

ShamRock N Run 5K

August 6, 2016

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
1	16/577	1/76	494	Nicole Hippen	F	25	Independence	IA	6:27	00:20:11.35	00:20:05.40
2	18/577	1/27	403	Hope Dohlman	F	15	Cresco	IA	6:30	00:20:18.88	00:20:14.25
3	24/577	2/27	402	Lauren Boevers	F	14	Waverly	IA	6:49	00:21:15.71	00:21:11.01
4	33/577	1/100	369	Amber Sheeley	F	36	Solon	IA	6:57	00:21:49.16	00:21:37.51
5	42/577	2/76	676	Darcy Vanmiddendorrn	F	28	Doon	IA	7:04	00:22:10.32	00:22:00.18
6	43/577	3/76	356	Melissa Summers	F	29	Waterloo	IA	7:05	00:22:10.67	00:22:02.29
7	44/577	1/64	647	Megan Fereday	F	42	Cedar Falls	IA	7:06	00:22:15.80	00:22:04.15
8	46/577	2/100	611	Kaci Maire	F	30	Cedar Rapids	IA	7:08	00:22:17.92	00:22:11.81
9	51/577	3/100	162	Danielle Rohret	F	38	Waterloo	IA	7:15	00:22:40.56	00:22:33.44
10	54/577	3/27	481	Kadi Wright	F	18	Dike	IA	7:19	00:22:48.67	00:22:44.04
11	61/577	4/100	397	Liz Winter	F	38	Jesup	IA	7:22	00:23:01.86	00:22:56.15
12	63/577	5/100	173	Brandi Ward	F	32	North Liberty	IA	7:26	00:23:17.67	00:23:08.04
13	64/577	4/27	493	Adriana Kammerer	F	19	Coralville	IA	7:26	00:23:11.61	00:23:08.36
14	65/577	6/100	348	Kristin Carpenter	F	35	Cedar Falls	IA	7:26	00:23:16.71	00:23:08.57
15	71/577	7/100	28	Kristin Stanford	F	37	Waterloo	IA	7:30	00:23:32.37	00:23:20.14
16	73/577	4/76	499	Krista Schmidt	F	23	Waverly	IA	7:30	00:23:32.17	00:23:21.01
17	76/577	8/100	713	Stephanie Strouse	F	31	Waterloo	IA	7:33	00:24:56.42	00:23:29.01
18	77/577	1/57	88	Mary Steffensmeier	F	53	Waterloo	IA	7:34	00:23:38.85	00:23:33.20
19	81/577	9/100	244	Katie Longlett	F	39	Wilton	IA	7:48	00:24:22.68	00:24:14.12
20	82/577	10/100	733	Beth Haile	F	32	Waterloo	IA	7:48	00:24:39.99	00:24:17.13
21	83/577	11/100	470	Rachel Schmit	F	31	Cedar Rapids	IA	7:49	00:24:29.82	00:24:20.02
22	84/577	5/76	693	Danielle Carlson	F	25	Cedar Falls	IA	7:51	00:25:48.10	00:24:24.83
23	89/577	2/64	248	Lora Sink	F	47	Cedar Falls	IA	7:56	00:24:47.90	00:24:40.25
24	90/577	1/22	144	Mkenzie Robinson	F	12	Marshalltown	IA	7:59	00:24:58.86	00:24:50.73
25	91/577	5/27	706	Abigail Turner	F	15	Jackson	MN	8:00	00:25:12.88	00:24:52.73
26	93/577	6/27	120	Alana Corwin	F	13	Dike	IA	8:01	00:25:23.65	00:24:55.22
27	94/577	2/57	119	Mary Corwin	F	53	Dike	IA	8:01	00:25:23.86	00:24:55.47
28	95/577	12/100	159	Allison Robinson	F	33	Waterloo	IA	8:01	00:25:34.60	00:24:56.99
29	96/577	13/100	26	Rachel Antonuccio	F	36	West Branch	IA	8:03	00:25:13.68	00:25:01.30
30	101/577	14/100	111	Leah Stumme	F	38	Waterloo	IA	8:06	00:25:55.90	00:25:11.10
31	105/577	6/76	354	Hailey Franke	F	21	Janesville	IA	8:09	00:26:13.68	00:25:20.28
32	106/577	3/64	334	Jennifer Goodrich	F	42	Waterloo	IA	8:09	00:26:31.43	00:25:21.04
33	107/577	7/27	471	Jenna Schott	F	14	Waterloo	IA	8:10	00:26:05.28	00:25:24.59
34	110/577	15/100	55	Jen Troyna	F	35	Aplington	IA	8:12	00:26:26.93	00:25:29.29
35	114/577	7/76	203	Hannah Gerk	F	28	Saint Ansgar	IA	8:13	00:25:53.93	00:25:33.79
36	115/577	3/57	352	Kim Hurlburt	F	56	Waterloo	IA	8:13	00:25:46.93	00:25:34.69
37	116/577	8/76	204	Lauren Wittig	F	25	Saint Ansgar	IA	8:14	00:25:55.54	00:25:34.90
38	117/577	9/76	411	Caitlin Kouba	F	26	Cedar Falls	IA	8:15	00:25:54.43	00:25:39.52
39	118/577	8/27	280	Lauren Dunlay	F	18	Waterloo	IA	8:15	00:26:00.99	00:25:40.34
40	119/577	10/76	338	Ashley Ulrich	F	26	Waterloo	IA	8:16	00:25:54.68	00:25:41.79
41	125/577	16/100	372	Kristen Toppin	F	30	Waterloo	IA	8:24	00:26:54.17	00:26:07.78
42	130/577	17/100	105	Alisa Engelhardt	F	36	Waterloo	IA	8:26	00:26:24.15	00:26:13.05
43	133/577	11/76	401	Lauren Fitzgerald	F	21	Dyersville	IA	8:28	00:27:04.16	00:26:20.02
44	135/577	12/76	375	Laura Twedt	F	26	Cedar Falls	IA	8:29	00:26:36.35	00:26:22.65
45	136/577	4/64	643	Erin Mcgrane	F	40	Cedar Falls	IA	8:29	00:27:27.12	00:26:23.48
46	137/577	13/76	4	Jamie Frederick	F	28	Davenport	IA	8:30	00:27:47.25	00:26:26.40
47	139/577	18/100	340	Leilana Kruchek	F	35	Cedar Falls	IA	8:32	00:27:34.18	00:26:31.79
48	141/577	9/27	679	Mikayla Lies	F	13	Johnston	IA	8:35	00:27:15.14	00:26:42.03
49	142/577	19/100	405	Heidi Dohlman	F	37	Cedar Falls	IA	8:35	00:27:49.69	00:26:42.15
50	145/577	20/100	419	Lindsay Taylor	F	33	Cedar Falls	IA	8:41	00:28:07.18	00:26:59.83
51	148/577	14/76	699	Kelsey Garvin	F	20	West Union	IA	8:42	00:27:10.93	00:27:03.78
52	149/577	15/76	49	Jennifer Grindberg	F	23	Waterloo	IA	8:43	00:27:25.68	00:27:06.80
53	150/577	16/76	610	Jil Tell	F	25	Waterloo	IA	8:43	00:27:35.84	00:27:08.01

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Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
54	153/577	21/100	626	Evelina Sabanagic	F	39	Waterloo	IA	8:45	00:27:30.97	00:27:12.16
55	154/577	17/76	728	Kristen Winter	F	26	Waterloo	IA	8:45	00:28:18.43	00:27:13.58
56	155/577	5/64	13	Elizabeth Mahlstedt	F	46	Waterloo	IA	8:45	00:27:56.37	00:27:14.05
57	156/577	22/100	641	Rachel Dancer	F	37	Cedar Falls	IA	8:46	00:28:18.13	00:27:14.49
58	160/577	6/64	241	Beth Seuferer	F	45	Des Moines	IA	8:52	00:28:04.92	00:27:33.28
59	163/577	2/22	290	Lakota Moses	F	11	Waterloo	IA	8:54	00:27:49.43	00:27:40.01
60	166/577	4/57	73	Charlotte Strub	F	59	Cedar Falls	IA	8:56	00:28:13.85	00:27:46.24
61	167/577	7/64	153	Amy Kimball	F	42	Waterloo	IA	8:56	00:28:12.43	00:27:46.54
62	170/577	18/76	208	Ashton Fisher	F	25	Cedar Falls	IA	8:59	00:29:04.83	00:27:55.93
63	171/577	19/76	224	Anna Siebel	F	25	Waterloo	IA	8:59	00:29:04.63	00:27:56.06
64	172/577	20/76	452	Jordan Brooks	F	27	Independence	IA	8:59	00:28:19.68	00:27:56.79
65	175/577	23/100	357	Heather Gant	F	30	Waterloo	IA	9:05	00:28:29.94	00:28:13.55
66	176/577	10/27	617	Mary Venenga	F	16	Dike	IA	9:05	00:28:31.12	00:28:14.77
67	177/577	8/64	309	Tara Jarchow	F	40	Lisbon	IA	9:06	00:28:27.67	00:28:16.85
68	178/577	9/64	410	Amy Metcalf	F	45	Dike	IA	9:07	00:28:37.80	00:28:21.22
69	180/577	10/64	174	Kristi Jasper	F	49	Waterloo	IA	9:09	00:29:13.15	00:28:26.72
70	181/577	24/100	376	Ashley Hanson	F	31	Waterloo	IA	9:09	00:29:24.93	00:28:27.15
71	182/577	25/100	689	Ashley Idneal	F	31	Waterloo	IA	9:09	00:29:24.34	00:28:27.89
72	183/577	5/57	492	Allison Peel	F	57	Des Moines	IA	9:11	00:28:57.31	00:28:33.18
73	184/577	11/64	165	Tina Ohl	F	43	Independence	IA	9:11	00:29:23.93	00:28:33.62
74	186/577	12/64	86	Robyn Rodenburgh	F	40	Waterloo	IA	9:14	00:29:12.94	00:28:42.50
75	187/577	21/76	296	Morgan Pike	F	25	Cedar Falls	IA	9:14	00:28:56.30	00:28:43.17
76	188/577	11/27	301	Jae Fleshner	F	15	Cedar Falls	IA	9:15	00:29:02.68	00:28:46.35
77	189/577	6/57	190	Karen Steffes	F	51	Cedar Falls	IA	9:19	00:29:37.69	00:28:58.23
78	190/577	26/100	362	Danielle Wingrove	F	39	Waterloo	IA	9:21	00:29:57.67	00:29:03.05
79	191/577	27/100	440	Jenny Brustkern	F	30	Waterloo	IA	9:21	00:29:19.65	00:29:05.36
80	192/577	28/100	715	Beth Greene	F	36	Fairfax	IA	9:22	00:29:53.18	00:29:07.36
81	195/577	29/100	712	Rocio Davila	F	32	Cedar Falls	IA	9:24	00:31:20.11	00:29:12.47
82	196/577	30/100	85	Sunshine Yang	F	39	Cedar Falls	IA	9:25	00:30:15.11	00:29:16.79
83	197/577	31/100	146	Becky Riess	F	39	Muscatine	IA	9:27	00:29:31.44	00:29:22.02
84	198/577	7/57	106	Sue Thompson	F	53	Evansdale	IA	9:27	00:31:10.13	00:29:24.45
85	199/577	22/76	107	Emma Thompson	F	27	Evansdale	IA	9:27	00:31:10.13	00:29:24.45
86	200/577	23/76	426	Kourtney Underwood	F	22	Cedar Falls	IA	9:28	00:29:59.68	00:29:25.33
87	201/577	24/76	427	Leah Franklin	F	22	Traer	IA	9:28	00:30:00.96	00:29:27.22
88	203/577	13/64	136	Sharon Mahoney	F	42	Walker	IA	9:29	00:29:56.24	00:29:29.44
89	204/577	32/100	231	Sarah Wheeler	F	32	Culbertson	NE	9:30	00:29:45.20	00:29:31.51
90	205/577	33/100	237	Jessica Ott	F	30	Waterloo	IA	9:30	00:29:46.18	00:29:32.51
91	206/577	25/76	417	Kirsten Jacobsen	F	27	Cedar Falls	IA	9:30	00:30:02.11	00:29:32.61
92	207/577	8/57	101	Sandi Brennan	F	59	Waterloo	IA	9:30	00:30:00.49	00:29:32.88
93	208/577	34/100	416	Nicole Arntz	F	37	Waterloo	IA	9:30	00:30:02.31	00:29:33.67
94	209/577	35/100	294	Amy Thurm	F	30	Denver	IA	9:32	00:30:12.86	00:29:38.11
95	210/577	26/76	145	Hannah Anderson	F	29	Waterloo	IA	9:32	00:30:13.77	00:29:38.63
96	211/577	14/64	680	Sue Jurgensen	F	46	Westgate	IA	9:32	00:30:10.35	00:29:38.71
97	212/577	27/76	694	Katie Squires	F	25	Waterloo	IA	9:33	00:30:35.43	00:29:40.81
98	213/577	28/76	209	Kathryn Jetter	F	29	Waterloo	IA	9:33	00:30:27.19	00:29:42.30
99	214/577	29/76	370	Marin Verhulst	F	23	Dike	IA	9:34	00:30:10.19	00:29:44.83
100	215/577	1/22	695	Michele Arends	F	61	Cedar Falls	IA	9:34	00:30:05.56	00:29:44.92
101	216/577	36/100	78	Gina Jordan-Burg	F	34	Waterloo	IA	9:36	00:30:15.92	00:29:52.21
102	217/577	30/76	157	Jessi Reiher	F	22	Waterloo	IA	9:38	00:30:21.94	00:29:57.60
103	219/577	31/76	199	Tiffany Garvin	F	25	Waterloo	IA	9:38	00:30:04.13	00:29:58.00
104	220/577	37/100	423	Ashley Backes	F	34	Waterloo	IA	9:39	00:31:25.18	00:30:00.28
105	222/577	32/76	300	Jordan Larkin	F	29	Dubuque	IA	9:44	00:30:32.94	00:30:17.43
106	223/577	3/22	302	Avery Fleshner	F	12	Cedar Falls	IA	9:45	00:30:34.46	00:30:18.10

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
107	225/577	33/76	500	Kayla Bruns	F	22	Huxley	IA	9:45	00:30:34.19	00:30:19.05
108	226/577	9/57	489	Janell Hoey	F	53	Cottage Grove	WI	9:45	00:31:01.42	00:30:20.51
109	228/577	34/76	424	Megan Schau	F	25	Waterloo	IA	9:48	00:31:08.19	00:30:29.80
110	229/577	35/76	158	Cassie Freidig	F	28	Waterloo	IA	9:50	00:30:58.94	00:30:34.04
111	230/577	36/76	633	Megan Brodahl	F	24	Waterloo	IA	9:51	00:31:58.28	00:30:37.68
112	231/577	10/57	155	Julie Delagardelle	F	55	Waterloo	IA	9:52	00:31:42.69	00:30:39.44
113	232/577	11/57	5	Mary Frederick	F	52	Cedar Falls	IA	9:52	00:32:01.33	00:30:40.19
114	233/577	38/100	697	Heidi Ducharme	F	34	Dunkerton	IA	9:52	00:31:13.61	00:30:40.72
115	235/577	39/100	329	Casey Fonley	F	36	Cedar Falls	IA	9:52	00:31:13.61	00:30:41.73
116	236/577	2/22	108	Nancy Shell	F	63	Muscatine	IA	9:53	00:31:31.87	00:30:42.48
117	240/577	37/76	485	Lucy Walbruch	F	20	Savage	MN	9:53	00:31:17.65	00:30:44.32
118	241/577	38/76	151	Camille Hurst	F	26	Waterloo	IA	9:54	00:30:58.77	00:30:46.46
119	242/577	39/76	371	Kimberly Floss	F	28	Cedar Falls	IA	9:55	00:31:16.19	00:30:51.29
120	243/577	15/64	341	Mindy Ackerman	F	46	Readlyn	IA	9:57	00:32:12.67	00:30:54.90
121	244/577	16/64	482	Lisa Reiter	F	46	Gilbertville	IA	9:57	00:32:12.88	00:30:55.24
122	245/577	40/100	602	Jessica Phares	F	31	Waterloo	IA	9:57	00:31:36.54	00:30:57.70
123	246/577	12/57	328	Deb Schmitz	F	53	Evansdale	IA	10:02	00:32:04.69	00:31:12.56
124	247/577	17/64	140	Dalonna Clemens	F	46	Marshalltown	IA	10:03	00:31:26.40	00:31:15.56
125	248/577	41/100	623	Stacy Davis	F	31	Waterloo	IA	10:03	00:31:35.35	00:31:15.72
126	250/577	42/100	671	Angela Brown	F	36	Cedar Falls	IA	10:03	00:31:33.44	00:31:16.03
127	251/577	4/22	183	Adelyn Mckenna	F	12	Raymond	IA	10:04	00:32:49.63	00:31:17.47
128	252/577	18/64	428	Tami Powers	F	47	Cedar Falls	IA	10:05	00:32:46.59	00:31:21.23
129	253/577	13/57	206	Kristy Lichty	F	50	Evansdale	IA	10:07	00:32:23.43	00:31:26.78
130	255/577	40/76	444	Hillary Purvis	F	23	Waterloo	IA	10:10	00:32:53.45	00:31:36.56
131	256/577	14/57	458	Vicki Purvis	F	53	Gladbrook	IA	10:10	00:32:53.94	00:31:37.05
132	258/577	41/76	3	Samantha Pacha	F	29	Davenport	IA	10:12	00:32:01.53	00:31:44.16
133	260/577	12/27	143	Mckenna Pentico	F	13	Belmond	IA	10:13	00:32:25.22	00:31:46.56
134	261/577	42/76	154	Brooke Ullom	F	27	Waterloo	IA	10:13	00:32:27.44	00:31:47.17
135	264/577	19/64	326	Shawna Ringler	F	42	Altoona	IA	10:16	00:32:23.20	00:31:54.06
136	265/577	13/27	273	Mary Sutarik	F	19	Aurora	IL	10:16	00:32:19.37	00:31:56.26
137	266/577	14/27	277	Maria Roche	F	19	Waterloo	IA	10:16	00:32:19.37	00:31:56.26
138	268/577	43/76	89	Nicole Philbrick	F	28	Iowa City	IA	10:19	00:33:36.69	00:32:04.95
139	269/577	15/57	484	Mary Walbruch	F	54	Savage	MN	10:20	00:32:41.92	00:32:08.79
140	270/577	3/22	95	Terry Mcdowell-Hartsock	F	61	Muscatine	IA	10:25	00:33:12.74	00:32:22.62
141	273/577	43/100	77	Trisha Richardson	F	30	Waterloo	IA	10:29	00:34:08.19	00:32:35.29
142	274/577	5/22	75	Isabella Schoo	F	10	Waterloo	IA	10:29	00:34:08.69	00:32:35.55
143	275/577	20/64	252	Kara Plante	F	45	Waverly	IA	10:30	00:33:54.60	00:32:40.30
144	278/577	6/22	407	Melody Kremer	F	12	Independence	IA	10:35	00:32:58.34	00:32:53.64
145	279/577	16/57	731	Daha Varney	F	58	Waterloo	IA	10:35	00:34:18.94	00:32:53.96
146	280/577	17/57	311	Lynor Koch	F	57	Waterloo	IA	10:36	00:33:23.50	00:32:56.70
147	282/577	18/57	292	Sarah Dunleavy	F	53	Denver	IA	10:39	00:34:08.57	00:33:07.81
148	286/577	44/100	295	Jennifer Stoltenberg	F	36	Shell Rock	IA	10:42	00:34:17.69	00:33:17.33
149	287/577	45/100	322	Tara Nissen	F	31	Waterloo	IA	10:44	00:34:02.30	00:33:21.39
150	288/577	15/27	668	Ashley Smith	F	15	Cedar Falls	IA	10:44	00:34:06.15	00:33:21.57
151	290/577	44/76	318	Montana Gourley	F	24	Oskaloosa	IA	10:44	00:34:32.45	00:33:22.86
152	291/577	46/100	53	Kala Miller	F	31	Waterloo	IA	10:45	00:33:41.17	00:33:25.02
153	292/577	45/76	435	Jessica Holley	F	27	Cedar Falls	IA	10:45	00:34:20.97	00:33:25.13
154	293/577	21/64	363	Kristi Anderson	F	43	Allison	IA	10:45	00:34:45.95	00:33:25.53
155	294/577	46/76	261	Kelcey Olson	F	24	Cedar Falls	IA	10:45	00:34:18.33	00:33:27.00
156	295/577	19/57	408	Amy Hetheron	F	50	Cedar Falls	IA	10:48	00:33:51.69	00:33:34.80
157	296/577	47/100	670	Stacia Dolan	F	32	Polk City	IA	10:49	00:35:16.94	00:33:36.65
158	297/577	48/100	38	Carissa Bacich	F	38	West Des Moines	IA	10:49	00:33:52.44	00:33:36.93
159	298/577	49/100	200	Chancie Garbe	F	31	Sioux Falls	SD	10:50	00:34:22.78	00:33:39.65

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160	299/577	4/22	46	Carla Lown	F	61	Waterloo	IA	10:50	00:34:08.19	00:33:42.28
161	300/577	16/27	393	Emily Nichols	F	18	Romeoville	IL	10:51	00:34:33.38	00:33:43.26
162	301/577	22/64	720	Christina Herbert	F	44	Waterloo	IA	10:51	00:35:05.44	00:33:45.23
163	303/577	20/57	67	Margaret Lubben	F	50	Hudson	IA	10:52	00:35:35.29	00:33:48.50
164	304/577	47/76	478	Kayla Hemesath	F	26	Cedar Falls	IA	10:56	00:34:13.94	00:33:58.30
165	305/577	50/100	477	Alicia Denney	F	31	Cedar Falls	IA	10:56	00:34:14.19	00:33:58.54
166	306/577	51/100	734	Rebecca Perry	F	30	Waterloo	IA	10:59	00:34:48.19	00:34:10.58
167	307/577	48/76	366	Aubrey Grant	F	20	Waterloo	IA	11:01	00:34:35.41	00:34:13.74
168	308/577	23/64	639	Kathy Grete	F	42	Cedar Falls	IA	11:01	00:35:51.16	00:34:14.73
169	309/577	7/22	718	Rachel Herbert	F	9	Waterloo	IA	11:01	00:35:36.70	00:34:16.08
170	311/577	24/64	6	Rebecca Yoder	F	47	Cedar Rapids	IA	11:04	00:34:51.19	00:34:25.05
171	313/577	5/22	170	Linda Mills	F	61	Cedar Falls	IA	11:08	00:35:19.65	00:34:37.33
172	315/577	21/57	453	Monica Robbins	F	58	Cedar Falls	IA	11:14	00:35:30.28	00:34:54.31
173	318/577	49/76	272	J. Morgan Shaffo	F	24	Amana	IA	11:15	00:36:17.19	00:34:59.42
174	319/577	8/22	613	Madison Ludolph	F	12	Waterloo	IA	11:17	00:36:02.93	00:35:04.04
175	320/577	6/22	687	Rita Shaebeil	F	67	Waterloo	IA	11:17	00:35:26.57	00:35:05.31
176	321/577	50/76	632	Abigail Lundy	F	26	Elk Run Heights	IA	11:18	00:35:30.63	00:35:06.75
177	323/577	25/64	34	Renee Cole	F	46	Iowa City	IA	11:21	00:36:07.20	00:35:17.80
178	325/577	26/64	473	Carrie Schott	F	44	Waterloo	IA	11:23	00:36:03.95	00:35:24.31
179	326/577	51/76	409	Isabelle Hayes	F	21	Cedar Falls	IA	11:25	00:36:24.23	00:35:29.00
180	328/577	52/76	436	Onyotse Agbese	F	29	Waterloo	IA	11:28	00:37:00.38	00:35:38.52
181	329/577	52/100	132	Tiffany Apling	F	33	Washburn	IA	11:28	00:37:29.20	00:35:40.22
182	330/577	27/64	385	Amy Lang	F	44	Cedar Falls	IA	11:29	00:37:40.38	00:35:41.03
183	332/577	9/22	465	Taytem Lehmann	F	8	Cedar Falls	IA	11:29	00:37:25.76	00:35:43.38
184	333/577	22/57	40	Janell Bradley	F	54	Wadena	IA	11:30	00:35:55.94	00:35:44.54
185	335/577	53/100	439	Brooke Wooldrik	F	31	Waterloo	IA	11:33	00:36:09.22	00:35:54.10
186	336/577	54/100	480	Christina Charlton	F	32	Waterloo	IA	11:34	00:36:20.99	00:35:57.35
187	338/577	55/100	260	Jennifer Hunemuller	F	31	Cedar Falls	IA	11:38	00:36:58.55	00:36:10.01
188	340/577	56/100	684	Katrina Betts	F	32	Cedar Falls	IA	11:38	00:36:22.95	00:36:11.07
189	341/577	10/22	638	Lauren Waskow	F	10	Cedar Falls	IA	11:39	00:36:41.30	00:36:12.90
190	342/577	53/76	37	Valyn Reinig	F	24	Coralville	IA	11:43	00:37:07.29	00:36:25.99
191	343/577	11/22	637	Birklie Waskow	F	7	Cedar Falls	IA	11:43	00:36:56.13	00:36:26.98
192	344/577	28/64	342	Lisa Frame	F	46	Fairbank	IA	11:44	00:37:45.85	00:36:27.67
193	345/577	57/100	719	Mindy Waskow	F	36	Waterloo	IA	11:44	00:36:57.55	00:36:27.92
194	346/577	23/57	164	Elaine Shelton	F	57	Waterloo	IA	11:44	00:36:46.95	00:36:29.79
195	348/577	12/22	464	Baylee Lehmann	F	10	Cedar Falls	IA	11:45	00:38:14.96	00:36:32.38
196	349/577	58/100	463	Nichole Lehmann	F	34	Cedar Falls	IA	11:45	00:38:15.48	00:36:33.28
197	351/577	54/76	42	Ali Peterson	F	20	Forest City	IA	11:48	00:38:43.91	00:36:40.26
198	352/577	29/64	14	Tara Tann	F	43	Waterloo	IA	11:50	00:37:57.63	00:36:47.33
199	353/577	30/64	454	Mary Kovacevic	F	45	Waterloo	IA	11:50	00:37:57.82	00:36:47.93
200	354/577	59/100	603	Jessica Del Vecchio	F	34	Cedar Falls	IA	11:51	00:37:53.56	00:36:51.16
201	355/577	24/57	495	Lori Adams	F	56	Cedar Falls	IA	11:52	00:38:01.26	00:36:53.92
202	356/577	60/100	167	Megan Rasmussen	F	31	Independence	IA	11:52	00:37:41.79	00:36:53.94
203	360/577	61/100	285	Jennifer Wordehoff	F	30	Shawnee	KS	11:54	00:38:17.45	00:36:58.81
204	361/577	31/64	163	Lori Bellinger	F	40	Dysart	IA	11:54	00:37:51.74	00:37:01.10
205	363/577	25/57	716	Shirley Horah	F	56	Waterloo	IA	12:02	00:38:00.48	00:37:24.29
206	365/577	62/100	83	Jessica Greenfield	F	32	Cedar Falls	IA	12:09	00:37:59.40	00:37:45.75
207	366/577	55/76	461	Samantha Skaar	F	25	Cedar Falls	IA	12:10	00:38:26.66	00:37:49.66
208	367/577	63/100	640	Anna Beck	F	31	Waterloo	IA	12:12	00:39:07.45	00:37:57.25
209	368/577	7/22	113	Kathleen Niedert	F	64	Hudson	IA	12:13	00:39:04.95	00:37:59.81
210	370/577	64/100	258	Jill Zbornik	F	36	Independence	IA	12:17	00:38:21.18	00:38:11.03
211	371/577	56/76	448	Abby Jeffries	F	25	Ames	IA	12:17	00:39:05.42	00:38:12.84
212	372/577	65/100	447	Katie Schmitz	F	30	Ames	IA	12:18	00:39:05.42	00:38:13.25

ShamRock N Run 5K

August 6, 2016

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
213	373/577	32/64	234	Julie Bushman	F	46	Cedar Rapids	IA	12:18	00:38:32.33	00:38:15.19
214	374/577	13/22	235	Jade Bushman	F	10	Cedar Rapids	IA	12:18	00:38:32.14	00:38:15.98
215	375/577	33/64	94	Michelle Wheeler	F	47	Muscatine	IA	12:20	00:39:12.11	00:38:21.59
216	376/577	66/100	293	Mindy Dolan	F	37	Jesup	IA	12:21	00:38:35.37	00:38:25.23
217	377/577	34/64	179	Sheila Walitshek	F	45	Waterloo	IA	12:24	00:39:53.70	00:38:32.81
218	378/577	35/64	180	Mary Miller	F	47	Janesville	IA	12:24	00:39:54.16	00:38:33.96
219	379/577	14/22	11	Emma Beckman	F	9	Waterloo	IA	12:25	00:39:58.80	00:38:35.22
220	380/577	26/57	109	Rita Konrardy	F	52	Waterloo	IA	12:25	00:40:02.47	00:38:36.49
221	381/577	27/57	123	Angela Woods	F	52	Waterloo	IA	12:25	00:40:02.69	00:38:36.92
222	383/577	67/100	604	Amanda Steege	F	30	Cedar Falls	IA	12:27	00:40:08.70	00:38:42.73
223	385/577	28/57	2	Jaculin Coyle	F	54	Cross Plains	WI	12:32	00:39:39.35	00:38:59.08
224	386/577	29/57	263	Lori Yuska	F	57	Hudson	IA	12:33	00:39:47.86	00:39:02.67
225	387/577	30/57	380	Carolyn Ottesen	F	54	Waterloo	IN	12:38	00:40:50.70	00:39:16.11
226	391/577	31/57	360	Karen Sackett	F	50	Waverly	IA	12:42	00:40:42.45	00:39:29.17
227	392/577	15/22	182	Mehla Mckenna	F	9	Raymond	IA	12:45	00:41:09.45	00:39:38.32
228	394/577	16/22	306	Journey Shipman	F	12	Waterloo	IA	12:52	00:41:27.70	00:40:00.10
229	395/577	36/64	358	Karla Albers	F	40	Waverly	IA	12:53	00:41:16.81	00:40:03.53
230	396/577	57/76	615	Megan Flaucher	F	28	Waterloo	IA	12:55	00:41:44.17	00:40:10.53
231	397/577	58/76	127	Laura Kurtz	F	29	Waterloo	IA	12:59	00:41:42.96	00:40:21.30
232	399/577	68/100	9	Katie Beckman	F	35	Waterloo	IA	12:59	00:41:46.80	00:40:23.13
233	402/577	17/22	276	Lily Lukes	F	8	Stewartville	MN	13:00	00:42:07.94	00:40:25.77
234	403/577	37/64	102	Angie Reynolds	F	41	Columbus Junctio	IA	13:02	00:41:22.48	00:40:30.92
235	404/577	18/22	664	Isabelle Lukes	F	11	Waterloo	IA	13:03	00:42:16.88	00:40:34.24
236	405/577	38/64	281	Dawn Ross	F	42	Waterloo	IA	13:03	00:41:30.96	00:40:34.52
237	406/577	39/64	274	Heather Lukes	F	41	Stewartville	MN	13:04	00:42:19.12	00:40:36.56
238	408/577	69/100	214	Elizabeth Underwood	F	32	Waterloo	IA	13:05	00:41:48.95	00:40:41.29
239	409/577	40/64	708	Heather Elduden	F	42	Waterloo	IA	13:14	00:42:35.58	00:41:08.37
240	410/577	32/57	79	Marilyn Mcmillan	F	59	Olathe	KS	13:17	00:42:45.95	00:41:18.11
241	411/577	59/76	178	Gabbi Edwards	F	24	Cedar Falls	IA	13:20	00:42:21.56	00:41:27.67
242	412/577	33/57	188	Rhonda Frerichs	F	57	Raymond	IA	13:20	00:42:21.56	00:41:28.16
243	413/577	34/57	65	Karen Davis	F	58	Waterloo	IA	13:23	00:42:25.42	00:41:37.17
244	414/577	8/22	242	Cyndi Gipp	F	62	Bettendorf	IA	13:25	00:42:10.58	00:41:43.76
245	415/577	19/22	705	Addisyn Even	F	8	Cedar Falls	IA	13:27	00:43:28.96	00:41:50.45
246	416/577	9/22	704	Suzanne Brown	F	63	Evansdale	IA	13:30	00:43:36.46	00:41:58.60
247	417/577	10/22	351	Barb Marsh	F	70	Waterloo	IA	13:30	00:42:47.78	00:41:58.68
248	418/577	60/76	315	Lauren Hix	F	26	Waterloo	IA	13:30	00:43:25.93	00:41:59.12
249	419/577	41/64	195	Tyllie Corbin	F	40	Cedar Falls	IA	13:39	00:43:03.38	00:42:25.56
250	420/577	70/100	130	Abby Nieman	F	35	Parkersburg	IA	13:41	00:44:02.69	00:42:31.56
251	421/577	71/100	129	Catherine Ewers	F	36	Waterloo	IA	13:41	00:44:02.69	00:42:32.58
252	422/577	42/64	23	Becky Gall	F	49	St Joseph	MO	13:42	00:42:47.98	00:42:36.60
253	423/577	61/76	279	Leah Fischer	F	27	Waterloo	IA	13:43	00:44:27.21	00:42:39.82
254	424/577	35/57	314	Connie Hix	F	56	Waterloo	IA	13:45	00:44:10.39	00:42:43.57
255	425/577	36/57	320	Bernadette Kral	F	58	Cedar Falls	IA	13:53	00:43:56.17	00:43:10.03
256	426/577	43/64	303	Christine Juhl	F	42	Waterloo	IA	13:54	00:44:55.47	00:43:12.58
257	428/577	62/76	63	Carrie Haskin	F	28	Rochester	MN	13:55	00:43:48.68	00:43:17.41
258	429/577	11/22	45	Mary Cusack	F	61	Crystal Lake	IL	13:56	00:44:11.21	00:43:19.65
259	430/577	37/57	645	Joyce Brustkern	F	59	Walker	IA	13:57	00:44:13.65	00:43:22.09
260	431/577	38/57	51	Debra Wilson	F	59	Waverly	IA	14:01	00:44:00.45	00:43:35.93
261	433/577	39/57	66	Brenda S Mickle	F	54	Waterloo	IA	14:11	00:45:28.15	00:44:04.76
262	434/577	72/100	355	Lori Beckman	F	39	Waterloo	IA	14:12	00:45:04.21	00:44:08.77
263	435/577	40/57	450	Joan Beier Joan Beier	F	59	Newton	IA	14:14	00:46:02.71	00:44:15.82
264	439/577	44/64	382	Tere Seibert	F	47	Orion	IL	14:21	00:46:01.21	00:44:36.06
265	440/577	45/64	257	Connie Piehl	F	43	Cedar Falls	IA	14:32	00:45:35.21	00:45:09.32

ShamRock N Run 5K

August 6, 2016

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
266	442/577	63/76	700	Jessica Lashrer	F	29	Waterloo	IA	14:33	00:47:11.46	00:45:14.66
267	443/577	73/100	655	Courtney Donohue	F	34	Waterloo	IA	14:35	00:45:56.39	00:45:21.02
268	444/577	64/76	618	Breana Lashier	F	25	Waterloo	IA	14:36	00:47:21.21	00:45:24.50
269	445/577	17/27	36	Mackenzie Cole	F	19	Iowa City	IA	14:37	00:46:21.94	00:45:27.30
270	447/577	41/57	60	Patricia Van Sickle	F	50	Savage	MN	14:41	00:46:09.46	00:45:39.82
271	448/577	20/22	434	Margaret Arickx	F	11	Nora Springs	IA	14:47	00:47:35.16	00:45:58.94
272	449/577	74/100	299	Laura Meyer	F	39	Waterloo	IA	14:50	00:46:24.17	00:46:05.56
273	450/577	75/100	324	Jennifer Vance	F	32	Tripoli	IA	14:51	00:47:09.66	00:46:09.02
274	451/577	76/100	325	Stephanie Gleissner	F	32	Cedar Falls	IA	14:51	00:47:09.66	00:46:09.93
275	452/577	46/64	118	Colleen Jensen	F	48	Dunkerton	IA	14:53	00:47:55.92	00:46:15.02
276	453/577	47/64	184	Colette Newhall	F	47	Independence	IA	14:53	00:47:55.71	00:46:15.07
277	455/577	48/64	110	Audrey Steffen	F	46	Dunkerton	IA	14:53	00:47:56.12	00:46:15.83
278	458/577	65/76	430	Kylea Hamer	F	24	Cedar Falls	IA	14:57	00:48:26.20	00:46:29.88
279	459/577	66/76	441	Halle Yates	F	21	West Des Moines	IA	14:58	00:48:26.20	00:46:30.69
280	460/577	12/22	663	Beverly Stafford	F	64	Waterloo	IA	15:05	00:48:45.96	00:46:52.08
281	461/577	18/27	667	Alicia Smith	F	17	Cedar Falls	IA	15:06	00:47:49.62	00:46:56.48
282	462/577	49/64	669	Laura Smith	F	49	Cedar Falls	IA	15:06	00:47:49.82	00:46:57.03
283	463/577	67/76	606	Elisabeth Butterfield	F	27	Sumner	IA	15:08	00:49:01.74	00:47:03.01
284	466/577	42/57	21	Laurie McLaughlin	F	53	Waterloo	IA	15:10	00:48:41.71	00:47:09.98
285	467/577	68/76	674	Mackenzie McLaughlin	F	24	Waterloo	IA	15:10	00:48:41.81	00:47:10.18
286	468/577	50/64	223	Jennifer Gleason	F	40	Evansdale	IA	15:16	00:49:15.47	00:47:28.69
287	471/577	69/76	82	Lisa Dupuy	F	29	Waterloo	IA	15:20	00:47:57.71	00:47:39.56
288	472/577	77/100	287	Katie Fleshner	F	36	Cedar Falls	IA	15:20	00:49:20.45	00:47:41.32
289	473/577	78/100	289	Jo Weinberg	F	36	Cedar Falls	IA	15:21	00:49:20.71	00:47:42.25
290	474/577	79/100	421	Michelle Stravers	F	30	West Des Moines	IA	15:21	00:49:20.62	00:47:42.48
291	475/577	51/64	367	Ronda Larson	F	40	Waterloo	IA	15:21	00:49:45.47	00:47:43.36
292	478/577	43/57	227	Yvonne Kenworthy	F	50	Cedar Rapids	IA	15:23	00:49:04.71	00:47:50.06
293	479/577	80/100	99	Kathryn Buchter	F	31	Davenport	IA	15:29	00:50:14.47	00:48:09.08
294	481/577	81/100	487	Katie Degelau	F	30	Waterloo	IA	15:35	00:50:02.71	00:48:25.88
295	482/577	82/100	288	Sarah Langel	F	36	Cedar Falls	IA	15:37	00:49:20.83	00:48:32.97
296	483/577	83/100	486	Holly Caquelin	F	34	Waterloo	IA	15:39	00:50:15.85	00:48:38.49
297	484/577	52/64	141	Jodi Pentico	F	45	Belmond	IA	15:40	00:49:21.96	00:48:42.08
298	487/577	44/57	365	Coral Delancey	F	56	Lisbon	IA	15:44	00:50:47.47	00:48:54.07
299	489/577	13/22	364	Barb Kruse	F	61	Cedar Falls	IA	15:44	00:50:47.89	00:48:55.30
300	491/577	14/22	616	Nancy Duffy	F	64	Waterloo	IA	15:47	00:49:55.46	00:49:05.35
301	492/577	45/57	601	Shelbi Hickman	F	54	Readlyn	IA	15:48	00:49:55.72	00:49:06.08
302	496/577	84/100	682	Ajeh Agbese	F	31	Waterloo	IA	15:53	00:50:46.47	00:49:21.58
303	497/577	46/57	96	Suzanne Swanson	F	54	Waverly	IA	15:54	00:51:30.22	00:49:24.93
304	499/577	19/27	347	Alexis Samuelson	F	17	Waterloo	IA	15:55	00:51:17.37	00:49:27.63
305	500/577	53/64	343	Christine Samuelson	F	43	Waterloo	IA	15:55	00:51:17.47	00:49:29.74
306	502/577	15/22	456	Patty Cutts	F	72	Cedar Falls	IA	16:01	00:51:01.11	00:49:46.14
307	504/577	16/22	114	Sue Mangels	F	64	Davenport	IA	16:02	00:51:47.47	00:49:49.10
308	506/577	20/27	268	Clarissa Lentfer	F	13	New Hartford	IA	16:02	00:51:42.52	00:49:50.35
309	507/577	21/27	271	Mariah Vaughan	F	17	New Hartford	IA	16:02	00:51:42.93	00:49:50.55
310	508/577	85/100	187	Jenni Clark	F	33	Cedar Falls	IA	16:04	00:51:04.72	00:49:57.59
311	509/577	54/64	239	Michelle Anderson	F	49	Waterloo	IA	16:06	00:51:48.14	00:50:03.74
312	510/577	55/64	238	Melissa Widdel	F	44	Waterloo	IA	16:06	00:51:48.14	00:50:04.34
313	511/577	70/76	305	Lyndsey Griffey	F	26	Jewell	IA	16:11	00:50:44.26	00:50:19.92
314	513/577	86/100	117	Amy Carter	F	32	Waterloo	IA	16:14	00:51:29.33	00:50:29.19
315	514/577	87/100	284	Jessica Vollenweider	F	33	Waterloo	IA	16:15	00:51:28.93	00:50:29.80
316	515/577	56/64	711	Kate Stainbrook	F	47	Waterloo	IA	16:16	00:52:04.30	00:50:33.17
317	516/577	57/64	379	Vanessa Arhart	F	46	La Porte City	IA	16:16	00:52:04.30	00:50:34.66
318	517/577	17/22	19	Darlene Hopkins	F	61	Frankfort	IL	16:16	00:52:05.47	00:50:35.36

ShamRock N Run 5K

August 6, 2016

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
319	518/577	22/27	701	Gabby Moore	F	13	Waterloo	IA	16:18	00:52:39.66	00:50:38.79
320	519/577	23/27	702	Marissa Wood	F	13	Waterloo	IA	16:18	00:52:39.22	00:50:38.86
321	520/577	71/76	194	Abby Brooks	F	22	Urbandale	IA	16:19	00:52:12.97	00:50:41.99
322	521/577	47/57	193	Shelly Brooks	F	53	Urbandale	IA	16:19	00:52:12.21	00:50:42.93
323	522/577	48/57	225	Sue Gleason	F	55	Waterloo	IA	16:19	00:52:12.97	00:50:44.32
324	524/577	88/100	390	Marsha Hilliard	F	31	Cedar Falls	IA	16:22	00:52:00.24	00:50:53.71
325	525/577	49/57	116	Rose Quirk	F	58	Waterloo	IA	16:23	00:52:09.38	00:50:56.10
326	526/577	50/57	467	Marisa Dolan	F	56	Cedar Falls	IA	16:23	00:52:08.99	00:50:56.34
327	527/577	51/57	103	Jodee Schmit	F	59	Waterloo	IA	16:24	00:52:09.17	00:50:57.96
328	528/577	52/57	389	Jolene Infante	F	58	Waterloo	IA	16:24	00:52:09.17	00:51:00.04
329	529/577	53/57	462	Sue Ball	F	58	Waterloo	IA	16:25	00:52:08.99	00:51:00.62
330	530/577	18/22	491	Barb Cook	F	64	Waterloo	IA	16:26	00:52:09.72	00:51:06.59
331	532/577	89/100	266	Mary Wymore	F	34	New Hartford	IA	16:28	00:53:05.65	00:51:10.81
332	533/577	54/57	609	Julie Carter	F	58	Waterloo	IA	16:28	00:52:12.42	00:51:12.05
333	534/577	55/57	620	Tracie Capoccioni	F	50	Waterloo	IA	16:29	00:52:10.97	00:51:13.08
334	535/577	90/100	160	Kristi Pruckler	F	36	Cedar Falls	IA	16:29	00:51:49.97	00:51:13.38
335	536/577	72/76	619	Charlotte Jensen	F	29	Waterloo	IA	16:29	00:52:11.41	00:51:13.50
336	537/577	91/100	621	Holly Mastin	F	39	Waterloo	IA	16:29	00:52:11.41	00:51:13.51
337	542/577	58/64	30	Brenda Meyerhoff	F	44	Cedar Falls	IA	16:40	00:53:21.30	00:51:47.71
338	543/577	56/57	7	Michelle Ficken	F	55	Independence	IA	16:46	00:54:09.97	00:52:06.11
339	544/577	59/64	418	Kari Thorn	F	46	Aplington	IA	16:46	00:53:41.44	00:52:06.85
340	546/577	57/57	24	Patti Weiss	F	55	Waterloo	IA	16:46	00:54:09.66	00:52:08.06
341	547/577	24/27	32	Emily Meyerhoff	F	16	Cedar Falls	IA	16:47	00:53:43.47	00:52:09.32
342	548/577	21/22	685	Lauren Coleman	F	12	Waterloo	IA	16:52	00:53:43.68	00:52:27.34
343	549/577	60/64	686	Lisa Coleman	F	40	Waterloo	IA	16:55	00:53:51.47	00:52:34.53
344	550/577	61/64	148	Angela Long	F	46	Waterloo	IA	17:01	00:54:12.97	00:52:54.79
345	551/577	73/76	735	Samantha Glass	F	23	Waterloo	IA	17:03	00:54:18.78	00:53:00.39
346	552/577	92/100	169	Heather Chingren	F	33	La Porte City	IA	17:13	00:55:25.39	00:53:30.99
347	553/577	19/22	168	Marcia Bechthold	F	76	La Porte City	IA	17:13	00:55:25.60	00:53:31.19
348	554/577	25/27	333	Emily Borne	F	18	Ames	IA	17:21	00:55:57.11	00:53:55.71
349	555/577	62/64	332	Cherie Howard	F	42	Ames	IA	17:21	00:55:58.73	00:53:56.84
350	556/577	74/76	654	Danelle Kapping	F	29	Waterloo	IA	17:23	00:55:43.67	00:54:00.78
351	557/577	93/100	43	Angie Balk	F	35	Waterloo	IA	17:24	00:55:55.69	00:54:06.57
352	559/577	94/100	44	Teri Reel	F	36	Waterloo	IA	17:27	00:56:04.21	00:54:15.82
353	560/577	20/22	659	Dodie Dunn	F	67	Waterloo	IA	17:27	00:56:03.72	00:54:15.84
354	561/577	22/22	229	Emerson Bartlett	F	7	Cedar Falls	IA	17:34	00:56:07.47	00:54:37.36
355	562/577	95/100	228	Cass Bartlett	F	36	Cedar Falls	IA	17:35	00:56:07.46	00:54:38.99
356	563/577	21/22	230	Mary-Sue Bartlett	F	66	Cedar Falls	IA	17:36	00:56:14.40	00:54:43.88
357	565/577	26/27	251	Robyn Neil	F	18	Denver	IA	17:39	00:56:08.48	00:54:52.35
358	566/577	96/100	308	Rachel Hauber	F	35	Waverly	IA	17:39	00:56:07.66	00:54:52.35
359	567/577	97/100	250	Heather Neil	F	36	Denver	IA	17:40	00:56:10.47	00:54:54.34
360	568/577	27/27	433	Sadie Arickx	F	15	Nora Springs	IA	17:46	00:56:50.58	00:55:14.78
361	569/577	22/22	498	Susan Tasker	F	60	Oelwein	IA	17:57	00:57:00.30	00:55:48.47
362	570/577	98/100	391	April Leadley	F	38	Waterloo	IA	18:00	00:57:38.00	00:55:58.24
363	571/577	63/64	442	Traci Kastli	F	48	Waterloo	IA	18:01	00:57:25.22	00:56:01.33
364	572/577	64/64	213	Wendy Clark	F	44	Waterloo	IA	18:04	00:57:49.92	00:56:10.64
365	574/577	99/100	721	Elly Dengler	F	34	Cedar Falls	IA	18:07	00:57:23.47	00:56:19.23
366	575/577	100/100	722	Aubrey Ledtje	F	34	Stout	IA	18:07	00:57:23.29	00:56:19.46
367	576/577	75/76	723	Rachael Blair	F	22	Hudson	IA	18:27	00:57:27.36	00:57:20.21
368	577/577	76/76	732	Caitlin Kelly	F	21	Cedar Falls	IA	18:27	00:57:27.77	00:57:20.86

ShamRock N Run 5K

August 6, 2016

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
1	1/577	1/20	696	Clayton Streed	M	16	Waterloo	IA	5:31	00:17:12.16	00:17:08.60
2	2/577	1/39	469	Zach Schmit	M	32	Cedar Rapids	IA	5:31	00:17:14.16	00:17:10.52
3	3/577	2/20	344	Cody Samuelson	M	16	Waterloo	IA	5:35	00:17:23.91	00:17:21.07
4	4/577	1/40	207	Brent Boevers	M	44	Waverly	IA	5:37	00:17:31.16	00:17:28.49
5	5/577	2/40	683	Michael Pohest	M	46	Shell Rock	IA	5:52	00:18:25.88	00:18:16.71
6	6/577	1/29	488	Kevin Hoey	M	53	Cottage Grove	WI	6:01	00:18:49.58	00:18:43.19
7	7/577	3/20	420	Sam O'brien	M	16	Waterloo	IA	6:04	00:18:55.60	00:18:52.13
8	8/577	1/38	660	Luke Downey	M	25	Cedar Falls	IA	6:04	00:18:57.48	00:18:52.86
9	9/577	4/20	472	Kyle Schott	M	17	Waterloo	IA	6:19	00:19:54.72	00:19:40.08
10	10/577	2/29	353	Mark Zimmer	M	59	Independence	IA	6:20	00:19:48.64	00:19:42.70
11	11/577	5/20	443	Isaac Davis	M	15	Waterloo	IA	6:21	00:19:47.66	00:19:44.19
12	12/577	2/39	126	Nathan Kurtz	M	31	Waterloo	IA	6:21	00:19:52.67	00:19:45.54
13	13/577	3/39	466	Chad Puterbaugh	M	32	Pittsfield	IL	6:23	00:21:09.34	00:19:50.35
14	14/577	2/38	726	Josh Seppelt	M	26	Cedar Falls	IA	6:24	00:20:03.63	00:19:53.23
15	15/577	6/20	406	Caleb Kremer	M	16	Independence	IA	6:27	00:20:07.42	00:20:04.01
16	17/577	7/20	690	Daniel Kimball	M	15	Buckingham	IA	6:28	00:20:13.80	00:20:06.67
17	19/577	3/38	459	Jake Hundley	M	23	Waterloo	IA	6:34	00:20:35.32	00:20:26.15
18	20/577	8/20	688	Scyler Torrey	M	17	Waterloo	IA	6:37	00:20:38.35	00:20:34.87
19	21/577	4/38	651	Lucas Hanson	M	28	Waterloo	IA	6:39	00:20:48.90	00:20:40.16
20	22/577	4/39	437	Eric Gieser	M	36	Waterloo	IA	6:41	00:20:57.17	00:20:47.19
21	23/577	9/20	255	Tyler Stiers	M	19	Cedar Falls	IA	6:44	00:21:38.63	00:20:56.31
22	25/577	10/20	642	Luke Bloker	M	14	Denver	IA	6:50	00:21:19.92	00:21:15.04
23	26/577	5/39	374	Chris Martin	M	34	Waterloo	IA	6:50	00:21:23.82	00:21:15.44
24	27/577	1/24	176	Cadin Herrmann	M	12	Evansdale	IA	6:50	00:21:20.17	00:21:16.53
25	28/577	6/39	121	Brennan Dolan	M	36	Polk City	IA	6:50	00:21:26.17	00:21:16.57
26	29/577	3/40	90	Barry Schmidt	M	41	Sycamore	IL	6:52	00:21:39.84	00:21:20.95
27	30/577	5/38	386	Mike Marshall	M	27	Washburn	IA	6:53	00:21:41.66	00:21:23.25
28	31/577	7/39	54	Ryan Miller	M	38	Waterloo	IA	6:53	00:21:34.92	00:21:23.70
29	32/577	6/38	412	Jai Courter	M	25	Cedar Falls	IA	6:57	00:21:51.80	00:21:37.30
30	34/577	11/20	628	Mason Nordman	M	15	Waterloo	IA	6:58	00:21:45.50	00:21:41.83
31	35/577	3/29	398	Greg Holt	M	54	Cedar Falls	IA	6:59	00:21:56.72	00:21:42.20
32	36/577	8/39	698	Cole Kurtenbach	M	30	Waterloo	IA	6:59	00:22:25.13	00:21:44.49
33	37/577	7/38	677	Jeremy Vanmiddendor	M	28	Doon	IA	7:00	00:21:57.29	00:21:46.46
34	38/577	2/24	400	Brayden Bohnsack	M	10	La Porte City	IA	7:01	00:21:53.17	00:21:48.59
35	39/577	3/24	404	Ethan Govern	M	12	Cresco	IA	7:01	00:21:52.82	00:21:49.97
36	40/577	12/20	137	Hardy Mahoney	M	13	Walker	IA	7:02	00:22:08.48	00:21:54.09
37	41/577	13/20	345	Nick Samuelson	M	15	Waterloo	IA	7:04	00:22:12.92	00:21:58.61
38	45/577	4/40	31	Chad Meyerhoff	M	42	Cedar Falls	IA	7:08	00:23:44.17	00:22:09.98
39	47/577	4/24	138	Devan Mahoney	M	10	Walker	IA	7:08	00:22:26.34	00:22:12.41
40	48/577	4/29	254	Mick Stiers	M	51	Cedar Falls	IA	7:11	00:23:01.42	00:22:19.28
41	49/577	8/38	630	Luke Schuver	M	23	Cedar Falls	IA	7:12	00:23:33.18	00:22:25.03
42	50/577	9/38	191	Nathaniel Welshons	M	22	Cedar Falls	IA	7:15	00:23:45.93	00:22:33.25
43	52/577	5/29	47	Mark Klahsen	M	51	Hudson	IA	7:17	00:22:58.17	00:22:37.92
44	53/577	6/29	128	Kevin Weber	M	52	Pleasant Hill	IA	7:17	00:22:49.29	00:22:40.64
45	55/577	1/19	681	Paul Greene	M	61	Waterloo	IA	7:19	00:23:04.49	00:22:44.64
46	56/577	5/40	27	Andy Jenkins	M	41	West Branch	IA	7:19	00:22:58.83	00:22:45.10
47	57/577	10/38	652	Keegan Overbey	M	24	Waterloo	IA	7:20	00:22:58.42	00:22:49.77
48	58/577	6/40	135	Dennis Mahoney	M	41	Walker	IA	7:20	00:23:15.70	00:22:49.93
49	59/577	9/39	627	Ryan Frost	M	37	Waterloo	IA	7:21	00:22:59.64	00:22:51.08
50	60/577	11/38	631	Zachary Norgren	M	29	Elk Run Heights	IA	7:21	00:23:15.67	00:22:51.54
51	62/577	14/20	475	Andrew Newlon	M	15	Waterloo	IA	7:26	00:23:10.17	00:23:06.50
52	66/577	10/39	172	Dustin Fadiga	M	37	Cedar Falls	IA	7:26	00:23:18.17	00:23:08.76
53	67/577	7/40	717	Clint Herbert	M	44	Waterloo	IA	7:28	00:23:37.23	00:23:14.84

ShamRock N Run 5K

August 6, 2016

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
54	68/577	8/40	221	David Thompson	M	47	Cedar Falls	IA	7:29	00:23:48.62	00:23:15.98
55	69/577	9/40	139	Keith Bechtum	M	40	Cedar Falls	IA	7:29	00:23:34.21	00:23:16.07
56	70/577	11/39	29	Jason Stanford	M	37	Waterloo	IA	7:30	00:23:32.37	00:23:19.70
57	72/577	12/38	177	Justin Edwards	M	27	Cedar Falls	IA	7:30	00:23:41.28	00:23:20.41
58	74/577	7/29	219	Trevor Harrison	M	52	Cedar Falls	IA	7:32	00:23:42.91	00:23:25.14
59	75/577	15/20	249	Joseph Sink	M	15	Cedar Falls	IA	7:33	00:23:36.17	00:23:28.64
60	78/577	10/40	622	Dan O'malley	M	42	Waterloo	IA	7:41	00:24:12.38	00:23:52.51
61	79/577	13/38	81	Ryan Dupuy	M	27	Waterloo	IA	7:43	00:24:07.91	00:24:00.78
62	80/577	16/20	710	Steffen Hoey	M	18	Jesup	IA	7:46	00:24:49.43	00:24:08.96
63	85/577	2/19	661	Gene Dahlen	M	67	Waterloo	IA	7:51	00:24:33.48	00:24:25.59
64	86/577	12/39	608	John Kelly	M	32	Grundy Center	IA	7:54	00:25:54.89	00:24:33.99
65	87/577	11/40	59	Brian Graettinger	M	47	Waverly	IA	7:54	00:24:34.70	00:24:34.70
66	88/577	14/38	483	Emmett Fritz	M	24	Cedar Falls	IA	7:54	00:25:58.14	00:24:35.48
67	92/577	15/38	725	John Schmitz	M	26	Cedar Falls	IA	8:00	00:25:50.43	00:24:53.78
68	97/577	8/29	264	Thomas Hoey	M	50	Jesup	IA	8:03	00:25:40.95	00:25:02.81
69	98/577	12/40	361	Vincent Barnes	M	48	Waterloo	IA	8:05	00:25:28.11	00:25:07.98
70	99/577	9/29	479	Bob Schmit	M	59	Waterloo	IA	8:05	00:25:29.54	00:25:09.16
71	100/577	16/38	724	Henry Nolte	M	29	Gladbrook	IA	8:06	00:26:11.36	00:25:10.18
72	102/577	13/39	112	Matt Frost	M	38	Waterloo	IA	8:06	00:25:55.69	00:25:11.11
73	103/577	14/39	692	Derek Dietrich	M	36	Waterloo	IA	8:08	00:25:46.19	00:25:16.79
74	104/577	13/40	460	John Skaar	M	48	Cedar Falls	IA	8:08	00:25:55.30	00:25:19.12
75	108/577	14/40	474	Sean Schott	M	45	Waterloo	IA	8:11	00:26:05.27	00:25:25.63
76	109/577	17/20	310	Keagan Jarchow	M	13	Lisbon	IA	8:11	00:25:38.89	00:25:28.26
77	111/577	15/39	56	Cory Troyna	M	36	Aplington	IA	8:12	00:26:27.19	00:25:29.91
78	112/577	3/19	703	Jerry Brown	M	63	Evansdale	IA	8:12	00:25:38.43	00:25:30.07
79	113/577	15/40	175	Joel Jasper	M	49	Waterloo	IA	8:12	00:26:18.57	00:25:30.72
80	120/577	16/40	15	Jim Moeller	M	48	Waterloo	IA	8:16	00:26:47.10	00:25:43.21
81	121/577	17/38	331	Joshua Dahlen	M	28	Waterloo	IA	8:16	00:26:05.69	00:25:43.81
82	122/577	5/24	646	Ian Sabanagic	M	11	Waterloo	IA	8:18	00:26:08.32	00:25:48.45
83	123/577	18/38	50	Cord Van Sickle	M	24	Waterloo	IA	8:20	00:26:13.20	00:25:54.79
84	124/577	19/38	330	Josue Carmona	M	29	Waterloo	IA	8:21	00:26:20.68	00:25:58.19
85	126/577	16/39	197	Travis Jones	M	37	Cedar Falls	IA	8:24	00:26:50.75	00:26:08.23
86	127/577	17/39	373	Paul Toppin	M	34	Waterloo	IA	8:24	00:26:54.42	00:26:08.53
87	128/577	6/24	198	Bryce Jones	M	10	Cedar Falls	IA	8:24	00:26:50.93	00:26:08.79
88	129/577	18/39	104	Matthew Engelhardt	M	35	Waterloo	IA	8:25	00:26:22.93	00:26:12.04
89	131/577	7/24	422	Brendan Bloomer	M	11	Davenport	IA	8:27	00:26:46.90	00:26:17.38
90	132/577	4/19	243	Dean Gipp	M	67	Bettendorf	IA	8:28	00:26:46.45	00:26:18.82
91	134/577	19/39	98	Michael Buchter	M	36	Davenport	IA	8:29	00:28:32.13	00:26:22.54
92	138/577	10/29	468	Wayne Satterlee	M	53	Dunkerton	IA	8:31	00:27:33.61	00:26:29.98
93	140/577	17/40	678	Peter Lies	M	44	Johnston	IA	8:34	00:27:14.43	00:26:39.29
94	143/577	5/19	97	John Parry	M	61	Waverly	IA	8:35	00:28:52.43	00:26:43.04
95	144/577	11/29	171	Dan Mills	M	59	Cedar Falls	IA	8:36	00:27:34.93	00:26:45.63
96	146/577	6/19	74	Tom Strub	M	60	Cedar Falls	IA	8:42	00:27:28.68	00:27:02.11
97	147/577	20/38	201	Ryan Garvin	M	23	West Union	IA	8:42	00:27:10.85	00:27:03.31
98	151/577	12/29	205	Dan Lichty	M	55	Evansdale	IA	8:44	00:28:06.55	00:27:10.28
99	152/577	20/39	297	Joshua Meyer	M	32	Waterloo	IA	8:45	00:27:41.68	00:27:11.83
100	157/577	7/19	339	James Davies	M	64	Allison	IA	8:46	00:28:34.35	00:27:15.14
101	158/577	21/39	446	Kyle Wooldrik	M	31	Denver	IA	8:48	00:27:38.88	00:27:23.55
102	159/577	13/29	240	Chris Daniels	M	55	Des Moines	IA	8:51	00:28:04.92	00:27:32.04
103	161/577	18/40	673	Todd Renz	M	48	Dysart	IA	8:53	00:27:59.62	00:27:37.14
104	162/577	21/38	650	John Denkmann	M	27	Davenport	IA	8:53	00:27:55.96	00:27:38.00
105	164/577	8/19	80	Jim Mcmillan	M	63	Olathe	KS	8:54	00:28:24.62	00:27:42.10
106	165/577	22/39	644	Kyle Baker	M	36	Cedar Falls	IA	8:55	00:29:04.18	00:27:43.34

ShamRock N Run 5K

August 6, 2016

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
107	168/577	19/40	152	Eric Kimball	M	43	Waterloo	IA	8:56	00:28:12.84	00:27:46.68
108	169/577	22/38	490	Bruce Johnson	M	28	Waterloo	IA	8:56	00:28:00.18	00:27:47.78
109	173/577	23/39	445	Travis Brustkern	M	32	Waterloo	IA	9:01	00:28:17.68	00:28:01.84
110	174/577	14/29	378	Dan Takle	M	51	Hudson	IA	9:03	00:29:00.16	00:28:09.52
111	179/577	24/39	384	Brad Hjelmeland	M	39	Janesville	IA	9:07	00:29:00.56	00:28:21.32
112	185/577	15/29	131	Russell A Squires	M	53	Waverly	IA	9:12	00:29:15.68	00:28:36.85
113	193/577	16/29	729	Dan Franke	M	55	Janesville	IA	9:23	00:30:03.53	00:29:09.39
114	194/577	25/39	457	Kelly Springer	M	38	Waterloo	IA	9:23	00:30:08.61	00:29:09.72
115	202/577	9/19	265	John Rohret	M	67	Conrad	IA	9:29	00:29:35.81	00:29:27.91
116	218/577	23/38	202	Luke Bovy	M	22	West Union	IA	9:38	00:30:04.54	00:29:57.64
117	221/577	24/38	605	Nicholas Steege	M	29	Cedar Falls	IA	9:41	00:31:31.27	00:30:05.63
118	224/577	25/38	634	Matt Wiebke	M	26	Waterloo	IA	9:45	00:31:38.17	00:30:18.96
119	227/577	26/38	262	Josh Henely	M	26	Ventura	IA	9:47	00:31:15.83	00:30:24.03
120	234/577	8/24	714	Jonas Greene	M	8	Fairfax	IA	9:52	00:31:27.39	00:30:41.56
121	237/577	27/38	278	Eddie Fischer	M	29	Waterloo	IA	9:53	00:32:28.34	00:30:42.49
122	238/577	28/38	736	Matthew Schellhorn	M	27	Waterloo	IA	9:53	00:31:02.83	00:30:43.69
123	239/577	9/24	87	Lane Rodenburgh	M	11	Waterloo	IA	9:53	00:31:15.29	00:30:44.02
124	249/577	10/24	672	Ian Brown	M	10	Cedar Falls	IA	10:03	00:31:33.69	00:31:15.92
125	254/577	29/38	210	Chris Jetter	M	26	Waterloo	IA	10:07	00:32:12.44	00:31:28.30
126	257/577	10/19	192	Robert Welshons	M	60	Cedar Falls	IA	10:12	00:32:55.30	00:31:44.08
127	259/577	17/29	612	Tom Frein	M	57	Waterloo	IA	10:13	00:32:44.35	00:31:45.46
128	262/577	20/40	327	Rusty Ringler	M	43	Altoona	IA	10:15	00:32:22.83	00:31:52.98
129	263/577	18/29	383	Nick Seibert	M	53	Orion	IL	10:16	00:33:18.63	00:31:54.00
130	267/577	11/24	730	Skyar Fecht	M	12	Waterloo	IA	10:16	00:33:20.44	00:31:56.33
131	271/577	26/39	666	Miles Smith	M	30	Dike	IA	10:28	00:33:31.29	00:32:32.97
132	272/577	30/38	76	Oliver Schoo	M	29	Waterloo	IA	10:29	00:34:08.37	00:32:34.58
133	276/577	31/38	429	Richard Younts	M	29	Cedar Falls	IA	10:32	00:33:09.69	00:32:44.33
134	277/577	11/19	189	Russell Frerichs	M	61	Raymond	IA	10:35	00:33:44.62	00:32:53.08
135	281/577	32/38	614	Adam Hix	M	29	Waterloo	IA	10:39	00:34:41.45	00:33:07.80
136	283/577	33/38	323	Slobodan Bosnic	M	29	Waterloo	IA	10:40	00:33:51.94	00:33:10.55
137	284/577	12/24	307	Phoenix Shipman	M	9	Waterloo	IA	10:42	00:33:19.26	00:33:14.87
138	285/577	27/39	316	Michael Thompson	M	35	Waterloo	IA	10:42	00:34:40.88	00:33:16.58
139	289/577	21/40	662	Loren Smith	M	49	Cedar Falls	IA	10:44	00:34:06.15	00:33:21.78
140	302/577	18/20	69	Lucas Lubben	M	15	Hudson	IA	10:52	00:34:40.79	00:33:46.97
141	310/577	22/40	253	Sean Plante	M	45	Waverly	IA	11:02	00:35:32.53	00:34:18.63
142	312/577	19/29	25	Mike Weiss	M	55	Waterloo	IA	11:06	00:35:45.89	00:34:32.15
143	314/577	20/29	691	Lee Marks	M	56	Waterloo	IA	11:10	00:36:11.27	00:34:44.44
144	316/577	13/24	196	Shea Corbin	M	5	Cedar Falls	IA	11:14	00:35:33.94	00:34:55.70
145	317/577	12/19	52	Tom Shea	M	70	Waterloo	IA	11:14	00:35:34.19	00:34:56.37
146	322/577	34/38	359	Trevor Carlson	M	28	Ida Grove	IA	11:18	00:35:48.94	00:35:07.11
147	324/577	28/39	186	Dan Clark	M	34	Cedar Falls	IA	11:22	00:36:20.39	00:35:19.00
148	327/577	23/40	425	Noel Dietz	M	46	Dunkerton	IA	11:27	00:37:23.94	00:35:34.62
149	331/577	13/19	57	Joel Cooper	M	64	Cedar Falls	IA	11:29	00:37:40.95	00:35:41.60
150	334/577	24/40	709	Jose Verastegui	M	43	Cedar Falls	IA	11:31	00:37:57.20	00:35:47.00
151	337/577	14/19	100	Burr Ekstrand	M	62	Hazleton	IA	11:37	00:37:47.45	00:36:06.31
152	339/577	29/39	259	Adam Hunemuller	M	32	Cedar Falls	IA	11:38	00:36:58.35	00:36:10.10
153	347/577	30/39	134	Matthew Cook	M	31	Waterloo	IA	11:45	00:38:19.14	00:36:30.83
154	350/577	35/38	41	Alec Sundermann	M	24	Forest City	IA	11:47	00:38:43.91	00:36:39.25
155	357/577	31/39	166	Tyler Rasmussen	M	32	Independence	IA	11:52	00:37:41.95	00:36:54.64
156	358/577	25/40	399	Michael Smith	M	45	La Porte City	IA	11:53	00:37:41.40	00:36:58.06
157	359/577	32/39	286	Mathias Wordehoff	M	34	Shawnee	KS	11:54	00:38:17.11	00:36:58.71
158	362/577	14/24	282	Brody Ross	M	10	Waterloo	IA	12:00	00:38:14.45	00:37:19.61
159	364/577	33/39	84	Paul Foster	M	32	Cedar Falls	IA	12:09	00:37:59.40	00:37:45.01

ShamRock N Run 5K

August 6, 2016

Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Gun Time	Chip Time
160	369/577	15/24	707	Spencer Eldender	M	9	Waterloo	IA	12:16	00:38:12.95	00:38:09.28
161	382/577	34/39	10	Brian Beckman	M	36	Waterloo	IA	12:25	00:39:58.80	00:38:37.14
162	384/577	21/29	1	James Coyle	M	55	Cross Plains	WI	12:32	00:39:39.36	00:38:58.57
163	388/577	16/24	125	Aiden Balk	M	12	Waterloo	IA	12:40	00:41:07.20	00:39:22.06
164	389/577	17/24	635	William Lammers	M	12	Waverly	IA	12:41	00:41:00.45	00:39:24.56
165	390/577	26/40	636	Doug Lammers	M	44	Waverly	IA	12:41	00:41:00.56	00:39:24.95
166	393/577	27/40	181	Aaron Mckenna	M	40	Raymond	IA	12:46	00:41:11.70	00:39:40.16
167	398/577	36/38	62	Mitchell Van Sickle	M	28	Rochester	MN	12:59	00:40:54.46	00:40:22.16
168	400/577	18/24	12	Oliver Beckman	M	7	Waterloo	IA	12:59	00:41:45.71	00:40:23.31
169	401/577	28/40	275	Eric Lukes	M	43	Stewartville	MN	13:00	00:42:08.35	00:40:24.56
170	407/577	19/24	215	Patrick Underwood	M	10	Waterloo	IA	13:05	00:41:48.85	00:40:40.30
171	427/577	29/40	304	Aaron Ferrie	M	45	New Hampton	IA	13:55	00:44:58.94	00:43:17.29
172	432/577	30/40	629	Mark Ryan	M	49	Waterloo	IA	14:10	00:45:28.35	00:44:03.44
173	436/577	22/29	449	Rick Beier	M	56	Newton	IA	14:14	00:46:02.67	00:44:16.03
174	437/577	20/24	727	Max Vincent	M	9	Waterloo	IA	14:17	00:44:26.46	00:44:23.00
175	438/577	23/29	39	Jeff Bradley	M	58	Wadena	IA	14:20	00:44:47.16	00:44:34.93
176	441/577	31/40	256	Darwin Piehl	M	44	Cedar Falls	IA	14:32	00:45:36.96	00:45:11.42
177	446/577	24/29	61	Corey Van Sickle	M	53	Savage	MN	14:40	00:46:09.46	00:45:35.94
178	454/577	32/40	185	Lonnie Newhall	M	46	Independence	IA	14:53	00:47:54.96	00:46:15.07
179	456/577	37/38	312	Andrew Kral	M	29	Des Moines	IA	14:57	00:47:15.14	00:46:28.31
180	457/577	25/29	319	Dan Kral	M	59	Cedar Falls	IA	14:57	00:47:15.34	00:46:28.51
181	464/577	38/38	607	Brian Butterfield	M	28	Sumner	IA	15:08	00:49:01.93	00:47:03.59
182	465/577	26/29	20	Casey Mclaughlin	M	57	Waterloo	IA	15:10	00:48:39.71	00:47:08.80
183	469/577	33/40	222	Cory Clark	M	40	Evansdale	IA	15:16	00:49:15.47	00:47:28.86
184	470/577	34/40	211	Kurt Sundermann	M	46	Waukee	IA	15:20	00:49:42.71	00:47:39.07
185	476/577	35/39	368	Jason Burke	M	39	Waterloo	IA	15:22	00:49:46.61	00:47:45.21
186	477/577	15/19	226	Gregory Morud	M	61	Cedar Rapids	IA	15:23	00:49:03.71	00:47:48.84
187	480/577	27/29	133	Tim Apling	M	54	Washburn	IA	15:34	00:50:12.59	00:48:23.71
188	485/577	28/29	142	Jeff Pentico	M	58	Belmond	IA	15:40	00:49:22.65	00:48:43.20
189	486/577	19/20	451	Zackery Thune	M	19	Waterloo	IA	15:42	00:50:39.41	00:48:49.27
190	488/577	21/24	270	Oliver Wymore	M	8	New Hartford	IA	15:44	00:50:50.94	00:48:54.47
191	490/577	35/40	395	Steve Mcghee	M	42	Waterloo	IA	15:47	00:50:59.72	00:49:03.85
192	493/577	22/24	415	Zade Collins	M	12	Waterloo	IA	15:48	00:49:33.96	00:49:06.76
193	494/577	29/29	414	Johnpaul Collins	M	51	Waterloo	IA	15:49	00:49:35.71	00:49:08.83
194	495/577	20/20	124	Logan Balk	M	13	Waterloo	IA	15:50	00:51:00.71	00:49:14.07
195	498/577	23/24	283	Kellan Ross	M	8	Waterloo	IA	15:54	00:50:22.14	00:49:26.92
196	501/577	36/40	346	Jeff Samuelson	M	45	Waterloo	IA	15:57	00:51:27.22	00:49:36.46
197	503/577	16/19	455	Ken Cutts	M	73	Cedar Falls	IA	16:01	00:50:59.49	00:49:46.21
198	505/577	36/39	267	Scott Wymore	M	35	New Hartford	IA	16:02	00:51:43.96	00:49:49.76
199	512/577	37/40	35	Greg Cole	M	46	Iowa City	IA	16:14	00:51:22.84	00:50:28.45
200	523/577	37/39	377	Leif Hanson	M	31	Waterloo	IA	16:22	00:51:58.60	00:50:53.21
201	531/577	24/24	269	Wesley Lentfer	M	11	New Hartford	IA	16:28	00:53:04.22	00:51:10.07
202	538/577	17/19	115	Steve Mangels	M	66	Davenport	IA	16:31	00:53:17.64	00:51:20.53
203	539/577	38/39	161	Tim Pruckler	M	32	Cedar Falls	IA	16:32	00:52:02.28	00:51:24.89
204	540/577	38/40	245	Brad Longlett	M	46	Wilton	IA	16:33	00:53:46.11	00:51:27.76
205	541/577	39/39	147	Quinn Riess	M	39	Muscatine	IA	16:33	00:53:46.11	00:51:27.95
206	545/577	18/19	8	Gene Ficken	M	72	Independence	IA	16:46	00:54:09.66	00:52:08.05
207	558/577	19/19	658	Gary Dunn	M	72	Waterloo	IA	17:26	00:56:01.47	00:54:11.74
208	564/577	39/40	431	Paul Arickx	M	49	Nora Springs	IA	17:38	00:56:49.97	00:54:49.40
209	573/577	40/40	22	William Gall	M	48	St Joseph	MO	18:06	00:56:21.70	00:56:15.78