

Nordic Fest Elvelopet

July 30, 2016

Overall Division Results

15K

Female Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------------|-----|---|---------|-----|------|-------------|
| 1 | 7/125 | 1/66 | 700 | Flannery Cerbin-Bohach | 29 | F | Decorah | IA | 6:34 | 01:01:15.54 |

Male Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-------------|-----|---|---------|-----|------|-------------|
| 1 | 1/125 | 1/59 | 698 | Adam Bohach | 32 | M | Decorah | IA | 5:31 | 00:51:27.05 |

Female Ages 14 - 16

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|---------|-----|------|-------------|
| 1 | 17/125 | 3/66 | 717 | Katie Nimrod | 16 | F | Decorah | IA | 7:25 | 01:09:12.78 |
| 2 | 108/125 | 53/66 | 633 | Morgan Hansen | 14 | F | Hudson | IA | 9:49 | 01:31:36.32 |

Male Ages 14 - 16

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------|-----|---|---------------|-----|------|-------------|
| 1 | 6/125 | 6/59 | 684 | Tyler Vande Lune | 16 | M | Decorah | IA | 6:33 | 01:01:09.30 |
| 2 | 18/125 | 15/59 | 667 | Alexander Rich | 15 | M | Fredricksburg | IA | 7:25 | 01:09:12.78 |
| 3 | 55/125 | 37/59 | 671 | Sam Robinson | 15 | M | Decorah | IA | 8:31 | 01:19:29.77 |

Female Ages 17 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------------|-----|------|-------------|
| 1 | 36/125 | 9/66 | 657 | Maria Mcdonough | 19 | F | Decorah | IA | 7:59 | 01:14:26.78 |
| 2 | 37/125 | 10/66 | 731 | Stef Bjerke | 19 | F | La Crosse | WI | 7:59 | 01:14:26.78 |
| 3 | 38/125 | 11/66 | 621 | Megan Ely | 18 | F | Cedar Rapids | IA | 8:02 | 01:14:59.72 |

Male Ages 17 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|---------|-----|------|-------------|
| 1 | 50/125 | 33/59 | 692 | Julian Wilson | 18 | M | Amana | IA | 8:27 | 01:18:48.67 |
| 2 | 51/125 | 34/59 | 655 | Jacob Marlow | 18 | M | Decorah | IA | 8:28 | 01:18:55.99 |

Female Ages 20 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-------------------|-----|---|-------------|-----|------|-------------|
| 1 | 13/125 | 2/66 | 676 | Tricia Serres | 22 | F | Platteville | WI | 7:08 | 01:06:33.55 |
| 2 | 20/125 | 4/66 | 665 | Erika Randall | 29 | F | Decorah | IA | 7:29 | 01:09:48.30 |
| 3 | 22/125 | 5/66 | 688 | Kiersten Wenthold | 21 | F | Dubuque | IA | 7:35 | 01:10:45.12 |

Male Ages 20 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|-------------|-----|------|-------------|
| 1 | 2/125 | 2/59 | 646 | Thomas Knobbe | 22 | M | Kasota | MN | 5:37 | 00:52:27.15 |
| 2 | 3/125 | 3/59 | 661 | Evan Neubauer | 25 | M | Iowa City | IA | 6:01 | 00:56:10.53 |
| 3 | 4/125 | 4/59 | 617 | John Donovan | 22 | M | Platteville | WI | 6:04 | 00:56:40.19 |

Nordic Fest Elvelopet

July 30, 2016

Overall Division Results

15K

Female Ages 30 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|-----------|-----|------|-------------|
| 1 | 40/125 | 12/66 | 611 | Kelly Bucher | 38 | F | Ankeny | IA | 8:05 | 01:15:21.73 |
| 2 | 44/125 | 14/66 | 696 | Jamie Zahasky | 35 | F | Iowa City | IA | 8:13 | 01:16:40.27 |
| 3 | 46/125 | 16/66 | 725 | Shauna Menke | 35 | F | Decorah | IA | 8:18 | 01:17:29.51 |

Male Ages 30 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-------------|-----|------|-------------|
| 1 | 9/125 | 8/59 | 715 | Nicolas Zahasky | 37 | M | Minnetrissa | MN | 6:52 | 01:04:06.30 |
| 2 | 23/125 | 18/59 | 707 | Jason Leonhart | 38 | M | Castalia | IA | 7:38 | 01:11:13.02 |
| 3 | 28/125 | 22/59 | 619 | Carson Egglund | 32 | M | Decorah | IA | 7:48 | 01:12:47.66 |

Female Ages 40 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|------------------------|-----|---|-----------|-----|------|-------------|
| 1 | 42/125 | 13/66 | 730 | Jodi Heth | 41 | F | Muscatine | IA | 8:07 | 01:15:44.53 |
| 2 | 70/125 | 28/66 | 740 | Gallentine Mattine | 42 | F | Decorah | IA | 8:51 | 01:22:30.80 |
| 3 | 71/125 | 29/66 | 652 | Elizabeth Lippert Kane | 43 | F | Decorah | IA | 8:52 | 01:22:47.90 |

Male Ages 40 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|------------|-----|------|-------------|
| 1 | 11/125 | 10/59 | 681 | Derek Sweet | 48 | M | Decorah | IA | 6:54 | 01:04:23.54 |
| 2 | 14/125 | 12/59 | 729 | Paul Kilgore | 41 | M | Decorah | IA | 7:12 | 01:07:15.66 |
| 3 | 16/125 | 14/59 | 620 | Ryan Elsbernd | 44 | M | Des Moines | IA | 7:21 | 01:08:32.64 |

Female Ages 50 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|-----------------------|-----|---|--------|-----|------|-------------|
| 1 | 45/125 | 15/66 | 649 | Annette Krueger | 52 | F | Sidney | NE | 8:15 | 01:17:02.82 |
| 2 | 68/125 | 27/66 | 624 | Elizabeth Fitzpatrick | 52 | F | Waukon | IA | 8:46 | 01:21:44.84 |
| 3 | 82/125 | 36/66 | 678 | Michelle Stevens | 55 | F | Denver | IA | 9:09 | 01:25:22.99 |

Male Ages 50 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|--------------|-----|---|------------|-----|------|-------------|
| 1 | 12/125 | 11/59 | 638 | Todd Hougen | 53 | M | Des Moines | IA | 6:59 | 01:05:11.79 |
| 2 | 34/125 | 26/59 | 703 | Scott Hervey | 53 | M | Decorah | IA | 7:58 | 01:14:22.31 |
| 3 | 53/125 | 35/59 | 647 | Tom Kraabel | 55 | M | Decorah | IA | 8:29 | 01:19:08.96 |

Male Ages 60+

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name | Age | S | City | St. | Pace | Time |
|-----------|-------------------|------------------|-----|---------------|-----|---|-----------|-----|------|-------------|
| 1 | 86/125 | 47/59 | 733 | Linus Barloon | 68 | M | Decorah | IA | 9:14 | 01:26:04.23 |
| 2 | 102/125 | 52/59 | 721 | Steve Massman | 60 | M | Caledonia | MN | 9:34 | 01:29:15.33 |