

FEMALE AGE GROUP RESULTS 1 - 19

Place	No.	Name	City	St	Age	S	Time	Pace
1	304	Carly Aschinger	Dedham	IA	14	F	38:32	9:38
2	338	Natalie Himmel	Iowa City	IA	19	F	39:13	9:49
3	471	Paris Schnepf	Iowa City	IA	19	F	40:33	10:09
4	450	Sydney McClendon	Grinnell	IA	19	F	41:48	10:27
5	292	Kylie Armstrong	Carroll	IA	13	F	42:37	10:40
6	380	Aubrey Schneekloth	Cedar Rapids	IA	19	F	45:05	11:17
7	130	Bethany Peyton	Iowa City	IA	19	F	46:37	11:40
8	817	Aspen Rhodes	Iowa City	IA	19	F	47:19	11:50
9	503	Carly Wagner	North Liberty	IA	18	F	49:05	12:17
10	278	Courtney Jacobs	Cedar Rapids	IA	19	F	50:20	12:35
11	504	Miranda Pille	Carroll	IA	19	F	50:40	12:40
12	540	Madison Werden	Carroll	IA	14	F	51:36	12:54
13	394	Ari Johnson	Cedar Rapids	IA	14	F	51:42	12:56
14	178	Josie Pate	Templeton	IA	14	F	57:04	14:16
15	160	Bailey Fountain	Carroll	IA	14	F	57:05	14:17
16	155	Danielle Rossiter	Carroll	IA	14	F	58:32	14:38
17	158	Ryan Kautzky	Templeton	IA	14	F	59:05	14:47
18	156	Emma Tunning	Coon Rapids	IA	14	F	1:07:21	16:51
19	128	Mariah Heisterkamp	Carroll	IA	14	F	1:11:36	17:54
20	512	Alex Thompson	Oxford	IA	19	F	1:16:00	19:00
21	131	Kayla Terlisner	Carroll	IA	14	F	1:21:11	20:18

MALE AGE GROUP RESULTS 1 - 19

Place	No.	Name	City	St	Age	S	Time	Pace
1	266	Daniel Bartz	Rockford	IL	18	M	30:52	7:43
2	696	Vincent Lapelusa	Long Grove	IL	18	M	32:50	8:13
3	699	Chris Felder	Batavia	IL	19	M	32:50	8:13
4	271	Brett Larkin	Iowa City	IA	19	M	33:58	8:30
5	698	Jonathon Delreau	Iowa City	IA	19	M	34:15	8:34
6	263	Ben Wilgenbusch	Iowa City	IA	19	M	34:30	8:38
7	317	Sangwoo Han	Iowa City	IA	19	M	34:54	8:44
8	452	Jake Boettcher	Chicago	IL	19	M	37:46	9:27
9	468	Zach Weigel	Iowa City	IA	19	M	37:50	9:28
10	347	Reid Ellingson	Iowa City	IA	19	M	37:51	9:28
11	233	Cooper Ross	Carroll	IA	14	M	38:58	9:45
12	803	Timothy Smith	Iowa City	IA	19	M	39:03	9:46
13	422	Quincy Ott	Iowa City	IA	12	M	40:12	10:03
14	689	Ben Moore	Iowa City	IA	17	M	40:18	10:05
15	244	Matthew Hoefs	Batavia	IL	19	M	41:25	10:22
16	694	Breaden Duesenberg	Cedar Rapids	IA	15	M	42:02	10:31
17	318	Jedd Lim	Iowa City	IA	18	M	43:12	10:48
18	697	Phillip Dukes	Mount Prospect	IL	19	M	43:55	10:59
19	802	Aarron Lebow	Iowa City	IA	18	M	43:56	10:59
20	237	Dominic Spencer	Carroll	IA	13	M	45:58	11:30
21	111	Kinnick Nims	Robins	IA	9	M	47:17	11:50
22	423	Ryan Ott	Iowa City	IA	9	M	48:14	12:04
23	247	Colton Trecker	Carroll	IA	14	M	50:45	12:42
24	157	Landon Hinman	Carroll	IA	14	M	52:52	13:13
25	241	Colton Carson	Carroll	IA	14	M	53:34	13:24

FEMALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
1	335	Jenna Voelker	Iowa City	IA	22	F	32:09	8:03
2	524	Blake Funke	Iowa City	IA	23	F	32:15	8:04
3	324	Erin Behan	Iowa City	IA	24	F	32:50	8:13
4	647	Maisie Vachuska	Iowa City	IA	20	F	33:15	8:19
5	284	Ashley Cornell	North Liberty	IA	27	F	35:55	8:59
6	814	Haley Pittman	Iowa City	IA	24	F	36:08	9:02
7	481	Adriana Scheiner	Cedar Rapids	IA	24	F	36:38	9:10
8	302	Jennifer Burke	Wilton	IA	29	F	37:13	9:19
9	401	Ann Thomsen	Solon	IA	27	F	37:24	9:21
10	616	Anne Langguth	Iowa City	IA	27	F	38:08	9:32
11	220	Dana Demmert	Iowa City	IA	22	F	38:17	9:35
12	299	Breezy Dillard	Iowa City	IA	21	F	38:53	9:44
13	333	Nicole Desousa	Dyersville	IA	25	F	38:54	9:44
14	809	Abby Emmert	Iowa City	IA	28	F	38:59	9:45
15	108	Kelsey Miller-Todd	Iowa City	IA	26	F	39:07	9:47
16	459	Sydney Skuodas	Iowa City	IA	21	F	39:13	9:49
17	479	Katie Strain	Cedar Rapids	IA	27	F	39:19	9:50
18	222	Alison Vandegrift	Iowa City	IA	24	F	39:28	9:52
19	557	Kelsey Loebe	Tiffin	IA	26	F	39:36	9:54
20	815	Awaia Unbrick	Cedar Rapids	IA	25	F	39:44	9:56
21	3937	Rene Malka	Milton	IA	28	F	39:45	9:57
22	3936	Maggie Nelson	Iowa City	IA	24	F	40:09	10:03
23	253	Julie Barker	Iowa City	IA	20	F	40:10	10:03
24	255	Amanda McCann	Iowa City	IA	21	F	40:11	10:03
25	254	Sarah Goode	Iowa City	IA	21	F	40:13	10:04
26	256	Leah Mullenix	Iowa City	IA	21	F	40:13	10:04
27	469	Stephanie Church	Iowa City	IA	20	F	40:17	10:05
28	300	Amanda Bakeris	West Des Moines	IA	28	F	40:26	10:07
29	816	Stephanie Escobedo	Iowa City	IA	29	F	40:27	10:07
30	537	Cassidy Leclair	Iowa City	IA	24	F	41:02	10:16
31	336	Farrah Steinke	Iowa City	IA	25	F	41:10	10:18
32	416	Brittany Kuba	Cedar Rapids	IA	28	F	41:14	10:19
33	382	Nick Trumm	Dyersville	IA	28	F	41:22	10:21
34	293	Emily Trumm	Dyersville	IA	29	F	41:22	10:21
35	206	Megan Wernimont	Iowa City	IA	20	F	41:58	10:30
36	550	Lauren Kelba	Iowa City	IA	22	F	42:15	10:34
37	483	Meghan Flannery	Iowa City	IA	23	F	42:15	10:34
38	397	Rebecca Harman	Coralville	IA	26	F	42:18	10:35
39	411	Kristin Breitbach	North Liberty	IA	28	F	42:32	10:38
40	383	Nathalee Grue	Coralville	IA	27	F	42:32	10:38
41	812	Aurey Kramer	Iowa City	IA	27	F	42:53	10:44
42	498	Samantha Fangman	Dundee	IA	27	F	43:02	10:46
43	374	Lindsay Murphy	Iowa City	IA	26	F	43:41	10:56
44	544	Chelsey Pence	Iowa City	IA	23	F	43:41	10:56
45	412	Lindsey Leas	Cedar Rapids	IA	22	F	44:35	11:09
46	203	Megan Bathel	Iowa City	IA	20	F	44:45	11:12
47	396	Kari Wagner	Coralville	IA	23	F	44:49	11:13
48	357	Shelby Davisson	North Liberty	IA	21	F	45:15	11:19
49	551	Kristin Luckstead	Davenport	IA	22	F	45:30	11:23
50	823	Emily Roberts	Iowa City	IA	21	F	45:37	11:25
51	384	Kyndra Lundquist	Iowa City	IA	28	F	45:54	11:29
52	804	Jessica Elliott	Lawrence	KS	28	F	45:58	11:30
53	446	Karen Guo	Davenport	IA	23	F	46:40	11:40
54	515	Michelle Gillin	Iowa City	IA	27	F	46:43	11:41
55	325	Loren Brotherton	Coralville	IA	21	F	47:15	11:49
56	298	Niki Cade	Iowa City	IA	22	F	48:37	12:10

57	235	Andrea Kuhn	Waterloo	IA	27	F	48:40	12:10
58	204	Shelby Burdette	Iowa City	IA	21	F	49:38	12:25
59	321	Megan Lahr	Manchester	IA	25	F	49:59	12:30
60	166	Danielle Pille	Carroll	IA	23	F	50:40	12:40
61	377	Ashley Thompson	Iowa City	IA	22	F	50:41	12:41
62	366	Christina Banks	Coralville	IA	27	F	50:58	12:45
63	349	Ashley Gleckler	Iowa City	IA	27	F	51:45	12:57
64	353	Anna Tatman	West Branch	IA	21	F	52:20	13:05
65	352	Ashley Mullen	Wellman	IA	27	F	53:08	13:17
66	523	Colleen Smith	Iowa City	IA	22	F	53:17	13:20
67	319	Abby MacTaggart	Cedar Rapids	IA	28	F	54:34	13:39
68	388	Samantha Somers	Marshalltown	IA	23	F	54:39	13:40
69	360	Elly Daley	Coralville	IA	24	F	54:51	13:43
70	291	Ashley Buol	Cedar Rapids	IA	29	F	54:59	13:45
71	165	Jennifer Welch	Monticello	IA	23	F	57:46	14:27
72	164	Allard Jobson	Monticello	IA	26	F	57:47	14:27
73	136	Kandi Tesar	Center Point	IA	27	F	1:01:43	15:26
74	460	Alexis Bryant	Davenport	IA	26	F	1:05:48	16:27
75	134	Kristen Paasch-Till	Cedar Rapids	IA	28	F	1:06:11	16:33
76	354	Amanda Anderson	Iowa City	IA	28	F	1:10:48	17:42

MALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	====	=	=====	=====
1	118	Garrett Toll	Cedar Rapids	IA	26	M	27:43	6:56
2	129	Michael Matula	Urbandale	IA	29	M	29:44	7:26
3	265	Clay Sammis	Iowa City	IA	22	M	30:47	7:42
4	268	Ryan McGunn	Iowa City	IA	22	M	30:48	7:42
5	267	Nick Linder	Iowa City	IA	23	M	31:13	7:49
6	417	Zach Malloy	Cedar Rapids	IA	25	M	31:26	7:52
7	538	Zach Hill	Iowa City	IA	28	M	31:27	7:52
8	447	Joseph Feldman	Iowa City	IA	22	M	31:54	7:59
9	819	Chad Drake	Iowa City	IA	24	M	32:35	8:09
10	695	Lance Vaelli	Iowa City	IA	21	M	33:16	8:19
11	555	Amos Hill	West Des Moines	IA	29	M	33:21	8:21
12	356	Jordan Imoehl	Iowa City	IA	23	M	33:37	8:25
13	435	Eric Brockhoft	Brookings	SD	29	M	33:43	8:26
14	448	Dalton Atwood	Platteville	WI	23	M	33:46	8:27
15	269	Joseph Berman	Iowa City	IA	22	M	33:47	8:27
16	272	Kyle Law	Iowa City	IA	20	M	33:54	8:29
17	270	Bryan Connell	Dewitt	IA	22	M	33:58	8:30
18	264	Evan Zalenski	Iowa City	IA	20	M	34:35	8:39
19	474	Andrew Schreiner	Iowa City	IA	21	M	34:46	8:42
20	365	Joe Daniel	Davenport	IA	22	M	35:01	8:46
21	3943	Joshua Lambrecht	Solon	IA	22	M	35:10	8:48
22	262	Jared Ruhrop	Iowa City	IA	23	M	35:10	8:48
23	186	William Goodale	Cedar Rapids	IA	24	M	35:11	8:48
24	531	Matt Giersberg	Cedar Rapids	IA	26	M	35:14	8:49
25	428	Dustin Uhlenhopp	Muscatine	IA	27	M	35:14	8:49
26	257	Alex Higginbotham	Swedesburg	IA	21	M	35:17	8:50
27	440	Ross Miller	Iowa City	IA	23	M	35:22	8:51
28	419	Devin Malloy	Cedar Rapids	IA	22	M	35:26	8:52
29	258	Ben Mineck	Ely	IA	20	M	35:39	8:55
30	260	Jacob Ulrich	Cedar Rapids	IA	21	M	35:40	8:55
31	376	Brent Mattes	Coralville	IA	22	M	35:43	8:56
32	539	Peter Simon	Iowa City	IA	21	M	35:48	8:57
33	114	Clint Cunningham	Cedar Rapids	IA	25	M	36:03	9:01
34	488	Chase Fergus	Iowa City	IA	21	M	36:20	9:05

35	810	Jeff Yandu	Tama	IA	22	M	36:30	9:08
36	444	Jonathan Bluemke	Iowa City	IA	27	M	36:49	9:13
37	456	Michael Osnowitz	Iowa City	IA	20	M	36:52	9:13
38	331	Greg Milbert	Dyersville	IA	29	M	36:54	9:14
39	315	Jason Rainville	Iowa City	IA	21	M	36:54	9:14
40	385	Erik Rootes	Iowa City	MN	25	M	37:06	9:17
41	113	Jeff Curlott	Cedar Rapids	IA	27	M	37:13	9:19
42	478	Sam Gharamti	Cedar Rapids	IA	25	M	37:16	9:19
43	368	Dan Tomsha	Iowa City	IA	21	M	37:20	9:20
44	418	Justin Leas	Cedar Rapids	IA	26	M	37:25	9:22
45	408	Nicholas Gerard	Iowa City	IA	20	M	37:28	9:22
46	811	Austin Rushford	Tama	IA	23	M	38:01	9:31
47	192	Tom Cornell	North Liberty	IA	27	M	38:05	9:32
48	429	Chris Wirkowski	Muscatine	IA	28	M	38:25	9:37
49	334	Eric Reittinger	Dyersville	IA	23	M	38:54	9:44
50	3933	Andrew Mulka	Milton	IA	29	M	38:55	9:44
51	245	Paul Puglisi	Iowa City	IA	20	M	38:59	9:45
52	535	Matthew Coffey	North Liberty	IA	24	M	39:00	9:45
53	3945	Nathan Hamm	West Des Moines	IA	28	M	39:00	9:45
54	345	Peter Cade	Des Moines	IA	27	M	39:00	9:45
55	221	Tyler Stutzman	Iowa City	IA	28	M	39:28	9:52
56	152	Ryan Steinkamp	Carroll	IA	24	M	39:32	9:53
57	638	Josh Olin	Iowa City	IA	26	M	39:39	9:55
58	316	John Davison	Iowa City	IA	21	M	39:59	10:00
59	487	Macaulay Elliott-Hudson	Iowa City	IA	21	M	40:02	10:01
60	525	Alex Hugi	Corlville	IA	26	M	40:09	10:03
61	3932	Patrick Jansa	Portland	OR	24	M	40:09	10:03
62	154	Tyler Daniel	Iowa City	IA	24	M	40:29	10:08
63	107	Ben Miller-Todd	Iowa City	IA	27	M	40:42	10:11
64	475	Timothy Obrien	Iowa City	IA	24	M	40:43	10:11
65	153	Casey Tanner	Creston	IA	24	M	40:46	10:12
66	543	Tom Burnette	Iowa City	IA	26	M	41:08	10:17
67	201	Zackery Milder	Iowa City	IA	20	M	41:09	10:18
68	202	Micheal Patrone	Iowa City	IA	21	M	41:09	10:18
69	375	Timothy Neuzil	Iowa City	IA	25	M	41:10	10:18
70	437	Elisha Eli Hotchkin	Mount Vernon	IA	29	M	41:11	10:18
71	438	Mark Schaapveld	Iowa City	IA	28	M	41:11	10:18
72	436	Travis Tyrrell	North Liberty	IA	27	M	41:12	10:18
73	199	Jacob Brooks	Iowa City	IA	20	M	41:19	10:20
74	200	Clint Matthews	Iowa City	IA	20	M	41:22	10:21
75	236	Daniel Rohwer	Iowa City	IA	28	M	42:01	10:31
76	404	Kurt Goldsmith	Janesville	IA	29	M	42:12	10:33
77	536	David Frisch	Grundy Center	IA	26	M	42:15	10:34
78	194	Jake Blumer	Manchester	IA	29	M	42:32	10:38
79	480	Drew Fayram	North Liberty	IA	27	M	43:27	10:52
80	534	Nathan Hartman	Fulton	IL	24	M	43:30	10:53
81	294	Russell Carkhuff	Marion	IA	24	M	43:42	10:56
82	279	Josh Carkhuff	Iowa City	IA	21	M	43:42	10:56
83	252	Patrick Ten Eyck	Iowa City	IA	25	M	43:48	10:57
84	801	Connor Oneill	Iowa City	IA	20	M	43:54	10:59
85	700	Richard Edwards	Iowa City	IA	20	M	43:55	10:59
86	3941	T Burrell	Iowa City	IA	21	M	44:27	11:07
87	205	Scott Lemon	Iowa City	IA	21	M	44:45	11:12
88	327	Chris Kies	Cedar Rapids	IA	29	M	45:08	11:17
89	445	Saehim Ahn	Dobbs Ferry	NY	23	M	46:41	11:41
90	426	Jacob Thomas	Coralville	IA	25	M	46:45	11:42
91	322	Nate Lahr	Manchester	IA	25	M	46:51	11:43
92	682	Brandon Veri	Sarcoxie	MO	28	M	47:12	11:48
93	482	Nathan Thackery	Iowa City	IA	25	M	47:16	11:49
94	495	Justin Batzkiel	Tipton	IA	29	M	47:36	11:54

95	183	Todd Morrison	West Liberty	IA	29	M	48:10	12:03
96	215	Danny Rodriguez	North Liberty	IA	27	M	50:01	12:31
97	218	Xavier Rodriguez	Coralville	IA	24	M	52:54	13:14
98	132	Joseph Tesar	Center Point	IA	28	M	53:14	13:19
99	351	Jason Wilke	Urbana	IA	27	M	54:36	13:39
100	320	Jett MacTaggart	Cedar Rapids	IA	26	M	54:38	13:40
101	367	Tyjuan Connell	Iowa City	IA	22	M	59:42	14:56
102	243	Whit France-Kelly	Coralville	IA	27	M	1:03:07	15:47
103	461	Brent Lafrenz	Davenport	IA	29	M	1:05:48	16:27
104	171	Nicholas Hughes	Cedar Rapids	IA	26	M	1:06:03	16:31
105	170	Michael Hughes	Cedar Rapids	IA	25	M	1:06:04	16:31

FEMALE AGE GROUP RESULTS 30 - 39

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	====	=	=====	=====
1	485	Valorie Northrup	Waverly	IA	34	F	34:01	8:31
2	104	Deidre Nims	Robins	IA	38	F	34:47	8:42
3	212	Shannon Kindred	Keota	IA	37	F	34:51	8:43
4	297	Kelly Wood	Coralville	IA	36	F	35:11	8:48
5	226	Sami Bayan	Iowa City	IA	30	F	35:37	8:55
6	399	Vanessa Duerksen	Swisher	IA	34	F	36:08	9:02
7	532	Lisa Benton	North Liberty	IA	37	F	36:20	9:05
8	213	Stephanie Sparks	Washington	IA	39	F	37:15	9:19
9	514	Tabitha Batzkiel	Tipton	IA	31	F	37:35	9:24
10	143	Sacha Francisco	Tiffin	IA	37	F	38:18	9:35
11	175	Missy Pacha	Oxford	IA	38	F	38:36	9:39
12	552	Xochiquetzal Martinez	Iowa City	IA	31	F	38:41	9:41
13	214	Megan Jones-Schiebel	Washington	IA	37	F	39:04	9:46
14	102	Melissa Mundell	Cedar Rapids	IA	36	F	39:26	9:52
15	119	Erin Mensen	Center Point	IA	37	F	39:28	9:52
16	547	Katie Thompson	Cedar Rapids	IA	38	F	39:37	9:55
17	169	Jill Naab	Bettendorf	IA	30	F	39:59	10:00
18	414	Dawn Miller	Cedar Rapids	IA	38	F	41:14	10:19
19	121	Cassie Cunningham	Cedar Rapids	IA	30	F	41:18	10:20
20	151	Kari Steinkamp	Coralville	IA	32	F	43:02	10:46
21	337	Jessica Voelker	North Liberty	IA	33	F	43:22	10:51
22	822	Shishonee Hughes	North Liberty	IA	38	F	43:22	10:51
23	163	Lisa Salemink	Clive	IA	30	F	43:55	10:59
24	526	Amy Larkey-Rickels	North Liberty	IA	35	F	44:32	11:08
25	225	Heidi Schleiffarth	Iowa City	IA	33	F	44:33	11:09
26	207	Maggie Casebolt	Marion	IA	37	F	44:41	11:11
27	208	Kari Pendergrass	Mount Vernon	IA	37	F	44:42	11:11
28	496	Stephanie Estrada	Cedar Rapids	IA	37	F	44:58	11:15
29	378	Heather Foelske	Marion	IA	34	F	45:05	11:17
30	159	Kate Oltrogge	Coralville	IA	32	F	45:05	11:17
31	150	Jenni Wedewer	Cedar Rapids	IA	30	F	45:24	11:21
32	123	Sara Comer	Coralville	IA	33	F	45:25	11:22
33	289	Jennet Volden	Cedar Rapids	IA	32	F	46:19	11:35
34	346	Nicole Pearson	Iowa City	IA	31	F	46:48	11:42
35	344	Angie Boyse	Wellman	IA	38	F	47:02	11:46
36	343	Christina Nash	Iowa City	IA	32	F	47:14	11:49
37	403	Amanda Pearce	Grinnell	IA	31	F	47:32	11:53
38	683	Angela Spragg	Iowa City	IA	37	F	47:40	11:55
39	176	Kacee Bell	West Liberty	IA	33	F	48:27	12:07
40	332	Mindy Milbert	Dyersville	IA	31	F	48:37	12:10
41	506	Naoko Murga	Rock Island	IL	31	F	49:08	12:17
42	807	Nicole Vanderlinden	Iowa City	IA	38	F	49:11	12:18
43	392	Kelly Eirp	Cedar Rapids	IA	38	F	49:21	12:21

44	489	Kathryn Langguth	Iowa City	IA	31	F	49:34	12:24
45	463	Sarah Lopshire	Davenport	IA	32	F	49:36	12:24
46	618	Virginia Miller	Iowa City	IA	32	F	49:53	12:29
47	216	Valerie Herteen	North Liberty	IA	31	F	50:03	12:31
48	314	Brooke Buchen	Coal Valley	IL	34	F	50:20	12:35
49	311	Melissa McCullough	Orion	IL	37	F	50:20	12:35
50	313	Mindy Meyers	Silvis	IL	37	F	50:20	12:35
51	172	Amanda Hughes	Cedar Rapids	IA	36	F	51:49	12:58
52	190	Lisa Lampe	Carroll	IA	36	F	52:47	13:12
53	2965	Marlene Cano	Coralville	IA	31	F	53:13	13:19
54	530	Laura Stephen	Westchester	IL	38	F	53:17	13:20
55	182	Casey Debrower	Marion	IA	38	F	55:45	13:57
56	685	Corine Robiale	Cedar Rapids	IA	35	F	57:26	14:22
57	372	Sarah Martinez	Coralville	IA	38	F	1:00:32	15:08
58	283	Cassandra Goodwin	Washington	IA	37	F	1:01:08	15:17
59	373	Mayra Delgado	North Liberty	IA	38	F	1:01:52	15:28
60	127	Rchael Menken	Carroll	IA	34	F	1:02:47	15:42
61	249	Jen Knaack	Central City	IA	32	F	1:10:34	17:39

MALE AGE GROUP RESULTS 30 - 39

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	====	=	=====	=====
1	407	Ty Burke	Wilton	IA	31	M	28:02	7:01
2	167	Nick Quanrud	Cedar Rapids	IA	38	M	30:07	7:32
3	507	Anith Mathai	Iowa City	IA	34	M	30:24	7:36
4	103	Chris Nims	Robins	IA	37	M	32:07	8:02
5	430	Bret Euken	Muscatine	IA	30	M	32:23	8:06
6	231	Dean Rohwer	Vermillion	SD	30	M	32:31	8:08
7	135	Brian Wood	Coralville	IA	35	M	33:25	8:22
8	115	Jason Andrews	Center Point	IA	34	M	34:02	8:31
9	101	Shawn Mundell	Cedar Rapids	IA	39	M	34:04	8:31
10	466	Justin Ross	Marion	IA	34	M	34:24	8:36
11	381	Bobby Walters	Cedar Rapids	IA	31	M	34:29	8:38
12	211	Jamie Flynn	Washington	IA	37	M	34:39	8:40
13	116	Chad Regennitter	Marion	IA	36	M	34:44	8:41
14	442	Scott Hendrickson	Coralville	IA	36	M	35:22	8:51
15	240	Mitch Jones	Center Point	IA	36	M	35:24	8:51
16	223	Steven Sperry	Iowa City	IA	32	M	35:37	8:55
17	813	Nick Oswald	Coralville	IA	33	M	35:59	9:00
18	637	Jon Harding	North Liberty	IA	39	M	36:33	9:09
19	431	Nick Martin	Muscatine	IA	30	M	36:40	9:10
20	472	Trent Tisinger	West Branch	IA	34	M	36:43	9:11
21	484	Aaron Loan	Cedar Rapids	IA	37	M	36:53	9:14
22	3944	Chad Andrews	Coralville	IA	39	M	37:14	9:19
23	355	Carlos Pelaez	Coralville	IA	35	M	37:19	9:20
24	432	Brian Grunewaldt	Marion	IA	33	M	37:20	9:20
25	518	Joel Ramirez	Iowa City	IA	32	M	37:39	9:25
26	443	Eric Hudson	Iowa City	IA	32	M	37:48	9:27
27	434	Craig Brown	Cedar Rapids	IA	34	M	37:54	9:29
28	691	Ryan Wade	Iowa City	IA	37	M	38:06	9:32
29	519	Eric Leichtman	Coralville	IA	36	M	38:07	9:32
30	690	Matthew Croco	Coralville	IA	39	M	38:07	9:32
31	467	Ian Barnhouse	North Liberty	IA	39	M	38:13	9:34
32	464	Sam Slingluff	Marion	IA	36	M	38:17	9:35
33	465	Nathan Anderson	Cedar Rapids	IA	36	M	38:17	9:35
34	516	Doug Carlson	Marion	IA	38	M	38:17	9:35
35	433	Kevin Grunewaldt	Brookings	SD	35	M	38:31	9:38
36	144	Chris Hall	Olin	IA	35	M	38:49	9:43

37	486	Ryan Bloomberg	Davenport	IA	30	M	39:36	9:54
38	824	Dijjean Johnson	Cedar Rapids	IA	35	M	39:42	9:56
39	473	Christopher Dusek	Iowa City	IA	31	M	39:54	9:59
40	415	Chris Miller	Cedar Rapids	IA	34	M	39:55	9:59
41	137	Shawn Kauffman	Kalona	IA	33	M	40:06	10:02
42	219	Drew Walters	Iowa City	IA	32	M	40:27	10:07
43	389	Jason Thompson	Vinton	IA	38	M	40:34	10:09
44	413	Nic Miller	Cedar Rapids	IA	31	M	40:43	10:11
45	348	Scott Myers	Cedar Rapids	IA	34	M	40:45	10:12
46	400	Matthew Schipper	Neola	IA	35	M	41:10	10:18
47	439	Alan Belski	Solon	IA	32	M	41:12	10:18
48	248	Brent Beckman	Cedar Rapids	IA	35	M	41:12	10:18
49	455	Brad Donohoe	Grinnell	IA	37	M	41:44	10:26
50	492	Ryan Stigers	Homestead	IA	35	M	41:54	10:29
51	379	Charlie Ratcliff	Cedar Rapids	IA	31	M	42:09	10:33
52	542	John Healey	Marion	IA	36	M	42:21	10:36
53	427	Colt Amborn	Iowa City	IA	30	M	42:31	10:38
54	692	James McDonald	North Liberty	IA	34	M	42:31	10:38
55	425	David Manos	Iowa City	IA	32	M	42:40	10:40
56	112	Jason Schamberger	Marion	IA	39	M	43:32	10:53
57	168	Brian Kubik	Marion	IA	38	M	43:56	10:59
58	421	Michael Ott	Iowa City	IA	37	M	44:06	11:02
59	805	Grant Elliott	West Branch	IA	31	M	44:14	11:04
60	409	Jevon Robinson	Cedar Falls	IA	38	M	44:22	11:06
61	224	Jack Schleiffarth	Iowa City	IA	35	M	44:33	11:09
62	196	Ryan Pape	Coralville	IA	30	M	45:04	11:16
63	251	Eric Kraft	Manchester	IA	30	M	45:08	11:17
64	686	Matt Domeyer	Cedar Rapids	IA	32	M	45:24	11:21
65	145	Corey Phillips	North Liberty	IA	32	M	45:25	11:22
66	330	Jamie Williams	Marion	IA	38	M	45:40	11:25
67	328	Craig Manuel	Cedar Rapids	IA	39	M	45:42	11:26
68	329	Chad Meseck	Solon	IA	36	M	46:19	11:35
69	161	Cory Coobs	North Liberty	IA	33	M	46:44	11:41
70	693	Shawn Federspiel	Jesup	IA	37	M	46:47	11:42
71	441	Staal Warren	Iowa City	IA	38	M	46:53	11:44
72	296	Jason Clasen	Cedar Rapids	IA	39	M	47:13	11:49
73	808	Chester Truesdell	Cedar Rapids	IA	36	M	47:25	11:52
74	501	Mike Kiebel	Coralville	IA	31	M	48:19	12:05
75	180	Andy Bell	Solon	IA	39	M	48:28	12:07
76	527	Alexander Finger	Mount Vernon	IA	32	M	48:29	12:08
77	462	Todd Lopshire	Davenport	IA	33	M	49:36	12:24
78	3942	Nick Nulloa	Davenport	IA	35	M	49:38	12:25
79	522	Jacob Chandler-Hutt	Brooklyn	IA	34	M	49:48	12:27
80	2964	Joshua Anderson	Coralville	IA	34	M	53:13	13:19
81	197	David Moore	North Liberty	IA	37	M	53:24	13:21
82	350	Greg McFadin	Urbana	IA	35	M	54:36	13:39
83	181	Nick Debrower	Marion	IA	33	M	55:44	13:56
84	684	Jesse Simmons	Cedar Rapids	IA	31	M	57:23	14:21
85	133	Leonard Paasch	Cedar Rapids	IA	31	M	1:06:01	16:31
86	305	Michael Frangi	Coralville	IA	35	M	1:10:27	17:37

FEMALE AGE GROUP RESULTS 40 - 49

Place	No.	Name	City	St	Age	S	Time	Pace
1	517	Karen Robbins	Coralville	IA	40	F	37:37	9:25
2	306	Sarah Williams	Marion	IA	47	F	38:48	9:42
3	234	Amy Ross	Carroll	IA	40	F	39:43	9:56
4	301	Tonya McDonough	Solon	IA	41	F	39:59	10:00

5	323	Jennifer Thomae	Iowa City	IA	42	F	40:14	10:04
6	386	Pamela Gaylord	Center Point	IA	45	F	41:17	10:20
7	286	Kelli Slocum	North Liberty	IA	47	F	41:22	10:21
8	126	Shannon Murphy	Iowa City	IA	41	F	41:28	10:22
9	149	Jody Rausch	Robins	IA	45	F	42:14	10:34
10	449	Lisa Behrends	Grinnell	IA	42	F	43:09	10:48
11	508	Elizabeth Albaugh	North Liberty	IA	48	F	44:00	11:00
12	120	Julie Ormsby	Anamosa	IA	45	F	44:16	11:04
13	280	Kristi Bahl	Lisbon	IA	49	F	44:38	11:10
14	281	Carol Meade	Newhall	IA	47	F	44:38	11:10
15	210	Heather Woody	North Liberty	IA	40	F	44:41	11:11
16	209	Pam Funke	Coralville	IA	45	F	44:42	11:11
17	340	Kris Archer	Coralville	IA	46	F	44:43	11:11
18	493	Jennifer Steadman	Cedar Rapids	IA	44	F	44:57	11:15
19	106	Kari Buresh	Cedar Rapids	IA	41	F	44:59	11:15
20	148	Kim Fall	Lisbon	IA	43	F	45:30	11:23
21	687	Tamara Domeyer	Marion	IA	45	F	46:03	11:31
22	364	Kaaren Vargas	Coralville	IA	49	F	46:11	11:33
23	546	Deborah Linebarger	North Liberty	IA	44	F	48:29	12:08
24	454	Heather Peck	Davenport	IA	40	F	48:38	12:10
25	238	Michele Sundholm	Iowa Falls	IA	48	F	49:17	12:20
26	312	Colleen Lipes	Iowa City	IA	48	F	50:20	12:35
27	358	Caroline Kipp-Sutliff	Iowa City	IA	46	F	51:00	12:45
28	521	Kristin Konigsmark	Coralville	IA	42	F	52:54	13:14
29	191	Bonnie Palomo	Cedar Rapids	IA	49	F	53:28	13:22
30	188	Erika Conrad	Solon	IA	44	F	53:49	13:27
31	274	Elisa Dessner Coffman	Wilton	IA	41	F	54:49	13:43
32	362	Holly Smigel	North Liberty	IA	41	F	54:51	13:43
33	287	Debra Johnson	Coralville	IA	47	F	54:52	13:43
34	451	Julianne Jensen	West Branch	IA	40	F	54:53	13:44
35	458	Cindy Nagel	Iowa City	IA	43	F	54:55	13:44
36	326	Amy Koski	North Liberty	IA	43	F	55:23	13:51
37	395	Jennifer Johnson	Cedar Rapids	IA	40	F	55:26	13:52
38	142	Margie Lamphier	Center Point	IA	46	F	58:10	14:33
39	122	Kathy Stratton	Cedar Rapids	IA	49	F	58:11	14:33
40	139	Brandey Cordes	Cedar Rapids	IA	45	F	59:15	14:49
41	227	Patty Considine	Sioux City	IA	48	F	1:00:53	15:14
42	275	Errin Dessner Sorrell	Wilton	IA	41	F	1:01:09	15:18
43	370	Tami Bebber	Coralville	IA	48	F	1:01:52	15:28

MALE AGE GROUP RESULTS 40 - 49

Place	No.	Name	City	St	Age	S	Time	Pace
=====	=====	=====	=====	==	====	=	=====	=====
1	509	Ion Bogdan Vasi	Iowa City	IA	43	M	32:40	8:10
2	117	Dan Ranschau	Cedar Rapids	IA	46	M	33:36	8:24
3	402	Ben Pearce	Grinnell	IA	40	M	34:06	8:32
4	398	Patrick Duerksen	Swisher	IA	42	M	36:46	9:12
5	282	Ted Neal	Mount Vernon	IA	41	M	37:24	9:21
6	494	Neil Joss	Iowa City	IA	41	M	38:10	9:33
7	476	Scott Carpenter	Coralville	IA	41	M	38:11	9:33
8	500	Tim Cahill	Lisbon	IA	47	M	38:31	9:38
9	174	Nathan Pacha	Oxford	IA	41	M	38:35	9:39
10	548	Doug Uridil	Cedar Rapids	IA	42	M	39:22	9:51
11	277	Ryan Hobbs	Iowa City	IA	48	M	40:07	10:02
12	688	William Moore	Iowa City	IA	45	M	40:17	10:05
13	124	Dean Wilkins	Jefferson	IA	46	M	40:19	10:05
14	820	Steve Crane	Iowa City	IA	43	M	41:24	10:21
15	125	Dave Cusick	Iowa City	IA	43	M	41:28	10:22

16	138	Eric Cordes	Cedar Rapids	IA	42	M	41:32	10:23
17	232	David Lake	West Des Moines	IA	46	M	41:33	10:24
18	406	Doug Chodur	Grinnell	IA	48	M	41:37	10:25
19	603	Craig Carmody	Coralville	IA	46	M	42:30	10:38
20	198	Brooks Bartenhagen	Coralville	IA	43	M	42:37	10:40
21	405	Trent Hancock	North Liberty	IA	48	M	43:23	10:51
22	229	Fred Meyer	Iowa City	IA	44	M	43:49	10:58
23	339	Brad Archer	Coralville	IA	46	M	44:43	11:11
24	308	Dennis Salmon	Cedar Falls	IA	45	M	44:49	11:13
25	310	James Mahoney	Waterloo	IA	42	M	44:51	11:13
26	806	Robert King	North Liberty	IA	41	M	45:12	11:18
27	309	Jim Moeller	Waterloo	IA	45	M	45:22	11:21
28	553	Darrell Simmons	Cedar Rapids	IA	43	M	45:42	11:26
29	307	Tim Salmon	Johnston	IA	44	M	45:44	11:26
30	288	Laine Volden	Cedar Rapids	IA	42	M	45:57	11:30
31	363	Drew Knudsen	Coralville	IA	45	M	46:11	11:33
32	162	Derric Duesenberg	Cedar Rapids	IA	41	M	46:47	11:42
33	109	Kevin J Scott	Cedar Rapids	IA	49	M	47:16	11:49
34	140	Jay Irving	Cedar Rapids	IA	44	M	48:24	12:06
35	453	Matthew Peck	Davenport	IA	40	M	48:38	12:10
36	390	Chris Parrish	West Branch	IA	45	M	48:57	12:15
37	193	John Rossiter	Carroll	IA	45	M	52:49	13:13
38	520	Dave Konigsmark	Coralville	IA	41	M	52:54	13:14
39	549	Tracy Stevens	Carroll	IA	44	M	53:38	13:25
40	187	Rickey Conrad	Solon	IA	44	M	53:49	13:28
41	141	Kris Lamphier	Center Point	IA	44	M	58:09	14:33
42	189	Joseph Lampe	Carroll	IA	42	M	1:01:19	15:20
43	179	Jeff Horne	Cedar Rapids	IA	47	M	1:01:21	15:21

FEMALE AGE GROUP RESULTS 50 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	290	Sue Sax	Oxford	IA	51	F	42:47	10:42
2	371	Julie Kruger	Iowa City	IA	50	F	42:59	10:45
3	410	Jeanne Giles	Robins	IA	50	F	45:30	11:23
4	239	Mari Thies	Iowa Falls	IA	56	F	49:19	12:20
5	359	Kim Kipp-Sutliff	Iowa City	IA	53	F	50:58	12:45
6	510	Sue Weinberg	Coralville	IA	56	F	1:15:15	18:49

MALE AGE GROUP RESULTS 50 - 59

Place	No.	Name	City	St	Age	S	Time	Pace
1	303	David Cook	Wilton	IA	52	M	32:16	8:04
2	528	Tim Smith	Iowa City	IA	52	M	35:23	8:51
3	505	Doug Lord	Lisbon	IA	59	M	38:49	9:43
4	825	Brian Decoster	Iowa City	IA	51	M	42:58	10:45
5	821	George Ludeking	Norway	IA	53	M	43:03	10:46
6	818	Scott Vance	Ames	IA	55	M	43:45	10:57
7	502	Rob Wagner	North Liberty	IA	51	M	49:06	12:17
8	228	T. Don Worrell	Des Moines	IA	55	M	57:24	14:21
9	511	Arthur Bailey-Murray	Coralville	IA	59	M	1:15:58	19:00
10	513	Mitch Thompson	Oxford	IA	52	M	1:16:00	19:00

MALE AGE GROUP RESULTS 60 - 98

Place	No.	Name	City	St	Age	S	Time	Pace
1	273	Larry Dessner	Wilton	IA	67	M	54:48	13:42
2	295	Arthur Nowak	Iowa City	IA	76	M	1:05:17	16:20