

HEART OF AMERICA TRIATHLON SERIES  
CHAMPIONSHIP RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time	Ad-Time
1	Kim Sprenger	53	Iowa City	IA	1:25:22	1:12:35
2	Brita Loynachan	51	Marion	IA	1:29:43	1:18:14
3	Ann Vestle	61	Cedar Rapids	IA	1:47:41	1:22:10
4	Tami Fiala	51	Fairfax	IA	1:40:02	1:27:14
5	Jill Snitko	37	Marion	IA	1:38:42	1:37:02

MALE OVERALL

Place	Name	Age	City	St	Time	Ad-Time
1	Guy Olson	58	Cedar Rapids	IA	1:19:58	1:05:52
2	Dave Steines	48	Mount Vernon	IA	1:17:29	1:09:39
3	Adam Kassem	26	Cedar Rapids	IA	1:14:05	1:14:05
4	Fred Hemsath	72	St Joseph	MI	1:45:17	1:15:26
5	Craig Goldsmith	33	Marion	IA	1:17:00	1:16:51
6	Ted Olson	55	Hiawatha	IA	1:31:03	1:17:03
7	Mathieu Cagnard	44	Cedar Rapids	IA	1:27:30	1:21:16
8	Matthew White	37	Cedar Rapids	IA	1:28:01	1:26:20