

# Timberman Triathlon

July 9, 2016

## Olympic Individual

### Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	44	Christina Roberts	F	30	Minneapolis	MN	00:17:41	1	1:00	00:01:05	01:11:19	1	21.1	00:00:40	00:38:36	1	6:25		02:09:18.90
2	43	Andrea Myers	F	40	Plymouth	MN	00:19:24	2	1:06	00:00:56	01:12:01	2	20.9	00:00:51	00:44:13	5	7:22		02:17:21.92
3	6	Sarah Berger	F	30	Saint Paul	MN	00:21:45	6	1:14	00:01:50	01:12:36	4	20.7	00:01:32	00:41:52	3	6:58		02:19:32.73
4	7	Sara Sampsel-Jones	F	41	Minneapolis	MN	00:21:02	4	1:11	00:01:32	01:13:46	5	20.4	00:01:24	00:44:37	6	7:26		02:22:18.34
5	8	Christel Kippenhan	F	51	Bemidji	MN	00:19:54	3	1:07	00:01:12	01:15:41	8	19.9	00:00:48	00:44:58	8	7:29		02:22:30.13
6	49	Tiffany Kari	F	36	Duluth	MN	00:23:28	8	1:19	00:01:22	01:16:52	9	19.6	00:00:57	00:40:05	2	6:40		02:22:40.87
7	88	Hannah Bettendorf	F	17	Duluth	MN	00:24:50	13	1:24	00:01:33	01:14:47	6	20.1	00:01:12	00:42:47	4	7:07		02:25:05.57
8	118	Jennifer Neuman	F	46	Anoka	MN	00:24:13	11	1:22	00:01:25	01:12:18	3	20.8	00:01:30	00:46:14	11	7:42		02:25:37.64
9	41	Jacquelyn Bacigalupi	F	39	Baxter	MN	00:24:08	9	1:22	00:01:16	01:15:20	7	20.0	00:01:01	00:44:41	7	7:26		02:26:23.46
10	64	Angela Turnow	F	28	Park Rapids	MN	00:24:32	12	1:23	00:02:39	01:19:34	12	18.9	00:02:01	00:45:59	10	7:39		02:34:41.48
11	114	Kris Kolenz	F	51	Duluth	MN	00:21:14	5	1:12	00:02:25	01:19:19	11	19.0	00:01:27	00:54:06	21	9:00		02:38:28.57
12	46	Mary Sands	F	55	Saint Paul	MN	00:24:57	14	1:25	00:01:25	01:21:06	13	18.6	00:01:21	00:49:59	13	8:19		02:38:45.71
13	34	Erika Fox	F	18	Carlton	MN	00:25:05	16	1:25	00:01:31	01:26:32	18	17.4	00:01:35	00:44:59	9	7:29		02:39:39.79
14	89	Karen Murphy	F	43	Thunder Bay	ON	00:25:02	15	1:25	00:02:15	01:21:44	14	18.4	00:02:24	00:49:02	12	8:10		02:40:23.84
15	112	Pam Stevens	F	63	Sartell	MN	00:24:13	10	1:22	00:01:43	01:18:27	10	19.2	00:01:39	00:56:57	23	9:29		02:42:55.47
16	85	Nicole Reid	F	39	Thunder Bay	ON	00:26:40	20	1:30	00:01:51	01:22:06	15	18.3	00:01:56	00:51:59	17	8:39		02:44:29.72
17	309	Linda Belanger	F	49	International Falls	MN	00:28:21	22	1:36	00:01:21	01:25:57	16	17.5	00:01:30	00:51:38	14	8:36		02:48:44.23
18	56	Brooke Steckelberg	F	35	Saint Cloud	MN	00:28:11	21	1:36	00:02:59	01:27:04	19	17.3	00:01:08	00:51:44	16	8:37		02:51:04.17
19	90	Krista Elkie	F	29	Gorham	ON	00:25:18	17	1:26	00:02:14	01:30:10	22	16.7	00:00:59	00:52:40	18	8:46		02:51:17.60
20	109	Patty Jaeger	F	51	Vergas	MN	00:26:06	19	1:28	00:02:30	01:31:17	23	16.5	00:01:49	00:52:58	19	8:49		02:54:37.37
21	29	Amy Westbrook	F	42	Duluth	MN	00:25:35	18	1:27	00:04:05	01:30:09	21	16.7	00:02:41	00:53:58	20	8:59		02:56:25.75
22	39	Stephanie Etterman	F	51	Brainerd	MN	00:28:38	23	1:37	00:01:49	01:28:01	20	17.1	00:02:13	00:56:37	22	9:26		02:57:15.93
23	40	Lisa Tabbert	F	40	Grand Rapids	MN	00:29:11	25	1:39	00:04:26	01:36:35	24	15.6	00:02:01	00:51:42	15	8:36		03:03:53.13
24	103	Lorena Jenks	F	54	Fort Frances	ON	00:29:03	24	1:39	00:02:31	01:38:54	26	15.2	00:01:55	00:59:38	24	9:56		03:11:59.22
25	93	Teresa Tarman	F	37	Hopkins	MN	00:33:52	27	1:55	00:01:41	01:26:06	17	17.5	00:02:10	01:12:44	27	12:07		03:16:29.71
26	106	Jane Hutzol	F	52	Arvilla	ND	00:23:06	7	1:18	00:02:55	01:40:36	27	15.0	00:02:48	01:07:17	25	11:12		03:16:39.40
27	66	Julie Wilson	F	54	Moorhead	MN	00:32:03	26	1:49	00:03:34	01:37:58	25	15.4	00:03:11	01:08:46	26	11:27		03:25:29.30

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	57	Wade Cruser	M	29	Sauk Rapids	MN	00:20:02	5	1:08	00:01:06	01:00:20	1	25.0	00:00:47	00:34:48	3	5:47		01:57:00.82
2	94	Josh Blankenheim	M	36	Duluth	MN	00:19:44	4	1:07	00:00:59	01:02:57	4	23.9	00:00:42	00:33:48	1	5:37		01:58:07.39
3	2	Brooks Grossinger	M	39	Mayer	MN	00:20:11	8	1:08	00:01:06	01:02:31	3	24.1	00:00:43	00:34:58	4	5:49		01:59:25.58
4	61	Jordan Roby	M	26	Wayzata	MN	00:20:15	9	1:09	00:01:06	01:03:03	5	23.9	00:00:40	00:34:30	2	5:44		01:59:31.30
5	80	Steve Sander	M	38	Eden Prairie	MN	00:20:02	6	1:08	00:01:17	01:02:16	2	24.2	00:00:51	00:38:57	10	6:29		02:03:20.66
6	42	Scott Myers	M	41	Plymouth	MN	00:18:41	1	1:03	00:01:09	01:05:50	9	22.9	00:01:06	00:38:25	8	6:24		02:05:08.11
7	3	David Lewis	M	42	Nevis	MN	00:21:25	15	1:12	00:01:24	01:05:44	8	22.9	00:00:58	00:36:28	5	6:04		02:05:56.84
8	70	Jason Crisp	M	36	Carlton	MN	00:19:36	3	1:06	00:01:37	01:08:31	12	22.0	00:00:46	00:37:05	6	6:10		02:07:33.58
9	21	John Garrison	M	44	Cohasset	MN	00:22:41	24	1:17	00:01:09	01:05:35	7	23.0	00:01:38	00:37:26	7	6:14		02:08:26.39
10	50	Mike Johnson	M	47	Chippewa Falls	WI	00:22:03	18	1:15	00:01:20	01:03:12	6	23.8	00:01:00	00:41:38	14	6:56		02:09:10.11
11	31	Nicholas Serratore	M	27	Grand Rapids	MN	00:20:36	11	1:10	00:01:04	01:07:08	10	22.4	00:00:58	00:40:45	13	6:47		02:10:28.54
12	102	Steven Hohenstein	M	39	Duluth	MN	00:21:28	16	1:13	00:01:33	01:07:17	11	22.4	00:00:50	00:40:14	12	6:42		02:11:19.91
13	81	Nathan Waech	M	47	Grand Rapids	MN	00:21:51	17	1:14	00:01:19	01:09:34	15	21.7	00:01:19	00:38:53	9	6:28		02:12:52.38
14	55	Jay Heikkila	M	48	Delano	MN	00:20:21	10	1:09	00:01:24	01:10:52	19	21.3	00:01:16	00:43:28	18	7:14		02:17:17.32
15	110	Ryan Saline	M	42	Cloquet	MN	00:24:51	34	1:24	00:01:07	01:08:40	13	21.9	00:00:36	00:42:28	15	7:04		02:17:38.83
16	113	Ted Sampsell-Jones	M	42	Minneapolis	MN	00:24:15	30	1:22	00:02:00	01:09:10	14	21.8	00:01:12	00:42:33	16	7:05		02:19:07.91
17	116	Jim Reed	M	57	Duluth	MN	00:22:25	21	1:16	00:01:07	01:14:18	25	20.3	00:01:41	00:40:11	11	6:41		02:19:38.75
18	97	Matthew Backmann	M	38	Park Rapids	MN	00:22:48	25	1:17	00:01:11	01:10:04	16	21.5	00:01:02	00:45:26	21	7:34		02:20:28.41
19	86	Bradley Wells	M	52	West Allis	WI	00:23:45	27	1:20	00:00:58	01:13:44	22	20.4	00:00:42	00:44:05	20	7:20		02:23:11.66
20	74	Dan McMaster	M	43	Saint Paul	MN	00:19:25	2	1:06	00:02:00	01:15:17	27	20.0	00:01:05	00:46:49	25	7:48		02:24:32.52
21	108	Neil King	M	67	Nevis	MN	00:22:12	19	1:15	00:01:19	01:14:16	24	20.3	00:00:57	00:46:38	24	7:46		02:25:18.68
22	92	Phil Elkie	M	56	Gorham	ON	00:21:22	14	1:12	00:01:18	01:14:01	23	20.3	00:01:01	00:48:10	30	8:01		02:25:49.59
23	75	Forrest Hallstrom	M	45	Saint Paul	MN	00:22:22	20	1:16	00:01:30	01:13:40	21	20.4	00:01:08	00:47:20	26	7:53		02:25:57.12
24	87	Matthew Bettendorf	M	41	Duluth	MN	00:23:52	28	1:21	00:02:55	01:15:50	29	19.9	00:01:14	00:43:21	17	7:13		02:27:10.41
25	107	Marc Grenier	M	43	Duluth	MN	00:25:03	36	1:25	00:01:41	01:15:22	28	20.0	00:01:25	00:43:49	19	7:18		02:27:18.10
26	37	Paul Kovach	M	55	Duluth	MN	00:24:19	32	1:22	00:02:06	01:10:46	17	21.3	00:01:13	00:50:32	35	8:25		02:28:52.67
27	47	Patrick Higgins	M	38	Denver	CO	00:22:29	22	1:16	00:03:04	01:16:51	30	19.6	00:01:53	00:46:32	23	7:45		02:30:46.18
28	95	Alan Cornett	M	42	Blaine	MN	00:28:39	44	1:37	00:01:22	01:10:51	18	21.3	00:01:38	00:49:59	34	8:19		02:32:27.17
29	100	James Jylha	M	21	Grand Rapids	MN	00:23:40	26	1:20	00:00:52	01:20:10	36	18.8	00:01:18	00:47:59	28	7:59		02:33:55.94
30	124	Tim Duffy	M	42	Bemidji	MN	00:24:10	29	1:22	00:02:24	01:20:01	34	18.8	00:01:45	00:46:06	22	7:40		02:34:24.50
31	115	Skeeter Moore	M	53	Duluth	MN	00:22:32	23	1:16	00:01:32	01:17:58	31	19.3	00:01:40	00:51:24	36	8:33		02:35:04.20
32	98	D J Lamour	M	59	Inver Grove Heights	MN	00:20:05	7	1:08	00:02:19	01:22:50	39	18.2	00:01:36	00:49:38	32	8:16		02:36:25.59
33	59	Jim Metry	M	50	Duluth	MN	00:25:08	37	1:25	00:02:48	01:11:31	20	21.1	00:01:43	00:59:47	46	9:57		02:40:55.49
34	32	Jim Miner	M	62	Duluth	MN	00:24:52	35	1:24	00:02:51	01:14:39	26	20.2	00:02:03	00:57:00	42	9:29		02:41:23.69
35	104	Steve Heikkila	M	59	Saint Paul	MN	00:21:10	12	1:12	00:01:57	01:18:08	32	19.3	00:01:33	00:58:40	44	9:46		02:41:24.91

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							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	117	Conrad Hjort	M	48	Duluth	MN	00:25:42	39	1:27	00:03:12	01:23:15	42	18.1	00:01:35	00:48:00	29	7:59		02:41:41.46
37	68	Jack Shovein	M	57	North Oaks	MN	00:28:48	46	1:38	00:02:42	01:19:10	33	19.0	00:01:47	00:49:48	33	8:17		02:42:12.96
38	62	Terry Wiens	M	59	Duluth	MN	00:28:43	45	1:37	00:02:13	01:21:34	37	18.5	00:01:17	00:48:41	31	8:06		02:42:25.16
39	99	Mike Hudspith	M	58	North Mankato	MN	00:28:12	43	1:36	00:02:04	01:22:56	40	18.2	00:02:09	00:47:38	27	7:56		02:42:56.21
40	36	Will Richter	M	36	Grand Rapids	MN	00:24:34	33	1:23	00:02:14	01:23:10	41	18.1	00:01:48	00:53:15	38	8:52		02:44:58.38
41	79	Dave Gaukler	M	60	High Rolls Mountain I	NM	00:25:25	38	1:26	00:02:57	01:23:43	44	18.0	00:01:27	00:52:20	37	8:43		02:45:49.90
42	69	Todd Peters	M	49	West Fargo	ND	00:21:22	13	1:12	00:02:08	01:23:28	43	18.0	00:02:14	00:58:08	43	9:41		02:47:18.18
43	52	Ruurd Schoolderman	M	44	Duluth	MN	00:26:24	41	1:29	00:02:37	01:20:09	35	18.8	00:02:09	00:56:21	40	9:23		02:47:38.47
44	78	Shaun Jamison	M	50	Minneapolis	MN	00:26:21	40	1:29	00:02:21	01:24:14	45	17.9	00:01:09	00:53:58	39	8:59		02:48:00.59
45	73	Bob French	M	37	International Falls	MN	00:24:17	31	1:22	00:02:31	01:27:03	47	17.3	00:01:25	00:56:27	41	9:24		02:51:39.95
46	111	Allen Donais	M	53	Eveleth	MN	00:32:46	48	1:51	00:02:39	01:22:42	38	18.2	00:02:18	01:07:35	50	11:15		03:07:57.42
47	51	Rick Agar	M	62	Duluth	MN	00:26:40	42	1:30	00:02:13	01:37:40	48	15.4	00:01:19	01:01:44	47	10:17		03:09:33.17
48	58	Ben Anderson	M	36	Moorhead	MN	00:38:08	49	2:09	00:03:22	01:25:47	46	17.6	00:01:57	01:04:49	49	10:48		03:14:00.77
49	53	Joe Lancaster	M	56	Bayport	MN	00:40:10	50	2:16	00:04:25	01:41:07	49	14.9	00:01:14	00:59:37	45	9:56		03:26:30.55
50	84	Peter Miller	M	59	Zimmerman	MN	00:30:55	47	1:45	00:03:50	01:47:17	50	14.0	00:02:24	01:02:21	48	10:23		03:26:45.69