July 9, 2016

Overall Division Results

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Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	11/77	1/27	44	Christina Roberts	30	F	Minneapolis	MN	00:17:40.69	01:11:18.72	00:38:35.05		02:09:18.90
Male	Over	all											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	1/77	1/50	57	Wade Cruser	29	М	Sauk Rapids	MN	00:20:01.29	01:00:19.97	00:34:47.24		01:57:00.82
Fema	le Mast	ers											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	16/77	2/27	43	Andrea Myers	40	F	Plymouth	MN	00:19:23.19	01:12:00.42	00:44:12.13		02:17:21.92
Male	Mast	ers											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	6/77	6/50	42	Scott Myers	41	М	Plymouth	MN	00:18:40.69	01:05:49.24	00:38:24.34		02:05:08.11
Fema	le Ages	16 - 19											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	27/77	7/27	88	Hannah Bettendorf	17	F	Duluth	MN	00:24:49.27	01:14:46.01	00:42:46.24		02:25:05.57
2	45/77	13/27	34	Erika Fox	18	F	Carlton	MN	00:25:04.53	01:26:31.10	00:44:58.96		02:39:39.79
Male	Ages	20 - 24											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	38/77	29/50	100	James Jylha	21	М	Grand Rapids	MN	00:23:39.47	01:20:09.31	00:47:58.60		02:33:55.94

July 9, 2016

Overall Division Results

Olympic Individual

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	40/77	10/27	64	Angela Turnow	28	F	Park Rapids	MN	00:24:31.21	01:19:33.17	00:45:58.35		02:34:41.48
2	63/77	19/27	90	Krista Elkie	29	F	Gorham	ON	00:25:17.45	01:30:09.07	00:52:39.27		02:51:17.60
Male	Ages	25 - 29											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	4/77	4/50	61	Jordan Roby	26	М	Wayzata	MN	00:20:14.52	01:03:02.33	00:34:29.34		01:59:31.30
2	12/77	11/50	31	Nicholas Serratore	27	М	Grand Rapids	MN	00:20:35.53	01:07:07.12	00:40:44.55		02:10:28.54
Fema	le Ages	30 - 34											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	19/77	3/27	6	Sarah Berger	30	F	Saint Paul	MN	00:21:44.54	01:12:35.24	00:41:51.97		02:19:32.73
Fema	le Ages	35 - 39											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	24/77	6/27	49	Tiffany Kari	36	F	Duluth	MN	00:23:27.49	01:16:51.41	00:40:04.29		02:22:40.87
2	32/77	9/27	41	Jacquelyn Bacigalupi	39	F	Baxter	MN	00:24:07.64	01:15:19.17	00:44:40.68		02:26:23.46
3	55/77	16/27	85	Nicole Reid	39	F	Thunder Bay	ON	00:26:39.42	01:22:05.92	00:51:58.39		02:44:29.72
4	62/77	18/27	56	Brooke Steckelberg	35	F	Saint Cloud	MN	00:28:10.92	01:27:03.52	00:51:43.59		02:51:04.17
5	73/77	25/27	93	Teresa Tarman	37	F	Hopkins	MN	00:33:51.29	01:26:05.99	01:12:43.12		03:16:29.71
Male	Ages	35 - 39											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	2/77	2/50	94	Josh Blankenheim	36	М	Duluth	MN	00:19:43.14	01:02:56.61	00:33:47.71		01:58:07.39
2	3/77	3/50	2	Brooks Grossinger	39	М	Mayer	MN	00:20:10.28	01:02:30.84	00:34:57.25		01:59:25.58
3	5/77	5/50	80	Steve Sander	38	М	Eden Prairie	MN	00:20:01.77	01:02:15.29	00:38:56.34		02:03:20.66
4	8/77	8/50	70	Jason Crisp	36	М	Carlton	MN	00:19:35.77	01:08:30.37	00:37:04.93		02:07:33.58
5	13/77	12/50	102	Steven Hohenstein	39	М	Duluth	MN	00:21:27.91	01:07:16.80	00:40:13.66		02:11:19.91

Page 2 of 6

July 9, 2016

Overall Division Results

Male	Ages	35 - 39											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
6	21/77	18/50	97	Matthew Backmann	38	М	Park Rapids	MN	00:22:47.28	01:10:03.73	00:45:25.83		02:20:28.41
7	36/77	27/50	47	Patrick Higgins	38	M	Denver	CO	00:22:28.20	01:16:50.72	00:46:31.86		02:30:46.18
8	56/77	40/50	36	Will Richter	36	M	Grand Rapids	MN	00:24:33.28	01:23:09.58	00:53:14.10		02:44:58.38
9	64/77	45/50	73	Bob French	37	M	International Falls	MN	00:24:16.64	01:27:02.02	00:56:26.17		02:51:39.95
10	72/77	48/50	58	Ben Anderson	36	M	Moorhead	MN	00:38:07.93	01:25:46.37	01:04:48.48		03:14:00.77
Fema	le Ages	40 - 44											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	22/77	4/27	7	Sara Sampsell-Jones	41	F	Minneapolis	MN	00:21:01.41	01:13:45.85	00:44:36.54		02:22:18.34
2	46/77	14/27	89	Karen Murphy	43	F	Thunder Bay	ON	00:25:01.23	01:21:43.10	00:49:01.26		02:40:23.84
3	66/77	21/27	29	Amy Westbrook	42	F	Duluth	MN	00:25:34.68	01:30:08.04	00:53:57.48		02:56:25.75
4	68/77	23/27	40	Lisa Tabbert	40	F	Grand Rapids	MN	00:29:10.77	01:36:34.66	00:51:41.87		03:03:53.13
Male	Ages	40 - 44											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	7/77	7/50	3	David Lewis	42	М	Nevis	MN	00:21:24.32	01:05:43.34	00:36:27.97		02:05:56.84
2	9/77	9/50	21	John Garrison	44	M	Cohasset	MN	00:22:40.79	01:05:34.67	00:37:25.06		02:08:26.39
3	17/77	15/50	110	Ryan Saline	42	M	Cloquet	MN	00:24:50.23	01:08:39.07	00:42:27.50		02:17:38.83
4	18/77	16/50	113	Ted Sampsell-Jones	42	M	Minneapolis	MN	00:24:14.69	01:09:09.99	00:42:32.13		02:19:07.91
5	26/77	20/50	74	Dan Mcmaster	43	M	Saint Paul	MN	00:19:24.32	01:15:16.27	00:46:48.68		02:24:32.52
6	33/77	24/50	87	Matthew Bettendorf	41	M	Duluth	MN	00:23:51.30	01:15:49.44	00:43:20.88		02:27:10.41
7	34/77	25/50	107	Marc Grenier	43	M	Duluth	MN	00:25:02.39	01:15:21.31	00:43:48.84		02:27:18.10
8	37/77	28/50	95	Alan Cornett	42	M	Blaine	MN	00:28:38.55	01:10:50.58	00:49:58.84		02:32:27.17
9	39/77	30/50	124	Tim Duffy	42	M	Bemidji	MN	00:24:09.90	01:20:00.95	00:46:05.78		02:34:24.50
10	59/77	43/50	52	Ruurd Schoolderman	44	M	Duluth	MN	00:26:23.79	01:20:08.17	00:56:20.91		02:47:38.47
Fema	le Ages	45 - 49											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time

July 9, 2016

Overall Division Results

Female	Ages	45 -	49
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Div	Overall	Gender											
Place	Plc/Total	Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	29/77	8/27	118	Jennifer Neuman	46	F	Anoka	MN	00:24:12.93	01:12:17.43	00:46:13.35		02:25:37.64
2	61/77	17/27	309	Linda Belanger	49	F	International Falls	MN	00:28:20.65	01:25:56.06	00:51:37.42		02:48:44.23
Male	Ages	45 - 49											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	10/77	10/50	50	Mike Johnson	47	М	Chippewa Falls	WI	00:22:02.53	01:03:11.65	00:41:37.79		02:09:10.11
2	14/77	13/50	81	Nathan Waech	47	М	Grand Rapids	MN	00:21:50.52	01:09:33.41	00:38:52.05		02:12:52.38
3	15/77	14/50	55	Jay Heikkila	48	М	Delano	MN	00:20:20.21	01:10:51.07	00:43:27.35		02:17:17.32
4	31/77	23/50	75	Forrest Hallstrom	45	М	Saint Paul	MN	00:22:21.45	01:13:39.65	00:47:19.46		02:25:57.12
5	50/77	36/50	117	Conrad Hjort	48	М	Duluth	MN	00:25:41.54	01:23:14.29	00:47:59.00		02:41:41.46
6	58/77	42/50	69	Todd Peters	49	М	West Fargo	ND	00:21:21.28	01:23:27.74	00:58:07.92		02:47:18.18
Fema	le Ages	50 - 54											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
			No.	Name Christel Kippenhan	Age 51	S	City Bemidji	St.	Swim 00:19:53.47	Bike 01:15:40.05	Run 00:44:57.99	Penalty	Time 02:22:30.13
Place	Plc/Total	Pic/Total					•					Penalty	
Place 1	Plc/Total 23/77	Plc/Total 5/27	8	Christel Kippenhan	51	F	Bemidji	MN	00:19:53.47	01:15:40.05	00:44:57.99	Penalty	02:22:30.13
Place 1 2	23/77 43/77	5/27 11/27	8 114	Christel Kippenhan Kris Kolenz	51 51	F F	Bemidji Duluth	MN MN	00:19:53.47 00:21:13.26	01:15:40.05 01:19:18.83	00:44:57.99 00:54:05.82	Penalty	02:22:30.13 02:38:28.57
1 2 3	23/77 43/77 65/77	5/27 11/27 20/27	8 114 109	Christel Kippenhan Kris Kolenz Patty Jaeger	51 51 51	F F	Bemidji Duluth Vergas	MN MN MN	00:19:53.47 00:21:13.26 00:26:05.76	01:15:40.05 01:19:18.83 01:31:16.99	00:44:57.99 00:54:05.82 00:52:57.01	Penalty	02:22:30.13 02:38:28.57 02:54:37.37
1 2 3 4	23/77 43/77 65/77	5/27 11/27 20/27 22/27	8 114 109 39	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman	51 51 51 51	F F F	Bemidji Duluth Vergas Brainerd	MN MN MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60	Penalty	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93
1 2 3 4 5	23/77 43/77 65/77 67/77 71/77	5/27 11/27 20/27 22/27 24/27	8 114 109 39 103	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks	51 51 51 51 51	F F F F	Bemidji Duluth Vergas Brainerd Fort Frances	MN MN MN MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01	Penalty	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22
1 2 3 4 5 6	23/77 43/77 65/77 67/77 71/77 74/77 75/77	5/27 11/27 20/27 22/27 24/27 26/27	8 114 109 39 103 106	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol	51 51 51 51 54 52	F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla	MN MN MN MN ON	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70	Penalty	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40
1 2 3 4 5 6 7 Male	23/77 43/77 65/77 67/77 71/77 74/77 75/77 Ages Overall	5/27 11/27 20/27 22/27 24/27 26/27 27/27 50 - 54 Gender	8 114 109 39 103 106 66	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol Julie Wilson	51 51 51 51 54 52 54	F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla Moorhead	MN MN MN ON ND MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72 00:32:02.82	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58 01:37:57.44	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70 01:08:45.48	•	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40 03:25:29.30
1 2 3 4 5 6 7 Male	23/77 43/77 65/77 67/77 71/77 74/77 75/77	5/27 11/27 20/27 22/27 24/27 26/27 27/27 50 - 54	8 114 109 39 103 106	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol Julie Wilson	51 51 51 51 54 52	F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla	MN MN MN MN ON	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70	Penalty	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40
1 2 3 4 5 6 7 Male	23/77 43/77 65/77 67/77 71/77 74/77 75/77 Ages Overall	5/27 11/27 20/27 22/27 24/27 26/27 27/27 50 - 54 Gender	8 114 109 39 103 106 66	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol Julie Wilson	51 51 51 51 54 52 54	F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla Moorhead	MN MN MN ON ND MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72 00:32:02.82	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58 01:37:57.44	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70 01:08:45.48	•	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40 03:25:29.30
1 2 3 4 5 6 7 Male Div Place	23/77 43/77 65/77 67/77 71/77 74/77 75/77 Ages Overall Plc/Total	5/27 11/27 20/27 22/27 24/27 26/27 27/27 50 - 54 Gender Plc/Total	8 114 109 39 103 106 66	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol Julie Wilson	51 51 51 51 54 52 54 Age	F F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla Moorhead	MN MN MN ON ND MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72 00:32:02.82	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58 01:37:57.44	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70 01:08:45.48	•	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40 03:25:29.30
1 2 3 4 5 6 7 Male Div Place	23/77 43/77 65/77 67/77 71/77 74/77 75/77 Ages Overall Plc/Total	5/27 11/27 20/27 22/27 24/27 26/27 27/27 50 - 54 Gender PIc/Total	8 114 109 39 103 106 66 No.	Christel Kippenhan Kris Kolenz Patty Jaeger Stephanie Etterman Lorena Jenks Jane Hutzol Julie Wilson Name Bradley Wells	51 51 51 51 54 52 54 Age	F F F F F	Bemidji Duluth Vergas Brainerd Fort Frances Arvilla Moorhead City West Allis	MN MN MN ON ND MN	00:19:53.47 00:21:13.26 00:26:05.76 00:28:37.51 00:29:02.81 00:23:05.72 00:32:02.82 Swim 00:23:44.19	01:15:40.05 01:19:18.83 01:31:16.99 01:28:00.14 01:38:53.52 01:40:35.58 01:37:57.44 Bike	00:44:57.99 00:54:05.82 00:52:57.01 00:56:36.60 00:59:37.01 01:07:16.70 01:08:45.48 Run	•	02:22:30.13 02:38:28.57 02:54:37.37 02:57:15.93 03:11:59.22 03:16:39.40 03:25:29.30 Time

July 9, 2016

Overall Division Results

Male	Ages	50 - 54											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
5	69/77	46/50	111	Allen Donais	53	М	Eveleth	MN	00:32:45.48	01:22:41.40	01:07:34.85		03:07:57.42
Fema	le Ages	55 - 59											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	44/77	12/27	46	Mary Sands	55	F	Saint Paul	MN	00:24:56.16	01:21:05.71	00:49:58.71		02:38:45.71
Male	Ages	55 - 59											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	20/77	17/50	116	Jim Reed	57	М	Duluth	MN	00:22:24.90	01:14:17.52	00:40:10.17		02:19:38.75
2	30/77	22/50	92	Phil Elkie	56	M	Gorham	ON	00:21:21.90	01:14:00.42	00:48:09.29		02:25:49.59
3	35/77	26/50	37	Paul Kovach	55	M	Duluth	MN	00:24:18.73	01:10:45.01	00:50:31.12		02:28:52.67
4	42/77	32/50	98	D J Lamour	59	M	Inver Grove Heights	MN	00:20:04.53	01:22:49.93	00:49:37.97		02:36:25.59
5	49/77	35/50	104	Steve Heikkila	59	M	Saint Paul	MN	00:21:09.12	01:18:07.50	00:58:39.58		02:41:24.91
6	51/77	37/50	68	Jack Shovein	57	M	North Oaks	MN	00:28:47.69	01:19:09.99	00:49:47.40		02:42:12.96
7	52/77	38/50	62	Terry Wiens	59	M	Duluth	MN	00:28:42.41	01:21:33.41	00:48:40.66		02:42:25.16
8	54/77	39/50	99	Mike Hudspith	58	M	North Mankato	MN	00:28:11.30	01:22:55.13	00:47:37.89		02:42:56.21
9	76/77	49/50	53	Joe Lancaster	56	M	Bayport	MN	00:40:09.96	01:41:06.19	00:59:36.11		03:26:30.55
10	77/77	50/50	84	Peter Miller	59	M	Zimmerman	MN	00:30:54.69	01:47:16.37	01:02:20.97		03:26:45.69
Fema	le Ages	60 - 64											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	53/77	15/27	112	Pam Stevens	63	F	Sartell	MN	00:24:12.57	01:18:26.02	00:56:56.35		02:42:55.47
Male	Ages	60 - 64											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	48/77	34/50	32	Jim Miner	62	М	Duluth	MN	00:24:51.66	01:14:38.96	00:56:59.53		02:41:23.69
2	57/77	41/50	79	Dave Gaukler	60	М	High Rolls Mountain Parl	NM	00:25:24.72	01:23:42.26	00:52:19.45		02:45:49.90

July 9, 2016

Overall Division Results

Male	Ages 60 - 64												
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
3	70/77	47/50	51	Rick Agar	62	М	Duluth	MN	00:26:39.60	01:37:39.03	01:01:43.67		03:09:33.17
Male	Ages	65 - 69											
Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	28/77	21/50	108	Neil Kina	67	М	Nevis	MN	00:22:11.41	01:14:15.11	00:46:37.77		02:25:18.68