

Timberman Triathlon

July 11, 2015

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	10/167	1/75	236	Jena Ogston	44	F	Duluth	MN	00:09:50.92	00:31:19.95	00:22:02.02		01:05:19.54

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/167	1/92	20	Adam Himes	43	M	Plymouth	MN	00:09:30.63	00:28:06.35	00:18:17.63		00:57:34.38

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/167	4/75	289	Kerri Persons	40	F	Duluth	MN	00:09:50.14	00:30:53.77	00:23:39.59		01:06:41.36

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/167	2/92	177	John Garrison	43	M	Cohasset	MN	00:09:54.57	00:27:59.67	00:18:41.63		00:58:40.84

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	104/167	35/75	250	Quincy Shelp	11	F	Maple Plain	MN	00:11:46.86	00:39:57.97	00:29:41.08		01:24:23.78
2	138/167	56/75	251	Camila Schubring	15	F	Minneapolis	MN	00:09:50.52	00:43:17.96	00:38:36.22		01:34:06.99

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	52/167	44/92	130	Hunter Kovach	14	M	Duluth	MN	00:11:46.28	00:36:53.39	00:22:27.00		01:14:04.73

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Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	27/167	6/75	252	Hannah Bettendorf	16	F	Duluth	MN	00:10:24.13	00:33:18.43	00:20:35.38		01:08:13.64
2	96/167	29/75	253	Mallery Lind	16	F	Hibbing	MN	00:11:56.29	00:41:52.64	00:26:22.07		01:22:47.57
3	109/167	39/75	258	Edyn Isaacs	19	F	Maple Grove	MN	00:10:05.34	00:42:12.66	00:30:31.31		01:25:21.55

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/167	4/92	132	Joshua Kemp	16	M	Floodwood	MN	00:10:17.60	00:30:36.22	00:18:45.20		01:01:28.40
2	21/167	17/92	222	Vasek Cervenka	16	M	Grand Rapids	MN	00:13:29.88	00:31:00.43	00:19:12.53		01:07:09.79
3	29/167	23/92	134	Andrew Cook	16	M	Hibbing	MN	00:08:58.62	00:34:41.57	00:22:44.30		01:08:28.55

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	89/167	23/75	260	Jocelyn Hokkanen	24	F	Lino Lakes	MN	00:10:35.38	00:37:43.62	00:28:48.93		01:21:52.23
2	117/167	44/75	259	Jackie Sagedahl	22	F	Bovey	MN	00:10:49.10	00:38:53.99	00:31:52.32		01:26:14.72

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	51/167	43/92	141	Christian Froemke	23	M	Lino Lakes	MN	00:11:39.95	00:35:50.88	00:23:16.00		01:13:57.84
2	61/167	50/92	138	Andrew Kutz	22	M	Sartell	MN	00:11:50.88	00:37:25.15	00:23:00.37		01:15:07.13
3	78/167	61/92	142	Benjamin Griggs	24	M	Grand Forks	ND	00:08:40.12	00:39:40.76	00:26:42.05		01:19:14.81

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	22/167	5/75	266	Jennifer Lucarelli	29	F	Marshfield	WI	00:09:41.13	00:33:37.19	00:21:56.35		01:07:18.55
2	81/167	18/75	267	Amanda Sutherland	29	F	Woodbury	MN	00:10:07.88	00:39:34.84	00:25:26.11		01:20:28.36
3	118/167	45/75	263	Andrea Price	29	F	Plymouth	MN	00:10:06.96	00:41:09.06	00:29:55.99		01:26:20.20

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Overall Division Results

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Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	70/167	56/92	143	James Wolter	26	M	Fargo	ND	00:12:41.95	00:36:18.99	00:25:33.99		01:17:59.73
2	119/167	74/92	144	Sam Evans	26	M	Grand Rapids	MN	00:11:35.86	00:39:23.40	00:31:19.38		01:26:23.27

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	15/167	3/75	288	Bettina Keppers	32	F	Duluth	MN	00:09:06.35	00:30:26.43	00:24:22.87		01:06:31.53
2	57/167	11/75	273	Julie Feldman	34	F	Inver Grove Heights	MN	00:11:50.64	00:33:10.43	00:26:50.94		01:14:34.70
3	69/167	14/75	274	Heather Marden	34	F	Cannon Falls	MN	00:09:32.59	00:37:01.16	00:28:13.33		01:17:44.66

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/167	12/92	151	Craig Walli	33	M	Hibbing	MN	00:10:31.87	00:31:59.26	00:21:51.40		01:06:17.10
2	19/167	15/92	149	Fr. Ben Hadrich	32	M	International Falls	MN	00:10:45.37	00:32:44.90	00:20:06.03		01:06:58.54
3	24/167	19/92	148	Nicholas Rogers	31	M	Eden Prairie	MN	00:11:29.36	00:32:51.41	00:18:46.27		01:07:38.79

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/167	2/75	21	Tara Makinen	36	F	Grand Rapids	MN	00:10:20.60	00:30:55.93	00:22:03.21		01:05:22.35
2	47/167	8/75	277	Rachel Odland	35	F	White Bear Lake	MN	00:12:47.85	00:36:04.48	00:22:10.08		01:13:15.28
3	55/167	10/75	282	Jennifer Cornett	36	F	Blaine	MN	00:11:46.39	00:35:10.31	00:23:09.37		01:14:20.56

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/167	3/92	157	Dave Thomes	35	M	Brainerd	MN	00:10:45.12	00:28:54.68	00:19:29.16		01:00:54.42
2	5/167	5/92	156	Philip Imholte	35	M	Grand Rapids	MN	00:09:04.37	00:32:22.58	00:19:29.69		01:02:28.49
3	12/167	10/92	161	Josh Troumbly	36	M	Bovey	MN	00:11:37.87	00:29:46.66	00:21:24.97		01:05:44.79

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Overall Division Results

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Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	30/167	7/75	290	Shauna Joas	40	F	Eagan	MN	00:10:15.31	00:32:23.63	00:23:46.21		01:08:31.48
2	71/167	15/75	299	Marlo Gangi	44	F	Coleraine	MN	00:13:05.87	00:35:04.51	00:27:13.53		01:18:02.30
3	83/167	19/75	237	Paula Hedin	44	F	Grand Rapids	MN	00:12:41.98	00:40:28.42	00:24:08.17		01:20:37.42

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/167	8/92	173	Marc Grenier	42	M	Duluth	MN	00:10:19.55	00:30:45.74	00:20:35.98		01:04:34.74
2	9/167	9/92	183	Chris Morris	44	M	Hermantown	MN	00:10:32.64	00:31:03.15	00:21:23.18		01:04:51.44
3	13/167	11/92	170	Matthew Bettendorf	40	M	Duluth	MN	00:10:17.32	00:30:46.46	00:20:39.46		01:06:09.22

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	54/167	9/75	89	Petra Cervenka	48	F	Grand Rapids	MN	00:12:50.39	00:35:01.05	00:23:41.96		01:14:17.73
2	85/167	21/75	241	Paula Menzel	45	F	Hermantown	MN	00:13:55.43	00:38:49.39	00:25:50.09		01:21:13.33
3	91/167	25/75	246	Sandra Volkert	47	F	Denver	CO	00:13:16.83	00:36:10.65	00:28:51.78		01:22:03.88

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/167	14/92	196	Brent Johnson	48	M	Superior	WI	00:10:19.36	00:31:12.99	00:22:56.45		01:06:45.55
2	23/167	18/92	192	Doug Berg	47	M	Duluth	MN	00:11:11.54	00:30:27.97	00:23:11.13		01:07:34.52
3	28/167	22/92	65	Tim J Walker	49	M	Minnetonka	MN	00:10:12.13	00:30:32.07	00:24:57.29		01:08:19.39

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	87/167	22/75	128	Lorena Jenks	53	F	Fort Frances	ON	00:12:03.75	00:38:39.99	00:27:17.29		01:21:28.57
2	102/167	33/75	125	Renee Keppers	51	F	Duluth	MN	00:13:20.49	00:36:23.99	00:31:09.36		01:24:06.82
3	115/167	42/75	127	Betsy McBride	53	F	Grand Rapids	MN	00:13:59.53	00:39:53.77	00:28:41.93		01:26:10.70

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Overall Division Results

Sprint Individual

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	6/167	6/92	204	Daniel Duff	51	M	Duluth	MN	00:09:26.50	00:30:45.54	00:20:01.62		01:02:50.72
2	16/167	13/92	207	Tim Keppers	51	M	Duluth	MN	00:08:30.57	00:28:13.53	00:26:40.03		01:06:34.30
3	43/167	36/92	208	James Justus	52	M	Cohasset	MN	00:08:58.88	00:35:18.69	00:23:56.17		01:11:37.81

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	62/167	12/75	85	Judith Peters	55	F	St. Cloud	MN	00:12:55.73	00:34:52.60	00:24:35.81		01:15:23.47
2	134/167	52/75	86	Anne Howard	56	F	Superior	WI	00:12:59.80	00:41:51.77	00:32:04.75		01:31:14.27
3	156/167	67/75	88	Monica Holden	58	F	Minnetonka	MN	00:15:47.51	00:42:10.06	00:36:41.48		01:40:10.76

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	7/167	7/92	29	John Marshall	56	M	Minneapolis	MN	00:09:40.38	00:30:07.22	00:21:02.38		01:03:45.22
2	39/167	32/92	212	Steve Stromback	55	M	Duluth	MN	00:11:50.32	00:31:35.51	00:23:51.96		01:10:54.36
3	41/167	34/92	219	Paul Olson	57	M	Grand Rapids	MN	00:11:43.82	00:33:57.78	00:23:40.66		01:11:27.92

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	99/167	31/75	25	Leslie Stanaway	62	F	Minneapolis	MN	00:13:33.53	00:40:19.73	00:26:08.22		01:23:40.75
2	132/167	51/75	23	Patricia Sullivan Foss	60	F	Plymouth	MN	00:15:21.11	00:40:40.82	00:30:40.60		01:30:30.88
3	135/167	53/75	27	Nancy Roehr	62	F	Minneapolis	MN	00:14:06.65	00:38:43.37	00:33:59.52		01:31:35.80

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	59/167	48/92	229	Jim Miner	61	M	Duluth	MN	00:10:35.13	00:33:13.57	00:27:37.04		01:14:47.31
2	64/167	52/92	225	Mark Rauschenfels	60	M	Duluth	MN	00:11:48.49	00:32:17.39	00:28:48.80		01:16:10.56
3	112/167	71/92	224	Bob Fox	60	M	Carlton	MN	00:13:26.30	00:37:40.58	00:30:21.96		01:25:50.47

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Overall Division Results

Sprint Individual

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	139/167	57/75	169	Susanne Bakken	65	F	Duluth	MN	00:13:19.88	00:42:19.32	00:34:44.31		01:34:33.58
2	161/167	71/75	168	Jean Wood	66	F	Excelsior	MN	00:15:40.40	00:43:26.00	00:44:34.54		01:49:10.85
3	165/167	74/75	278	Suzanne Kane	68	F	Edina	MN	00:16:07.15	00:52:32.80	00:40:22.24		01:54:29.53

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	79/167	62/92	231	Tom Couillard	66	M	White Bear Lake	MN	00:12:16.14	00:35:09.28	00:28:31.38		01:19:39.65
2	141/167	84/92	232	Richard Simpson	67	M	Shorewood	MN	00:14:08.14	00:42:11.22	00:31:53.28		01:35:01.53
3	143/167	85/92	230	Joe Kandiko	65	M	Excelsior	MN	00:13:14.71	00:40:25.08	00:36:10.79		01:35:18.19

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	164/167	91/92	234	Francis Tuominen	72	M	Brooklyn Park	MN	00:16:41.14	00:45:32.91	00:41:05.07		01:51:06.19

Male Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	167/167	92/92	235	Robert Powers	91	M	White Bear Lake	MN	00:26:19.30	00:54:55.39	01:03:08.06		02:34:05.71

Timberman Triathlon

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Overall Division Results

Sprint Team

Male Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	1/22	441	The Trinity: Father - Son And Rolling Spirit	Chanhassen	MN	00:08:19.87	00:29:06.95	00:18:17.32		00:57:09.82

Female Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	5/22	443	Philippians 4:13	Duluth	MN	00:11:01.72	00:35:51.89	00:20:00.88		01:08:26.15

Coed Team

Div Place	Overall Plc/Total	No.	Name	City	St.	Swim	Bike	Run	Penalty	Time
1	3/22	428	The A B C's	Eagan	MN	00:11:26.88	00:35:13.33	00:18:18.18		01:06:18.29