

# RUNorwalk 8K and 5K Run/Walk

May 7, 2016

## Overall Division Results

8K Run

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/33	1/16	254	Kirsten Cox	40	F	Des Moines	IA	6:34	00:32:41.92
2	9/33	2/16	286	Angela Chaney	28	F	Bloomfield	IA	7:24	00:36:51.61
3	12/33	3/16	272	Natalie Quenzer	27	F	Cumming	IA	7:34	00:37:36.99

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/33	1/17	283	Julius Rotich	41	M	Des Moines	IA	5:34	00:27:41.39
2	2/33	2/17	261	Justin Helbing	30	M	Indianola	IA	5:36	00:27:51.00
3	3/33	3/17	260	Todd Haugen	53	M	Des Moines	IA	6:02	00:30:03.67

### Female Ages 15 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/33	4/16	103	Annie Balk	15	F	Norwalk	IA	7:43	00:38:25.68

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	28/33	13/16	277	Ashley Ulveling	25	F	Ankeny	IA	9:52	00:49:03.11

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/33	8/17	278	Robert Wallace	28	M	Norwalk	IA	7:31	00:37:24.23

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/33	5/16	271	Jamie Purviance	34	F	Indianola	IA	7:49	00:38:54.68

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	8/33	7/17	251	Greg Bockenstedt	31	M	Norwalk	IA	7:13	00:35:54.76

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/33	6/16	259	Heidi Hasselbalch	38	F	Norwalk	IA	7:54	00:39:18.67

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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8K Run

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/33	4/17	265	Brandon Johnson	38	M	Norwalk	IA	6:30	00:32:20.67

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/33	12/16	273	Allyson Seymour	40	F	Norwalk	IA	9:39	00:48:01.65

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/33	5/17	285	Dan York	40	M	Ankeny	IA	6:52	00:34:11.90

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/33	6/17	252	Maury Clark	46	M	Norwalk	IA	6:54	00:34:20.18

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/33	10/16	276	Julia Tentinger	51	F	Norwalk	IA	8:51	00:44:01.28

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	16/33	10/17	269	Michael Perry	50	M	West Des Moines	IA	8:10	00:40:38.18

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	30/33	14/16	282	Roma Snook	57	F	Chariton	IA	10:09	00:50:31.69

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/33	12/17	280	John Hughes	62	M	Norwalk	IA	8:29	00:42:10.36

### Male Ages 70+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	18/33	11/17	284	John Schneller	72	M	West Des Moines	IA	8:28	00:42:06.80