195	25/90	297	Allen Kutz	55	M	Sartell	MN	00:12:35.20	00:33:55.82	00:22:11.89		01:11:31.52
2	45/195	34/90	298	Paul Olson	56	M	Grand Rapids	MN	00:13:05.70	00:35:04.95	00:24:48.88		01:15:55.02
3	50/195	37/90	302	Bill Stroozas	58	M	Duluth	MN	00:11:51.18	00:36:36.44	00:24:38.77		01:16:31.22
4	52/195	38/90	304	Mark Rauschenfels	59	M	Duluth	MN	00:12:43.04	00:33:10.42	00:27:29.54		01:16:47.68
5	56/195	41/90	292	Steven Otto	55	M	Cohasset	MN	00:14:45.29	00:35:23.80	00:24:12.05		01:17:21.55
6	77/195	54/90	132	Louis Bortolon	59	M	Thunder Bay	ON	00:15:35.38	00:34:39.66	00:25:03.92		01:19:37.34
7	126/195	74/90	303	Gregory Dehler	58	M	Roseville	MN	00:17:02.45	00:33:18.66	00:30:41.95		01:25:42.47
8	135/195	76/90	301	Lee Schumacher	57	M	Hibbing	MN	00:12:42.31	00:38:29.16	00:31:15.20		01:27:19.68
9	144/195	81/90	299	Gary Kubat	57	M	Minneapolis	MN	00:15:43.30	00:36:54.91	00:31:03.60		01:29:21.14
10	147/195	82/90	296	Glenn Davis	56	M	International Falls	MN	00:18:28.17	00:37:17.08	00:30:07.73		01:29:55.24
11	162/195	85/90	300	Todd Albertson	57	M	Arden Hills	MN	00:13:34.29	00:45:10.25	00:27:42.17		01:33:01.83

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	100/195	39/105	479	Elaine Hanson	62	F	Nevis	MN	00:13:49.03	00:35:39.25	00:30:12.55		01:23:08.93
2	153/195	70/105	478	Nancy Roehr	61	F	Minneapolis	MN	00:15:48.92	00:37:48.68	00:31:50.36		01:30:48.08
3	154/195	71/105	476	Penny Agar	60	F	Duluth	MN	00:12:50.08	00:42:08.09	00:31:37.23		01:30:54.96
4	156/195	73/105	481	Susanne Bakken	64	F	Duluth	MN	00:13:53.09	00:41:07.80	00:32:48.56		01:31:22.06

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	67/195	46/90	310	Chuck Kartak	63	M	North Branch	MN	00:16:06.61	00:33:52.67	00:25:19.90		01:18:45.23
2	68/195	47/90	305	Jim Miner	60	M	Duluth	MN	00:11:41.40	00:33:33.75	00:29:09.45		01:18:46.04
3	96/195	61/90	308	Terry Voigt	60	M	Jordan	MN	00:12:50.47	00:38:15.28	00:26:40.79		01:22:35.82
4	102/195	63/90	309	Thomas Pearson	61	M	Pengilly	MN	00:05:18.90	00:40:16.58	00:32:44.88		01:23:25.22
5	150/195	83/90	312	Joe Kandiko	64	M	Excelsior	MN	00:13:17.91	00:39:15.05	00:33:22.31		01:30:09.86

# Timberman Triathlon

July 12, 2014

## Overall Division Results

Sprint Individual

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	181/195	94/105	480	Jean Wood	65	F	Excelsior	MN	00:15:56.86	00:41:05.75	00:41:00.38		01:43:02.04
2	187/195	99/105	483	Suzanne Kane	67	F	Edina	MN	00:16:25.79	00:47:02.21	00:37:06.90		01:47:13.57
3	192/195	103/105	484	Sarah Vogel	68	F	Bismarck	ND	00:19:11.65	00:42:58.37	00:47:56.32		01:57:07.94

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	76/195	53/90	314	Thomas Couillard	65	M	White Bear Lake	MN	00:13:14.00	00:35:09.90	00:26:25.02		01:19:33.03
2	166/195	86/90	313	J. Simpson	66	M	Chanhassen	MN	00:14:57.14	00:40:02.62	00:31:30.14		01:33:38.01
3	194/195	90/90	316	Dwight Carman	68	M	Edina	MN	00:16:17.13	00:45:39.77	00:49:50.27		02:01:43.73

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	188/195	89/90	317	Francis Tuominen	71	M	Minneapolis	MN	00:18:00.18	00:44:30.00	00:39:02.21		01:48:38.89

# Timberman Triathlon

July 12, 2014

## Overall Division Results

Sprint Team

### Male Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	1/21	343	Thunder - Lightning And A Lotta Attitude	Chanhassen	MN	00:08:58.45	00:28:18.79	00:18:19.67		00:56:54.76
2	6/21	349	Vicious And Delicious	Grand Rapids	MN	00:14:29.84	00:38:12.91	00:19:08.00		01:13:04.06

### Female Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	5/21	325	Three Musketeers	Cohasset	MN	00:15:00.96	00:36:19.35	00:20:13.17		01:13:03.97
2	10/21	328	It's All About The Shirt	Grand Rapids	MN	00:10:12.54	00:37:18.89	00:29:34.07		01:18:38.14
3	11/21	329	Ahhh	Grand Rapids	MN	00:14:42.47	00:36:19.60	00:26:11.11		01:18:48.57
4	12/21	336	3 Mooseys	Duluth	MN	00:15:26.96	00:38:43.78	00:26:08.50		01:22:17.41
5	15/21	331	Foxy Thorhousens	Grand Rapids	MN	00:16:15.69	00:37:01.80	00:28:02.23		01:22:50.61
6	17/21	335	The Winers	Duluth	MN	00:14:34.07	00:39:21.98	00:30:38.29		01:27:47.39
7	19/21	351	3 Sassy Ladies	Hill City	MN	00:10:08.70	00:41:29.26	00:36:58.50		01:30:17.75
8	21/21	332	The Outer Penguins	Grand Rapids	MN	00:15:00.52	00:48:17.67	00:35:36.29		01:40:20.50

### Coed Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	2/21	450	P P C	Grand Rapids	MN	00:10:26.58	00:33:55.93	00:21:29.69		01:07:22.47
2	3/21	340	The Wake Zone	Grand Rapids	MN	00:12:54.72	00:35:13.20	00:20:02.72		01:10:01.60
3	4/21	327	Got Sisu!	Lino Lakes	MN	00:11:23.80	00:37:34.48	00:20:00.49		01:10:27.85
4	7/21	333	Team Wak	Eagan	MN	00:15:23.72	00:37:52.55	00:19:16.77		01:14:16.02
5	8/21	326	M D L	Grand Rapids	MN	00:10:21.82	00:34:41.49	00:28:40.65		01:15:13.47
6	9/21	341	Tippy Bohn	Superior	WI	00:13:14.68	00:33:44.81	00:29:34.19		01:18:14.37
7	13/21	337	Fueled By Frosting	Bovey	MN	00:12:11.41	00:39:56.53	00:28:29.11		01:22:42.38
8	14/21	277	Snuggerud	Chaska	MN	00:17:16.08	00:37:54.96	00:23:40.53		01:22:48.36
9	16/21	334	Team C Jr	Eagan	MN	00:13:39.75	00:38:35.73	00:30:00.37		01:23:46.57
10	18/21	338	Team Dolan 3 Generations	Minneapolis	MN	00:14:19.21	00:40:14.00	00:32:28.56		01:28:56.84
11	20/21	344	Grossingers	Saint Michael	MN	00:15:44.42	00:45:22.34	00:30:03.91		01:32:59.50