25K

Lap legend: (time, pace & place)

## **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Ti	me
1	9/186	1/1	410	Caitlin Ude	Female	23	Braintree	MA	5	00:21:02.17	01:4	5:10.88
	Lap 1 to 4	00:22:00.33	7:04	14 00:20:06.39	6:28	3	00:20:11.90	6:30	3	00:20:59.29	6:45	11
	Lap 5 to 8	00:21:52.96	7:02	19								
	Lap 9 & 10											
2	11/186	1/14	380	Heather Williams	Female	39	Centerport	NY	5	00:21:12.67	01:46	5:03.37
	Lap 1 to 4	00:21:14.25	6:50	11 00:21:11.57	6:49	13	00:21:09.12	6:48	14	00:21:15.71	6:50	12
	Lap 5 to 8	00:21:12.70	6:49	12								
	Lap 9 & 10											
3	23/186	1/8	331	Kelly Perno Grosser	Female	34	Seaford	NY	5	00:22:17.34	01:5 <sup>,</sup>	1:26.73
	Lap 1 to 4	00:22:25.76	7:13	23 00:21:57.81	7:04	24	00:22:11.08	7:08	27	00:22:18.28	7:10	27
	Lap 5 to 8	00:22:33.79	7:15	22								
	Lap 9 & 10											
4	24/186	1/5	365	Nicole Unger	Female	27	Great Neck	NY	5	00:22:17.87	01:5 <sup>,</sup>	1:29.36
	Lap 1 to 4	00:22:19.39	7:11	17 00:21:39.79	6:58	19	00:21:48.60	7:01	22	00:22:10.99	7:08	24
	Lap 5 to 8	00:23:30.58	7:34	35								
	Lap 9 & 10											
5	26/186	1/15	355	Jill Skelly	Female	51	Baldwin	NY	5	00:22:22.88	01:5 <sup>,</sup>	1:54.43
	Lap 1 to 4	00:22:24.52	7:12	22 00:21:58.86	7:04	25	00:22:10.37	7:08	26	00:22:19.92	7:11	28
	Lap 5 to 8	00:23:00.75	7:24	25								
	Lap 9 & 10											
6	27/186	2/14	400	Allison Clark	Female	35	Port Jefferson	NY	5	00:22:43.67	01:53	3:38.39
	Lap 1 to 4	00:22:32.39	7:15	26 00:22:24.92	7:12	27	00:22:43.84	7:18	30	00:22:52.22	7:21	30
	Lap 5 to 8	00:23:05.01	7:25	26								
	Lap 9 & 10											
7	33/186	1/13	285	Mary Frances Horan	Female	46	Lake Ronkonkor	n: NY	5	00:23:20.73	01:56	5:43.70
	Lap 1 to 4	00:23:17.27	7:29	32 00:23:08.31	7:26	37	00:23:15.34	7:29	34	00:23:23.93	7:31	34
	Lap 5 to 8	00:23:38.84	7:36	37								
	Lap 9 & 10											
8	41/186	1/6	341	Emma Riconda	Female	58	Northport	NY	5	00:23:47.88	01:58	3:59.40
	Lap 1 to 4	00:25:11.35	8:06	57 00:23:15.93	7:29	41	00:23:29.94	7:33	41	00:23:32.39	7:34	38
	Lap 5 to 8	00:23:29.78	7:33	33								
	Lap 9 & 10											
9	42/186	2/15	221	Marilyn Caulfield	Female	52	Sayville	NY	5	00:23:54.02	01:59	9:30.10
	Lap 1 to 4	00:25:23.78	8:10	58 00:22:47.55	7:20	31	00:22:50.18	7:20	32	00:23:45.79	7:38	41
	Lap 5 to 8	00:24:42.79	7:57	51								
	Lap 9 & 10											
10	49/186	3/14	399	Karen Woodward	Female	39	Durham	СТ	5	00:24:27.97	02:02	2:19.88
	Lap 1 to 4	00:24:39.45	7:56	47 00:24:05.48	7:45	52	00:24:21.55	7:50	52	00:24:29.46	7:52	49
	Lap 5 to 8	00:24:43.93	7:57	52								
	Lap 9 & 10											
11	52/186	4/14	394	Rachel Cameron	Female	35	Port Jefferson St	ta NY	5	00:24:36.35	02:03	3:01.76
	Lap 1 to 4	00:25:27.48	8:11	60 00:24:08.48	7:46	53	00:24:19.88	7:49	50	00:25:18.89	8:08	59
	Lap 5 to 8	00:23:47.01	7:39	39			-			-		
	Lap 9 & 10											
12	54/186	2/6	201	Nancy Aboff	Female	55	Lloyd Harbor	NY	5	00:24:52.63	02:04	4:23.16
	Lap 1 to 4	00:25:02.80	8:03	55 00:25:03.02	8:03	66	00:25:45.50	8:17	66	00:24:34.37	7:54	52
	Lap 5 to 8		7:42	42								
	Lap 9 & 10		-									

25K

Lap legend: (time, pace & place)

### **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Ti	me
13	55/186	3/6	252	Dolores Doman	Female	58	Dix Hills	NY	5	00:24:53.08	02:04	:25.41
	Lap 1 to 4	00:26:20.95	8:28	73 00:24:38.57	7:55	59	00:24:33.86	7:54	53	00:24:25.55	7:51	47
	Lap 5 to 8	00:24:26.45	7:51	49								
	Lap 9 & 10											
14	62/186	1/7	247	Mary Jo Depaoli Brower	r Female	41	Hicksville	NY	5	00:25:34.25	02:07	':51.27
	Lap 1 to 4	00:25:53.67	8:20	68 00:25:51.67	8:19	72	00:25:22.30	8:09	62	00:25:29.88	8:12	61
	Lap 5 to 8	00:25:13.73	8:07	56								
	Lap 9 & 10											
15	66/186	2/8	244	Cristin Delaney Guille	Female	33	Long Beach	NY	5	00:25:49.54	02:09	):07.72
	Lap 1 to 4	00:25:49.53	8:18	67 00:24:53.31	8:00	62	00:25:52.37	8:19	72	00:25:49.99	8:18	66
	Lap 5 to 8	00:26:42.51	8:35	75								
	Lap 9 & 10											
16	68/186	2/13	282	Lesli Hiller	Female	48	New Hyde Park	NY	5	00:25:58.29	02:09	):51.48
	Lap 1 to 4	00:26:20.75	8:28	71 00:26:13.99	8:26	78	00:25:47.95	8:18	69	00:25:54.65	8:20	70
	Lap 5 to 8	00:25:34.14	8:13	59								
	Lap 9 & 10											
17	72/186	2/5	354	Samantha Simon	Female	27	Yaphank	NY	5	00:26:14.08		:10.43
	Lap 1 to 4	00:26:07.53	8:24	70 00:25:56.30	8:20	77	00:25:55.74	8:20	74	00:26:18.36	8:28	75
	Lap 5 to 8	00:26:52.47	8:38	78								
	Lap 9 & 10								_			
18	78/186	1/3	383	Lauren Wolman	Female		Sound Beach	NY	5	00:26:47.47		8:57.35
	Lap 1 to 4	00:30:16.84	9:44	128 00:25:52.85	8:19	73	00:25:46.76	8:17	67	00:26:34.00	8:33	81
	Lap 5 to 8	00:25:26.88	8:11	58								
40	Lap 9 & 10	a /a					Leve Drevel		-	00 00 50 75		
19	79/186	2/3	224	Anne Marie Cieri	Female		Long Branch	NJ	5	00:26:58.75		:53.78
	Lap 1 to 4	00:27:53.38	8:58	97 00:26:40.52	8:35	86	00:26:14.80	8:26	79	00:26:51.89	8:38	82
	Lap 5 to 8	00:27:13.19	8:45	80								
20	Lap 9 & 10	0/40	0.47			40	Valley Streem	NIX	F	00.26.50.60	00.4	
20	80/186	3/13	347	Dionida Ryce	Female		Valley Stream	NY	5	00:26:59.69		:58.48
	Lap 1 to 4	00:29:19.48	9:26	110 00:24:21.02	7:50	56	00:27:31.39	8:51	89	00:27:12.44	8:45	85
	Lap 5 to 8	00:26:34.14	8:33	74								
21	Lap 9 & 10	0/45	004			<b>F</b> 4	Magaanagua	NY	F	00.27.52.96	00.40	
21	84/186	3/15	231	Karen Conkling	Female		Massapequa		5	00:27:52.86		):24.33
	Lap 1 to 4	00:27:31.28	8:51	86 00:26:56.06	8:40	88	00:28:01.81	9:01	94	00:28:42.54	9:14	91
	Lap 5 to 8 Lap 9 & 10	00:28:12.63	9:04	87								
22	89/186	4/15	313	Ingrid Mothioon	Famala	52	West Hempstead	H NY	5	00:28:18.76	02.21	:33.80
22			9:26	Ingrid Mathison	Female 8:52	96	00:27:39.04					
	Lap 1 to 4 Lap 5 to 8	00:29:19.48 00:28:39.98	9.20 9:13	109 00:27:33.85 90	0.52	90	00.27.39.04	8:53	91	00:28:21.44	9:07	88
	Lap 9 & 10	00.20.39.90	5.15	30								
23	92/186	3/5	238	Jaclyn Dagnall	Female	26	Great Neck	NY	5	00:28:34.31	02.22	2:51.55
-0	Lap 1 to 4	00:27:51.22		96 00:27:23.34	8:48	20 95	00:28:15.00	9:05	96	00:29:13.25	9:24	95
	Lap 1 to 4	00:27.51.22	6.57 9:42	96 00.27.23.34 99	0.40	90	00.20.10.00	9.00	90	00.29.13.23	5.24	90
	Lap 9 & 10	00.00.00.70	5.72	00								
24	97/186	4/13	356	Maureen Stammers Jar	iz Female	49	Huntington Statio	or NY	5	00:28:56.36	02.24	1:41.81
	Lap 1 to 4	00:27:04.48	8:42	83 00:27:43.36	8:55	100	00:28:50.82	9:17	104	00:29:50.75	9:36	104
	Lap 1 to 4	00:27:04:48			0.00	100	00.20.00.02	5.17	104	00.29.00.10	0.00	104
		00.01.12.00	10.02									

25K

Lap legend: (time, pace & place)

## **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tii	me
25	102/186	3/8	385	Mable Wong	Female	31	Greenlawn	NY	5	00:29:13.52	02:26	6:07.62
	Lap 1 to 4	00:27:41.90	8:54	92 00:28:31.24	9:10	107	00:28:31.23	9:10	97	00:29:48.76	9:35	102
	Lap 5 to 8 Lap 9 & 10	00:31:34.48	10:09	123								
26	103/186	2/7	358	Zeynep Sumer King	Female	40	Valley Stream	NY	5	00:29:15.26	02:26	5:16.31
	Lap 1 to 4	00:29:13.79	9:24	107 00:27:35.79	8:52	97	00:28:08.34	9:03	95	00:30:33.39	9:50	114
	Lap 5 to 8	00:30:44.99	9:53	109								
	Lap 9 & 10											
27	104/186	5/14	372	Alisa Wainio	Female	37	Coram	NY	5	00:29:18.64	02:26	:33.21
	Lap 1 to 4	00:31:10.13	10:01	146 00:29:58.32	2 9:38	130	00:29:01.91	9:20	109	00:28:39.87	9:13	89
	Lap 5 to 8	00:27:42.97	8:55	82								
	Lap 9 & 10											
28	105/186	6/14	327	Lisa Ospitale	Female	38	South Setauket	NY	5	00:29:19.09	02:26	35.46
	Lap 1 to 4	00:31:12.43	10:02	147 00:29:58.18	9:38	129	00:28:59.75	9:19	108	00:28:40.48	9:13	90
	Lap 5 to 8 Lap 9 & 10	00:27:44.60	8:55	84								
29	108/186	5/15	309	Susan Maier	Female	51	Long Beach	NY	5	00:29:49.86	02:29	:09.30
	Lap 1 to 4	00:30:04.79	9:40	122 00:29:55.82	2 9:37	126	00:30:05.07	9:40	123	00:30:29.27	9:48	112
	Lap 5 to 8	00:28:34.34	9:11	88								
	Lap 9 & 10		-									
30	110/186	6/15	270	Debra L Franchi	Female	50	Manorville	NY	5	00:29:53.36	02:29	:26.82
	Lap 1 to 4	00:30:15.83	9:44	125 00:28:35.15		109	00:29:28.69	9:29	112	00:30:14.48	9:43	109
	Lap 5 to 8	00:30:52.65	9:56	112								
	Lap 9 & 10											
31	111/186	7/14	283	Tara Hofmayer	Female	39	Merrick	NY	5	00:30:00.70	02:30	:03.53
	Lap 1 to 4	00:30:23.29	9:46	132 00:28:43.16	6 9:14	110	00:29:22.72	9:27	111	00:30:48.11	9:54	119
	Lap 5 to 8	00:30:46.24	9:54	110								
	Lap 9 & 10											
32	112/186	3/7	393	Constance Korol	Female	44	New Hyde Park	NY	5	00:30:04.56	02:30	:22.82
	Lap 1 to 4	00:29:34.51	9:31	113 00:29:34.99	9:31	119	00:30:04.15	9:40	121	00:30:35.54	9:50	115
	Lap 5 to 8	00:30:33.62	9:50	105								
	Lap 9 & 10											
33	114/186	8/14	335	Anne Picken	Female	39	East Patchogue	NY	5	00:30:07.50	02:30	:37.51
	Lap 1 to 4	00:30:16.23	9:44	126 00:30:13.15	5 9:43	132	00:30:07.86	9:41	124	00:30:07.69	9:41	108
	Lap 5 to 8	00:29:52.57	9:36	96								
	Lap 9 & 10											
34	115/186	4/8	261	Miriam Fein	Female	33	Plainview	NY	5	00:30:07.76	02:30	:38.82
	Lap 1 to 4	00:29:10.76	9:23	105 00:29:49.97	9:36	122	00:29:57.85	9:38	119	00:31:25.57	10:06	126
	Lap 5 to 8	00:30:14.65	9:44	101								
	Lap 9 & 10											
35	117/186	5/13	250	Wendy Disilvestro	Female	46	East Northport	NY	5	00:30:21.66	02:31	:48.32
	Lap 1 to 4	00:31:31.52	10:08	149 00:28:58.68	3 9:19	112	00:29:33.46	9:30	114	00:31:02.03	9:59	122
	Lap 5 to 8	00:30:42.62		108					-			
	Lap 9 & 10											
36	118/186	7/15	349	Karen Schackner	Female	52	Dix Hills	NY	5	00:30:22.35	02:31	:51.78
	Lap 1 to 4	00:30:43.29	9:53	139 00:29:56.82		128	00:30:14.22	9:43	128	00:30:55.48	9:57	121
	Lap 5 to 8	00:30:01.96	9:39	97			_	-	-		-	
	Lap 9 & 10											

25K

Lap legend: (time, pace & place)

### **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Ti	me
37	120/186	5/8	378	Amy Wheeler	Female	34	Babylon	NY	5	00:30:26.95	02:32	2:14.77
	Lap 1 to 4	00:30:44.41	9:53	141 00:29:53.09	9:37	125	00:29:31.24	9:30	113	00:30:37.00	9:51	116
	Lap 5 to 8	00:31:29.01	10:07	120								
	Lap 9 & 10											
38	122/186	6/8	362	Nicole Troncone	Female	32	Oyster Bay	NY	5	00:30:37.90	02:33	3:09.52
	Lap 1 to 4	00:32:08.72	10:20	155 00:30:38.14	9:51	138	00:30:11.57	9:43	126	00:29:54.19	9:37	107
	Lap 5 to 8	00:30:16.89	9:44	102								
	Lap 9 & 10											
39	123/186	8/15	284	Debbi Hole	Female	52	Islip Terrace	NY	5	00:30:44.76	02:33	8:43.83
	Lap 1 to 4	00:30:17.54	9:44	129 00:30:13.26	9:43	133	00:30:43.63	9:53	131	00:31:02.21	9:59	123
	Lap 5 to 8	00:31:27.17	10:07	119								
	Lap 9 & 10											
40	124/186	6/13	297	Constance Lawson	Female	48	Patchogue	NY	5	00:30:51.10	02:34	1:15.52
	Lap 1 to 4	00:30:43.90	9:53	140 00:31:13.90	10:03	143	00:30:53.38	9:56	132	00:30:30.07	9:49	113
	Lap 5 to 8	00:30:54.26	9:56	113								
	Lap 9 & 10											
41	126/186	9/15	233	Sue Corrie	Female	54	New Hyde Park	NY	5	00:31:00.46	02:35	5:02.33
	Lap 1 to 4	00:30:40.28	9:52	134 00:31:27.26	10:07	147	00:30:03.65	9:40	120	00:31:59.56	10:17	134
	Lap 5 to 8	00:30:51.57	9:55	111								
40	Lap 9 & 10	= // 0	~ · ·				0		-	00.04.44.44		
42	128/186	7/13	314	Dawn May	Female		Sea Cliff	NY	5	00:31:11.11		5:55.58
	Lap 1 to 4	00:29:54.44	9:37	119 00:30:07.91	9:41	131	00:30:53.84	9:56	133	00:31:27.94	10:07	128
	Lap 5 to 8	00:33:31.44	10:47	133								
43	Lap 9 & 10	7/0	005			20	Oveter Pov	NY	5	00:31:15.83	00.00	
43	129/186	7/8	225	Kate Cifarelli	Female		Oyster Bay					6:19.19
	Lap 1 to 4	00:31:54.47	10:16	150 00:30:50.14	9:55	140	00:30:34.82	9:50	129	00:31:27.96	10:07	129
	Lap 5 to 8	00:31:31.78	10.06	121								
44	Lap 9 & 10 130/186	10/15	213	Hollie Brostek	Famala	50	North Babylon	NY	5	00:31:23.22	02.36	6:56.13
	Lap 1 to 4	00:32:32.72		158 00:31:26.40	Female 10:07	146	00:30:56.32	9:57	134	00:31:18.78	10:04	125
	Lap 1 to 4	00:32:32:72	9:52	107	10.07	140	00.30.56.32	9.57	134	00.31.10.70	10.04	125
	Lap 9 & 10	00.30.41.30	9.52	107								
45	131/186	4/6	412	Maureen Joyce	Fomalo	58	E.northport	NY	5	00:31:36.96	02.38	3:04.83
	Lap 1 to 4	00:30:41.46	9:52	138 00:28:25.01	9:08	105	00:28:46.20	9:15	102	00:29:25.99	9:28	98
	Lap 5 to 8	00:40:46.16		158 00.20.20.01	5.00	100	00.20.40.20	5.15	102	00.20.20.00	5.20	50
	Lap 9 & 10	00.40.40.10	10.07	100								
46	132/186	4/5	308	Jill Loveland	Female	29	Hicksville	NY	5	00:31:37.52	02:38	3:07.63
	Lap 1 to 4	00:30:40.79	9:52	137 00:31:29.50	10:08	148	00:32:09.89	10:21	141	00:31:38.18	10:10	130
	Lap 5 to 8	00:32:09.25		125			00102100100			00101100110		
	Lap 9 & 10											
47	134/186	8/13	316	Jennifer Mercurio	Female	45	West Islip	NY	5	00:31:42.11	02:38	3:30.57
	Lap 1 to 4	00:31:19.50		148 00:31:23.36	10:06	144	00:30:35.78	9:50	130	00:32:02.30	10:18	135
	Lap 5 to 8	00:33:09.61		130			• • • • • • • •					
	Lap 9 & 10											
48	136/186	9/13	232	Rose Connolly	Female	46	Southold	NY	5	00:31:55.79	02:39	9:38.97
	Lap 1 to 4	00:31:02.22	9:59	144 00:30:49.36	9:55	139	00:36:06.07	11:37	166	00:31:06.00	10:00	124
	Lap 5 to 8	00:30:35.31	9:50	106		-		-	-		-	
	-											

Lap legend: (time, pace & place)

# 25K

#### **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Ti	me
49	137/186	9/14	348	Brandy Sandin	Female	37	Northport	NY	5	00:31:59.73	02:39	):58.69
	Lap 1 to 4	00:32:08.31	10:20	153 00:30:37.57	9:51	136	00:31:03.30	9:59	135	00:32:19.33	10:24	136
	Lap 5 to 8	00:33:50.17	10:53	136								
	Lap 9 & 10											
50	138/186	11/15	208	Staci Blanket	Female	50	Old Bethpage	NY	5	00:32:10.88	02:40	):54.40
	Lap 1 to 4	00:33:29.50	10:46	161 00:33:23.47	10:44	159	00:34:04.22	10:57	153	00:30:51.26	9:55	120
	Lap 5 to 8	00:29:05.94	9:21	93								
	Lap 9 & 10											
51	139/186	12/15	387	Deanna Zenn	Female	51	Cold Spring Har	bc NY	5	00:32:12.66	02:41	:03.34
	Lap 1 to 4	00:30:58.78	9:58	143 00:31:33.94	10:09	152	00:32:39.97	10:30	144	00:33:26.94	10:45	141
	Lap 5 to 8	00:32:23.70	10:25	128								
	Lap 9 & 10											
52	140/186	10/13	366	Kimberly Uresk	Female	45	Greenlawn	NY	5	00:32:12.71	02:41	:03.55
	Lap 1 to 4	00:30:58.78	9:58	142 00:31:33.94	10:09	151	00:32:40.22	10:30	146	00:33:26.58	10:45	140
	Lap 5 to 8	00:32:24.02	10:25	129								
	Lap 9 & 10											
53	141/186	4/7	364	Kristin Tufo	Female	42	Nesconset	NY	5	00:32:18.67	02:41	:33.36
	Lap 1 to 4	00:31:02.54	9:59	145 00:31:12.07	10:02	142	00:32:10.32	10:21	143	00:33:33.57	10:48	142
	Lap 5 to 8	00:33:34.84	10:48	134								
	Lap 9 & 10											
54	142/186	11/13	402	Eliana Themistocleous	Female	47	Melville	NY	5	00:32:43.47	02:43	3:37.35
	Lap 1 to 4	00:28:22.97	9:08	100 00:29:45.50	9:34	121	00:34:41.12	11:09	156	00:36:12.68	11:39	154
	Lap 5 to 8	00:34:35.07	11:07	141								
	Lap 9 & 10											
55	144/186	5/5	395	Meylyn Chery	Female	28	Far Rockaway	NY	5	00:33:03.02	02:45	5:15.10
	Lap 1 to 4	00:32:08.72	10:20	154 00:30:37.57	9:51	137	00:32:08.54	10:20	140	00:34:32.03	11:06	143
	Lap 5 to 8	00:35:48.24	11:31	147								
	Lap 9 & 10											
56	147/186	13/15	305	Sharon Liang	Female	51	Smithtown	NY	5	00:34:04.12	02:50	):20.62
	Lap 1 to 4	00:32:27.44	10:26	156 00:31:47.00	10:13	153	00:32:40.16	10:30	145	00:34:51.58	11:13	145
	Lap 5 to 8	00:38:34.42	12:24	151								
	Lap 9 & 10											
57	148/186	5/7	286	Sharon Hoskins	Female	44	Freeport	NY	5	00:34:07.87	02:50	):39.37
	Lap 1 to 4	00:33:53.93	10:54	165 00:32:21.31	10:24	156	00:33:34.95	10:48	150	00:35:27.03	11:24	150
	Lap 5 to 8	00:35:22.13	11:23	145								
	Lap 9 & 10											
58	149/186	8/8	381	Jully Williams	Female	34	Farmingville	NY	5	00:34:11.52	02:50	):57.62
	Lap 1 to 4	00:33:44.77	10:51	164 00:32:18.47	10:23	155	00:34:43.95	11:10	158	00:35:06.18	11:17	147
	Lap 5 to 8	00:35:04.22	11:17	143								
	Lap 9 & 10											
59	150/186	10/14	336	Jenipher Quintanilla	Female	39	North Babylon	NY	5	00:34:12.62	02:51	:03.11
	Lap 1 to 4	00:32:51.79	10:34	159 00:33:40.33	10:50	160	00:33:44.99	10:51	151	00:35:36.16	11:27	153
	Lap 5 to 8	00:35:09.82	11:19	144								
	Lap 9 & 10											
60	151/186	11/14	296	Dawn Konopka	Female	35	Ridge	NY	5	00:34:19.14	02:51	:35.72
	Lap 1 to 4	00:29:54.43	9:37	118 00:30:37.18	9:51	135	00:32:45.24	10:32	147	00:36:37.87	11:47	158
	Lap 5 to 8	00:41:40.99	13:24	162								
	Lap 9 & 10											

Lap legend: (time, pace & place)

### 25K Overall Results - Female

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender A	ge	City	St.	Laps	Ave Lap Time	Tir	ne
61	152/186	5/6	328	Susan Padovano	Female	56	Bay Shore	NY	5	00:34:41.92	02:53	:29.62
	Lap 1 to 4	00:34:27.90	11:05	168 00:34:56.42	11:14 1	68	00:34:03.85	10:57	152	00:35:32.11	11:26	151
	Lap 5 to 8	00:34:29.32	11:06	140								
	Lap 9 & 10											
62	153/186	14/15	267	Sue Fitzpatrick	Female	54	Dix Hills	NY	5	00:35:33.24	02:57	:46.21
	Lap 1 to 4	00:32:00.37	10:18	152 00:33:41.23	10:50 1	61	00:35:50.35	11:32	164	00:37:02.49	11:55	160
	Lap 5 to 8	00:39:11.76	12:36	153								
	Lap 9 & 10											
63	154/186	15/15	291	llene Jurmann	Female	50	Syosset	NY	5	00:35:34.87	02:57	:54.36
	Lap 1 to 4	00:34:27.80	11:05	167 00:34:56.08	11:14 1	67	00:35:06.33	11:17	159	00:36:17.08	11:40	156
	Lap 5 to 8	00:37:07.06	11:56	149								
	Lap 9 & 10											
64	156/186	12/14	217	Cathleen Campisi	Female	38	Selden	NY	5	00:35:59.42	02:59	:57.14
	Lap 1 to 4	00:33:09.17	10:40	160 00:34:22.95	11:03 1	66	00:35:36.29	11:27	161	00:36:43.76	11:49	159
	Lap 5 to 8	00:40:04.96	12:54	157								
	Lap 9 & 10											
65	157/186	6/6	401	Lucimar Araujo	Female	59	Jamaica	NY	5	00:36:06.83	03:00	:34.18
	Lap 1 to 4	00:35:33.80	11:26	170 00:36:01.03	11:35 1	71	00:35:47.03	11:31	163	00:36:20.03	11:41	157
	Lap 5 to 8	00:36:52.28	11:52	148								
	Lap 9 & 10								_			
66	160/186	3/3	300	Eloisa Leal			Brentwood	NY	5	00:37:48.03	03:09	:00.16
	Lap 1 to 4		11:45	173 00:36:27.56	11:44 1	73	00:36:55.50	11:53	169	00:38:03.84	12:15	165
	Lap 5 to 8	00:41:01.67	13:12	159								
07	Lap 9 & 10	10/11					I for the selection of	ND/	-			
67	161/186	13/14	216	Claudia Cabanas	. emaie	-	Lindenhurst	NY	5	00:38:08.86		:44.33
	Lap 1 to 4	00:35:10.42	-	169 00:35:41.46	11:29 1	70	00:36:49.83	11:51	168	00:39:13.07	12:37	167
	Lap 5 to 8	00:43:49.54	14:06	166								
68	Lap 9 & 10 162/186	4/0	200			~~	Oyster Bay	NY	5	00:38:27.82	02.40	40.40
00		1/3	326	Martha Niwa	. emaie	-						:19.13
	Lap 1 to 4	00:32:28.79	10:27	157 00:34:22.70	11:03 1	65	00:37:37.26	12:06	172	00:42:35.96	13:42	173
	Lap 5 to 8 Lap 9 & 10	00:45:14.40	14:33	167								
69	163/186	14/14	386	Oksana Yaskiv	Female	26	Roslyn	NY	5	00:38:29.56	02.12	:27.83
00	Lap 1 to 4	00:35:35.47					00:37:26.38					
	Lap 1 to 4	00:39:13.03		171 00:38:10.85 154	12:17 1	75	00.37.20.36	12:03	171	00:42:02.09	13:31	172
	Lap 9 & 10	00.39.13.03	12.37	154								
70	164/186	12/13	375	Susan Warsaw	Female	48	Coram	NY	5	00:38:35.92	03.12	:59.60
	Lap 1 to 4	00:34:07.30		166 00:35:02.00		69	00:37:25.41	12:02	170	00:45:00.00	14:29	175
	Lap 5 to 8	00:41:24.88		160 00.33.02.00	11.10 1	03	00.57.25.41	12.02	170	00.43.00.00	14.23	175
	Lap 9 & 10	00.41.24.00	10.10	100								
71	165/186	13/13	345	Sam Ryan	Female	46	Smithtown	NY	5	00:38:53.36	03:14	:26.85
	Lap 1 to 4	00:35:59.32		172 00:36:21.03		72	00:38:04.15	12:15	173	00:41:57.82	13:30	171
	Lap 5 to 8	00:42:04.52		163	11.41 1	12	00.00.04.10	12.10	170	00.41.07.02	10.00	., .
	Lap 9 & 10											
72	170/186	6/7	295	Jan Kimbrough	Female	44	Bay Shore	NY	5	00:45:00.94	03:45	:04.74
	Lap 1 to 4	00:39:29.31		177 00:40:45.19		76	00:42:38.94	13:43	177	00:47:19.48	15:13	176
	Lap 5 to 8	00:54:51.81		172			2.2.00.07					

25K

Lap legend: (time, pace & place)

#### **Overall Results - Female**

Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Ti	me
73	172/186	2/3	389	Gladys Zumba	Female	e 64	Valleystream	NY	5	00:47:48.43	03:59	:02.18
	Lap 1 to 4	00:42:56.74	13:49	179 00:44:54	93 14:27	180	00:47:37.49	15:19	179	00:50:00.25	16:05	178
	Lap 5 to 8	00:53:32.76	17:14	171								
	Lap 9 & 10											
74	178/186	3/3	312	Kathryn Martin	Female	e 62	Northport	NY	4	00:23:11.85	01:32	2:47.44
	Lap 1 to 4	00:25:32.78	8:13	63 00:22:32	80 7:15	29	00:22:36.03	7:16	29	00:22:05.82	7:06	22
	Lap 5 to 8											
	Lap 9 & 10											
75	183/186	7/7	363	Karena Tsakiris	Female	9 42	Coram	NY	4	00:33:57.18	02:15	:48.73
	Lap 1 to 4	00:33:44.55	10:51	163 00:32:18	30 10:23	154	00:34:39.31	11:09	155	00:35:06.56	11:18	148
	Lap 5 to 8											
	Lap 9 & 10											

Lap legend: (time, pace & place)

	overall	Div		Overall F			- Male			March ' Ave Lap	,
Place	Plc/Total	Pic/Total	No.	Name	Gender	Age	City	St.	Laps	Time	Time
1	1/186	1/1	237	Colin Culhane	Male	24	Sayville	NY	5	00:18:56.18	01:34:40.
	Lap 1 to 4	00:20:34.52	6:37	1 00:20:18.30	6:32	5	00:17:35.43	5:39	1	00:17:47.05	5:43 1
	Lap 5 to 8	00:18:25.64	5:55	1							
	Lap 9 & 10										
2	2/186	1/13	311	Zandy Mangold	Male	41	Brooklyn	NY	5	00:19:41.66	01:38:28.
	Lap 1 to 4	00:21:10.51	6:48	9 00:19:33.95	6:17	1	00:19:12.00	6:10	2	00:19:08.19	6:09 2
	Lap 5 to 8	00:19:23.68	6:14	2							
	Lap 9 & 10										
3	3/186	1/17	379	Wil Widman	Male	50	North Babylon	NY	5	00:20:22.54	01:41:52.
	Lap 1 to 4	00:20:34.52	6:37	2 00:20:18.31	6:32	6	00:20:20.48	6:32	4	00:20:30.52	6:36 3
	Lap 5 to 8	00:20:08.86	6:29	3							
	Lap 9 & 10										
4	4/186	1/13	337	Eddie Reagan	Male	58	Levittown	NY	5	00:20:32.79	01:42:43.
	Lap 1 to 4	00:20:39.85	6:39	4 00:20:22.81	6:33	7	00:20:27.49	6:35	6	00:20:34.75	6:37 5
	Lap 5 to 8	00:20:39.04	6:38	5							
	Lap 9 & 10										
5	5/186	2/13	330	Paul Pepe	Male	56	Cold Spring Harb	oc NY	5	00:20:36.63	01:43:03.
	Lap 1 to 4	00:21:04.18	6:46	7 00:20:03.06	6:27	2	00:20:27.04	6:34	5	00:20:33.11	6:36 4
	Lap 5 to 8	00:20:55.78	6:44	8							
	Lap 9 & 10										
6	6/186	2/17	353	Bill Schroeder	Male	54	Garden City	NY	5	00:20:43.69	01:43:38.4
	Lap 1 to 4	00:20:35.77	6:37	3 00:20:22.94	6:33	8	00:20:34.95	6:37	7	00:20:44.96	6:40 6
	Lap 5 to 8	00:21:19.84	6:51	14							
	Lap 9 & 10										
7	7/186	1/14	271	Shawn Garbien	Male	37	Port Washington	NY	5	00:20:54.34	01:44:31.
	Lap 1 to 4	00:21:03.66	6:46	6 00:21:01.64	6:46	11	00:20:46.68	6:41	8	00:20:45.43	6:40 7
	Lap 5 to 8	00:20:54.30	6:43	6							
	Lap 9 & 10								_		
8	8/186	1/22	262	Michael Fernandez	Male		Farmingdale	NY	5	00:20:56.67	01:44:43.
	Lap 1 to 4	00:21:05.70			6:45	10	00:20:46.87	6:41	9	00:20:52.80	6:43 8
	Lap 5 to 8	00:20:58.22	6:44	9							
•	Lap 9 & 10								_		
9	10/186	2/14	280	Trent Hampton	Male		West Babylon	NY	5	00:21:05.49	01:45:27.4
	Lap 1 to 4	00:21:15.27		12 00:21:11.07	6:49	12	00:21:08.77	6:48	13	00:20:57.80	6:44 10
	Lap 5 to 8	00:20:54.54	6:43	7							
10	Lap 9 & 10	0/17	0.40				Charabara	NIX/	~	00.04.04.44	04 47 50
10	12/186	3/17	249	Michael Di Lisio	Male		Shoreham	NY	5	00:21:34.14	01:47:50.
	Lap 1 to 4	00:21:25.87		13 00:21:27.58	6:54	15	00:21:36.16	6:57	20	00:21:45.05	7:00 19
	Lap 5 to 8	00:21:36.04	6:57	18							
	Lap 9 & 10	0/4.4	000			07	New Feirfield	OT	~	00.04.05.04	04 47 50
11	13/186	3/14	396	Joseph Garbowski	Male		New Fairfield	CT	5	00:21:35.24	01:47:56.
	Lap 1 to 4	00:22:21.39	7:11	21 00:21:36.58	6:57	17	00:21:19.89	6:51	15	00:21:18.94	6:51 1:
	Lap 5 to 8	00:21:19.41	6:51	13							
10	Lap 9 & 10	0/40	270	Debert Vetwite	N 4 - 1 -	40	Cardon City	NV	F	00.21.20 54	01.40.40
12	14/186	2/13	370	Robert Votruba	Male		Garden City	NY	5	00:21:38.54	01:48:12.
	Lap 1 to 4	00:22:21.19	7:11	20 00:21:35.96	6:57	16	00:21:20.47	6:52	16	00:21:19.18	6:51 14
	Lap 5 to 8	00:21:35.89	6:57	17							

Lap legend: (time, pace & place)

		<u> </u>		Overall F	<b>งธ</b> อน	113	- Male			March '	1,2010
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
13	15/186	2/22	351	Steven Schmidt	Male	49	Greenlawn	NY	5	00:21:40.58	01:48:22.
	Lap 1 to 4	00:22:20.27	7:11	18 00:21:37.28	6:57	18	00:21:42.69	6:59	21	00:21:39.93	6:58 1
	Lap 5 to 8	00:21:02.74	6:46	11							
	Lap 9 & 10										
14	16/186	4/14	376	Thomas Weber	Male	35	Rockville Centre	e NY	5	00:21:46.39	01:48:51.
	Lap 1 to 4	00:22:28.75	7:14	25 00:22:29.78	7:14	28	00:21:35.84	6:57	19	00:21:39.80	6:58 1
	Lap 5 to 8	00:20:37.79	6:38	4							
	Lap 9 & 10										
15	17/186	1/7	220	Kevin Carroll	Male	62	Huntington Stati	or NY	5	00:21:50.58	01:49:12.
	Lap 1 to 4	00:22:35.25	7:16	27 00:21:57.25	7:03	23	00:21:33.12	6:56	18	00:21:38.30	6:57 1
	Lap 5 to 8	00:21:28.99	6:54	16							
	Lap 9 & 10										
16	18/186	1/5	299	Bremen Leak	Male	34	New York	NY	5	00:21:51.09	01:49:15.
	Lap 1 to 4	00:24:40.87	7:56	49 00:20:44.73	6:40	9	00:21:02.27	6:46	11	00:21:44.96	7:00 18
	Lap 5 to 8	00:21:02.64	6:46	10							
	Lap 9 & 10										
17	19/186	3/13	260	Eric Fehrenbacher	Male	40	Huntington	NY	5	00:21:53.06	01:49:25.
	Lap 1 to 4	00:21:12.22	6:49	10 00:21:14.10	6:50	14	00:21:25.55	6:53	17	00:22:14.80	7:09 2
	Lap 5 to 8	00:23:18.64	7:30	30							
	Lap 9 & 10										
18	20/186	5/14	310	Marc Mandello	Male	36	Lake Grove	NY	5	00:22:02.34	01:50:11.
	Lap 1 to 4	00:22:08.19	7:07	15 00:21:49.36	7:01	21	00:21:49.00	7:01	23	00:22:11.81	7:08 2
	Lap 5 to 8	00:22:13.35	7:09	21							
	Lap 9 & 10										
19	21/186	3/13	373	Jon Wallach	Male	58	Levittown	NY	5	00:22:05.04	01:50:25.
	Lap 1 to 4	00:22:14.68	7:09	16 00:21:54.63	7:03	22	00:22:04.49	7:06	24	00:22:02.36	7:05 2
	Lap 5 to 8	00:22:09.05	7:07	20							
	Lap 9 & 10										
20	22/186	4/13	371	Jeffrey Votteler	Male	42	Manorville	NY	5	00:22:12.35	01:51:01.
	Lap 1 to 4	00:22:28.22	7:13	24 00:22:18.54	7:10	26	00:22:24.62	7:12	28	00:22:22.05	7:11 2
	Lap 5 to 8	00:21:28.31	6:54	15							
	Lap 9 & 10										
21	25/186	5/13	357	Scott Streater	Male	40	Lloyd Harbor	NY	5	00:22:20.74	01:51:43.
	Lap 1 to 4	00:23:36.77	7:35	38 00:21:47.21	7:00	20	00:21:04.39	6:46	12	00:21:45.48	7:00 20
	Lap 5 to 8	00:23:29.87	7:33	34							
	Lap 9 & 10										
22	28/186	4/13	409	Steven Steiner	Male	58	Great Neck	NY	5	00:22:50.31	01:54:11.
	Lap 1 to 4	00:21:03.25		5 00:20:13.16	6:30	4	00:20:53.40	6:43	10	00:20:56.79	6:44 9
	Lap 5 to 8	00:31:04.96	10:00	114							
a -	Lap 9 & 10						-		_		
23	29/186	3/22	266	Michael Fisenne	Male		East Northport	NY	5	00:22:56.91	01:54:44.
	Lap 1 to 4	00:22:40.52		29 00:22:53.43	7:22	32	00:22:45.88	7:19	31	00:22:52.98	7:21 3
	Lap 5 to 8	00:23:31.72	7:34	36							
	Lap 9 & 10						<b>_</b>		_		
24	30/186	6/14	268	Joe Flick	Male		Farmingdale	NY	5	00:23:06.29	01:55:31.
	Lap 1 to 4	00:24:40.26	7:56	48 00:23:55.07	7:41	48	00:22:05.80	7:06	25	00:22:07.25	7:07 23
	Lap 5 to 8	00:22:43.09	7:18	23							
	Lap 9 & 10										

Lap legend: (time, pace & place)

				Overall I	resu	tS	- Male			March '	1,201	5
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tir	ne
25	31/186	4/17	240	Patrick Daly	Male	51	Merrick	NY	5	00:23:08.64	01:55	:43.24
	Lap 1 to 4	00:22:51.27	7:21	30 00:23:05.05	7:25	36	00:23:16.63	7:29	36	00:23:30.16	7:33	36
	Lap 5 to 8	00:23:00.12	7:24	24								
	Lap 9 & 10											
26	32/186	6/13	397	Daniel Valderrama	Male	44	Oyster Bay	NY	5	00:23:18.87	01:56	:34.35
	Lap 1 to 4	00:22:20.38	7:11	19 00:22:33.87	7:15	30	00:23:34.30	7:35	42	00:24:07.86	7:46	45
	Lap 5 to 8	00:23:57.92	7:42	43								
	Lap 9 & 10											
27	34/186	7/14	290	Eric Israel	Male	37	Holbrook	NY	5	00:23:21.99	01:56	:49.99
	Lap 1 to 4	00:23:28.89	7:33	36 00:23:00.68	7:24	33	00:23:19.30	7:30	39	00:23:50.76	7:40	44
	Lap 5 to 8	00:23:10.35	7:27	28								
	Lap 9 & 10											
28	35/186	4/22	292	Ira Kaplan	Male	45	East Meadow	NY	5	00:23:23.83	01:56	:59.18
	Lap 1 to 4	00:22:36.26	7:16	28 00:23:20.47	7:30	43	00:23:19.63	7:30	40	00:23:40.34	7:37	40
	Lap 5 to 8	00:24:02.46	7:44	44								
	Lap 9 & 10											
29	36/186	5/17	226	John Clifford	Male	53	Seaford	NY	5	00:23:30.58	01:57	:32.92
	Lap 1 to 4	00:23:15.51	7:29	31 00:23:14.03	7:28	40	00:23:12.04	7:28	33	00:23:36.68	7:35	39
	Lap 5 to 8	00:24:14.65	7:48	45								
	Lap 9 & 10											
30	37/186	6/17	315	Terence Mccormick	Male	54	Lindenhurst	NY	5	00:23:43.28	01:58	:36.40
	Lap 1 to 4	00:24:24.33	7:51	44 00:23:34.57	7:35	46	00:23:18.89	7:30	38	00:23:23.03	7:31	33
	Lap 5 to 8	00:23:55.58	7:42	40								
	Lap 9 & 10								_			
31	38/186	7/13	350	John Schmidt	Male		Sea Cliff	NY	5	00:23:44.29	01:58	
	Lap 1 to 4	00:23:41.30	7:37	40 00:23:59.53	7:43	49	00:24:04.05	7:44	47	00:23:31.80	7:34	37
	Lap 5 to 8	00:23:24.79	7:32	32								
00	Lap 9 & 10	0/10					Law a Darah	ND/	-	00.00.44.07		
32	39/186	8/13	248	Rob Devinney	Male		Long Beach	NY	5	00:23:44.37	01:58	
	Lap 1 to 4	00:23:26.66		34 00:24:12.33	7:47	54	00:24:07.68	7:45	49	00:23:47.82	7:39	43
	Lap 5 to 8	00:23:07.39	7:26	27								
00	Lap 9 & 10	o // o					Davage	NIX/	-	00.00.45.07		
33	40/186	9/13	273	Neil Ghezzar	Male	-	Bronx	NY	5	00:23:45.07	01:58	
	Lap 1 to 4	00:24:12.44	7:47	42 00:24:05.39	7:45	51	00:23:37.05	7:36	43	00:23:28.63	7:33	35
	Lap 5 to 8	00:23:21.83	7:31	31								
24	Lap 9 & 10	5/40	054			50	Mineola	NIV	F	00.00.50 04	04.50	50.00
34	43/186	5/13	251	P J Diskin	Male			NY	5	00:23:58.04	01:59	
	Lap 1 to 4		7:31	33 00:23:29.26	7:33	44	00:23:44.26	7:38	44	00:24:37.83	7:55	53
	Lap 5 to 8	00:24:34.61	7:54	50								
25	Lap 9 & 10	6/10	260		Mala	50	Huntington	NIV	F	00.24.01.05	02.00	.05.05
35	44/186	6/13	269	Peter Florey	Male		Huntington	NY	5	00:24:01.05	02:00	
	Lap 1 to 4	00:26:35.19	8:33 7:26	78 00:23:12.56	7:28	39	00:23:15.63	7:29	35	00:23:22.30	7:31	32
	Lap 5 to 8	00:23:39.55	7:36	38								
26	Lap 9 & 10	4/5	200	Manalaak	N 4 - 1	07	Northport	NIV	F	00.24.00 14	00.00	
36	45/186	1/5	298	Marc Leahy	Male		Northport	NY	5	00:24:09.11	02:00	
	Lap 1 to 4	00:23:28.89	7:33	37 00:23:00.68	7:24	34	00:23:17.70	7:29	37	00:24:25.66	7:51	48
	Lap 5 to 8	00:26:32.60	8:32	73								

Lap legend: (time, pace & place)

				Overall	1.63U	113	- Male			March '	., 2010	•
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tin	ne
37	46/186	7/17	333	Michael Petsky	Male	52	Manorville	NY	5	00:24:16.63	02:01:	23.16
	Lap 1 to 4	00:23:39.50	7:36	39 00:23:16.08	7:29	42	00:24:21.55	7:50	51	00:24:56.42	8:01	56
	Lap 5 to 8	00:25:09.59	8:05	54								
	Lap 9 & 10											
38	47/186	8/17	210	Paul Bode	Male	50	Smithtown	NY	5	00:24:19.44	02:01:	37.20
	Lap 1 to 4	00:25:26.20	8:11	59 00:23:30.73	7:34	45	00:23:48.02	7:39	45	00:24:31.80	7:53	50
	Lap 5 to 8	00:24:20.44	7:50	46								
~ ~	Lap 9 & 10								_			
39	48/186	5/22	235	Charles Crowe	Male		Deer Park	NY	5	00:24:22.33	02:01:	
	Lap 1 to 4	00:24:28.89	7:52	45 00:23:37.39	7:36	47	00:24:00.49	7:43	46	00:24:32.42	7:53	51
	Lap 5 to 8	00:25:12.46	8:06	55								
40	Lap 9 & 10	0/47					Councillo	NIX/	~	00-04-00-04		o 4 <b>-</b> 7
40	50/186	9/17	411	Michael Nolan	Male	-	Sayville	NY	5	00:24:28.34	02:02:	
	Lap 1 to 4	00:24:34.37	7:54	46 00:25:01.59	8:03	64	00:24:04.68	7:44	48	00:24:19.30	7:49	46
	Lap 5 to 8	00:24:21.75	7:50	47								
41	Lap 9 & 10 51/186	8/14	254	John Dulloghon	Mala	27	East Northport	NY	5	00:24:32.56	02:02:	12 00
41	Lap 1 to 4	00:26:28.46	234 8:31	John Dullaghan 75 00:24:40.13	Male	60	00:24:37.65		54		7:38	42.00
	Lap 1 to 4	00:28:28:46	6.31 7:27	75 00.24.40.13 29	7:56	60	00.24.37.05	7:55	54	00:23:45.95	7.30	42
	Lap 9 & 10	00.23.10.01	1.21	23								
42	53/186	6/22	321	James Murray	Male	49	Holtsville	NY	5	00:24:48.50	02:04:	02 51
	Lap 1 to 4	00:24:52.46	8:00	52 00:24:00.01		50	00:25:03.16	8:03	59	00:25:10.06	8:06	58
	Lap 5 to 8	00:24:56.80	8:01	53	7.40	50	00.20.00.10	0.00	00	00.23.10.00	0.00	50
	Lap 9 & 10	00.2	0.0.									
43	56/186	9/14	304	Ryan Lewis	Male	39	New Fairfield	СТ	5	00:24:53.92	02:04:	29.62
	Lap 1 to 4	00:23:28.48	7:33	35 00:23:00.97		35	00:25:22.08	8:09	61	00:24:55.56	8:01	55
	Lap 5 to 8	00:27:42.52	8:55	81					•			
	Lap 9 & 10											
44	57/186	10/14	239	Eric Dalimarta	Male	35	Astoria	NY	5	00:25:01.99	02:05:	09.98
	Lap 1 to 4	00:24:22.77	7:50	43 00:24:14.00	7:47	55	00:24:46.60	7:58	55	00:25:59.56	8:21	72
	Lap 5 to 8	00:25:47.02		65								
	Lap 9 & 10											
45	58/186	7/22	263	Keith Ferrara	Male	48	Farmingdale	NY	5	00:25:06.70	02:05:	33.51
	Lap 1 to 4	00:27:26.44	8:49	85 00:24:28.40	7:52	58	00:24:54.81	8:01	56	00:24:46.55	7:58	54
	Lap 5 to 8	00:23:57.30	7:42	41								
	Lap 9 & 10											
46	59/186	8/22	215	William Byers	Male	45	Huntington	NY	5	00:25:08.09	02:05:	40.48
	Lap 1 to 4	00:24:53.28	8:00	53 00:24:23.05	7:50	57	00:24:56.22	8:01	57	00:25:37.29	8:14	63
	Lap 5 to 8	00:25:50.63	8:19	67								
	Lap 9 & 10											
47	60/186	9/22	294	Kojiro Katayama	Male	49	Syosset	NY	5	00:25:33.44	02:07:	47.21
	Lap 1 to 4	00:25:43.89	8:16	66 00:25:32.37	8:13	71	00:25:30.88	8:12	64	00:25:23.50	8:10	60
	Lap 5 to 8	00:25:36.55	8:14	61								
	Lap 9 & 10						5.4		-			
48	61/186	10/17	259	Frank Favilla	Male		Bethpage	NY	5	00:25:34.13	02:07:	
	Lap 1 to 4	00:25:32.10	8:13	61 00:25:06.80	8:04	67	00:24:58.79	8:02	58	00:25:50.64	8:19	67
	Lap 5 to 8	00:26:22.32	8:29	71								
	Lap 9 & 10											

Lap legend: (time, pace & place)

				Overall	Resu	IS	- Male			March '	1, 2013	ر
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tir	ne
49	63/186	2/7	369	Henry Von Thaden	Male	62	Bethpage	NY	5	00:25:43.56	02:08	:37.82
	Lap 1 to 4	00:25:02.28	8:03	54 00:25:16.05	6 8:07	68	00:25:36.45	8:14	65	00:26:11.40	8:25	74
	Lap 5 to 8	00:26:31.62	8:32	72								
	Lap 9 & 10											
50	64/186	10/22	319	Nicholas Mitchell	Male	49	Wantagh	NY	5	00:25:45.14	02:08	:45.72
	Lap 1 to 4	00:26:31.92	8:32	77 00:25:18.91	8:08	69	00:25:30.78	8:12	63	00:25:36.59	8:14	62
	Lap 5 to 8	00:25:47.51	8:18	66								
	Lap 9 & 10											
51	65/186	7/13	281	William Herbert	Male	55	Smithtown	NY	5	00:25:45.34	02:08	:46.73
	Lap 1 to 4	00:25:35.79	8:14	65 00:25:54.72	2 8:20	76	00:25:52.80	8:19	73	00:25:47.40	8:18	65
	Lap 5 to 8	00:25:36.02	8:14	60								
	Lap 9 & 10											
52	67/186	8/13	289	Peter Inserra	Male	57	Fort Salonga	NY	5	00:25:52.88	02:09	:24.43
	Lap 1 to 4	00:25:32.10	8:13	62 00:26:14.65	5 8:26	80	00:25:21.60	8:09	60	00:26:32.35	8:32	78
	Lap 5 to 8	00:25:43.72	8:16	63								
	Lap 9 & 10											
53	69/186	11/22	227	Jason Cohen	Male		Manorville	NY	5	00:26:01.58	02:10	
	Lap 1 to 4	00:27:35.53	8:52	87 00:24:59.81	8:02	63	00:26:09.06	8:25	77	00:25:46.37	8:17	64
	Lap 5 to 8	00:25:37.16	8:14	62								
	Lap 9 & 10											
54	71/186	12/22	406	John Graziano	Male		Riverhead	NY	5	00:26:03.30	02:10	:16.5
	Lap 1 to 4	00:27:35.99	8:52	88 00:25:01.98	8 8:03	65	00:26:55.25	8:39	84	00:24:57.55	8:01	57
	Lap 5 to 8	00:25:45.72	8:17	64								
	Lap 9 & 10								_			
55	70/186	11/17	320	Bob Monaco	Male		Woodbury	NY	5	00:26:03.30	02:10	
	Lap 1 to 4	00:26:20.75	8:28	72 00:26:14.09	8:26	79	00:25:48.31	8:18	70	00:25:54.80	8:20	71
	Lap 5 to 8	00:25:58.55	8:21	70								
	Lap 9 & 10	/					2		_	00 00 40 05		
56	73/186	13/22	413	Craig Capema	Male		Coram	NY	5	00:26:19.35	02:11	
	Lap 1 to 4	00:27:47.53	8:56	93 00:24:50.81	7:59	61	00:25:49.63	8:18	71	00:26:06.45	8:24	73
	Lap 5 to 8	00:27:02.34	8:42	79								
	Lap 9 & 10							NIX/	-	00.00.00.77		
57	74/186	1/3	218	Frank Capone	Male		Wading River	NY	5	00:26:33.77	02:12	
	Lap 1 to 4	00:25:55.93	8:20	69 00:25:53.88	8 8:20	75	00:26:10.65	8:25	78	00:27:04.99	8:43	84
	Lap 5 to 8	00:27:43.43	8:55	83								
58	Lap 9 & 10	40/40	204	<b>a</b> N		40	Merrick	NY	5	00:26:41.27	00.40	.00.07
50	75/186	10/13	324	Sean Negron	Male						02:13	
	Lap 1 to 4	00:24:42.91	7:57	50 00:25:30.65	5 8:12	70	00:25:56.77	8:21	75	00:26:55.07	8:39	83
	Lap 5 to 8	00:30:20.96	9:46	104								
59	Lap 9 & 10 76/186	12/17	398	Iomoo Dooidaria	Male	E1	Deer Park	NY	5	00:26:42.35	02:13	.21 70
59				James Desiderio	Male							
	Lap 1 to 4 Lap 5 to 8	00:27:39.27 00:25:54.25	8:54 8:20	90 00:27:09.46 69	8:44	93	00:26:30.23	8:31	80	00:26:18.56	8:28	76
	-	00.25.54.25	0.20	09								
60	Lap 9 & 10 77/186	2/5	264	Peter Fetzer	Male	70	East Rockaway	NY	5	00:26:47.34	02:13	·56 7'
00							-					
	Lap 1 to 4 Lap 5 to 8	00:30:16.42	9:44	127 00:25:53.27	' 8:19	74	00:25:46.77	8:17	68	00:26:33.79	8:32	79
	1 AU 3 IO 8	00:25:26.47	0.11	57								

Lap legend: (time, pace & place)

				Overall Results - Male						March 1, 2015				
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tiı	me		
61	81/186	14/22	382	Robert Witt	Male	47	Huntington	NY	5	00:27:02.62	02:15	5:13.15		
	Lap 1 to 4	00:28:52.53	9:17	103 00:27:16.81	8:46	94	00:26:42.03	8:35	81	00:26:28.59	8:31	77		
	Lap 5 to 8	00:25:53.17	8:19	68										
	Lap 9 & 10													
62	82/186	11/13	230	Richard Collins	Male	41	Blue Point	NY	5	00:27:21.35	02:16	6:46.75		
	Lap 1 to 4	00:29:40.41	9:33	114 00:26:33.95	8:33	83	00:25:58.41	8:21	76	00:26:33.91	8:33	80		
	Lap 5 to 8	00:28:00.06	9:00	85										
00	Lap 9 & 10	1 = 10 0					Libert Country of		-	00.07.00.00				
63	83/186	15/22	329	Marco Papaleo	Male		Huntington	NY	5	00:27:28.83		:24.18		
	Lap 1 to 4	00:29:56.68	9:38	120 00:28:13.81	9:05	102	00:28:55.63	9:18	106	00:25:53.79	8:20	69		
	Lap 5 to 8	00:24:24.25	7:51	48										
64	Lap 9 & 10	40/00	202			47	Dix Hills	NY	5	00:27:57.05	00.40	. 45 0		
04	85/186	16/22	392	Kevin Arloff	Male							):45.27		
	Lap 1 to 4	00:26:22.38 00:31:13.40	8:29 10:02	74 00:26:23.11 117	8:29	82	00:26:53.63	8:39	82	00:28:52.73	9:17	92		
	Lap 5 to 8 Lap 9 & 10	00.31.13.40	10.02	117										
65	86/186	17/22	256	Christopher Dunn	Male	49	Rockville Centre	NY	5	00:28:06.04	02.20	):30.20		
	Lap 1 to 4	00:26:35.79	8:33	79 00:27:03.81	8:42	91	00:27:38.16	8:53	90	00:32:22.45	10:25	137		
	Lap 5 to 8	00:26:49.98	8:38	76	0.42	51	00.27.00.10	0.00	50	00.02.22.40	10.20	107		
	Lap 9 & 10	00.201.0100	0.00											
66	87/186	18/22	303	Joel Lewin	Male	48	Rockville Centre	NY	5	00:28:06.12	02:20	:30.61		
	Lap 1 to 4	00:26:36.10	8:33	80 00:27:03.25	8:42	90	00:27:39.21	8:54	92	00:29:32.42	9:30	100		
	Lap 5 to 8	00:29:39.63	9:32	94										
	Lap 9 & 10													
67	88/186	3/7	408	Arpan Dangelo	Male	62	Jamaica	NY	5	00:28:10.51	02:20	:52.55		
	Lap 1 to 4	00:27:04.35	8:42	82 00:27:37.64	8:53	99	00:27:01.42	8:41	85	00:29:26.27	9:28	99		
	Lap 5 to 8	00:29:42.86	9:33	95										
	Lap 9 & 10													
68	90/186	11/14	405	Erick Mallia	Male	38	Lynbrook	NY	5	00:28:21.38	02:21	:46.93		
	Lap 1 to 4	00:30:08.88	9:42	124 00:26:40.47	8:35	85	00:26:53.80	8:39	83	00:25:52.57	8:19	68		
	Lap 5 to 8	00:32:11.20	10:21	126										
	Lap 9 & 10													
69	91/186	13/17	219	Gil Cardillo	Male	-	Riverhead	NY	5	00:28:22.71	02:21	:53.55		
	Lap 1 to 4	00:29:10.54		104 00:29:50.20	9:36	123	00:28:36.18	9:12	100	00:27:24.52	8:49	86		
	Lap 5 to 8	00:26:52.10	8:38	77										
70	Lap 9 & 10	0/40					Dividuale	NIX	~	00.00.05 74				
70	93/186	9/13	277	David Grosskurth	Male		Dix Hills	NY	5	00:28:35.71		:58.56		
	Lap 1 to 4	00:28:46.29	9:15	102 00:29:03.67	9:21	113	00:28:48.49	9:16	103	00:28:16.49	9:06	87		
	Lap 5 to 8 Lap 9 & 10	00:28:03.61	9:01	86										
71	94/186	2/5	343	Stove Dessi	Mala	24	Hauppauge	NY	5	00:28:42.66	02.22	33.30		
11	Lap 1 to 4	2/5 00:27:19.28	343 8:47	Steve Rossi 84 00:27:07.92	Male									
	Lap 1 to 4	00:27:19.28		84 00:27:07.92 124	8:43	92	00:27:46.91	8:56	93	00:29:11.37	9:23	94		
	Lap 9 & 10	00.02.01.02	10.20	167										
72	95/186	14/17	275	Daniel Goldstein	Male	52	Huntington Static	or NY	5	00:28:47.84	02:23:59.20			
_	Lap 1 to 4	00:27:48.81	8:57	95 00:29:10.49	9:23	114	-	9:19	107	00:29:21.56	9:26	97 97		
	Lap 5 to 8	00:28:40.48	9:13	91 00.29.10.49	0.20	+	00.20.07.00	5.13	107	00.20.21.00	0.20	51		
	Lap 9 & 10	50.20.10.10	0.10											

Lap legend: (time, pace & place)

				Overall	incou	13	- Male		March 1, 2015					
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Tin	ne		
73	96/186	1/2	265	Stephen Fischer	Male	18	Huntington	NY	5	00:28:48.01	02:24:	:00.10		
	Lap 1 to 4	00:25:06.70	8:04	56 00:26:36.61	8:33	84	00:27:07.22	8:43	86	00:30:44.75	9:53	118		
	Lap 5 to 8	00:34:24.81	11:04	138										
	Lap 9 & 10													
74	98/186	19/22	339	Jeffrey Reynolds	Male	48	Hauppauge	NY	5	00:28:57.19	02:24:	45.97		
	Lap 1 to 4	00:27:47.98	8:56	94 00:28:30.42	9:10	106	00:28:53.40	9:17	105	00:29:16.03	9:25	96		
	Lap 5 to 8	00:30:18.12	9:45	103										
	Lap 9 & 10								_					
75	99/186	15/17	377	Harry Weinblatt	Male	-	Merrick	NY	5	00:29:06.88	02:25:			
	Lap 1 to 4	00:29:31.47	9:30	111 00:28:58.13	9:19	111	00:29:05.01	9:21	110	00:29:06.19	9:22	93		
	Lap 5 to 8	00:28:53.58	9:17	92										
	Lap 9 & 10								_					
76	100/186	4/7	274	Jonathan Golden	Male	61	Glen Head	NY	5	00:29:13.22	02:26:	:06.13		
	Lap 1 to 4	00:26:29.26	8:31	76 00:27:46.97	8:56	101	00:27:30.42	8:51	88	00:29:53.90	9:37	106		
	Lap 5 to 8	00:34:25.56	11:04	139										
	Lap 9 & 10								_					
77	101/186	2/3	384	Foo Yuen Wong	Male	-	Mill Neck	NY	5	00:29:13.46	02:26:			
	Lap 1 to 4	00:27:41.49	8:54	91 00:28:31.45	9:10	108	00:28:31.47	9:10	98	00:29:48.91	9:35	103		
	Lap 5 to 8	00:31:34.00	10:09	122										
	Lap 9 & 10						<b>-</b>		_					
78	106/186	3/3	306	Norman Lison	Male		Bayside	NY	5	00:29:44.33	02:28:			
	Lap 1 to 4	00:29:50.40	9:36	116 00:29:23.70	9:27	116	00:29:33.53	9:30	115	00:29:42.87	9:33	101		
	Lap 5 to 8	00:30:11.15	9:42	100										
-	Lap 9 & 10								-	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~				
79	107/186	12/13	229	Thomas Coll	Male		Massapequa Pa		5	00:29:49.76	02:29:			
	Lap 1 to 4	00:30:03.79	9:40	121 00:29:56.54	9:38	127	00:30:04.96	9:40	122	00:30:26.40	9:47	110		
	Lap 5 to 8	00:28:37.11	9:12	89										
	Lap 9 & 10								-					
80	109/186	16/17	278	Thomas Guarino	Male		N. Bellmore	NY	5	00:29:53.34	02:29:			
	Lap 1 to 4	00:30:17.66	9:45	130 00:28:21.10	9:07	103	00:30:11.90	9:43	127	00:30:29.27	9:48	111		
	Lap 5 to 8	00:30:06.77	9:41	98										
~ 1	Lap 9 & 10								-	~~~~~~~				
81	113/186	5/7	255	Gerry Dunbar	Male	-	Floral Park	NY	5	00:30:07.05	02:30:			
	Lap 1 to 4	00:29:53.24	9:37	117 00:26:59.86	8:41	89	00:30:09.57	9:42	125	00:29:52.82	9:37	105		
	Lap 5 to 8	00:33:39.77	10:50	135										
00	Lap 9 & 10	0/5				~ ~ ~	Overtee Devi	NIX	~	00:00:44.75		10 70		
82	116/186	3/5	236	Nicholas Cuddy	Male		Oyster Bay	NY	5	00:30:14.75	02:31:			
	Lap 1 to 4	00:30:20.91	9:46	131 00:29:20.92	9:26	115	00:29:33.60	9:30	116	00:30:40.06	9:52	117		
	Lap 5 to 8	00:31:18.25	10:04	118										
00	Lap 9 & 10	0/5	0.07	0		05	<b>Formation and allo</b>	NIX	~	00.00.05 74	00.00	00 5-		
83	119/186	3/5	307	Greg Littell	Male		Farmingdale	NY	5	00:30:25.71	02:32:			
	Lap 1 to 4	00:28:31.70	9:10	101 00:28:22.64	9:08	104	00:29:34.54	9:31	117	00:31:41.60	10:12	133		
	Lap 5 to 8	00:33:58.07	10:55	137										
01	Lap 9 & 10	40/40	000	Quarkan Cini			Now Hudo Darla	NIV	F	00.20.26.00	00.00	44.0-		
84	121/186	10/13	390	Stephen Cipot	Male		New Hyde Park	NY	5	00:30:26.99	02:32:			
	Lap 1 to 4	00:27:01.24		81 00:27:37.11	8:53	98	00:28:45.74	9:15	101	00:35:32.86	11:26	152		
	Lap 5 to 8	00:33:18.00	10:43	131										
	Lap 9 & 10													

Lap legend: (time, pace & place)

		D:		Overall F	<b>เธ</b> อนเ	13	- Male			March	.,
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
85	125/186	4/5	288	John Inglese	Male	31	Farmingville	NY	5	00:30:56.78	02:34:43.9
	Lap 1 to 4	00:30:05.22	9:41	123 00:29:25.61	9:28	117	00:31:11.60	10:02	136	00:32:50.82	10:34 139
	Lap 5 to 8	00:31:10.68	10:02	115							
	Lap 9 & 10										
86	127/186	5/5	404	Vess Mizl	Male	31	Port Jefferson	NY	5	00:31:10.10	02:35:50.5
	Lap 1 to 4	00:25:34.54	8:13	64 00:26:44.96	8:36	87	00:29:44.64	9:34	118	00:34:37.68	11:08 14
	Lap 5 to 8	00:39:08.69	12:35	152							
	Lap 9 & 10								_		
87	133/186	4/5	287	Dermot Hoyne	Male	28	Bellmore	NY	5	00:31:38.30	02:38:11.5
	Lap 1 to 4	00:30:40.46	9:52	135 00:31:31.15	10:08	150	00:32:08.31	10:20	139	00:31:40.27	10:11 13
	Lap 5 to 8	00:32:11.30	10:21	127							
	Lap 9 & 10										
88	135/186	20/22	344	Samuel Rudman	Male	47	Melville	NY	5	00:31:52.36	02:39:21.8
	Lap 1 to 4	00:30:37.54	9:51	133 00:31:24.83	10:06	145	00:31:28.28	10:07	137	00:32:29.33	10:27 13
	Lap 5 to 8	00:33:21.84	10:44	132							
	Lap 9 & 10										
89	143/186	21/22	403	Matthew Conroy	Male	45	Melville	NY	5	00:32:43.49	02:43:37.4
	Lap 1 to 4	00:28:22.56	9:07	99 00:29:44.69	9:34	120	00:34:41.21	11:09	157	00:36:13.30	11:39 15
	Lap 5 to 8	00:34:35.68	11:08	142							
	Lap 9 & 10										
90	145/186	6/7	246	Drew Demasters	Male	60	Elmhurst	NY	5	00:33:18.22	02:46:31.1
	Lap 1 to 4	00:29:18.86	9:26	108 00:30:31.31	9:49	134	00:32:08.20	10:20	138	00:35:12.14	11:19 149
	Lap 5 to 8	00:39:20.58	12:39	155							
	Lap 9 & 10										
91	146/186	17/17	223	Tony Chung	Male	51	Port Washingtor	n NY	5	00:33:28.72	02:47:23.6
	Lap 1 to 4	00:29:32.28	9:30	112 00:29:52.45	9:36	124	00:33:33.70	10:48	149	00:37:12.33	11:58 162
	Lap 5 to 8	00:37:12.84	11:58	150							
	Lap 9 & 10										
92	155/186	11/13	325	Ray Nieves	Male	57	Westbury	NY	5	00:35:54.17	02:59:30.8
	Lap 1 to 4	00:29:45.97	9:34	115 00:31:09.32	10:01	141	00:35:46.87	11:30	162	00:40:20.27	12:58 16
	Lap 5 to 8	00:42:28.45	13:40	165							
	Lap 9 & 10										
93	158/186	12/14	301	Keith Lefkof	Male	38	Jamaica Estates	s NY	5	00:36:24.86	03:02:04.3
	Lap 1 to 4	00:31:58.52	10:17	151 00:34:02.85	10:57	163	00:35:21.88	11:22	160	00:38:33.54	12:24 16
	Lap 5 to 8	00:42:07.53	13:33	164							
	Lap 9 & 10										
94	159/186	13/14	368	Jason Vittore	Male	39	Levitown	NY	5	00:37:00.71	03:05:03.5
	Lap 1 to 4	00:37:59.81	12:13	175 00:33:43.77	10:51	162	00:34:13.09	11:00	154	00:37:29.94	12:04 164
	Lap 5 to 8	00:41:36.94	13:23	161							
	Lap 9 & 10										
95	166/186	22/22	374	Andrew Warsaw	Male	47	Coram	NY	5	00:39:11.92	03:15:59.6
	Lap 1 to 4	00:33:33.75		162 00:34:13.13	11:00	164	00:35:53.49	11:33	165	00:37:21.79	12:01 16
	Lap 5 to 8	00:54:57.48	17:41	173							
	Lap 9 & 10										
96	167/186	1/6	407	Peter Farmer	Male	71	New Hyde Park	NY	5	00:39:25.94	03:17:09.7
	Lap 1 to 4	00:43:58.57	14:09	180 00:37:48.09	12:09	174	00:36:23.70	11:42	167	00:39:15.46	12:38 16
	Lap 5 to 8	00:39:43.90	12:47	156							
	Lap 9 & 10										

Lap legend: (time, pace & place)

				Overall F	kesu			March 1, 2015			
Place	overall Pic/Total	Div Plc/Total	No.	Name	Gender	Age	City	St.	Laps	Ave Lap Time	Time
97	168/186	12/13	245	Vincent Del-Cid	Male	58	New Hyde Park	NY	5	00:39:46.97	03:18:54.8
	Lap 1 to 4	00:37:38.29	12:06	174 00:32:26.90	10:26	157	00:41:20.72	13:18	175	00:51:42.67	16:38 180
	Lap 5 to 8	00:35:46.25	11:30	146							
	Lap 9 & 10										
98	169/186	2/6	346	Tim Ryan	Male	71	New York	NY	5	00:42:15.79	03:31:18.9
	Lap 1 to 4	00:39:22.81	12:40	176 00:43:51.29	14:06	178	00:39:27.36	12:41	174	00:43:05.14	13:52 174
	Lap 5 to 8	00:45:32.36	14:39	168							
	Lap 9 & 10										
99	171/186	7/7	302	Lanny Levit	Male	64	Brooklyn	NY	5	00:46:22.79	03:51:53.9
	Lap 1 to 4	00:42:53.45	13:48	178 00:44:12.22	14:13	179	00:47:07.86	15:10	178	00:48:55.82	15:44 177
	Lap 5 to 8	00:48:44.63	15:41	170							
	Lap 9 & 10										
100	173/186	3/6	258	Bob Falk	Male	71	New York	NY	5	00:49:54.45	04:09:32.2
	Lap 1 to 4	00:50:58.59	16:24	182 00:49:53.87	16:03	181	00:49:37.12	15:58	180	00:50:52.36	16:22 179
	Lap 5 to 8	00:48:10.35	15:30	169							
	Lap 9 & 10										
101	174/186	4/6	242	Paul Davis	Male	70	Westport	СТ	5	00:54:36.23	04:33:01.1
	Lap 1 to 4	00:49:58.29	16:05	181 00:52:40.86	16:57	183	00:55:28.43	17:51	181	00:55:45.10	17:56 181
	Lap 5 to 8	00:59:08.49	19:02	174							
	Lap 9 & 10										
102	175/186	1/1	391	Howard Kestenbaum	Male	83	Plainview	NY	5	00:57:23.13	04:46:55.6
	Lap 1 to 4	00:53:23.75	17:11	183 00:56:32.50	18:11	184	00:55:57.47	18:00	182	00:58:06.62	18:42 182
	Lap 5 to 8	01:02:55.28	20:15	175							
	Lap 9 & 10										
103	176/186	5/6	360	Greg Taha	Male	70	Northport	NY	5	01:05:05.55	05:25:27.7
	Lap 1 to 4	01:00:19.22	19:24	185 01:01:21.37	19:44	185	01:04:09.55	20:38	183	01:06:26.15	21:22 183
	Lap 5 to 8	01:13:11.44	23:33	177							
	Lap 9 & 10										
104	177/186	6/6	205	Barry Aronowsky	Male	74	Greenlawn	NY	5	01:05:05.79	05:25:28.9
	Lap 1 to 4	00:58:35.30	18:51	184 01:02:08.01	19:59	186	01:05:07.33	20:57	184	01:06:30.33	21:24 184
	Lap 5 to 8	01:13:07.97	23:32	176							
	Lap 9 & 10										
105	179/186	2/2	317	Thomas Mihailin	Male	19	East Northport	NY	4	00:28:31.21	01:54:04.8
	Lap 1 to 4	00:24:05.27	7:45	41 00:26:21.29	8:28	81	00:28:34.55	9:11	99	00:35:03.73	11:17 146
	Lap 5 to 8										
	Lap 9 & 10										
106	180/186	13/13	279	Brian Gunderson	Male	55	Medford	NY	4	00:29:52.83	01:59:31.3
	Lap 1 to 4	00:27:38.24	8:53	89 00:32:56.87	10:36	158	00:27:29.59	8:50	87	00:31:26.62	10:07 127
	Lap 5 to 8										
	Lap 9 & 10										
107	181/186	5/5	214	Jonathan Brunot	Male	25	Wappingers Fall	s NY	4	00:31:29.69	02:05:58.7
	Lap 1 to 4	00:30:40.66	9:52	136 00:31:29.63	10:08	149	00:32:10.00	10:21	142	00:31:38.46	10:11 131
	Lap 5 to 8										
	Lap 9 & 10										
108	182/186	13/13	203	Francesco Adamo	Male	42	Port Washingtor	n NY	4	00:32:12.24	02:08:48.9
	Lap 1 to 4	00:29:12.98	9:24	106 00:29:32.88	9:30	118	00:32:53.01	10:35	148	00:37:10.10	11:57 161
	Lap 5 to 8										
	Lap 9 & 10										

Lap legend: (time, pace & place)

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### **Overall Results - Male**

Place	overall Pic/Total	Div Plc/Total	No.	Name		Gender	Age	City	St.	Laps	Ave Lap Time	Tii	me
109	184/186	1/2	222	Joseph	n Choinski	Male	20	East Northport	NY	4	00:37:57.69	02:31:50.76	
	Lap 1 to 4	00:27:54.49	8:58	98	00:42:11.64	13:34	177	00:41:21.01	13:18	176	00:40:23.62	13:00	170
	Lap 5 to 8												
	Lap 9 & 10												
110	185/186	14/14	272	Brando	on Garrett	Male	38	Huntington	NY	2	00:23:58.16	00:47:56.33	
	Lap 1 to 4	00:24:47.53	7:58	51	00:23:08.80	7:26	38						
	Lap 5 to 8												
	Lap 9 & 10												
111	186/186	2/2	352	Jamie	Schneider	Male	24	Great Neck	NY	2	02:09:54.61	04:19	:49.22
	Lap 1 to 4	03:29:13.00	7:20	186	00:50:36.22	16:17	182						
	Lap 5 to 8												
	Lap 9 & 10												