

Nordic Fest Elvelopet

July 30, 2016

Overall Division Results

15K

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/125	1/66	700	Flannery Cerbin-Bohach	29	F	Decorah	IA	6:34	01:01:15.54

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/125	1/59	698	Adam Bohach	32	M	Decorah	IA	5:31	00:51:27.05

Female Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	17/125	3/66	717	Katie Nimrod	16	F	Decorah	IA	7:25	01:09:12.78
2	108/125	53/66	633	Morgan Hansen	14	F	Hudson	IA	9:49	01:31:36.32

Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/125	6/59	684	Tyler Vande Lune	16	M	Decorah	IA	6:33	01:01:09.30
2	18/125	15/59	667	Alexander Rich	15	M	Fredricksburg	IA	7:25	01:09:12.78
3	55/125	37/59	671	Sam Robinson	15	M	Decorah	IA	8:31	01:19:29.77

Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	36/125	9/66	657	Maria McDonough	19	F	Decorah	IA	7:59	01:14:26.78
2	37/125	10/66	731	Stef Bjerke	19	F	La Crosse	WI	7:59	01:14:26.78
3	38/125	11/66	621	Megan Ely	18	F	Cedar Rapids	IA	8:02	01:14:59.72
4	56/125	19/66	645	Shania Kelly	17	F	Decorah	IA	8:32	01:19:32.81
5	67/125	26/66	604	Josephine Berlage	17	F	Ridgeway	IA	8:45	01:21:39.07

Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	50/125	33/59	692	Julian Wilson	18	M	Amana	IA	8:27	01:18:48.67
2	51/125	34/59	655	Jacob Marlow	18	M	Decorah	IA	8:28	01:18:55.99

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Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/125	2/66	676	Tricia Serres	22	F	Platteville	WI	7:08	01:06:33.55
2	20/125	4/66	665	Erika Randall	29	F	Decorah	IA	7:29	01:09:48.30
3	22/125	5/66	688	Kiersten Wenthold	21	F	Dubuque	IA	7:35	01:10:45.12
4	24/125	6/66	689	Lauren Wettach	28	F	Madison	WI	7:39	01:11:26.94
5	31/125	7/66	616	Jenna Dengler	22	F	Ankeny	IA	7:53	01:13:34.81
6	32/125	8/66	659	Lauren Mordini	22	F	Wheaton	IL	7:53	01:13:35.03
7	52/125	18/66	714	Jaci Wilkinson	26	F	Decorah	IA	8:28	01:18:59.79
8	60/125	21/66	613	Mckenzie Carney	20	F	Des Moines	IA	8:38	01:20:35.04
9	61/125	22/66	675	Anna Ryden	20	F	Decorah	IA	8:38	01:20:35.04
10	62/125	23/66	670	Meredith Robinson	20	F	Decorah	IA	8:38	01:20:35.24
11	63/125	24/66	648	Tessa Kraus	22	F	Decorah	IA	8:38	01:20:35.57
12	73/125	30/66	643	Madeline Jungbauer	27	F	Decorah	IA	8:54	01:23:05.18
13	78/125	32/66	728	Alice Topaloff	26	F	Decorah	IA	8:59	01:23:50.56
14	81/125	35/66	658	Shana Meyer	29	F	Decorah	IA	9:04	01:24:33.11
15	112/125	56/66	719	Dianna Hulsmoun	20	F	Osage	IA	10:20	01:36:22.60

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/125	2/59	646	Thomas Knobbe	22	M	Kasota	MN	5:37	00:52:27.15
2	3/125	3/59	661	Evan Neubauer	25	M	Iowa City	IA	6:01	00:56:10.53
3	4/125	4/59	617	John Donovan	22	M	Platteville	WI	6:04	00:56:40.19
4	5/125	5/59	722	Bret Powers	22	M	Decorah	IA	6:30	01:00:42.54
5	8/125	7/59	641	Eric Johnson	27	M	Burnsville	MN	6:52	01:04:05.90
6	10/125	9/59	734	Jason Engelken	27	M	Decorah	IA	6:54	01:04:19.79
7	15/125	13/59	720	Erik Ohlrogge	22	M	Decorah	IA	7:17	01:07:55.39
8	27/125	21/59	626	Kennedy Folkedahl	20	M	Decorah	IA	7:48	01:12:46.25
9	29/125	23/59	716	Tristan Zurfluh	21	M	Decorah	IA	7:48	01:12:51.53
10	35/125	27/59	704	Hans Holkesvik	21	M	Decorah	IA	7:59	01:14:25.76
11	41/125	29/59	706	Mike Larson	28	M	Des Moines	IA	8:07	01:15:39.66
12	43/125	30/59	662	Tracy Nuss	27	M	West Union	IA	8:09	01:16:03.27
13	107/125	55/59	709	Nick Pearch	24	M	Decorah	IA	9:42	01:30:30.51

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Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	40/125	12/66	611	Kelly Bucher	38	F	Ankeny	IA	8:05	01:15:21.73
2	44/125	14/66	696	Jamie Zahasky	35	F	Iowa City	IA	8:13	01:16:40.27
3	46/125	16/66	725	Shauna Menke	35	F	Decorah	IA	8:18	01:17:29.51
4	47/125	17/66	701	Zenith Gonzalez	39	F	Orangevale	CA	8:20	01:17:49.06
5	64/125	25/66	1006	Amanda Huinker	33	F	Decorah	IA	8:39	01:20:43.17
6	74/125	31/66	634	Shelly Hanson	32	F	Clive	IA	8:55	01:23:12.92
7	79/125	33/66	660	Leah Nelson	33	F	Eau Claire	WI	9:00	01:23:58.92
8	80/125	34/66	612	Megan Buckingham	31	F	Decorah	IA	9:02	01:24:15.18
9	85/125	39/66	674	Emily Ross	38	F	Hokah	MN	9:12	01:25:50.01
10	88/125	41/66	691	Trisha Wilkins	36	F	Waukon	IA	9:15	01:26:13.84
11	90/125	42/66	614	Sandy Chiweshe	37	F	New York	NY	9:20	01:27:07.33
12	93/125	43/66	663	Joni Osmundson	32	F	Ankeny	IA	9:22	01:27:21.00
13	99/125	48/66	687	Brooke Weighner	35	F	Harpers Ferry	IA	9:27	01:28:13.30
14	100/125	49/66	699	Jennifer Buchan	34	F	St. Paul	MN	9:28	01:28:14.92
15	104/125	51/66	723	Amanda Webb	36	F	Decorah	IA	9:37	01:29:45.28
16	106/125	52/66	653	Elizabeth Malott	38	F	Hokah	MN	9:39	01:30:02.38
17	109/125	54/66	632	Jordan Hansen	35	F	Hudson	IA	9:49	01:31:37.95
18	117/125	61/66	631	Jenny Hager	33	F	Waukon	IA	11:24	01:46:18.11
19	122/125	65/66	736	Jessica Raabe	37	F	Decorah	IA	12:13	01:54:00.77

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/125	8/59	715	Nicolas Zahasky	37	M	Minnetrissa	MN	6:52	01:04:06.30
2	23/125	18/59	707	Jason Leonhart	38	M	Castalia	IA	7:38	01:11:13.02
3	28/125	22/59	619	Carson Eggland	32	M	Decorah	IA	7:48	01:12:47.66
4	30/125	24/59	694	Mack Winings	39	M	Fort Atkinson	IA	7:50	01:13:06.01
5	49/125	32/59	603	Patrick Bergeron	32	M	New York	NY	8:23	01:18:14.32
6	58/125	39/59	666	Blair Redenius	39	M	Charles City	IA	8:36	01:20:17.75
7	65/125	40/59	732	Nick Chalmers	31	M	Minneapolis	MN	8:40	01:20:52.07
8	75/125	44/59	683	Nathan Thompson	32	M	Decorah	IA	8:57	01:23:33.58
9	76/125	45/59	682	Josh Taylor	36	M	Rochester	MN	8:58	01:23:40.20
10	77/125	46/59	636	Jason Hartfield	35	M	Minneapolis	MN	8:58	01:23:42.01
11	91/125	49/59	702	Ronald Haugen	37	M	Carlsbad	MN	9:21	01:27:09.80
12	105/125	54/59	537	Mathew Mann	35	M	Grimes	IA	9:38	01:29:51.17
13	111/125	56/59	710	Dan Praska	34	M	Dunkerton	IA	10:16	01:35:47.00
14	120/125	57/59	644	Casey Kashnig	32	M	Champaign	IL	12:00	01:51:52.25

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Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	42/125	13/66	730	Jodi Heth	41	F	Muscatine	IA	8:07	01:15:44.53
2	70/125	28/66	740	Gallentine Mattine	42	F	Decorah	IA	8:51	01:22:30.80
3	71/125	29/66	652	Elizabeth Lippert Kane	43	F	Decorah	IA	8:52	01:22:47.90
4	84/125	38/66	668	Amy Robinson	44	F	Decorah	IA	9:11	01:25:44.90
5	87/125	40/66	650	Elizabeth Leschensky	47	F	Decorah	IA	9:15	01:26:13.22
6	96/125	45/66	690	Staci Wicks	43	F	Cresco	IA	9:25	01:27:51.69
7	98/125	47/66	735	Emily Young Johnson	44	F	Decorah	IA	9:27	01:28:08.33
8	101/125	50/66	679	Laurie Stonewall	48	F	Marengo	IA	9:32	01:29:00.83
9	114/125	58/66	601	Melanie Bauch	44	F	Clermont	IA	11:07	01:43:44.77
10	115/125	59/66	672	Jennaya Robison	42	F	Decorah	IA	11:17	01:45:14.81
11	116/125	60/66	693	Lisa Wilson	47	F	Amana	IA	11:18	01:45:22.86
12	119/125	63/66	607	Kirstie Bower	47	F	Decorah	IA	11:29	01:47:04.87
13	124/125	66/66	713	Cindy See	44	F	Decorah	IA	12:49	01:59:36.76

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	11/125	10/59	681	Derek Sweet	48	M	Decorah	IA	6:54	01:04:23.54
2	14/125	12/59	729	Paul Kilgore	41	M	Decorah	IA	7:12	01:07:15.66
3	16/125	14/59	620	Ryan Elsbernd	44	M	Des Moines	IA	7:21	01:08:32.64
4	19/125	16/59	737	Jeffrey Bishop	40	M	Minneapolis	MN	7:27	01:09:26.55
5	21/125	17/59	664	Craig Rabe	46	M	Robins	IA	7:29	01:09:48.90
6	25/125	19/59	630	Michael Grouws	49	M	St Louis Park	MN	7:44	01:12:06.31
7	26/125	20/59	726	Chris Ristau	45	M	Denver	IA	7:46	01:12:28.05
8	33/125	25/59	686	Luke Webinger	40	M	Lost Nation	IA	7:55	01:13:54.56
9	39/125	28/59	697	John Anderson	41	M	Decorah	IA	8:04	01:15:15.56
10	48/125	31/59	651	Chad Lien	42	M	Shawnee	KS	8:22	01:18:05.30
11	54/125	36/59	669	Jerry Robinson	48	M	Decorah	IA	8:31	01:19:29.56
12	66/125	41/59	625	Jayme Folkedahl	43	M	Decorah	IA	8:41	01:20:58.82
13	69/125	42/59	680	T J Sturtz	45	M	Plano	TX	8:50	01:22:22.82
14	72/125	43/59	622	Jason Estrem	42	M	Minneapolis	MN	8:53	01:22:52.77
15	123/125	58/59	685	Bruce Wearda	48	M	Bakersfield	CA	12:48	01:59:23.88

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	45/125	15/66	649	Annette Krueger	52	F	Sidney	NE	8:15	01:17:02.82
2	68/125	27/66	624	Elizabeth Fitzpatrick	52	F	Waukon	IA	8:46	01:21:44.84
3	82/125	36/66	678	Michelle Stevens	55	F	Denver	IA	9:09	01:25:22.99
4	83/125	37/66	712	Brenda Ramlo	51	F	Denver	CO	9:11	01:25:44.30
5	94/125	44/66	538	Amy Schwartz	53	F	Decorah	IA	9:22	01:27:27.32
6	97/125	46/66	629	Sharon Gerleman	54	F	Ridgeway	IA	9:26	01:27:58.81
7	113/125	57/66	609	Jane Brandt	58	F	Rochester	MN	10:52	01:41:19.05
8	118/125	62/66	640	Llew Jenkins	52	F	Decorah	IA	11:29	01:47:04.12
9	121/125	64/66	738	Laure Rausch	57	F	Fort Atkinson	IA	12:13	01:54:00.13

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Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/125	11/59	638	Todd Hougen	53	M	Des Moines	IA	6:59	01:05:11.79
2	34/125	26/59	703	Scott Hervey	53	M	Decorah	IA	7:58	01:14:22.31
3	53/125	35/59	647	Tom Kraabel	55	M	Decorah	IA	8:29	01:19:08.96
4	57/125	38/59	627	Steve Gastfield	52	M	Preston	MN	8:34	01:19:52.07
5	89/125	48/59	654	Dan Marlow	50	M	Decorah	IA	9:20	01:27:03.92
6	92/125	50/59	724	Tim Lecander	55	M	Decorah	IA	9:21	01:27:11.83
7	95/125	51/59	539	Brad Schwartz	53	M	Decorah	IA	9:22	01:27:27.52
8	103/125	53/59	608	Dave Brandt	58	M	Rochester	MN	9:37	01:29:44.59
9	125/125	59/59	635	Terry Harrison	51	M	Des Moines	IA	13:02	02:01:30.35

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	86/125	47/59	733	Linus Barloon	68	M	Decorah	IA	9:14	01:26:04.23
2	102/125	52/59	721	Steve Massman	60	M	Caledonia	MN	9:34	01:29:15.33

Female Ages 99 - 99

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	59/125	20/66	739	Brooke Debnux	99	F		IA	8:38	01:20:34.57
2	110/125	55/66	711	Stacey Praska	99	F	Dunkerton	IA	10:16	01:35:46.66