

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	72/373	24/221	160	Alana Corwin	12	F	Dike	IA	8:49	00:27:03.88	00:27:25.21
2	193/373	88/221	175	Lainey Demuth	9	F	Cedar Falls	IA	11:24	00:35:03.09	00:35:26.86
3	198/373	90/221	395	Sophia Sell	10	F	Cedar Falls	IA	11:46	00:36:32.98	00:36:35.24
4	200/373	92/221	311	Adelyn Mckenna	10	F	Raymond	IA	11:54	00:36:11.82	00:36:58.57
5	203/373	95/221	499	Jade Bushman	9	F	Cedar Rapids	IA	11:57	00:36:44.38	00:37:10.03
6	208/373	97/221	312	Mehla Mckenna	8	F	Raymond	IA	12:02	00:36:42.51	00:37:25.58
7	223/373	111/221	391	Diana Sell	8	F	Cedar Falls	IA	12:50	00:39:50.54	00:39:52.60
8	249/373	131/221	487	Jenna Funk	9	F	Waterloo	IA	13:58	00:42:39.96	00:43:23.83
9	250/373	132/221	486	Addison Risetter	8	F	Waterloo	IA	13:58	00:42:40.49	00:43:24.36
10	251/373	133/221	430	Bella Van Fleet	6	F	Waterloo	IA	13:58	00:42:42.88	00:43:26.75
11	302/373	165/221	434	Emma Vanpatten	10	F	Cedar Falls	IA	16:55	00:51:53.09	00:52:36.34

### Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	23/373	21/152	235	Cadin Herrmann	11	M	Elk Run Heights	IA	7:26	00:23:06.54	00:23:08.20
2	71/373	48/152	518	Taylor Kyale	11	M	Cedar Falls	IA	8:45	00:27:11.76	00:27:13.82
3	84/373	53/152	243	Ian Hurley	9	M	Johnston	IA	8:56	00:27:44.85	00:27:47.53
4	114/373	72/152	139	Mason Burr	10	M	Waterloo	IA	9:32	00:29:24.60	00:29:39.56
5	115/373	73/152	474	Andrew Kline	9	M	Waterloo	IA	9:33	00:29:31.76	00:29:40.56
6	122/373	77/152	470	Caleb Moe	11	M	Waterloo	IA	9:47	00:30:17.21	00:30:26.30
7	137/373	86/152	432	Mac Van Fleet	10	M	Waterloo	IA	10:02	00:30:28.80	00:31:13.14
8	145/373	90/152	393	Maxwell Sell	6	M	Cedar Falls	IA	10:11	00:31:37.51	00:31:40.79
9	152/373	94/152	302	Hardy Mahoney	12	M	Walker	IA	10:21	00:31:50.68	00:32:11.82
10	162/373	96/152	301	Devan Mahoney	9	M	Walker	IA	10:33	00:32:27.43	00:32:48.57
11	206/373	110/152	244	Keagan Jarchow	12	M	Lisbon	IA	11:59	00:37:10.87	00:37:16.82
12	230/373	114/152	129	Torin Brown	10	M	Cedar Falls	IA	13:03	00:40:08.76	00:40:34.01
13	253/373	120/152	485	Brady Risetter	10	M	Waterloo	IA	14:02	00:42:53.38	00:43:38.08
14	255/373	121/152	428	Patrick Underwood	9	M	Waterloo	IA	14:17	00:44:05.05	00:44:25.08
15	265/373	124/152	465	Turner Abels	11	M	Evansdale	IA	14:59	00:45:49.04	00:46:34.58

### Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	15/373	1/221	439	Kaitlyn Walker	17	F	Des Moines	IA	7:01	00:21:47.81	00:21:50.71
2	21/373	2/221	479	Paige Kvale	15	F	Cedar Falls	IA	7:17	00:22:36.02	00:22:39.30
3	138/373	52/221	132	Rachel Bruns	19	F	Huxley	IA	10:04	00:31:02.03	00:31:18.02
4	148/373	57/221	369	Alayna Ritter	13	F	Waterloo	IA	10:16	00:31:34.77	00:31:55.32
5	159/373	64/221	490	Maddy Skrovan	13	F	Tempe	AZ	10:31	00:31:54.24	00:32:42.03
6	195/373	89/221	196	Martha Easton	17	F	Cedar Falls	IA	11:27	00:34:56.54	00:35:35.56
7	211/373	100/221	437	Katie Vering	15	F	Waverly	IA	12:08	00:36:52.58	00:37:42.82
8	220/373	108/221	435	Grace Vanpatten	17	F	Cedar Falls	IA	12:36	00:38:28.77	00:39:09.97
9	263/373	140/221	379	Alexis Samuelson	17	F	Waterloo	IA	14:56	00:45:37.18	00:46:26.96
10	283/373	152/221	155	Mackenzie Cole	18	F	Iowa City	IA	16:00	00:48:47.06	00:49:45.09

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### Male Ages 13 - 19

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	1/373	1/152	371	James Ritter	17	M	Waterloo	IA	5:50	00:18:06.20	00:18:07.86
2	2/373	2/152	410	Clayton Streed	15	M	Waterloo	IA	5:54	00:18:20.48	00:18:22.14
3	3/373	3/152	381	Cody Samuelson	15	M	Waterloo	IA	5:58	00:18:31.17	00:18:33.02
4	10/373	10/152	477	Sam Obrien	15	M	Waterloo	IA	6:44	00:20:53.28	00:20:55.30
5	14/373	14/152	193	Grant Durbahn	17	M	Waterloo	IA	6:59	00:21:41.16	00:21:43.18
6	18/373	17/152	292	Matthew Lubben	17	M	Hudson	IA	7:14	00:22:18.18	00:22:31.30
7	28/373	25/152	383	Nick Samuelson	14	M	Waterloo	IA	7:36	00:23:25.03	00:23:36.81
8	38/373	30/152	433	Andrew Vanpatten	14	M	Cedar Falls	IA	8:05	00:24:58.26	00:25:09.03
9	67/373	47/152	271	Christian Kremer	13	M	Independence	IA	8:39	00:26:40.69	00:26:53.81
10	76/373	50/152	482	Tyler Stiers	18	M	Cedar Falls	IA	8:51	00:27:12.25	00:27:30.30
11	91/373	58/152	179	Jacob Devries	14	M	Denver	IA	9:03	00:28:01.57	00:28:09.12
12	96/373	60/152	475	Tyler Nichols	14	M	Romeoville	IL	9:12	00:28:28.77	00:28:35.56
13	102/373	64/152	498	Joey Bushman	15	M	Cedar Rapids	IA	9:19	00:28:32.34	00:28:58.61
14	126/373	79/152	505	Ryan Guger	18	M	Ossian	IA	9:53	00:30:40.54	00:30:44.25
15	127/373	80/152	469	Zack Thune	18	M	Waterloo	IA	9:54	00:30:35.29	00:30:47.06
16	196/373	107/152	506	Beau Henry	13	M	West Union	IA	11:33	00:35:55.67	00:35:55.67
17	205/373	109/152	290	Lucas Lubben	14	M	Hudson	IA	11:58	00:36:58.29	00:37:11.57

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## Overall Division Results

5K

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	30/373	5/221	496	Alix Schmidt	29	F	Cedar Falls	IA	7:48	00:24:09.66	00:24:14.80
2	33/373	7/221	495	Jamie Decker	27	F	Cedar Falls	IA	7:53	00:24:18.32	00:24:30.66
3	48/373	12/221	286	Alissa Llewellyn	26	F	Cedar Falls	IA	8:11	00:25:19.50	00:25:27.53
4	49/373	13/221	219	Colleen Gannon	26	F	Cedar Falls	IA	8:14	00:25:22.04	00:25:35.81
5	58/373	16/221	126	Rachel Breuer	25	F	Marshalltown	IA	8:27	00:26:12.53	00:26:17.06
6	68/373	21/221	227	Linsey Gravlin	28	F	Ames	IA	8:41	00:26:40.75	00:26:58.83
7	70/373	23/221	164	Kristin Coulson	28	F	Cedar Falls	IA	8:44	00:27:05.07	00:27:10.21
8	83/373	31/221	348	Katelyn Pedersen	25	F	Cedar Falls	IA	8:55	00:27:33.52	00:27:44.56
9	94/373	35/221	169	Meaghan Daley	23	F	New Hartford	IA	9:06	00:28:05.85	00:28:18.62
10	95/373	36/221	209	Jamie Frederick	27	F	Davenport	IA	9:07	00:27:57.53	00:28:20.05
11	124/373	47/221	422	Alexis Thorne	27	F	Evansdale	IA	9:50	00:30:07.87	00:30:35.15
12	132/373	49/221	440	Michelle Walsh	25	F	Bridgeview	IL	9:58	00:30:40.47	00:30:58.54
13	139/373	53/221	131	Kayla Bruns	21	F	Cedar Falls	IA	10:04	00:31:01.12	00:31:18.22
14	146/373	56/221	234	Lindsey Hayes	24	F	Waterloo	IA	10:12	00:31:16.35	00:31:44.25
15	151/373	58/221	201	Stacey Falck	29	F	Dunkerton	IA	10:18	00:30:48.57	00:32:02.54
16	166/373	68/221	368	Valyn Reinig	23	F	Cedar Falls	IA	10:38	00:32:48.27	00:33:05.07
17	167/373	69/221	384	Alyx Sandbothe	24	F	Cedar Falls	IA	10:39	00:32:51.05	00:33:07.07
18	173/373	73/221	350	Nicole Philbrick	27	F	Iowa City	IA	10:50	00:33:03.28	00:33:40.05
19	176/373	76/221	332	Krista Murphy	26	F	Waterloo	IA	10:57	00:33:56.05	00:34:02.57
20	181/373	79/221	461	Tiffany Garvin	24	F	Waterloo	IA	11:01	00:33:45.40	00:34:15.57
21	182/373	80/221	419	Marissa Thompson	29	F	Waterloo	IA	11:02	00:34:17.82	00:34:17.82
22	183/373	81/221	360	Jordan Rasmussen	28	F	Waterloo	IA	11:03	00:33:42.98	00:34:20.29
23	187/373	84/221	273	Jenny Kuennen	21	F	Waverly	IA	11:03	00:33:46.23	00:34:22.73
24	199/373	91/221	346	Samantha Pacha	28	F	Davenport	IA	11:49	00:36:22.83	00:36:45.18
25	215/373	104/221	189	Mallory Dudley	29	F	Marion	IA	12:18	00:37:38.30	00:38:13.58
26	216/373	105/221	342	Ashley Osland	29	F	Waterloo	IA	12:18	00:37:38.80	00:38:13.58
27	217/373	106/221	127	Jordan Brooks	26	F	Waterloo	IA	12:28	00:37:59.05	00:38:45.81
28	224/373	112/221	133	Jennifer Brustkern	29	F	Waterloo	IA	12:54	00:39:41.53	00:40:07.58
29	228/373	116/221	389	Bethany Schwan	22	F	Waterloo	IA	13:00	00:39:46.33	00:40:26.51
30	232/373	117/221	408	Mikki Stravers	29	F	West Des Moines	IA	13:04	00:40:01.89	00:40:37.58
31	243/373	127/221	471	Erin Daley	22	F	Minneapolis	MN	13:46	00:42:19.55	00:42:47.83
32	254/373	134/221	207	Megan Flaucher	27	F	Waterloo	IA	14:06	00:42:35.27	00:43:51.08
33	257/373	136/221	349	Amanda Perkins	26	F	Waterloo	IA	14:19	00:43:52.79	00:44:31.09
34	270/373	145/221	282	Tiffany Lee	25	F	Overland Park	KS	15:28	00:48:06.23	00:48:06.23
35	289/373	156/221	250	Katy Jensen	22	F	Waterloo	IA	16:13	00:49:23.48	00:50:25.84
36	296/373	163/221	399	Jenna Siems	29	F	Parkersburg	IA	16:35	00:50:26.56	00:51:33.59
37	304/373	167/221	468	Tasha Arhart	24	F	Waterloo	IA	16:58	00:51:43.94	00:52:43.07
38	306/373	169/221	173	Katie Degelau	29	F	Fort Dodge	IA	17:19	00:52:51.58	00:53:50.67
39	317/373	176/221	390	Meghan Selke	29	F	Waterloo	IA	17:40	00:53:40.42	00:54:56.19
40	318/373	177/221	108	Elizabeth Barnes	28	F	Cedar Falls	IA	17:41	00:53:42.59	00:54:57.80
41	327/373	183/221	238	Lauren Hix	25	F	Sioux City	IA	17:54	00:54:44.28	00:55:38.87
42	337/373	191/221	517	Britney Weber	29	F	Waterloo	IA	18:12	00:55:17.81	00:56:33.09
43	346/373	197/221	373	Christie Roberts	27	F	Waterloo	IA	18:27	00:56:03.84	00:57:22.04
44	360/373	210/221	148	Shannon Carroll	21	F	Rosemount	MN	19:32	01:00:01.39	01:00:42.91
45	362/373	211/221	147	Norah Carroll	26	F	Des Moines	IA	19:33	00:59:59.24	01:00:44.55

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### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	5/373	5/152	359	Joel Rasmussen	29	M	Cedar Falls	IA	6:08	00:19:01.96	00:19:05.05
2	6/373	6/152	438	Wyatt Vucic	24	M	Waterloo	IA	6:31	00:20:07.26	00:20:17.05
3	7/373	7/152	320	Evan Meyer	24	M	Cedar Falls	IA	6:38	00:20:35.54	00:20:37.20
4	8/373	8/152	361	Riley Rasmussen	20	M	West Des Moines	IA	6:41	00:20:35.66	00:20:46.94
5	12/373	12/152	362	Ryan Rasmussen	20	M	West Des Moines	IA	6:57	00:21:27.65	00:21:38.52
6	13/373	13/152	330	Tony Moore	28	M	Ankeny	IA	6:58	00:21:31.09	00:21:39.12
7	22/373	20/152	208	Nathan Ford	22	M	Cedar Rapids	IA	7:21	00:22:40.91	00:22:52.97
8	26/373	24/152	327	Aaron Moore	25	M	Waverly	IA	7:33	00:23:21.50	00:23:29.54
9	31/373	26/152	341	Kully Olson	26	M	Waterloo	IA	7:49	00:24:10.86	00:24:19.06
10	40/373	32/152	374	Tyson Roberts	29	M	Waterloo	IA	8:07	00:25:03.08	00:25:13.34
11	44/373	34/152	521	Kory Heineman	25	M	Urbana	IA	8:10	00:24:38.70	00:25:23.81
12	46/373	35/152	514	Nathaniel Welshons	21	M	Cedar Falls	IA	8:11	00:24:52.55	00:25:25.71
13	47/373	36/152	171	Chese Deese	24	M	Columbus Junction	IA	8:11	00:25:19.94	00:25:25.91
14	55/373	41/152	185	Josh Dougherty	25	M	Waterloo	IA	8:23	00:25:57.76	00:26:04.53
15	57/373	42/152	331	Charlie Murphy	26	M	Waterloo	IA	8:25	00:26:01.81	00:26:10.01
16	60/373	43/152	503	Jeremy Stenseth	23	M	Waterloo	IA	8:32	00:26:27.78	00:26:31.55
17	62/373	45/152	513	Paul Lichty	21	M	Cedar Falls	IA	8:33	00:25:57.66	00:26:34.56
18	66/373	46/152	188	Joel Dudley	29	M	Marion	IA	8:38	00:26:19.74	00:26:51.03
19	92/373	59/152	163	Josh Coulson	27	M	Cedar Falls	IA	9:04	00:28:02.94	00:28:12.72
20	100/373	63/152	111	Rob Bauer	23	M	Cedar Falls	IA	9:16	00:27:42.17	00:28:47.80
21	116/373	74/152	520	John Schmitz	25	M	Waterloo	IA	9:33	00:28:56.81	00:29:42.54
22	120/373	76/152	519	Joshua Dahlen	27	M	Waterloo	IA	9:44	00:30:14.62	00:30:14.62
23	128/373	81/152	142	Josue Carmona	28	M	Waterloo	IA	9:54	00:30:35.53	00:30:48.31
24	130/373	82/152	259	Mathew Kanour	23	M	Cedar Falls	IA	9:57	00:30:20.62	00:30:55.89
25	157/373	95/152	504	Ben Stenseth	26	M	Calmar	IA	10:29	00:32:30.19	00:32:35.12
26	229/373	113/152	418	J.r. Tamez	29	M	Waterloo	IA	13:01	00:39:46.53	00:40:26.71
27	271/373	126/152	267	Andrew Kral	28	M	Cedar Falls	IA	15:32	00:47:27.15	00:48:16.39
28	275/373	128/152	248	Cameron Jelinske	25	M	Overland Park	KS	15:41	00:48:43.82	00:48:43.82
29	280/373	130/152	318	Dennis Mcnamara	29	M	Cedar Falls	IA	15:57	00:48:44.05	00:49:33.83
30	288/373	133/152	251	Kyle Jensen	24	M	Waterloo	IA	16:13	00:49:23.48	00:50:25.50

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### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	32/373	6/221	378	Danielle Rohret	37	F	Waterloo	IA	7:50	00:24:14.75	00:24:20.72
2	36/373	8/221	453	Liz Wintr	37	F	Jesup	IA	7:55	00:24:32.31	00:24:36.33
3	43/373	10/221	415	Katy Susong	33	F	Waterloo	IA	8:10	00:25:10.95	00:25:23.25
4	45/373	11/221	102	Meredith Allen	32	F	Laurens	IA	8:10	00:25:10.71	00:25:25.29
5	54/373	14/221	402	Aliscia Smith	38	F	Alexandria	VA	8:23	00:25:50.38	00:26:04.12
6	56/373	15/221	263	Kelli Klein	38	F	Waterloo	IA	8:24	00:25:36.84	00:26:06.14
7	64/373	19/221	511	Jen Ferson	39	F	Denver	IA	8:35	00:26:36.75	00:26:42.31
8	69/373	22/221	427	Elizabeth Underwood	31	F	Waterloo	IA	8:43	00:27:00.58	00:27:05.31
9	75/373	26/221	445	Crystal Weber	33	F	Raymond	IA	8:51	00:27:24.33	00:27:30.29
10	81/373	29/221	231	Eryn Hageman	33	F	Waterloo	IA	8:53	00:27:32.67	00:27:38.00
11	82/373	30/221	114	Katie Beckman	34	F	Waterloo	IA	8:54	00:27:26.16	00:27:40.31
12	101/373	38/221	509	Sarah Craft	37	F	La Porte City	IA	9:17	00:28:25.09	00:28:52.81
13	111/373	41/221	376	Robyn Rodenburgh	39	F	Waterloo	IA	9:28	00:29:10.25	00:29:27.07
14	119/373	44/221	199	Elaine Eshbaugh	37	F	Cedar Falls	IA	9:40	00:29:33.10	00:30:04.27
15	121/373	45/221	288	Roberta Longworth	37	F	Waterloo	IA	9:47	00:29:48.10	00:30:25.81
16	123/373	46/221	233	Tricia Hansen	39	F	Hudson	IA	9:47	00:30:15.30	00:30:26.81
17	134/373	50/221	272	Leilana Kruchek	34	F	Cedar Falls	IA	10:01	00:30:55.87	00:31:09.82
18	135/373	51/221	245	Tara Jarchow	39	F	Lisbon	IA	10:02	00:31:04.95	00:31:10.50
19	141/373	54/221	322	Kala Miller	30	F	Waterloo	IA	10:07	00:31:09.33	00:31:28.21
20	144/373	55/221	338	Kelly O'donnell	31	F	Columbus Junction	IA	10:11	00:31:34.62	00:31:40.58
21	155/373	61/221	258	Erin Jordanger	34	F	Waterloo	IA	10:27	00:32:01.65	00:32:28.32
22	156/373	62/221	228	Beth Greene	35	F	Fairfax	IA	10:28	00:32:17.76	00:32:33.14
23	178/373	77/221	494	Shaunna Zettle	32	F	Waterloo	IA	11:01	00:33:44.68	00:34:13.98
24	185/373	82/221	183	Mindy Dolan	36	F	Jesup	IA	11:03	00:33:44.42	00:34:21.11
25	186/373	83/221	241	Amy Hunzelman	39	F	Waverly	IA	11:03	00:34:08.00	00:34:22.55
26	190/373	86/221	181	Maggie Dirks	30	F	Cedar Falls	IA	11:14	00:34:05.55	00:34:56.83
27	201/373	93/221	135	April Buenger	37	F	Norwalk	IA	11:54	00:36:27.23	00:37:00.03
28	210/373	99/221	122	Jessica Boose	33	F	Waterloo	IA	12:07	00:36:59.89	00:37:39.03
29	213/373	102/221	458	Jill Zbornik	35	F	Independence	IA	12:15	00:37:27.17	00:38:04.07
30	214/373	103/221	106	Carissa Bacich	37	F	West Des Moines	IA	12:16	00:37:38.24	00:38:06.77
31	225/373	113/221	455	Brooke Wooldrik	30	F	Waterloo	IA	12:54	00:39:41.78	00:40:07.83
32	238/373	123/221	313	Tessa Mckenna	34	F	Raymond	IA	13:16	00:40:27.54	00:41:14.08
33	247/373	130/221	152	Jenni Clark	32	F	Cedar Falls	IA	13:53	00:42:38.51	00:43:10.50
34	267/373	142/221	464	Stephanie Abels	39	F	Evansdale	IA	15:01	00:45:54.00	00:46:40.34
35	273/373	146/221	307	Amanda Martin	31	F	Vinton	IA	15:35	00:47:16.52	00:48:25.55
36	277/373	148/221	287	Katy Lockard	36	F	Cedar Falls	IA	15:41	00:47:37.71	00:48:44.33
37	293/373	160/221	425	Robin Treichel	32	F	Waterloo	IA	16:26	00:50:29.41	00:51:05.28
38	299/373	164/221	103	Amanda Archibald	30	F	Chicago	IL	16:47	00:51:16.42	00:52:08.97
39	305/373	168/221	285	Carrie Lindley	37	F	Waterloo	IA	16:58	00:51:45.32	00:52:43.10
40	309/373	170/221	354	Kristi Pruckler	35	F	Cedar Falls	IA	17:31	00:53:17.92	00:54:26.17
41	314/373	173/221	140	Holly Caquelin	33	F	Waterloo	IA	17:35	00:53:37.80	00:54:38.09
42	316/373	175/221	356	Angela Quinn-Webb	38	F	Independence	IA	17:39	00:53:46.80	00:54:51.32
43	323/373	181/221	280	Ronda Larson	39	F	Waterloo	IA	17:44	00:53:49.53	00:55:08.80
44	326/373	182/221	397	Journey Shipman	39	F	Waterloo	IA	17:50	00:54:29.49	00:55:26.59
45	330/373	185/221	456	Mary Wymore	33	F	New Hartford	IA	18:05	00:54:58.07	00:56:11.34
46	336/373	190/221	516	Karin Rowe	35	F	Waterloo	IA	18:11	00:55:17.39	00:56:32.66
47	350/373	200/221	177	Megan Dennis	35	F	Waterloo	IA	18:44	00:57:09.07	00:58:12.85
48	351/373	201/221	150	Heather Chingren	32	F	La Porte City	IA	18:55	00:57:54.11	00:58:49.30
49	353/373	203/221	107	Angie Balk	34	F	Waterloo	IA	19:00	00:58:09.83	00:59:04.35
50	356/373	206/221	367	Teri Reel	35	F	Waterloo	IA	19:23	00:59:19.77	01:00:14.29
51	364/373	213/221	444	Amanda Weber	32	F	Waterloo	IA	19:48	01:00:11.66	01:01:33.86
52	365/373	214/221	264	Alexis Kline	32	F	Des Moines	IA	19:49	01:00:13.27	01:01:34.85
53	369/373	217/221	130	Jennifer Browne	39	F	Waterloo	IA	20:20	01:02:23.32	01:03:10.85
54	370/373	218/221	334	Heather Neil	35	F	Waterloo	IA	20:20	01:02:19.21	01:03:11.31

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
55	371/373	219/221	261	Carley Kennedy	34	F	Waterloo	IA	20:23	01:01:56.63	01:03:21.30
56	372/373	220/221	220	Karen Gardner	36	F	Waterloo	IA	20:23	01:01:57.17	01:03:21.85

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	4/373	4/152	281	Jason Lawry	39	M	Waukee	IA	6:00	00:18:37.90	00:18:41.22
2	17/373	16/152	324	Ryan Miller	37	M	Waterloo	IA	7:09	00:22:08.95	00:22:15.94
3	24/373	22/152	473	Matt Stoychoff	37	M	Waterloo	IA	7:31	00:22:49.02	00:23:22.23
4	25/373	23/152	515	William Henninger	33	M	Cedar Falls	IA	7:31	00:22:52.88	00:23:23.05
5	39/373	31/152	104	Michael Archibald	30	M	Chicago	IL	8:06	00:25:07.95	00:25:11.55
6	51/373	38/152	182	Brennan Dolan	35	M	Polk City	IA	8:16	00:25:35.77	00:25:42.90
7	52/373	39/152	206	Shawn Fisher	39	M	Waterloo	IA	8:17	00:25:37.51	00:25:45.05
8	79/373	51/152	197	Joe Edwards	39	M	Waterloo	IA	8:52	00:27:28.61	00:27:35.77
9	87/373	56/152	343	Gar Osland	36	M	Waterloo	IA	9:00	00:27:24.59	00:27:58.81
10	103/373	65/152	113	Brian Beckman	34	M	Waterloo	IA	9:21	00:28:49.39	00:29:03.69
11	104/373	66/152	283	Tim Leith	33	M	Laurens	IA	9:22	00:28:52.29	00:29:07.56
12	105/373	67/152	403	Kristopher Smith	37	M	Alexandria	VA	9:22	00:28:54.56	00:29:08.10
13	110/373	70/152	420	Michael Thompson	33	M	Waterloo	IA	9:27	00:28:27.54	00:29:23.31
14	131/373	83/152	364	Curt Raue	30	M	Toledo	IA	9:57	00:30:35.38	00:30:57.31
15	133/373	84/152	200	Aaron Evarts	33	M	Marion	IA	10:00	00:30:58.04	00:31:06.25
16	142/373	88/152	157	Matthew Conklin	39	M	Denver	IA	10:08	00:31:06.62	00:31:31.28
17	150/373	93/152	351	Dan Praska	33	M	Dunkerton	IA	10:18	00:30:48.57	00:32:02.34
18	163/373	97/152	398	Jose Sianez	36	M	Waterloo	IA	10:36	00:32:04.60	00:32:57.74
19	164/373	98/152	401	Craig Skilling	39	M	Waterloo	IA	10:37	00:32:45.65	00:33:02.25
20	180/373	102/152	452	Chauncy White	30	M	Waterloo	IA	11:01	00:33:45.55	00:34:15.57
21	194/373	106/152	176	Scott Demuth	34	M	Cedar Falls	IA	11:24	00:35:03.28	00:35:27.06
22	207/373	111/152	310	Aaron Mckenna	39	M	Raymond	IA	12:02	00:36:42.06	00:37:25.32
23	218/373	112/152	353	Travis Prien	34	M	Waterloo	IA	12:32	00:38:24.60	00:38:58.21
24	248/373	118/152	151	Dan Clark	33	M	Cedar Falls	IA	13:55	00:42:43.83	00:43:15.83
25	252/373	119/152	484	Ryan Risetter	37	M	Waterloo	IA	14:02	00:42:53.02	00:43:37.72
26	276/373	129/152	347	Scott Parkhurst	31	M	Cedar Falls	IA	15:41	00:47:37.80	00:48:43.82
27	297/373	134/152	400	Ryan Siems	33	M	Parkersburg	IA	16:36	00:50:27.56	00:51:34.59
28	300/373	136/152	309	Matthew Martin	37	M	Vinton	IA	16:54	00:51:22.95	00:52:31.72
29	310/373	140/152	355	Tim Pruckler	31	M	Cedar Falls	IA	17:33	00:53:22.90	00:54:32.01
30	324/373	143/152	137	Jason Burke	38	M	Waterloo	IA	17:45	00:53:49.48	00:55:09.01
31	328/373	145/152	457	Scott Wymore	34	M	New Hartford	IA	18:04	00:54:55.75	00:56:10.53

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	27/373	3/221	180	Jill Devries	40	F	Denver	IA	7:35	00:23:29.58	00:23:34.30
2	65/373	20/221	459	Meta Forbes	46	F	Waterloo	IA	8:35	00:26:30.95	00:26:43.06
3	73/373	25/221	224	Jennifer Goodrich	41	F	Waterloo	IA	8:49	00:27:25.31	00:27:25.31
4	89/373	33/221	466	Angela Rink	49	F	Sioux Falls	SD	9:00	00:27:43.12	00:28:00.76
5	93/373	34/221	387	Cindy Scheid	48	F	Port Washington	WI	9:05	00:26:47.81	00:28:15.56
6	98/373	37/221	447	Rhonda Weber	48	F	Waterloo	IA	9:14	00:28:33.96	00:28:43.99
7	109/373	40/221	386	Jacqueline Schafer	47	F	San Antonio	TX	9:27	00:27:54.81	00:29:22.56
8	117/373	43/221	198	Susan Eisenbacher	42	F	Waterloo	IA	9:38	00:29:48.43	00:29:55.96
9	129/373	48/221	101	Erika Allen	41	F	Dike	IA	9:55	00:30:36.73	00:30:51.31
10	153/373	59/221	295	Heather Lukes	40	F	Stewartville	MN	10:22	00:31:26.38	00:32:13.95
11	158/373	63/221	508	Kristen Duggen	45	F	Waterloo	IA	10:29	00:32:20.35	00:32:35.73
12	160/373	65/221	247	Kristi Jasper	48	F	Waterloo	IA	10:32	00:32:26.04	00:32:45.82
13	165/373	67/221	507	Teresa Sink	44	F	Waterloo	IA	10:38	00:32:46.80	00:33:02.57
14	168/373	70/221	145	Becky Carrier	48	F	Waterloo	IA	10:40	00:32:59.95	00:33:08.76
15	169/373	71/221	303	Sharon Mahoney	41	F	Walker	IA	10:41	00:32:49.47	00:33:11.81
16	174/373	74/221	431	Holly Van Fleet	40	F	Waterloo	IA	10:51	00:33:01.86	00:33:44.10
17	175/373	75/221	483	Sue Jurgensen	45	F	Westgate	IA	10:54	00:33:46.08	00:33:53.06
18	189/373	85/221	119	Michelle Bissell	48	F	Adel	IA	11:06	00:34:02.57	00:34:31.85
19	192/373	87/221	279	Amy Lang	43	F	Cedar Falls	IA	11:17	00:34:31.30	00:35:05.32
20	204/373	96/221	497	Julie Bushman	45	F	Cedar Rapids	IA	11:57	00:36:44.57	00:37:10.22
21	209/373	98/221	480	Kristi Klein-Bacon	44	F	Waterloo	IA	12:05	00:36:46.53	00:37:35.32
22	221/373	109/221	205	Wanda Fishel	47	F	Cedar Falls	IA	12:43	00:39:21.11	00:39:32.08
23	226/373	114/221	424	Angela Townsend	43	F	Cedar Falls	IA	13:00	00:40:01.91	00:40:24.68
24	227/373	115/221	392	Mary Sell	44	F	Cedar Falls	IA	13:00	00:40:21.16	00:40:26.30
25	240/373	124/221	117	Candy Bidler Hurley	48	F	Johnston	IA	13:36	00:41:27.93	00:42:15.50
26	241/373	125/221	156	Renee Cole	45	F	Iowa City	IA	13:37	00:41:22.69	00:42:20.33
27	242/373	126/221	467	Janelle Barnes	45	F	Waterloo	IA	13:43	00:41:48.10	00:42:37.62
28	245/373	128/221	406	Audrey Steffen	45	F	Dunkerton	IA	13:50	00:42:37.49	00:43:01.11
29	246/373	129/221	249	Coco Jensen	47	F	Dunkerton	IA	13:50	00:42:37.16	00:43:01.18
30	256/373	135/221	329	Paula Moore	48	F	Waterloo	IA	14:18	00:44:17.01	00:44:27.26
31	261/373	138/221	190	Karen Duncan	49	F	Waverly	IA	14:36	00:44:58.94	00:45:22.33
32	284/373	153/221	460	Kari Thorn	46	F	Aplington	IA	16:01	00:48:26.02	00:49:46.54
33	285/373	154/221	388	Alisa Schutte	46	F	Elk Run Heights	IA	16:01	00:48:26.61	00:49:46.75
34	290/373	157/221	217	Becky Gall	48	F	St Joseph	MO	16:20	00:49:54.50	00:50:45.03
35	292/373	159/221	436	Laura Vanpatten	44	F	Cedar Falls	IA	16:25	00:50:19.07	00:51:01.34
36	294/373	161/221	192	Brenda Durbahn	48	F	Waterloo	IA	16:28	00:50:07.71	00:51:11.09
37	303/373	166/221	105	Vanessa Arhart	45	F	La Porte City	IA	16:57	00:51:45.07	00:52:41.84
38	315/373	174/221	149	Stephanie Chesmore	46	F	Cedar Falls	IA	17:39	00:53:46.80	00:54:51.32
39	319/373	178/221	115	Leslie Becthold	48	F	Nashua	IA	17:41	00:54:00.98	00:54:58.00
40	332/373	187/221	170	Andrea Dalpolo	49	F	Manhattan	IL	18:08	00:55:55.35	00:56:23.37
41	354/373	204/221	380	Christi Samuelson	42	F	Waterloo	IA	19:01	00:58:09.50	00:59:05.77
42	367/373	215/221	277	Mary Lamar	46	F	Ames	IA	20:08	01:02:34.78	01:02:34.78

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	11/373	11/152	451	Terry Whisman	46	M	Cedar Falls	IA	6:54	00:21:21.14	00:21:26.71
2	16/373	15/152	194	Mark Durbahn	48	M	Waterloo	IA	7:04	00:21:38.27	00:21:59.00
3	19/373	18/152	120	Garret Bitker	49	M	Rochester	MN	7:16	00:22:34.04	00:22:36.95
4	41/373	33/152	225	Brian Graettinger	46	M	Waverly	IA	8:07	00:25:06.72	00:25:15.80
5	50/373	37/152	300	Dennis Mahoney	40	M	Walker	IA	8:14	00:25:26.20	00:25:37.71
6	53/373	40/152	411	Jason Streed	44	M	Waterloo	IA	8:23	00:25:29.29	00:26:03.51
7	74/373	49/152	116	Brendan Benter	45	M	Cedar Rapids	IA	8:50	00:26:41.29	00:27:27.31
8	86/373	55/152	242	Brian Hurley	48	M	Johnston	IA	8:58	00:27:37.01	00:27:52.00
9	90/373	57/152	246	Joel Jasper	48	M	Waterloo	IA	9:02	00:27:45.31	00:28:05.02
10	99/373	62/152	109	Vincent Barnes	47	M	Waterloo	IA	9:15	00:28:05.25	00:28:46.64
11	125/373	78/152	328	Doug Moore	48	M	Waterloo	IA	9:50	00:30:26.40	00:30:36.16
12	136/373	85/152	429	Andy Van Fleet	40	M	Waterloo	IA	10:02	00:30:28.27	00:31:12.56
13	140/373	87/152	294	Eric Lukes	42	M	Stewartville	MN	10:06	00:30:36.53	00:31:24.32
14	170/373	99/152	522	Jeff Heineman	49	M	Urbana	IA	10:41	00:32:28.71	00:33:14.26
15	172/373	100/152	394	Michael Sell	47	M	Cedar Falls	IA	10:43	00:33:16.27	00:33:19.56
16	184/373	103/152	297	Shawn Madill	42	M	Ames	IA	11:03	00:33:00.30	00:34:20.83
17	188/373	104/152	118	Kyle Bissell	48	M	Adel	IA	11:06	00:34:02.93	00:34:31.65
18	231/373	115/152	128	Seth Brown	47	M	Cedar Falls	IA	13:03	00:40:11.01	00:40:35.23
19	239/373	116/152	448	Michael Welch	42	M	Waterloo	IA	13:17	00:41:00.51	00:41:18.28
20	266/373	125/152	463	Scott Abels	44	M	Evansdale	IA	15:01	00:45:54.07	00:46:40.34
21	282/373	131/152	154	Greg Cole	45	M	Iowa City	IA	16:00	00:48:44.84	00:49:43.70
22	321/373	142/152	218	William Gall	47	M	St Joseph	MO	17:43	00:54:11.84	00:55:02.84
23	325/373	144/152	443	Aaron Weber	40	M	Waterloo	IA	17:45	00:53:49.87	00:55:11.24
24	343/373	148/152	141	Joe Caquelin	40	M	Waterloo	IA	18:26	00:56:16.68	00:57:16.37



# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	29/373	4/221	510	Michele Stevens	54	F	Denver	IA	7:45	00:23:59.87	00:24:05.00
2	42/373	9/221	407	Mary Steffensmeier	52	F	Waterloo	IA	8:10	00:25:18.85	00:25:22.56
3	59/373	17/221	421	Sue Thompson	52	F	Evansdale	IA	8:29	00:26:06.50	00:26:24.56
4	63/373	18/221	450	Cindy Weyland	55	F	Gilbertville	IA	8:34	00:26:33.34	00:26:37.64
5	77/373	27/221	405	Lane Stark	58	F	Cedar Falls	IA	8:51	00:27:22.49	00:27:32.12
6	78/373	28/221	161	Mary Corwin	52	F	Dike	IA	8:52	00:27:14.61	00:27:35.15
7	88/373	32/221	293	Darlene Lubinus	51	F	Ames	IA	9:00	00:27:41.29	00:27:59.54
8	107/373	39/221	412	Charlotte Strub	58	F	Cedar Falls	IA	9:24	00:29:02.72	00:29:13.24
9	113/373	42/221	265	Debbie Knipp	58	F	Waterloo	IA	9:30	00:29:15.34	00:29:32.98
10	154/373	60/221	125	Sandi Brennan	58	F	Waterloo	IA	10:23	00:31:58.33	00:32:17.61
11	161/373	66/221	210	Mary Frederick	51	F	Cedar Falls	IA	10:33	00:32:26.02	00:32:47.76
12	171/373	72/221	315	Laurie McLaughlin	52	F	Waterloo	IA	10:42	00:32:59.75	00:33:16.57
13	179/373	78/221	492	Cher White	59	F	Polo	IA	11:01	00:33:42.81	00:34:14.18
14	219/373	107/221	489	Tamera Skrovan	51	F	Tempe	AZ	12:34	00:38:16.73	00:39:04.10
15	222/373	110/221	153	Chris Clarkson	51	F	Waterloo	IA	12:43	00:39:08.31	00:39:32.32
16	235/373	120/221	136	Odette Bulmer	56	F	Cedar Falls	IA	13:12	00:40:27.55	00:41:03.33
17	236/373	121/221	454	Angela Woods	51	F	Waterloo	IA	13:13	00:40:47.07	00:41:06.58
18	237/373	122/221	266	Rita Konrardy	51	F	Waterloo	IA	13:14	00:40:47.01	00:41:07.32
19	258/373	137/221	165	Jaculin Coyle	53	F	Cross Plains	WI	14:24	00:44:04.04	00:44:47.10
20	262/373	139/221	268	Bernadette Kral	57	F	Cedar Falls	IA	14:41	00:44:50.88	00:45:39.69
21	268/373	143/221	462	Rose Hagen	54	F	Jesup	IA	15:05	00:46:15.15	00:46:54.08
22	269/373	144/221	256	Michelle Jones-Hughes	53	F	Cedar Falls	IA	15:06	00:46:16.61	00:46:56.17
23	274/373	147/221	237	Connie Hix	53	F	Waterloo	IA	15:38	00:47:42.96	00:48:37.33
24	278/373	149/221	321	Brenda Mickle	53	F	Waterloo	IA	15:51	00:48:53.86	00:49:16.84
25	279/373	150/221	344	Carolyn Ottesen	53	F	Waterloo	IA	15:51	00:48:53.64	00:49:16.91
26	281/373	151/221	317	Marilyn Mcmillan	58	F	Olathe	KS	15:57	00:48:33.47	00:49:34.76
27	286/373	155/221	123	Janell Bradley	53	F	Wadena	IA	16:06	00:49:11.73	00:50:04.01
28	295/373	162/221	162	Barbara Coselman	58	F	Waterloo	IA	16:28	00:50:07.77	00:51:11.57
29	311/373	171/221	223	Jennifer Gillins	53	F	Cedar Falls	IA	17:33	00:53:15.82	00:54:32.59
30	313/373	172/221	441	Denise Ward	53	F	Waterloo	IA	17:34	00:53:33.21	00:54:37.59
31	320/373	179/221	211	Ann Freiberg	54	F	Charles City	IA	17:41	00:54:01.10	00:54:58.34
32	322/373	180/221	340	Jennifer Olson	59	F	Waterloo	IA	17:43	00:54:13.61	00:55:02.84
33	329/373	184/221	352	Jan Pratt	59	F	Waterloo	IA	18:05	00:55:00.87	00:56:11.15
34	333/373	188/221	345	Laura Owens	54	F	New Lenox	IL	18:09	00:55:56.66	00:56:23.75
35	341/373	195/221	299	Theresa Magner	55	F	Waterloo	IA	18:22	00:56:01.38	00:57:04.34
36	347/373	198/221	144	Teresa Carr	56	F	Cedar Falls	IA	18:28	00:56:04.43	00:57:22.60
37	349/373	199/221	178	Diane Devine	59	F	Waterloo	IA	18:43	00:57:06.77	00:58:11.54
38	357/373	207/221	357	Rose Quirk	57	F	Waterloo	IA	19:27	00:59:16.34	01:00:27.11
39	358/373	208/221	512	Jodee Schmit	58	F	Waterloo	IA	19:30	00:59:26.68	01:00:36.35
40	359/373	209/221	372	Monica Robbins	57	F	Cedar Falls	IA	19:30	00:59:27.33	01:00:37.35
41	363/373	212/221	260	Maureen Kelly-Carroll	58	F	Rosemount	MN	19:33	01:00:01.07	01:00:45.57
42	368/373	216/221	278	Susan Lamos	53	F	Traer	IA	20:09	01:01:33.44	01:02:36.80
43	373/373	221/221	186	Janet Drewelow	56	F	Waterloo	IA	20:35	01:02:58.23	01:03:58.26

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	9/373	9/152	493	Clark Porter	54	M	Waterloo	IA	6:41	00:20:44.98	00:20:48.31
2	20/373	19/152	478	Mark Zimmer	58	M	Independence	IA	7:16	00:22:33.35	00:22:36.95
3	35/373	28/152	446	Kevin Weber	51	M	Hudson	IA	7:54	00:24:29.13	00:24:33.06
4	37/373	29/152	262	Mark Klahsen	50	M	Hudson	IA	7:57	00:24:38.20	00:24:42.73
5	61/373	44/152	502	James Stenseth	50	M	Calmar	IA	8:32	00:26:30.90	00:26:33.78
6	85/373	54/152	481	Mick Stiers	50	M	Cedar Falls	IA	8:57	00:27:32.06	00:27:49.97
7	106/373	68/152	416	Dan Takle	50	M	Hudson	IA	9:23	00:29:02.80	00:29:11.00
8	112/373	71/152	134	Steven Bryant	50	M	Mason City	IA	9:28	00:29:14.18	00:29:27.30
9	118/373	75/152	413	Tom Strub	59	M	Cedar Falls	IA	9:40	00:29:52.87	00:30:02.65
10	149/373	92/152	370	Curtis Ritter	55	M	Waterloo	IA	10:16	00:31:35.30	00:31:55.32
11	177/373	101/152	449	Robert Welshons	59	M	Cedar Falls	IA	10:57	00:33:29.00	00:34:03.23
12	197/373	108/152	358	Jim Rasmussen	55	M	West Des Moines	IA	11:39	00:35:37.92	00:36:14.82
13	244/373	117/152	404	Russell A Squires	52	M	Waverly	IA	13:50	00:42:21.56	00:42:59.83
14	259/373	122/152	166	James Coyle	54	M	Cross Plains	WI	14:24	00:44:03.87	00:44:47.13
15	260/373	123/152	314	Casey McLaughlin	56	M	Waterloo	IA	14:26	00:43:38.85	00:44:50.78
16	272/373	127/152	269	Danny Kral	58	M	Cedar Falls	IA	15:32	00:47:28.27	00:48:16.79
17	287/373	132/152	124	Jeff Bradley	57	M	Wadena	IA	16:12	00:49:28.71	00:50:21.26
18	312/373	141/152	222	David Gillins	56	M	Cedar Falls	IA	17:33	00:53:13.15	00:54:32.68
19	342/373	147/152	476	Mark O'malley	53	M	Webster City	IA	18:24	00:56:07.82	00:57:10.35
20	345/373	149/152	298	Jeff Magner	57	M	Waterloo	IA	18:27	00:56:15.40	00:57:21.02
21	348/373	150/152	143	Brian Carr	57	M	Cedar Falls	IA	18:28	00:56:04.66	00:57:22.85
22	366/373	152/152	276	David Lamar	54	M	Ames	IA	20:08	01:02:34.78	01:02:34.78

### Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	202/373	94/221	289	Carla Lown	60	F	Waterloo	IA	11:54	00:36:39.09	00:37:00.22
2	212/373	101/221	214	Louann Frush	61	F	Jesup	IA	12:11	00:37:35.30	00:37:54.07
3	233/373	118/221	337	Kathleen Niedert	63	F	Hudson	IA	13:11	00:40:42.98	00:40:59.18
4	234/373	119/221	365	Patty Rausa	60	F	Waterloo	IA	13:11	00:40:40.79	00:41:00.50
5	264/373	141/221	382	Mikki Samuelson	66	F	La Porte City	IA	14:56	00:45:37.30	00:46:26.96
6	291/373	158/221	168	Mary Cusack	60	F	Crystal Lake	IL	16:22	00:50:31.21	00:50:53.74
7	331/373	186/221	138	Maggie Burke	62	F	Waterloo	IA	18:05	00:55:00.37	00:56:12.10
8	334/373	189/221	305	Sue Mangels	63	F	Davenport	IA	18:09	00:55:35.36	00:56:26.39
9	338/373	192/221	375	Vickie Robinson	65	F	Cedar Falls	IA	18:16	00:55:47.73	00:56:46.50
10	339/373	193/221	426	Joyce Trost	70	F	Cedar Falls	IA	18:16	00:55:44.74	00:56:47.52
11	340/373	194/221	110	Mary-Sue Bartlett	65	F	Cedar Falls	IA	18:16	00:55:44.41	00:56:47.93
12	344/373	196/221	174	Lori Degelau	63	F	Fort Dodge	IA	18:26	00:56:15.82	00:57:17.77
13	352/373	202/221	112	Marcia Bechthold	75	F	Brandon	IA	18:56	00:57:54.70	00:58:49.70
14	355/373	205/221	191	Doddie Dunn	66	F	Waterloo	IA	19:03	00:58:17.05	00:59:12.85

# ShamRock N Run 5K

August 1, 2015

## Overall Division Results

5K

### Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	34/373	27/152	167	Michael Craft	65	M	La Porte City	IA	7:53	00:24:24.50	00:24:31.27
2	80/373	52/152	284	John Leonhart	64	M	Urbandale	IA	8:53	00:27:07.75	00:27:36.06
3	97/373	61/152	326	Jon Mixdorf	60	M	Center Point	IA	9:14	00:28:31.54	00:28:43.56
4	108/373	69/152	323	Rick Miller	63	M	Cedar Falls	IA	9:26	00:29:07.73	00:29:20.06
5	143/373	89/152	316	Jim Mcmillan	62	M	Olathe	KS	10:10	00:30:48.57	00:31:35.32
6	147/373	91/152	491	Jim Schneider	66	M	Waterloo	IA	10:13	00:31:29.70	00:31:46.30
7	191/373	105/152	159	Joel Cooper	63	M	Cedar Falls	IA	11:17	00:34:31.09	00:35:05.32
8	298/373	135/152	423	Abu Timbo	69	M	Cedar Falls	IA	16:46	00:51:33.33	00:52:06.84
9	301/373	137/152	308	David Martin	63	M	Vinton	IA	16:54	00:51:23.76	00:52:32.53
10	307/373	138/152	172	Bill Degelau	66	M	Fort Dodge	IA	17:19	00:52:53.24	00:53:51.03
11	308/373	139/152	202	Louie Fettkether	64	M	Waterloo	IA	17:25	00:52:51.04	00:54:09.74
12	335/373	146/152	304	Steve Mangels	65	M	Davenport	IA	18:10	00:55:35.72	00:56:26.99
13	361/373	151/152	146	Kevin Carroll	61	M	Rosemount	MN	19:32	01:00:01.90	01:00:43.10