

Iowa's Best Dam Triathlon

September 13, 2015

Overall Division Results

Olympic Individual

Female Collegiate

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	21/85	1/27	51	Melanie Rabino	21	F	Woodbury	MI	00:10:26.18	01:10:43.94	00:46:40.28		02:09:34.12

Male Collegiate

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	1/85	1/58	33	Jonathan Echevers	24	M	Chicago	IL	00:08:33.48	01:03:19.97	00:37:06.72		01:50:22.64

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	51/85	8/27	181	Deanna Shepherd	43	F	Bettendorf	IA	00:12:15.54	01:17:20.26	00:54:29.23		02:27:23.53

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	9/85	9/58	101	Adam Campbell	29	M	Cedar Falls	IA	00:09:53.95	01:05:20.93	00:43:10.90		02:00:04.94

Female Athena

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	81/85	23/27	164	Jean Matzen	28	F	Waterloo	IA	00:15:22.45	01:30:06.34	01:13:55.52		03:03:22.01

Male Clydesdale

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	58/85	47/58	119	Daniel Delleman	50	M	La Grange	IL	00:12:30.82	01:20:31.02	00:57:53.06		02:35:03.93
2	73/85	54/58	122	Todd Brown	56	M	Cedar Rapids	IA	00:14:22.96	01:19:52.68	01:09:52.48		02:47:38.33
3	80/85	58/58	120	John Hondred	23	M	Des Moines	IA	00:12:52.36	01:42:55.29	01:01:41.89		02:59:28.31

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Female F Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	78/85	22/27	158	Brinn Delleman	22	F	La Grange	IL	00:12:27.86	01:34:27.84	01:02:07.47		02:52:50.33

Female F Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	84/85	26/27	151	Erin Gavin	26	F	Blue Grass	IA	00:15:42.95	01:35:22.28	01:18:57.27		03:13:42.03

Male M Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	19/85	19/58	104	Eric Boucher	28	M	Coralville	IA	00:10:46.62	01:10:11.09	00:43:30.57		02:06:30.54
2	20/85	20/58	106	Lucas Borg	25	M	Ames	IA	00:09:39.47	01:11:17.52	00:44:42.17		02:07:56.69
3	52/85	44/58	109	Joel Carlson	26	M	Marion	IA	00:11:01.47	01:27:02.63	00:47:38.93		02:27:39.91

Female F Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	65/85	14/27	157	Elizabeth Dobesh	33	F	North Liberty	IA	00:11:27.01	01:33:38.75	00:51:57.46		02:39:29.02
2	83/85	25/27	155	Michelle Deutmeyer	33	F	Cedar Rapids	IA	00:14:46.91	01:34:47.60	01:14:41.17		03:09:23.16

Male M Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	16/85	16/58	116	Brian Hohensee	30	M	Moline	IL	00:09:49.88	01:08:57.94	00:44:04.29		02:04:55.00
2	26/85	25/58	123	Patrick Severson	33	M	Cedar Rapids	IA	00:11:35.18	01:11:55.76	00:47:44.42		02:13:31.24
3	62/85	49/58	251	Michael Freedberg	31	M	Iowa City	IA	00:11:26.00	01:27:28.80	00:55:08.67		02:36:59.67

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Female F Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	56/85	10/27	154	Krista Holub	35	F	Muscatine	IA	00:12:10.42	01:23:18.70	00:53:51.44		02:32:56.15
2	71/85	18/27	159	Sara Halbur	35	F	Glidden	IA	00:13:27.48	01:24:03.34	01:03:21.19		02:44:25.31
3	76/85	20/27	179	Dorota Staniewska	38	F	North Liberty	IA	00:13:58.57	01:27:31.24	01:08:45.16		02:52:16.02

Male M Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	23/85	22/58	110	Matt Hayman	36	M	Davenport	IA	00:10:34.57	01:10:35.51	00:47:10.69		02:10:30.68
2	27/85	26/58	112	Tim Kresowik	36	M	Davenport	IA	00:10:08.71	01:13:20.31	00:48:01.23		02:13:44.92
3	37/85	32/58	115	Matthew White	37	M	Cedar Rapids	IA	00:11:49.74	01:15:13.08	00:49:18.08		02:19:07.79

Female F Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	53/85	9/27	160	Melissa Young	40	F	Coralville	IA	00:11:30.23	01:20:50.17	00:52:55.28		02:28:15.23
2	69/85	16/27	126	Lisa Kuhn	40	F	Muscatine	IA	00:14:04.03	01:25:09.49	01:00:14.51		02:43:44.18
3	72/85	19/27	156	Angie Smith	42	F	Iowa City	IA	00:13:47.37	01:26:20.31	01:02:56.41		02:45:39.31

Male M Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	12/85	12/58	108	Keith Luegering	41	M	North Liberty	IA	00:10:40.26	01:05:14.94	00:45:14.91		02:03:15.40
2	66/85	52/58	114	John Cox	40	M	Lake Zurich	IL	00:11:05.53	01:29:50.51	00:56:20.11		02:39:45.01

Female F Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	61/85	13/27	162	Christine Buitter	47	F	Willowbrook	IL	00:12:03.94	01:27:14.37	00:53:47.93		02:36:12.73

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Olympic Individual

Male M Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	13/85	13/58	117	Mike Cherry	48	M	Waverly	IA	00:10:34.29	01:07:41.73	00:43:45.59		02:03:39.43
2	22/85	21/58	102	Lee Juehring	46	M	Muscatine	IA	00:10:34.77	01:11:23.37	00:45:53.09		02:10:28.36
3	32/85	29/58	127	Andrew Thompson	47	M	Moline	IL	00:09:59.69	01:15:57.58	00:48:49.93		02:16:57.95

Female F Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	70/85	17/27	180	Mary Drake	52	F	Cedar Rapids	IA	00:13:58.57	01:27:31.24	01:00:37.35		02:44:08.21

Male M Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	47/85	40/58	125	Bob Klein	54	M	Dewitt	IA	00:11:48.02	01:17:41.95	00:52:08.30		02:24:31.17

Female F Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	77/85	21/27	150	Joan Hackbarth	57	F	Marion	IA	00:13:28.35	01:33:59.50	00:59:24.09		02:52:27.99

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Overall Division Results

Olympic Team

Olympic Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Run	Bike	Run	Penalty	Time
1	1/5	178	Team Mn	Woodbury	MN	00:10:00.74	01:03:56.81	00:41:59.22		01:57:33.86
2	2/5	174	Team Abr	Eldridge	IA	00:12:35.49	01:10:11.82	00:39:47.40		02:03:46.33
3	3/5	171	Fit N Fifty	Des Moines	IA	00:09:58.27	01:10:06.55	00:44:12.20		02:05:47.83