

Nordic Fest Elvelopet

July 30, 2016

15K

Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	7/125	1/1	700	Flannery Cerbin-Bohach	F	29	Decorah	IA	6:34	01:01:15.54
2	13/125	1/15	676	Tricia Serres	F	22	Platteville	WI	7:08	01:06:33.55
3	17/125	1/2	717	Katie Nimrod	F	16	Decorah	IA	7:25	01:09:12.78
4	20/125	2/15	665	Erika Randall	F	29	Decorah	IA	7:29	01:09:48.30
5	22/125	3/15	688	Kiersten Wenthold	F	21	Dubuque	IA	7:35	01:10:45.12
6	24/125	4/15	689	Lauren Wettach	F	28	Madison	WI	7:39	01:11:26.94
7	31/125	5/15	616	Jenna Dengler	F	22	Ankeny	IA	7:53	01:13:34.81
8	32/125	6/15	659	Lauren Mordini	F	22	Wheaton	IL	7:53	01:13:35.03
9	36/125	1/5	657	Maria Mcdonough	F	19	Decorah	IA	7:59	01:14:26.78
10	37/125	2/5	731	Stef Bjerke	F	19	La Crosse	WI	7:59	01:14:26.78
11	38/125	3/5	621	Megan Ely	F	18	Cedar Rapids	IA	8:02	01:14:59.72
12	40/125	1/19	611	Kelly Bucher	F	38	Ankeny	IA	8:05	01:15:21.73
13	42/125	1/13	730	Jodi Heth	F	41	Muscatine	IA	8:07	01:15:44.53
14	44/125	2/19	696	Jamie Zahasky	F	35	Iowa City	IA	8:13	01:16:40.27
15	45/125	1/9	649	Annette Krueger	F	52	Sidney	NE	8:15	01:17:02.82
16	46/125	3/19	725	Shauna Menke	F	35	Decorah	IA	8:18	01:17:29.51
17	47/125	4/19	701	Zenith Gonzalez	F	39	Orangevale	CA	8:20	01:17:49.06
18	52/125	7/15	714	Jaci Wilkinson	F	26	Decorah	IA	8:28	01:18:59.79
19	56/125	4/5	645	Shania Kelly	F	17	Decorah	IA	8:32	01:19:32.81
20	59/125	1/2	739	Brooke Debnux	F	99		IA	8:38	01:20:34.57
21	60/125	8/15	613	Mckenzie Carney	F	20	Des Moines	IA	8:38	01:20:35.04
22	61/125	9/15	675	Anna Ryden	F	20	Decorah	IA	8:38	01:20:35.04
23	62/125	10/15	670	Meredith Robinson	F	20	Decorah	IA	8:38	01:20:35.24
24	63/125	11/15	648	Tessa Kraus	F	22	Decorah	IA	8:38	01:20:35.57
25	64/125	5/19	1006	Amanda Huinker	F	33	Decorah	IA	8:39	01:20:43.17
26	67/125	5/5	604	Josephine Berlage	F	17	Ridgeway	IA	8:45	01:21:39.07
27	68/125	2/9	624	Elizabeth Fitzpatrick	F	52	Waukon	IA	8:46	01:21:44.84
28	70/125	2/13	740	Gallentine Mattine	F	42	Decorah	IA	8:51	01:22:30.80
29	71/125	3/13	652	Elizabeth Lippert Kane	F	43	Decorah	IA	8:52	01:22:47.90
30	73/125	12/15	643	Madeline Jungbauer	F	27	Decorah	IA	8:54	01:23:05.18
31	74/125	6/19	634	Shelly Hanson	F	32	Clive	IA	8:55	01:23:12.92
32	78/125	13/15	728	Alice Topaloff	F	26	Decorah	IA	8:59	01:23:50.56
33	79/125	7/19	660	Leah Nelson	F	33	Eau Claire	WI	9:00	01:23:58.92
34	80/125	8/19	612	Megan Buckingham	F	31	Decorah	IA	9:02	01:24:15.18
35	81/125	14/15	658	Shana Meyer	F	29	Decorah	IA	9:04	01:24:33.11
36	82/125	3/9	678	Michelle Stevens	F	55	Denver	IA	9:09	01:25:22.99
37	83/125	4/9	712	Brenda Ramlo	F	51	Denver	CO	9:11	01:25:44.30
38	84/125	4/13	668	Amy Robinson	F	44	Decorah	IA	9:11	01:25:44.90
39	85/125	9/19	674	Emily Ross	F	38	Hokah	MN	9:12	01:25:50.01
40	87/125	5/13	650	Elizabeth Leschensky	F	47	Decorah	IA	9:15	01:26:13.22
41	88/125	10/19	691	Trisha Wilkins	F	36	Waukon	IA	9:15	01:26:13.84
42	90/125	11/19	614	Sandy Chiweshe	F	37	New York	NY	9:20	01:27:07.33
43	93/125	12/19	663	Joni Osmundson	F	32	Ankeny	IA	9:22	01:27:21.00
44	94/125	5/9	538	Amy Schwartz	F	53	Decorah	IA	9:22	01:27:27.32
45	96/125	6/13	690	Staci Wicks	F	43	Cresco	IA	9:25	01:27:51.69
46	97/125	6/9	629	Sharon Gerleman	F	54	Ridgeway	IA	9:26	01:27:58.81
47	98/125	7/13	735	Emily Young Johnson	F	44	Decorah	IA	9:27	01:28:08.33
48	99/125	13/19	687	Brooke Weighner	F	35	Harpers Ferry	IA	9:27	01:28:13.30
49	100/125	14/19	699	Jennifer Buchan	F	34	St. Paul	MN	9:28	01:28:14.92
50	101/125	8/13	679	Laurie Stonewall	F	48	Marengo	IA	9:32	01:29:00.83
51	104/125	15/19	723	Amanda Webb	F	36	Decorah	IA	9:37	01:29:45.28
52	106/125	16/19	653	Elizabeth Malott	F	38	Hokah	MN	9:39	01:30:02.38
53	108/125	2/2	633	Morgan Hansen	F	14	Hudson	IA	9:49	01:31:36.32
54	109/125	17/19	632	Jordan Hansen	F	35	Hudson	IA	9:49	01:31:37.95

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
55	110/125	2/2	711	Stacey Praska	F	99	Dunkerton	IA	10:16	01:35:46.66
56	112/125	15/15	719	Dianna Hulsmoun	F	20	Osage	IA	10:20	01:36:22.60
57	113/125	7/9	609	Jane Brandt	F	58	Rochester	MN	10:52	01:41:19.05
58	114/125	9/13	601	Melanie Bauch	F	44	Clermont	IA	11:07	01:43:44.77
59	115/125	10/13	672	Jennaya Robison	F	42	Decorah	IA	11:17	01:45:14.81
60	116/125	11/13	693	Lisa Wilson	F	47	Amana	IA	11:18	01:45:22.86
61	117/125	18/19	631	Jenny Hager	F	33	Waukon	IA	11:24	01:46:18.11
62	118/125	8/9	640	Llew Jenkins	F	52	Decorah	IA	11:29	01:47:04.12
63	119/125	12/13	607	Kirstie Bower	F	47	Decorah	IA	11:29	01:47:04.87
64	121/125	9/9	738	Laure Rausch	F	57	Fort Atkinson	IA	12:13	01:54:00.13
65	122/125	19/19	736	Jessica Raabe	F	37	Decorah	IA	12:13	01:54:00.77
66	124/125	13/13	713	Cindy See	F	44	Decorah	IA	12:49	01:59:36.76

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Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/125	1/1	698	Adam Bohach	M	32	Decorah	IA	5:31	00:51:27.05
2	2/125	1/13	646	Thomas Knobbe	M	22	Kasota	MN	5:37	00:52:27.15
3	3/125	2/13	661	Evan Neubauer	M	25	Iowa City	IA	6:01	00:56:10.53
4	4/125	3/13	617	John Donovan	M	22	Platteville	WI	6:04	00:56:40.19
5	5/125	4/13	722	Bret Powers	M	22	Decorah	IA	6:30	01:00:42.54
6	6/125	1/3	684	Tyler Vande Lune	M	16	Decorah	IA	6:33	01:01:09.30
7	8/125	5/13	641	Eric Johnson	M	27	Burnsville	MN	6:52	01:04:05.90
8	9/125	1/14	715	Nicolas Zahasky	M	37	Minnetrista	MN	6:52	01:04:06.30
9	10/125	6/13	734	Jason Engelken	M	27	Decorah	IA	6:54	01:04:19.79
10	11/125	1/15	681	Derek Sweet	M	48	Decorah	IA	6:54	01:04:23.54
11	12/125	1/9	638	Todd Hougen	M	53	Des Moines	IA	6:59	01:05:11.79
12	14/125	2/15	729	Paul Kilgore	M	41	Decorah	IA	7:12	01:07:15.66
13	15/125	7/13	720	Erik Ohlrogge	M	22	Decorah	IA	7:17	01:07:55.39
14	16/125	3/15	620	Ryan Elsbernd	M	44	Des Moines	IA	7:21	01:08:32.64
15	18/125	2/3	667	Alexander Rich	M	15	Fredricksburg	IA	7:25	01:09:12.78
16	19/125	4/15	737	Jeffrey Bishop	M	40	Minneapolis	MN	7:27	01:09:26.55
17	21/125	5/15	664	Craig Rabe	M	46	Robins	IA	7:29	01:09:48.90
18	23/125	2/14	707	Jason Leonhart	M	38	Castalia	IA	7:38	01:11:13.02
19	25/125	6/15	630	Michael Grouws	M	49	St Louis Park	MN	7:44	01:12:06.31
20	26/125	7/15	726	Chris Ristau	M	45	Denver	IA	7:46	01:12:28.05
21	27/125	8/13	626	Kennedy Folkedahl	M	20	Decorah	IA	7:48	01:12:46.25
22	28/125	3/14	619	Carson Eggland	M	32	Decorah	IA	7:48	01:12:47.66
23	29/125	9/13	716	Tristan Zurfluh	M	21	Decorah	IA	7:48	01:12:51.53
24	30/125	4/14	694	Mack Winings	M	39	Fort Atkinson	IA	7:50	01:13:06.01
25	33/125	8/15	686	Luke Webinger	M	40	Lost Nation	IA	7:55	01:13:54.56
26	34/125	2/9	703	Scott Hervey	M	53	Decorah	IA	7:58	01:14:22.31
27	35/125	10/13	704	Hans Holkesvik	M	21	Decorah	IA	7:59	01:14:25.76
28	39/125	9/15	697	John Anderson	M	41	Decorah	IA	8:04	01:15:15.56
29	41/125	11/13	706	Mike Larson	M	28	Des Moines	IA	8:07	01:15:39.66
30	43/125	12/13	662	Tracy Nuss	M	27	West Union	IA	8:09	01:16:03.27
31	48/125	10/15	651	Chad Lien	M	42	Shawnee	KS	8:22	01:18:05.30
32	49/125	5/14	603	Patrick Bergeron	M	32	New York	NY	8:23	01:18:14.32
33	50/125	1/2	692	Julian Wilson	M	18	Amana	IA	8:27	01:18:48.67
34	51/125	2/2	655	Jacob Marlow	M	18	Decorah	IA	8:28	01:18:55.99
35	53/125	3/9	647	Tom Kraabel	M	55	Decorah	IA	8:29	01:19:08.96
36	54/125	11/15	669	Jerry Robinson	M	48	Decorah	IA	8:31	01:19:29.56
37	55/125	3/3	671	Sam Robinson	M	15	Decorah	IA	8:31	01:19:29.77
38	57/125	4/9	627	Steve Gastfield	M	52	Preston	MN	8:34	01:19:52.07
39	58/125	6/14	666	Blair Redenius	M	39	Charles City	IA	8:36	01:20:17.75
40	65/125	7/14	732	Nick Chalmars	M	31	Minneapolis	MN	8:40	01:20:52.07
41	66/125	12/15	625	Jayne Folkedahl	M	43	Decorah	IA	8:41	01:20:58.82
42	69/125	13/15	680	T J Sturtz	M	45	Plano	TX	8:50	01:22:22.82
43	72/125	14/15	622	Jason Estrem	M	42	Minneapolis	MN	8:53	01:22:52.77
44	75/125	8/14	683	Nathan Thompson	M	32	Decorah	IA	8:57	01:23:33.58
45	76/125	9/14	682	Josh Taylor	M	36	Rochester	MN	8:58	01:23:40.20
46	77/125	10/14	636	Jason Hartfield	M	35	Minneapolis	MN	8:58	01:23:42.01
47	86/125	1/2	733	Linus Barloon	M	68	Decorah	IA	9:14	01:26:04.23
48	89/125	5/9	654	Dan Marlow	M	50	Decorah	IA	9:20	01:27:03.92
49	91/125	11/14	702	Ronald Haugen	M	37	Carlsbad	MN	9:21	01:27:09.80
50	92/125	6/9	724	Tim Lecander	M	55	Decorah	IA	9:21	01:27:11.83
51	95/125	7/9	539	Brad Schwartz	M	53	Decorah	IA	9:22	01:27:27.52
52	102/125	2/2	721	Steve Massman	M	60	Caledonia	MN	9:34	01:29:15.33
53	103/125	8/9	608	Dave Brandt	M	58	Rochester	MN	9:37	01:29:44.59
54	105/125	12/14	537	Mathew Mann	M	35	Grimes	IA	9:38	01:29:51.17

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55	107/125	13/13	709	Nick Pearch	M	24	Decorah	IA	9:42	01:30:30.51
56	111/125	13/14	710	Dan Praska	M	34	Dunkerton	IA	10:16	01:35:47.00
57	120/125	14/14	644	Casey Kashnig	M	32	Champaign	IL	12:00	01:51:52.25
58	123/125	15/15	685	Bruce Wearda	M	48	Bakersfield	CA	12:48	01:59:23.88
59	125/125	9/9	635	Terry Harrison	M	51	Des Moines	IA	13:02	02:01:30.35