

# USAT Duathlon National Championship

June 6, 2015

## Overall Division Results

Sprint

### Male Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	189/190	116/117	540	Edward Maruna	87	M	Arvada	CO	00:20:18.05	01:15:47.94	00:26:29.77		02:09:03.48

### Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	179/190	68/73	649	Graciela Val	76	F	Evanston	IL	00:17:56.49	00:59:33.02	00:19:52.36		01:40:16.68

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	142/190	96/117	542	Donald Ardell	77	M	St Petersburg	FL	00:12:15.76	00:51:16.21	00:13:50.50		01:19:51.06
2	163/190	104/117	536	Douglas Hoelscher	77	M	Golden Valley	MN	00:15:56.55	00:51:26.10	00:17:23.40		01:29:10.52
3	169/190	106/117	537	Jack Welber	78	M	Boulder	CO	00:14:53.32	00:55:44.28	00:16:01.69		01:31:26.42
4	171/190	107/117	541	James Girand	78	M	Palo Alto	CA	00:18:19.75	00:52:10.25	00:18:24.39		01:33:34.06
5	177/190	110/117	534	Lockett Wood	76	M	Lyons	CO	00:13:55.29	01:03:30.21	00:16:55.73		01:38:10.46
6	188/190	115/117	539	Harold L. Hering	79	M	Indianapolis	IN	00:21:06.74	01:14:01.75	00:27:15.96		02:08:12.58
7	190/190	117/117	538	Steven Jonas	79	M	East Setauket	NY	00:25:56.00	01:23:08.20	00:27:40.00		02:25:06.00

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	168/190	63/73	650	Heysoon Lee	71	F	Morristown	NJ	00:15:17.88	00:57:19.47	00:16:00.28		01:31:09.47
2	174/190	66/73	646	Barb Morgan	71	F	Tioga	PA	00:19:28.73	00:54:13.27	00:19:54.56		01:35:42.84
3	176/190	67/73	648	Ellouise Morse	72	F	Vista	CA	00:16:29.08	00:59:24.08	00:17:37.50		01:37:08.80
4	187/190	73/73	647	Virginia Poyner	71	F	Sarasota	FL	00:24:30.48	01:00:28.24	00:25:37.82	+00:02:00	01:56:57.09

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### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	105/190	83/117	530	Mike Mccarty	70	M	Marana	AZ	00:12:45.89	00:43:04.62	00:13:03.30		01:10:34.46
2	137/190	95/117	531	Bill Gaertner	71	M	St. Francis	WI	00:13:00.87	00:48:10.64	00:14:57.53		01:18:33.84
3	144/190	97/117	532	Bill Arnerich	71	M	Solvang	CA	00:12:08.56	00:50:31.34	00:15:38.34		01:21:02.44
4	172/190	108/117	533	Dick Morgan	73	M	Tioga	PA	00:19:08.28	00:51:18.84	00:22:04.16		01:34:36.67

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	180/190	69/73	642	Rosalind Jarrett Sepulveda	67	F	Los Angeles	CA	00:16:33.88	01:01:37.44	00:18:35.36		01:40:17.74
2	181/190	70/73	640	Eileen Briening	65	F	Hockessin	DE	00:15:16.51	01:02:13.91	00:19:13.63		01:40:35.80
3	184/190	71/73	643	Ann Rhea	68	F	Plymouth	MN	00:18:39.04	01:04:28.11	00:20:43.79		01:47:44.79
4	186/190	72/73	641	Jean Wood	66	F	Excelsior	MN	00:20:08.59	01:07:46.25	00:24:15.28		01:56:26.09

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	63/190	56/117	522	Mike Mcdowell	67	M	Swartz Creek	MI	00:11:35.19	00:40:15.46	00:12:37.97		01:05:53.85
2	101/190	81/117	520	Duane Millslage	65	M	Savage	MN	00:11:17.12	00:43:52.83	00:12:12.40		01:09:50.13
3	131/190	93/117	523	David Babbitt	67	M	Wyoming	MI	00:12:28.32	00:47:56.67	00:13:39.47		01:15:55.81
4	157/190	103/117	527	Edward Wright	69	M	Green Brook	NJ	00:13:43.48	00:52:25.25	00:16:06.12		01:25:41.90
5	178/190	111/117	524	Bela Kovacs	68	M	Lauderdale Lakes	FL	00:14:22.58	01:06:02.84	00:15:27.91		01:38:50.59
6	182/190	112/117	525	Richard Larson	69	M	Marietta	GA	00:15:14.15	01:01:53.52	00:20:25.84		01:41:11.14

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	112/190	28/73	634	Diane Travis	61	F	Clermont	FL	00:11:53.29	00:45:36.15	00:12:53.89		01:12:21.43
2	151/190	50/73	636	Jerianne Davis	61	F	Edmond	OK	00:13:17.42	00:53:31.57	00:14:25.52		01:23:10.30
3	164/190	60/73	635	Sally Almekinders	61	F	Chapel Hill	NC	00:15:37.78	00:54:53.75	00:17:14.45		01:29:24.36
4	173/190	65/73	637	Ann Stahel	63	F	Jacksonville	IL	00:14:52.21	01:00:08.72	00:16:50.34		01:34:49.44

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### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	27/190	26/117	509	David Morrow	62	M	Tarpon Springs	FL	00:10:07.29	00:38:18.63	00:10:38.96		01:00:29.90
2	49/190	45/117	506	Russ Jones	60	M	San Juan Capistrano	CA	00:10:13.60	00:39:57.08	00:12:17.90		01:04:06.86
3	56/190	50/117	511	Mike Lies	62	M	Lawrenceburg	IN	00:10:06.27	00:42:20.55	00:11:04.72		01:05:12.95
4	72/190	63/117	503	Warren Elvers	60	M	Getzville	NY	00:11:06.44	00:41:40.92	00:12:31.89		01:06:42.41
5	89/190	71/117	515	Jim Sumara	64	M	Brookfield	WI	00:11:29.40	00:42:17.35	00:12:52.34		01:08:26.35
6	90/190	72/117	505	Adam Nisson	60	M	Ipswich	MA	00:10:53.61	00:42:46.48	00:12:09.63		01:08:50.24
7	102/190	82/117	507	Les Shibata	60	M	Poway	CA	00:10:05.57	00:46:50.60	00:11:22.34		01:10:01.23
8	110/190	84/117	516	Roland Parsons	64	M	Petersburg	VA	00:11:18.57	00:46:33.98	00:12:20.16		01:12:01.24
9	126/190	90/117	514	John Arnett	64	M	Circle Pines	MN	00:11:38.64	00:47:50.14	00:12:44.75		01:14:50.06
10	133/190	94/117	513	Charles Szentesi	63	M	San Diego	CA	00:11:59.80	00:47:52.13	00:14:17.90		01:16:29.28
11	147/190	99/117	510	Robert Mabrey	62	M	Omaha	NE	00:12:57.79	00:53:43.11	00:13:19.18		01:22:27.82
12	175/190	109/117	512	Duane Swenson	63	M	Danbury	WI	00:17:20.39	00:58:46.28	00:18:40.19		01:37:01.97

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	38/190	3/73	627	Patty Peoples-Resh	59	F	Redlands	CA	00:10:17.12	00:39:39.44	00:11:22.74		01:02:40.54
2	50/190	5/73	619	Kristin Allyne	55	F	Chapel Hill	NC	00:10:34.47	00:40:56.24	00:11:24.67		01:04:22.80
3	66/190	8/73	622	Ellen Hart	57	F	Denver	CO	00:10:48.81	00:42:02.40	00:11:20.48		01:06:14.12
4	91/190	19/73	630	Lorrie Beck	59	F	Williamstown	NJ	00:11:05.69	00:43:55.74	00:12:13.06		01:08:51.55
5	123/190	34/73	628	Sherry Shelton	58	F	Alpharetta	GA	00:11:22.51	00:48:50.89	00:12:25.42		01:14:19.97
6	124/190	35/73	621	Gail Waldman	57	F	Vienna	VA	00:12:29.94	00:45:35.04	00:13:46.01		01:14:43.45
7	130/190	38/73	625	Sherrie Giles	58	F	Nashville	TN	00:12:09.36	00:47:59.35	00:13:29.92		01:15:27.71
8	136/190	42/73	624	Mary Rine	58	F	Alva	FL	00:12:09.85	00:49:35.19	00:13:38.99		01:17:54.87
9	143/190	47/73	623	Carol Whipple	58	F	Bellevue	WA	00:12:57.27	00:50:58.54	00:14:26.26		01:20:08.43
10	155/190	53/73	629	Marcia Lindblad	56	F	Fridley	MN	00:12:42.86	00:53:11.65	00:14:40.67		01:24:39.88
11	167/190	62/73	626	Tonsa Price-Edwards	58	F	Scottsdale	AZ	00:14:18.56	00:57:14.77	00:16:06.56		01:30:40.84
12	170/190	64/73	620	Anne Mclachlan	56	F	Carneys Point	NJ	00:14:54.52	00:58:23.27	00:17:36.65		01:32:45.14

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### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	15/190	15/117	480	Kerry Farrell	55	M	Federal Way	WA	00:09:22.14	00:35:43.88	00:10:20.85		00:57:08.19
2	24/190	23/117	491	Thomas Resh	58	M	Redlands	CA	00:10:14.10	00:37:05.93	00:11:16.19		01:00:03.83
3	47/190	44/117	481	Douglas Landau	55	M	Oak Hill	VA	00:10:28.14	00:40:51.48	00:11:02.68		01:04:05.90
4	51/190	46/117	490	Doug Leib	57	M	Tulsa	OK	00:10:29.02	00:41:02.33	00:11:02.00		01:04:29.05
5	53/190	48/117	497	Peter Rittenhouse	58	M	West Chester	PA	00:10:04.20	00:42:27.17	00:10:45.84		01:04:49.43
6	58/190	52/117	489	William Gunter	57	M	Clermont	FL	00:10:38.42	00:41:37.59	00:11:28.37		01:05:24.13
7	61/190	54/117	492	Louis Almekinders	58	M	Chapel Hill	NC	00:10:28.13	00:42:16.90	00:11:05.43		01:05:44.30
8	81/190	66/117	495	Anthony Benedict	58	M	Fort Lauderdale	FL	00:10:08.75	00:44:20.61	00:11:45.26		01:07:33.44
9	82/190	67/117	493	Chris Pearson	58	M	Sulphur Springs	TX	00:10:53.87	00:42:27.08	00:12:28.93		01:07:38.73
10	92/190	73/117	486	Bill Gilmore	56	M	Janesville	WI	00:10:03.89	00:45:59.49	00:11:15.16		01:09:02.79
11	98/190	78/117	484	Walter Lane	55	M	Westerly	RI	00:10:53.71	00:44:13.42	00:12:42.26		01:09:43.20
12	100/190	80/117	494	David Lasorsa	58	M	Port Angeles	WA	00:11:28.08	00:44:31.68	00:12:10.10		01:09:49.31
13	115/190	86/117	499	Mickey Syrop	59	M	Springfield	NJ	00:11:38.90	00:46:07.97	00:13:12.06		01:12:42.62
14	128/190	92/117	485	Dean Maruna	56	M	Erie	CO	00:11:17.49	00:47:18.44	00:14:56.56		01:15:03.81
15	146/190	98/117	496	Lamar Sepulveda	58	M	Los Angeles	CA	00:13:33.20	00:49:26.57	00:16:42.82		01:21:14.80
16	150/190	101/117	498	Nicholas Goetz	59	M	Lockport	IL	00:13:15.00	00:51:09.78	00:15:53.05		01:23:00.30

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	54/190	6/73	616	Geraldine Lupini	52	F	Milford	MI	00:10:25.23	00:41:43.94	00:11:23.16		01:05:00.20
2	118/190	31/73	609	Maday Lines	52	F	Murfreesboro	TN	00:10:05.71	00:51:04.05	00:11:09.90		01:14:02.88
3	119/190	32/73	612	Kim Mcintyre	53	F	Tempe	AZ	00:12:36.20	00:44:21.67	00:14:49.20		01:14:04.81
4	125/190	36/73	614	Tonya Armstrong	54	F	Muscatine	IA	00:12:40.86	00:46:35.72	00:13:22.11		01:14:46.19
5	132/190	39/73	615	Debby Jones	54	F	Bartlett	IL	00:11:41.00	00:50:26.14	00:12:22.07		01:16:15.47
6	145/190	48/73	611	Karen Saxena	53	F	Palo Alto	CA	00:12:29.64	00:52:06.06	00:13:42.15		01:21:02.80
7	158/190	55/73	613	Marta M Medcalf	54	F	Vashon	WA	00:14:41.20	00:54:05.12	00:14:44.15		01:26:21.97

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### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	14/190	14/117	474	Derek Hager	54	M	Minneapolis	MN	00:09:20.88	00:36:14.19	00:10:24.00		00:57:07.50
2	29/190	28/117	462	Frank Silva	50	M	Cocoa	FL	00:09:08.63	00:40:01.30	00:10:12.76		01:00:55.77
3	44/190	41/117	471	Ronnie Anderson	52	M	Milwaukee	WI	00:09:31.84	00:39:49.36	00:10:33.58	+00:02:00	01:03:36.18
4	52/190	47/117	464	Carlos Garcia	51	M	Weehawken	NJ	00:09:16.14	00:41:46.47	00:11:48.79		01:04:46.69
5	62/190	55/117	466	Tony Prado	51	M	Tampa	FL	00:10:11.66	00:42:55.74	00:11:21.97		01:05:51.80
6	64/190	57/117	465	Daniel Duff	51	M	Duluth	MN	00:10:08.92	00:43:12.71	00:10:53.97		01:06:08.61
7	65/190	58/117	475	Jeffrey Mayer	54	M	White Plains	NY	00:09:55.73	00:43:13.82	00:11:18.24		01:06:10.53
8	73/190	64/117	476	Jeffrey Gaura	50	M	Monroe	NC	00:10:47.38	00:42:30.12	00:11:36.31		01:06:46.57
9	95/190	75/117	473	John Slater	53	M	Snohomish	WA	00:10:20.54	00:44:48.30	00:11:46.34		01:09:07.49
10	96/190	76/117	472	Kenneth Varner	53	M	Vancouver	WA	00:10:42.88	00:44:12.76	00:12:47.41		01:09:17.17
11	165/190	105/117	463	Mark Mcdaniel	50	M	Fort Worth	TX	00:11:41.17	00:56:26.52	00:18:04.58		01:29:27.07

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	71/190	9/73	602	Christine Quantz	47	F	Soap Lake	WA	00:10:02.55	00:43:33.97	00:10:58.59		01:06:30.35
2	83/190	16/73	600	Lara Ray	46	F	Camarillo	CA	00:10:09.67	00:42:59.46	00:11:48.04		01:07:45.94
3	108/190	25/73	601	Anu Campbell	46	F	Klamath Falls	OR	00:11:06.11	00:47:00.16	00:12:10.31		01:11:48.00
4	109/190	26/73	606	Michele Schlessler	46	F	Denver	CO	00:12:38.90	00:42:58.84	00:13:57.30		01:11:55.68
5	166/190	61/73	604	Kristina Varner	49	F	Vancouver	WA	00:15:05.50	00:55:30.74	00:17:03.81		01:29:53.89

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### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	11/190	11/117	447	Glen Thompson	46	M	Davidson	NC	00:08:29.92	00:36:50.22	00:09:30.03		00:56:08.51
2	17/190	17/117	451	Michael O'riley	47	M	Colorado Springs	CO	00:08:50.32	00:37:11.08	00:09:37.14		00:57:35.13
3	39/190	36/117	458	Joe Livorsi	47	M	Tampa	FL	00:09:37.88	00:40:28.43	00:11:18.04		01:02:43.99
4	55/190	49/117	446	Andrew Snead	45	M	Raleigh	NC	00:10:31.14	00:40:41.72	00:12:04.15		01:05:00.45
5	69/190	61/117	455	Mike Kosteniuk	49	M	Edinboro	PA	00:09:45.98	00:43:00.30	00:12:11.22		01:06:25.47
6	75/190	65/117	454	Don Rodgers	49	M	Midlothian	VA	00:10:09.63	00:42:51.99	00:11:14.21		01:07:01.29
7	88/190	70/117	457	Tony Pennington	49	M	Manchester	TN	00:11:37.46	00:42:29.89	00:12:29.15		01:08:24.89
8	99/190	79/117	448	Brian Michael	46	M	Minneapolis	MN	00:10:03.97	00:46:01.68	00:12:08.30		01:09:44.30
9	113/190	85/117	449	Erik Tarkiainen	47	M	Camarillo	CA	00:11:23.94	00:46:56.49	00:12:39.81		01:12:28.72

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	36/190	2/73	590	Celia Dubey	43	F	Tarpon Springs	FL	00:10:05.61	00:39:52.64	00:10:57.80		01:02:18.56
2	76/190	11/73	586	Jennifer Fitzharris-Funk	40	F	Minneapolis	MN	00:10:14.31	00:43:46.35	00:11:33.83		01:07:08.54
3	94/190	20/73	592	Yakeitha Fitch	43	F	Bradenton	FL	00:10:32.74	00:43:53.67	00:12:19.67		01:09:02.97
4	106/190	23/73	594	Julie Logan	44	F	Wheaton	IL	00:11:46.12	00:44:35.06	00:12:56.68		01:11:06.64
5	111/190	27/73	588	Vivian Dimas	42	F	Dallas	TX	00:11:04.13	00:46:52.13	00:12:23.91		01:12:11.44
6	117/190	30/73	596	Amy Dettmer	44	F	Grand Rapids	MN	00:11:32.53	00:47:01.65	00:13:32.40		01:13:55.70
7	135/190	41/73	593	Peg Wright	44	F	Saint Paul	MN	00:12:37.97	00:48:32.15	00:14:12.45		01:17:52.47
8	138/190	43/73	591	Tracy Jenkins	43	F	Doylestown	PA	00:12:18.20	00:50:09.38	00:14:27.95		01:19:13.49
9	161/190	58/73	589	Kim Smith	42	F	Madison	WI	00:14:02.64	00:54:20.29	00:16:49.73		01:27:49.79
10	162/190	59/73	595	Mary Ellen Ross	44	F	East Falmouth	MA	00:13:31.49	00:56:21.47	00:15:13.50		01:28:13.10

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1	1/190	1/117	443	Kevin O'connor	44	M	Medina	MN	00:08:25.40	00:35:31.84	00:09:04.17		00:54:09.24
2	10/190	10/117	434	Jonathan Lee	42	M	Santa Rosa	CA	00:09:41.09	00:34:10.21	00:10:33.45		00:56:02.18
3	18/190	18/117	432	James Smith	42	M	Washington Crossing	PA	00:09:17.97	00:37:54.06	00:09:53.84		00:58:15.76
4	23/190	22/117	442	Thomas Woods	44	M	Lincoln	NE	00:09:16.81	00:39:23.72	00:09:58.03		00:59:59.12
5	26/190	25/117	429	Shannon Horn	41	M	Post Falls	ID	00:09:07.76	00:39:14.20	00:10:37.05		01:00:17.76
6	31/190	30/117	438	Oliver Goldstein	44	M	New York	NY	00:09:51.73	00:38:58.31	00:11:03.54		01:01:04.37
7	32/190	31/117	430	Tim Donahugh	41	M	Mukwonago	WI	00:08:44.20	00:41:29.73	00:09:53.95		01:01:29.97
8	33/190	32/117	441	Lou Moore	44	M	Westlake	OH	00:09:03.75	00:40:20.96	00:10:37.76		01:01:45.51
9	42/190	39/117	436	Rick Smith	43	M	Madison	WI	00:10:04.11	00:40:33.99	00:11:16.21		01:03:27.67
10	46/190	43/117	428	Marlon Haverdink	41	M	Orange City	IA	00:09:33.35	00:42:02.84	00:10:34.38		01:04:02.35
11	59/190	53/117	437	Roger Cornwall	44	M	Cincinnati	OH	00:10:22.50	00:41:28.16	00:11:53.37		01:05:31.74
12	116/190	87/117	435	Jan Andersson	42	M	Latrobe	PA	00:11:30.94	00:46:02.95	00:12:54.39		01:12:47.52
13	127/190	91/117	440	James Johnson	44	M	Hugo	MN	00:11:12.93	00:47:32.65	00:13:10.34		01:14:58.39

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	22/190	1/73	578	Kirsten Sass	36	F	Mckenzie	TN	00:09:44.30	00:38:09.35	00:10:36.03		00:59:44.05
2	85/190	17/73	426	Kelly Sampson	39	F	Waverly	IA	00:10:15.12	00:45:07.48	00:11:01.62		01:08:04.82
3	87/190	18/73	580	Meredith Dammers	38	F	Mount Pleasant	SC	00:10:15.64	00:44:10.38	00:11:27.30		01:08:11.43
4	103/190	21/73	582	Jennifer Borie	39	F	Laguna Niguel	CA	00:10:12.06	00:46:06.80	00:11:54.35		01:10:07.62
5	107/190	24/73	579	Krista Johnson	38	F	Eagan	MN	00:11:04.51	00:45:51.74	00:12:13.14		01:11:07.51
6	156/190	54/73	575	Lili Riffle	35	F	Upland	CA	00:11:35.72	00:58:49.57	00:13:16.15		01:25:36.03
7	160/190	57/73	576	Beth Victor	35	F	Carrollton	TX	00:14:38.51	00:55:55.46	00:15:19.68		01:27:29.79

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### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	3/190	3/117	412	Joe Johnson	35	M	Eagan	MN	00:08:12.31	00:35:25.21	00:09:21.96		00:54:30.16
2	20/190	20/117	414	Timothy Orris	35	M	North Liberty	IA	00:08:09.84	00:39:56.70	00:08:57.82		00:58:25.23
3	21/190	21/117	424	Nathan Budde	39	M	South Haven	MN	00:09:23.08	00:38:12.63	00:10:24.06		00:59:24.35
4	25/190	24/117	416	Leighton Overson	36	M	Sedro Woolley	WA	00:09:00.25	00:39:10.21	00:10:28.81		01:00:16.07
5	34/190	33/117	423	Matt Mccoy	39	M	Minneapolis	MN	00:09:36.05	00:40:17.72	00:10:23.10		01:02:07.76
6	37/190	35/117	413	Ryan Farnsworth	35	M	Evansville	WI	00:09:56.27	00:39:26.87	00:11:12.00		01:02:24.79
7	40/190	37/117	415	Chris Mosier	35	M	New York	NY	00:09:07.31	00:41:23.04	00:10:24.71		01:02:45.48
8	57/190	51/117	418	Blaine Stott	37	M	Kansas City	MO	00:09:47.21	00:42:10.30	00:11:37.53		01:05:21.14
9	84/190	68/117	421	Vince Huang	38	M	Beverly Hills	CA	00:10:35.33	00:43:10.87	00:12:13.71		01:08:00.56
10	86/190	69/117	420	Michael Bowman	37	M	Eagan	MN	00:10:58.51	00:43:46.32	00:11:41.98		01:08:08.55
11	93/190	74/117	422	Keith Kowalsky	39	M	Minneapolis	MN	00:10:15.57	00:45:22.74	00:11:41.26		01:09:02.86
12	148/190	100/117	417	Jordan Marshall	36	M	Fort Wayne	IN	00:13:04.71	00:51:45.25	00:15:03.33		01:22:32.59
13	183/190	113/117	425	Neal Isaak	38	M	Richardton	ND	00:14:02.26	01:08:36.62	00:20:03.32		01:46:14.79

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	48/190	4/73	571	Jennifer Scudiero	33	F	Eagan	MN	00:10:24.58	00:40:22.39	00:11:46.45		01:04:05.96
2	74/190	10/73	569	Courtney Wiseman	33	F	Corona	CA	00:10:18.99	00:43:10.57	00:11:29.32		01:07:00.20
3	77/190	12/73	409	Shelley Tschida	32	F	Vadnais Heights	MN	00:11:04.47	00:41:28.47	00:12:29.09		01:07:13.85
4	114/190	29/73	566	Debbie Casandra	30	F	Tampa	FL	00:11:37.80	00:45:48.30	00:13:20.11		01:12:29.42
5	122/190	33/73	568	Renee Vardy	30	F	Andover	KS	00:10:52.15	00:49:56.64	00:11:24.87		01:14:17.51
6	149/190	49/73	570	Sara Wefel Collison	33	F	Independence	MN	00:12:34.09	00:53:47.50	00:13:46.19		01:22:35.17



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### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	2/190	2/117	402	Mario Czarnomski	32	M	Cedar Rapids	IA	00:08:10.85	00:35:35.24	00:09:23.46		00:54:27.21
2	6/190	6/117	403	Nathan Hoffman	32	M	South Haven	MN	00:07:59.51	00:37:01.79	00:09:06.66		00:55:24.35
3	16/190	16/117	397	Jason Karavidas	30	M	San Diego	CA	00:08:40.15	00:38:01.70	00:09:40.45		00:57:26.66
4	28/190	27/117	408	Steve Stenzel	34	M	St. Paul	MN	00:08:49.94	00:40:56.82	00:09:21.44		01:00:41.98
5	30/190	29/117	399	Justin Graves	31	M	Grosse Pointe Park	MI	00:08:29.85	00:41:23.91	00:09:48.41		01:00:59.68
6	35/190	34/117	401	William Vardy	31	M	Wichita	KS	00:09:54.17	00:40:30.33	00:10:19.65		01:02:15.52
7	43/190	40/117	404	Michael Ashworth	33	M	Hackettstown	NJ	00:09:07.13	00:41:36.42	00:11:10.44		01:03:32.48
8	97/190	77/117	405	Luis Lora	33	M	Winter Park	FL	00:09:36.20	00:46:37.28	00:10:42.04		01:09:19.65
9	120/190	88/117	400	John Victor	31	M	Carrollton	TX	00:10:30.51	00:49:12.96	00:13:01.10		01:14:10.75
10	121/190	89/117	406	Brandon Garrett	33	M	Forest Lake	MN	00:10:31.47	00:50:30.99	00:11:53.12		01:14:12.41
11	152/190	102/117	398	Adam Warrix	30	M	Fort Wayne	IN	00:14:08.25	00:51:13.56	00:16:30.28		01:23:55.11

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	78/190	13/73	561	Lindsey Torgerson	28	F	Laredo	TX	00:10:07.90	00:42:53.52	00:12:14.36		01:07:15.27
2	104/190	22/73	558	Karah Osterberg	27	F	North Aurora	IL	00:10:57.98	00:45:00.84	00:12:15.45		01:10:10.56
3	129/190	37/73	556	Sara Dalton	26	F	St. Cloud	MN	00:11:38.30	00:49:02.35	00:12:34.99		01:15:17.00
4	134/190	40/73	555	Chelsea E Vancott	25	F	Oceanside	CA	00:10:18.17	00:51:03.47	00:13:43.15		01:16:53.42
5	140/190	45/73	559	Ashley Sullivan	27	F	Saint Paul	MN	00:11:27.16	00:51:56.88	00:13:53.05		01:19:35.31
6	141/190	46/73	557	Jessica Oneil	26	F	Frederick	MD	00:11:29.43	00:54:15.79	00:12:15.37		01:19:47.61
7	153/190	51/73	560	Jennifer Richter	28	F	Fishers	IN	00:12:58.78	00:52:26.94	00:16:45.73		01:24:22.30

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	12/190	12/117	391	William Geib	26	M	Wilmington	DE	00:08:11.58	00:37:37.94	00:09:29.43		00:56:40.28
2	19/190	19/117	394	Ben Gadomski	28	M	Fort Collins	CO	00:08:48.63	00:38:02.81	00:10:04.06		00:58:20.19
3	41/190	38/117	392	Matt Orzechowski	27	M	Richfield	MN	00:10:39.01	00:39:06.37	00:11:40.73		01:03:14.19
4	68/190	60/117	393	John Sullivan	28	M	St. Paul	MN	00:10:06.80	00:42:00.44	00:12:37.85		01:06:22.44

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### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	139/190	44/73	551	Ashley Heinlein	24	F	Stillwater	MN	00:11:58.14	00:51:46.62	00:13:43.97		01:19:34.08
2	154/190	52/73	550	Annie Linder	24	F	Lacrosse	WI	00:14:15.07	00:52:44.07	00:14:59.34		01:24:27.84
3	159/190	56/73	549	Sydney Le Cras	20	F	Mooresville	NC	00:11:35.50	00:59:17.56	00:13:47.42		01:27:05.95

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	4/190	4/117	385	Keith Jackson	23	M	McDonough	GA	00:08:49.91	00:35:34.65	00:09:01.84		00:54:32.25
2	5/190	5/117	383	Daniel Pearson	20	M	Brookfield	WI	00:08:15.18	00:37:01.90	00:08:44.35		00:55:10.52
3	8/190	8/117	386	Mark Caballero	23	M	Milwaukee	WI	00:08:09.96	00:37:21.38	00:08:58.38		00:55:43.42
4	9/190	9/117	384	Sean Price	23	M	Long Beach	CA	00:08:10.11	00:37:22.43	00:08:57.38		00:55:46.71
5	13/190	13/117	387	Paul Smith	24	M	Westfield	IN	00:09:06.53	00:36:29.48	00:10:11.27		00:56:55.30

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	60/190	7/73	546	Rebecca Naughton	17	F	Des Moines	IA	00:10:13.24	00:42:47.08	00:11:16.61		01:05:40.20
2	79/190	14/73	544	Lauren Garriques	15	F	Lake Forest	IL	00:09:54.86	00:45:23.81	00:10:42.07		01:07:27.72
3	80/190	15/73	545	Kaytlynn Welsch	15	F	Alvin	TX	00:09:30.12	00:46:39.79	00:10:05.85		01:07:30.99

### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	7/190	7/117	379	Timothy Winslow	19	M	Elk Grove	CA	00:08:11.82	00:37:05.10	00:09:15.08		00:55:39.87
2	45/190	42/117	377	Patrick Wells	16	M	Burbank	CA	00:08:50.55	00:42:35.65	00:11:12.97		01:03:42.08
3	67/190	59/117	375	Dalton Collins	15	M	Washburn	WI	00:09:39.58	00:44:05.35	00:10:42.75		01:06:14.32
4	70/190	62/117	380	Jack Olson	16	M	Golden Valley	MN	00:09:02.58	00:46:05.79	00:10:03.72		01:06:25.52
5	185/190	114/117	376	Timothy Wells	16	M	Burbank	CA	00:08:06.60	01:28:52.85	00:10:50.18		01:48:56.80