

# Blue Ribbon Run For Prostate Cancer

November 15, 2015

10K Run

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	13/208	1/1	646	Savannah Puca	F	28	Huntington	NY	6:51	00:42:39.27
2	24/208	1/8	637	Janna Ostroff	F	36	Plainview	NY	7:06	00:44:12.93
3	25/208	1/6	692	Jessica Petrina	F	33	Old Bethpage	NY	7:09	00:44:29.47
4	32/208	1/7	563	Theresa Gannon	F	28	Farmingdale	NY	7:16	00:45:13.73
5	35/208	1/5	665	Rachel Staiano	F	22	E. Meadow	NY	7:17	00:45:21.13
6	38/208	1/1	737	Dolores Doman	F	58	Dix Hills	NY	7:22	00:45:50.34
7	40/208	1/20	595	Yvonne Leippert	F	48	Coram	NY	7:27	00:46:21.21
8	41/208	2/6	681	Mable Wong	F	32	Greenlawn	NY	7:32	00:46:50.73
9	49/208	1/5	552	Tracey Epstein	F	55	Smithtown	NY	7:42	00:47:56.39
10	54/208	1/8	661	Lori Slater	F	44	Bayshore	NY	7:46	00:48:15.99
11	59/208	2/7	610	Marisa Martino	F	25	Greenlawn	NY	7:56	00:49:21.24
12	60/208	2/20	711	Jackie Novak	F	49	Northport	NY	7:59	00:49:38.49
13	65/208	3/20	578	Nicole Henn	F	47	Syosset	NY	8:06	00:50:23.25
14	66/208	1/13	549	Ann Dorman	F	53	Woodbury	NY	8:06	00:50:23.74
15	68/208	2/13	612	Christine Mccain	F	53	Deer Park	NY	8:08	00:50:34.98
16	69/208	3/13	666	Adriana Staiano	F	53	E. Meadow	NY	8:09	00:50:43.49
17	72/208	4/20	517	Judith Brenner	F	46	Plainview	NY	8:15	00:51:16.66
18	73/208	2/8	669	Jenney Tesoriero	F	44	Westbury	NY	8:15	00:51:21.52
19	74/208	3/8	505	Patty Baker	F	42	Farmingdale	NY	8:17	00:51:29.64
20	78/208	4/8	645	Linda Poon	F	44	Jericho	NY	8:18	00:51:40.74
21	79/208	2/5	582	Lorraine Huether	F	59	Melville	NY	8:23	00:52:07.98
22	81/208	5/8	574	Julie Ham	F	41	Centerport	NY	8:29	00:52:47.74
23	82/208	2/5	508	Courtney Berg	F	22	Seaford	NY	8:32	00:53:07.43
24	83/208	4/13	728	Carol Rivadebeyra	F	51	Ridge	NY	8:34	00:53:15.73
25	85/208	5/20	544	Wendy Disilvestro	F	47	East Northport	NY	8:36	00:53:30.25
26	88/208	6/20	704	Dawn May	F	45	Sea Cliff	NY	8:39	00:53:46.34
27	90/208	5/13	685	Lisa Capelonga	F	52	Merrick	NY	8:41	00:54:02.50
28	91/208	1/7	653	Terri Ruane	F	46	Farmingdale	NY	8:42	00:54:06.56
29	98/208	7/20	696	Jodi Seitler	F	46	Syosset	NY	8:54	00:55:18.34
30	100/208	8/20	630	So Nor Ng	F	45	Jericho	NY	8:54	00:55:22.39
31	101/208	3/7	634	Katy O'neill	F	26	Northport	NY	8:54	00:55:23.25
32	104/208	2/8	564	Elke Gasselseder	F	39	Union City	NJ	8:57	00:55:39.64
33	105/208	1/5	519	Janice Brown	F	60	Valley Stream	NY	8:57	00:55:40.45
34	106/208	4/7	638	Lindsay Owen	F	27	Nyack	NY	8:58	00:55:48.19
35	107/208	9/20	599	Gabriella Locicero	F	49	Syosset	NY	8:58	00:55:48.26
36	108/208	2/7	527	Wai Ha Cheung	F	37	Jericho	NY	8:59	00:55:49.50
37	110/208	10/20	606	Debbie Manzo	F	45	Plainview	NY	9:01	00:56:07.68
38	114/208	11/20	700	Kim Coppola	F	49	Lindenhurst	NY	9:03	00:56:19.25
39	115/208	5/7	504	Lisa Ault	F	28	New York	NY	9:05	00:56:29.58
40	116/208	2/5	706	Jacqueline Seltzer	F	64	New York	NY	9:07	00:56:40.15
41	117/208	3/7	502	Faith Andrews	F	24	New York	NY	9:08	00:56:50.69
42	120/208	6/13	562	Sheri Gaitings	F	54	Huntington	NY	9:10	00:57:01.49
43	124/208	1/2	658	Constance Sehlmeier	F	70	Syosset	NY	9:12	00:57:15.45
44	125/208	1/7	720	Donna Greco	F	51	Lindenhurst	NY	9:13	00:57:21.15
45	126/208	7/13	596	Lynn Leon	F	54	Glen Oaks	NY	9:14	00:57:23.79
46	128/208	1/3	679	Gloria Withus	F	65	Brentwood	NY	9:15	00:57:28.89
47	130/208	4/7	560	Sue Fitzpatrick	F	55	Dix Hills	NY	9:19	00:57:58.76
48	131/208	8/13	614	Doreen Mcdougall	F	51	Lake Ronkonkoma	NY	9:19	00:57:58.93
49	132/208	3/8	557	Dawn Farina	F	39	West Babylon	NY	9:21	00:58:08.88
50	134/208	3/5	628	Kara Nandin	F	22	Glen Oaks	NY	9:26	00:58:42.76
51	135/208	6/8	580	Melissa Horowitz	F	41	Plainview	NY	9:29	00:58:59.77
52	137/208	3/5	640	Deborah Pantano	F	58	Oakland Gardens	NY	9:31	00:59:08.51
53	139/208	5/7	529	Kaitlin Christian	F	26	Farmingdale	NY	9:37	00:59:48.26
54	140/208	6/7	643	Shaina Penso	F	27	West Islip	NY	9:38	00:59:56.77

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
55	142/208	4/8	521	Samantha Bursztyn	F	37	Woodbury	NY	9:40	01:00:04.52
56	143/208	3/6	530	Ashleigh Churchward	F	32	Westbury	NY	9:43	01:00:25.52
57	144/208	4/5	536	Susan Critz	F	57	Islip	NY	9:44	01:00:34.12
58	146/208	3/5	605	Debra Manoff	F	60	Sands Point	NY	9:46	01:00:42.64
59	147/208	2/3	600	Alma Lopez	F	66	Medford	NY	9:46	01:00:43.65
60	149/208	2/7	639	Carolyn Paidoussis	F	45	West Islip	NY	9:55	01:01:42.68
61	150/208	9/13	657	Diane Schocken	F	53	Massapequa Park	NY	9:55	01:01:43.54
62	151/208	4/6	676	Lauren Wellems	F	31	Blue Point	NY	9:56	01:01:46.73
63	153/208	7/8	571	Grace Grandville	F	44	Holbrook	NY	9:58	01:01:56.25
64	157/208	3/7	501	Luanne Alicea	F	43	Massapequa Park	NY	10:03	01:02:27.91
65	158/208	12/20	597	Katherine Lettenberger	F	46	Saint James	NY	10:03	01:02:31.58
66	159/208	5/5	559	Maria Ferraro	F	58	Floral Park	NY	10:04	01:02:38.69
67	161/208	5/6	618	Danielle Mebert	F	33	Bronx	NY	10:07	01:02:54.74
68	162/208	13/20	543	Lynn Dionisio	F	47	Syosset	NY	10:19	01:04:09.36
69	163/208	4/7	698	Joanna Lambert	F	39	Hicksville	NY	10:23	01:04:34.28
70	164/208	14/20	670	Maura Turner	F	46	Huntington Station	NY	10:23	01:04:36.92
71	165/208	5/8	662	Jessica Sliwak	F	39	Babylon	NY	10:25	01:04:44.41
72	166/208	15/20	723	Marina Castellan	F	46	East Meadow	NY	10:25	01:04:45.65
73	167/208	6/8	727	Andreea Gray	F	36	Valley Stream	NY	10:30	01:05:15.67
74	169/208	8/8	735	Wendy Lee	F	44	Mamaroneck	NY	10:34	01:05:43.34
75	171/208	16/20	592	Jodi Lamanna	F	47	Huntington Station	NY	10:37	01:06:03.94
76	172/208	4/5	539	Jessica D'ariento	F	24	Centereach	NY	10:45	01:06:51.53
77	173/208	6/6	689	Julie Lefing	F	31	Lido Beach	NY	10:48	01:07:07.22
78	174/208	6/7	694	Jennifer Pignataro	F	36	Holbrook	NY	10:51	01:07:30.76
79	177/208	17/20	703	Jodi Lederer	F	49	Long Beach	NY	10:58	01:08:10.29
80	178/208	18/20	532	Barbara Clay	F	45	Stamford	CT	11:05	01:08:55.98
81	179/208	2/2	531	Helma Clavin	F	72	Lake Ronkonkoma	NY	11:06	01:09:00.79
82	181/208	19/20	699	Samantha O'Rourke	F	45	Farmingdale	NY	11:27	01:11:13.80
83	184/208	1/1	540	Patricia Delaney	F	76	Bay Shore	NY	11:38	01:12:23.30
84	185/208	3/3	514	Christine Brakel	F	68	Brightwaters	NY	11:42	01:12:47.30
85	191/208	10/13	626	Lee Naftaly	F	54	Oakland Gardens	NY	12:05	01:15:06.94
86	192/208	7/8	516	Barbara Brennan	F	39	E Northport	NY	12:08	01:15:26.21
87	195/208	4/5	579	Rochelle Holden	F	62	Westbury	NY	12:10	01:15:39.81
88	196/208	5/7	583	Samantha Ifill	F	39	Wheatley Heights	NY	12:28	01:17:32.95
89	198/208	6/7	547	Leslie Dolan	F	51	Islip Terrace	NY	12:40	01:18:47.70
90	199/208	20/20	601	Yvette Maldonado	F	49	Shirley	NY	12:56	01:20:25.90
91	200/208	7/7	682	Rose Yan	F	27	New York	NY	13:22	01:23:04.99
92	201/208	8/8	569	Sujini Govindarajan	F	39	Wantagh	NY	13:28	01:23:42.70
93	202/208	11/13	644	Adeline Perez	F	52	Coram	NY	13:55	01:26:29.44
94	203/208	12/13	507	Gail Benenso	F	52	Old Bethpage	NY	14:00	01:27:01.90
95	204/208	7/7	603	Jamie Mallonga	F	29	Long Island	NY	14:19	01:29:00.34
96	205/208	7/7	647	Alani Puca	F	27	Huntington	NY	14:36	01:30:47.47
97	206/208	5/5	654	Tara Sanders	F	22	Wading River	NY	15:47	01:38:06.43
98	207/208	5/5	576	Patricia Hanlon	F	60	Wading River	NY	15:49	01:38:23.26
99	208/208	13/13	615	Deirdre Mcelhatton	F	53	Dix Hills	NY	15:50	01:38:23.57

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/208	1/1	510	Michael Berger	M	27	Bellmore	NY	5:30	00:34:15.63
2	2/208	1/4	730	Jesus Zamora	M	24	New York	NY	5:32	00:34:25.95
3	3/208	2/4	729	Jacinto Martinez	M	20	Brooklyn	NY	5:58	00:37:06.34
4	4/208	1/8	713	Edward Devin	M	31	Rocky Point	NY	6:06	00:37:59.71
5	5/208	2/8	642	Joshua Parsons	M	31	Lynbrook	NY	6:17	00:39:07.42
6	6/208	1/1	677	Wil Widman Jr.	M	51	West Babylon	NY	6:28	00:40:16.96
7	7/208	1/6	623	Duane Mora	M	41	Merrick	NY	6:30	00:40:27.10
8	8/208	1/12	604	Marc Mandello	M	37	Lake Grove	NY	6:34	00:40:51.10
9	9/208	2/12	584	Eric Israel	M	38	Holbrook	NY	6:36	00:41:05.73
10	10/208	1/9	541	Michael Di Lisio	M	53	Shoreham	NY	6:41	00:41:32.86
11	11/208	2/9	731	Martin Knapp	M	52	Bayshore	NY	6:45	00:41:59.91
12	12/208	3/12	671	Armando Urbina	M	38	Roslyn	NY	6:46	00:42:02.94
13	14/208	1/19	573	Jose Gutierrez	M	48	Glendale	NY	6:51	00:42:39.48
14	15/208	1/6	525	Andrew Carrig	M	29	North Babylon	NY	6:56	00:43:06.22
15	16/208	1/10	648	Steve Quirk	M	57	Commack	NY	6:57	00:43:12.20
16	17/208	3/8	680	Allen Wolfert	M	30	Merrick	NY	6:59	00:43:23.72
17	18/208	4/12	570	Shawn Grand	M	39	Oceanside	NY	6:59	00:43:26.22
18	19/208	3/9	724	James Murray	M	50	Holtsville	NY	7:01	00:43:36.15
19	20/208	1/8	545	Pj Diskin	M	60	Mineola	NY	7:01	00:43:36.97
20	21/208	2/19	550	Ray Downes	M	45	Huntington	NY	7:02	00:43:46.47
21	22/208	4/9	622	Robert Mittleman	M	51	Syosset	NY	7:03	00:43:54.22
22	23/208	5/12	522	Richard Buscaglia	M	38	Farmingville	NY	7:04	00:44:00.47
23	26/208	3/19	524	Larry Callahan	M	45	Bellmore	NY	7:09	00:44:30.72
24	27/208	5/9	631	Michael Nolan	M	52	Sayville	NY	7:10	00:44:37.90
25	28/208	6/12	515	Michael Brandi	M	37	Glen Head	NY	7:13	00:44:52.95
26	29/208	6/9	717	Len Richards	M	54	Jamaica	NY	7:14	00:45:01.65
27	30/208	2/6	551	Evan Eisenberg	M	41	Bayville	NY	7:15	00:45:08.97
28	31/208	7/12	656	Jeffrey Schiff	M	38	Garden City	NY	7:16	00:45:11.19
29	33/208	4/19	660	Edward Simko	M	48	Huntington	NY	7:17	00:45:16.23
30	34/208	5/19	575	Philip Hamid	M	49	Richmond Hill	NY	7:17	00:45:19.23
31	36/208	6/19	691	John Pace	M	45	East Norwich	NY	7:19	00:45:32.10
32	37/208	7/19	708	Steven Horn	M	48	Roslyn	NY	7:19	00:45:34.14
33	39/208	8/19	555	Paul Escher	M	45	Garden City	NY	7:25	00:46:09.23
34	42/208	9/19	672	Mike Vulpis	M	48	Islip Terrace	NY	7:32	00:46:52.85
35	43/208	4/8	598	Marc Liebman	M	33	Woodbury	NY	7:33	00:46:56.33
36	44/208	1/8	608	Peter Martin	M	65	Bellmore	NY	7:34	00:47:04.48
37	45/208	10/19	537	Charles Crowe	M	48	Deer Park	NY	7:36	00:47:16.23
38	46/208	8/12	686	Brian Dell	M	38	Melville	NY	7:38	00:47:26.73
39	47/208	9/12	734	Martin Czuba	M	38	Sayville	NY	7:39	00:47:34.37
40	48/208	10/12	509	Mark Berger	M	39	Great Neck	NY	7:41	00:47:46.42
41	50/208	5/8	553	Paul Ercolano	M	33	Bronx	NY	7:43	00:48:00.63
42	51/208	2/8	733	Eddie Ward	M	60	West Hempsterad	NY	7:44	00:48:07.94
43	52/208	3/6	659	Ed Sekula	M	43	North Babylon	NY	7:45	00:48:12.73
44	53/208	11/19	668	Michael Sweeney	M	47	Garden City	NY	7:45	00:48:14.73
45	55/208	3/8	556	Scott Fairgrieve	M	64	Mineola	NY	7:51	00:48:51.21
46	56/208	4/8	587	James Kehoe	M	63	Northport	NY	7:54	00:49:09.68
47	57/208	2/6	512	Scott Blasberg	M	27	Sound Beach	NY	7:56	00:49:18.41
48	58/208	1/4	684	Howie Zwang	M	48	Great Neck	NY	7:56	00:49:20.23
49	61/208	2/8	624	Glenn Morse	M	66	Massapequa	NY	7:59	00:49:41.93
50	62/208	1/7	561	David Frisone	M	70	New Hyde Park	NY	8:01	00:49:52.68
51	63/208	12/19	620	Daniel Mercer	M	49	East Northport	NY	8:02	00:49:57.16
52	64/208	5/8	722	Bill Guichard	M	60	Melville	NY	8:04	00:50:11.15
53	67/208	7/9	567	Daniel Goldstein	M	53	Huntington St.	NY	8:08	00:50:33.72
54	70/208	3/6	577	Brad Hartman	M	28	Rocky Point	NY	8:10	00:50:48.49

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
55	71/208	1/5	716	Todd Oconnell	M	47	Hauppauge	NY	8:14	00:51:13.99
56	75/208	3/4	513	Shawn Blasberg	M	22	Sound Beach	NY	8:17	00:51:32.74
57	76/208	4/6	568	Jeffrey Gottlieb	M	26	Massapequa	NY	8:17	00:51:33.99
58	77/208	13/19	709	Marc Kornheiser	M	46	Flushing	NY	8:18	00:51:40.19
59	80/208	4/6	697	Richard Vonbuttgereit	M	40	Bellerose	NY	8:25	00:52:20.55
60	84/208	8/9	572	Dan Gross	M	50	Wantagh	NY	8:35	00:53:23.44
61	86/208	2/10	732	Richard Catalano	M	55	Garden City	NY	8:37	00:53:37.50
62	87/208	2/4	719	George Lira	M	65	Southampton	NY	8:38	00:53:42.10
63	89/208	6/8	701	Drew Demasters	M	61	Westbury	NY	8:40	00:53:55.75
64	92/208	3/8	683	Perry Zeichner	M	67	Brightwaters	NY	8:43	00:54:11.96
65	93/208	7/8	613	James Mcdougall	M	60	Lake Ronkonkoma	NY	8:44	00:54:18.00
66	94/208	3/4	718	Chris Swann	M	31	Southampton	NY	8:45	00:54:26.55
67	95/208	8/8	533	Neill Clenaghan	M	62	Northport	NY	8:48	00:54:42.84
68	96/208	9/9	625	Stuart Nachmias	M	50	Syosset	NY	8:50	00:54:53.95
69	97/208	2/5	617	Ryan Mcgowan	M	43	Northport	NY	8:53	00:55:14.70
70	99/208	3/10	609	Frank Martinez	M	58	Commack	NY	8:54	00:55:21.18
71	102/208	4/10	736	Charles Mandekbaum	M	58	New York	NY	8:56	00:55:35.25
72	103/208	5/10	528	Stanley Chin	M	55	Malverne	NY	8:56	00:55:35.99
73	109/208	4/4	715	Matthew Brieman	M	26	North Babylon	NY	8:59	00:55:52.76
74	111/208	5/6	607	Michael Manzo	M	44	Plainview	NY	9:02	00:56:08.88
75	112/208	6/8	712	John Giallanza	M	31	Holbrook	NY	9:02	00:56:09.71
76	113/208	14/19	511	Stephen Black	M	49	North Bellmore	NY	9:02	00:56:11.93
77	118/208	5/6	627	Alex Nalbandian	M	26	New York	NY	9:09	00:56:51.50
78	119/208	2/7	554	Doug Escher	M	71	Garden City	NY	9:09	00:56:55.97
79	121/208	3/7	714	Hubert Keen	M	71	Farmingdale	NY	9:11	00:57:06.51
80	122/208	4/8	688	Ehud Golos	M	65	East Hills	NY	9:11	00:57:07.54
81	123/208	15/19	710	Ron Miller	M	49	New York	NY	9:12	00:57:10.19
82	127/208	5/8	651	Vic Rossi	M	69	Hauppauge	NY	9:14	00:57:24.41
83	129/208	16/19	591	Micah Korn	M	45	South Huntington	NY	9:17	00:57:46.17
84	133/208	7/8	675	Jared Weingast	M	34	Woodbury	NY	9:22	00:58:14.35
85	136/208	6/10	616	Brian Mcgovern	M	58	Sea Cliff	NY	9:30	00:59:03.26
86	138/208	4/7	707	Warren Steinert	M	71	Wading River	NY	9:31	00:59:10.51
87	141/208	1/1	619	Jose Mendez	M	77	Brentwood	NY	9:39	01:00:01.10
88	145/208	3/5	721	Brian Albert	M	49	Massapequa	NY	9:45	01:00:37.37
89	148/208	8/8	652	Scott Rothstein	M	34	Roslyn	NY	9:53	01:01:30.77
90	152/208	4/5	590	Robert Kopetic	M	45	Glen Head	NY	9:57	01:01:50.18
91	154/208	7/10	687	Mark Frankel	M	59	Great Neck	NY	10:00	01:02:11.70
92	155/208	11/12	594	Linc Leder	M	39	Melville	NY	10:00	01:02:14.52
93	156/208	6/6	633	George O'neal	M	29	Centereach	NY	10:01	01:02:20.63
94	160/208	17/19	611	Michael Mascioli	M	45	North Merrick	NY	10:06	01:02:46.19
95	168/208	6/8	621	Ben Milone	M	66	Ozone Park	NY	10:33	01:05:39.34
96	170/208	7/8	523	Kevin Byrne	M	66	Garden City	NY	10:36	01:05:55.64
97	175/208	8/8	690	Alan Mensch	M	69	Melville	NY	10:57	01:08:07.29
98	176/208	4/4	702	Harley Lederer	M	24	Long Beach	NY	10:58	01:08:09.93
99	180/208	12/12	526	Joseph Castrogiovanni	M	37	West Babylon	NY	11:10	01:09:29.24
100	182/208	5/7	663	Frederick Smith	M	71	Hempstead	NY	11:30	01:11:29.72
101	183/208	5/5	588	Mohammed Khadeer	M	48	Stamford	CT	11:33	01:11:46.54
102	186/208	8/10	566	Steve Gerson	M	57	East Meadow	NY	11:44	01:12:58.72
103	187/208	9/10	565	Mark Gelbien	M	59	Farmingdale	NY	11:45	01:13:04.54
104	188/208	18/19	546	Brian Dobkin	M	49	New Hyde Park	NY	11:52	01:13:46.80
105	189/208	6/7	726	Stanley Kalinoski	M	71	Commack	NY	11:55	01:14:08.12
106	190/208	7/7	674	James Wegryzn	M	70	Brightwaters	NY	12:03	01:14:53.96
107	193/208	19/19	558	Mitchell Feder	M	47	Dix Hills	NY	12:08	01:15:26.60
108	194/208	10/10	602	J C Mallonga	M	59	Long Island	NY	12:08	01:15:27.56

# Blue Ribbon Run For Prostate Cancer

November 15, 2015

10K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
109	197/208	6/6	593	Vasamtha Ranaganathan	M	43	Wantagh	NY	12:34	01:18:08.97