

Timberman Triathlon

July 9, 2016

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/178	1/71	349	Bettina Keppers	33	F	Duluth	MN	00:09:58.82	00:30:17.66	00:22:15.67		01:04:57.49

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/178	1/107	301	Brian Bich	50	M	Duluth	MN	00:09:09.78	00:27:40.49	00:18:10.87		00:56:42.44

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/178	3/71	25	Jena Ogston	45	F	Duluth	MN	00:11:14.83	00:33:04.72	00:21:55.91		01:08:34.71

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/178	2/107	20	Adam Himes	44	M	Minneapolis	MN	00:10:39.00	00:28:42.68	00:18:37.27		00:59:34.55

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	43/178	8/71	246	Megan Bettendorf	15	F	Duluth	MN	00:11:52.30	00:34:41.62	00:23:44.59		01:13:11.87
2	86/178	20/71	233	Simone Lundquist	14	F	Osseo	MN	00:12:51.81	00:41:25.04	00:23:29.62		01:20:10.10
3	92/178	24/71	120	Quincy Shelp	12	F	Maple Plain	MN	00:12:53.26	00:39:37.78	00:25:08.51		01:21:39.66
4	97/178	28/71	150	Lily Hess	14	F	Hibbing	MN	00:15:36.28	00:40:46.31	00:23:43.03		01:22:55.86
5	149/178	59/71	237	Morgan Bell	14	F	Buffalo	MN	00:16:50.80	00:48:08.04	00:27:28.02		01:34:28.49
6	176/178	70/71	282	Abigail Smith	14	F	Cloquet	MN	00:16:03.29	00:53:06.02	00:45:03.85		01:57:36.62

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
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Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	47/178	38/107	240	Jared Nordstrom	15	M	Minneapolis	MN	00:13:56.32	00:37:18.61	00:19:50.48		01:13:45.75
2	173/178	105/107	267	Dominic Nalan	15	M	Grand Rapids	MN	00:20:25.33	00:47:57.04	00:36:27.32		01:48:38.85

Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	22/178	4/71	83	Kaytlin Garrison	18	F	Cohasset	MN	00:12:09.96	00:32:51.43	00:22:20.46		01:09:26.79
2	35/178	6/71	228	Maisy Waech	16	F	Grand Rapids	MN	00:11:36.82	00:36:24.52	00:22:11.38		01:12:31.70
3	40/178	7/71	27	Jenna Truedson	19	F	Bemidji	MN	00:12:09.33	00:38:28.14	00:19:46.60		01:13:01.18
4	46/178	9/71	232	Taylor Lundquist	17	F	Osseo	MN	00:13:19.28	00:35:18.54	00:22:48.67		01:13:42.97
5	124/178	44/71	201	Mallery Lind	17	F	Hibbing	MN	00:13:39.96	00:43:43.21	00:26:12.27		01:27:02.78
6	134/178	48/71	212	Carolann Janssen	18	F	Grand Rapids	MN	00:15:52.54	00:43:47.29	00:26:29.52		01:29:20.22
7	139/178	52/71	143	Erika Blesener	18	F	Cloquet	MN	00:15:01.13	00:42:19.72	00:31:35.52		01:31:48.12

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/178	4/107	239	Josh Nordstrom	18	M	Minneapolis	MN	00:12:10.98	00:30:19.18	00:18:01.30		01:02:36.55
2	5/178	5/107	200	Joshua Kemp	17	M	Floodwood	MN	00:12:12.57	00:30:37.24	00:18:23.19		01:02:43.53
3	20/178	17/107	280	Vasek Cervenka	17	M	Grand Rapids	MN	00:16:36.52	00:30:40.16	00:18:46.36		01:08:38.54
4	37/178	31/107	123	Brody Nelson	16	M	Harris	MN	00:11:39.31	00:35:11.80	00:24:00.85		01:12:42.36
5	38/178	32/107	164	Andrew Cook	17	M	Hibbing	MN	00:10:35.55	00:36:47.42	00:23:10.87		01:12:42.57
6	44/178	36/107	305	Lochlan Baird	17	M	Hibbing	MN	00:16:34.22	00:32:56.43	00:20:36.69		01:13:17.82
7	52/178	43/107	148	Jace Isaacs	18	M	Maple Grove	MN	00:13:02.35	00:36:38.70	00:22:35.35		01:14:24.18
8	74/178	57/107	283	Honza Cervenka	19	M	Grand Rapids	MN	00:17:20.99	00:35:56.19	00:22:21.25		01:18:12.58
9	164/178	98/107	295	Aaron Hjort	16	M	Duluth	MN	00:13:19.29	00:51:17.54	00:30:13.52		01:39:56.22
10	169/178	103/107	195	Joshua Zemke	16	M	Oronoco	MN	00:21:36.58	00:44:23.86	00:36:30.86		01:46:18.64

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
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Overall Division Results

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Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	126/178	45/71	147	Edyn Isaacs	20	F	Maple Grove	MN	00:11:15.51	00:43:25.75	00:29:41.85		01:27:58.37

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/178	3/107	178	Lee Brown	24	M	Maple	WI	00:10:44.87	00:29:18.05	00:18:13.53		00:59:52.83
2	6/178	6/107	269	Jacob Braaten	24	M	Superior	WI	00:12:50.56	00:29:42.13	00:19:52.91		01:03:55.24
3	11/178	10/107	294	Somer Schrock	20	M	Cohasset	MN	00:10:50.16	00:32:47.51	00:18:42.28		01:05:03.69
4	33/178	28/107	211	Kevin Mullaney	21	M	Excelsior	MN	00:12:33.66	00:35:36.41	00:20:00.95		01:11:55.53
5	50/178	41/107	262	Colin Kemp	20	M	Floodwood	MN	00:12:13.23	00:36:16.15	00:23:57.46		01:14:11.77
6	101/178	72/107	126	Reid Pettersen	22	M	Minneapolis	MN	00:15:36.56	00:39:52.19	00:22:55.90		01:23:29.18
7	102/178	73/107	241	Ben Baker	22	M	Chanhassen	MN	00:16:32.40	00:39:44.55	00:22:56.53		01:23:29.34

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	61/178	14/71	187	Hilary Huntley	27	F	Duluth	MN	00:11:14.30	00:36:41.58	00:25:41.03		01:16:23.34
2	103/178	30/71	208	Anna Dehler	28	F	International Falls	MN	00:16:40.51	00:39:00.10	00:24:59.75		01:23:56.74
3	107/178	31/71	76	Alana Jackson	25	F	Grand Rapids	MN	00:17:13.33	00:38:32.17	00:26:01.09		01:24:38.36
4	116/178	39/71	220	Jocelyn Hokkanen	25	F	Anoka	MN	00:12:27.43	00:39:25.76	00:31:15.68		01:26:04.50
5	138/178	51/71	177	Laura Helmbrecht	29	F	Minneapolis	MN	00:12:20.73	00:41:52.28	00:31:55.16		01:30:43.42

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	23/178	19/107	191	Luke Zupan	28	M	Grand Rapids	MN	00:13:59.49	00:32:42.38	00:19:53.94		01:09:43.71
2	42/178	35/107	193	Joshua Leibfried	29	M	Minneapolis	MN	00:12:28.28	00:33:51.07	00:22:33.50		01:13:07.74
3	83/178	64/107	290	Austin Rohling	28	M	Grand Rapids	MN	00:10:55.63	00:40:06.04	00:25:18.06		01:19:48.83
4	87/178	67/107	192	Jayson Newman	28	M	Grand Rapids	MN	00:12:58.36	00:39:38.35	00:24:47.22		01:20:44.92
5	106/178	76/107	276	Clifton Benham	29	M	Deer River	MN	00:17:40.91	00:40:15.80	00:23:34.57		01:24:36.15

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Overall Division Results

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Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	95/178	26/71	122	Sarah Leininger	33	F	Duluth	MN	00:15:44.39	00:36:50.01	00:26:12.88		01:22:49.10
2	122/178	43/71	230	Megan Kakela	31	F	Saint Paul	MN	00:15:46.43	00:39:59.42	00:27:03.61		01:26:50.36
3	140/178	53/71	252	Sarah Nevalainen	33	F	Kabetogama	MN	00:18:25.38	00:42:51.84	00:25:44.00		01:31:53.87
4	145/178	56/71	139	Christi Perich	30	F	Cedar Rapids	IA	00:14:12.47	00:41:54.55	00:30:50.61		01:32:51.11
5	159/178	64/71	174	Megan Teale	30	F	Chanhassen	MN	00:15:46.59	00:43:28.04	00:35:26.03		01:39:30.36

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/178	8/107	125	Joel Paulson	34	M	Maple Grove	MN	00:12:27.56	00:29:43.52	00:20:17.97		01:04:22.30
2	12/178	11/107	307	Thomas Loegering	33	M	West Fargo	ND	00:12:43.31	00:30:10.97	00:19:44.62		01:05:22.39
3	16/178	15/107	166	Craig Walli	34	M	Hibbinging	MN	00:12:15.82	00:30:33.51	00:21:53.91		01:06:23.73
4	41/178	34/107	306	John Morey	32	M	Shoreview	MN	00:12:48.67	00:34:36.31	00:22:59.97		01:13:05.30
5	51/178	42/107	209	Tom Dehler	31	M	International Falls	MN	00:15:51.57	00:33:30.76	00:21:17.81		01:14:23.56
6	80/178	61/107	229	Ryan Baxley	32	M	Saint Paul	MN	00:17:01.29	00:36:21.03	00:22:59.43		01:19:21.27
7	100/178	71/107	140	John Perich	31	M	Cedar Rapids	IA	00:13:10.68	00:37:54.41	00:26:57.57		01:23:21.84
8	125/178	81/107	213	Alex Lindorff	32	M	Minneapolis	MN	00:17:13.83	00:41:49.48	00:23:43.83		01:27:09.60
9	132/178	85/107	130	Kai Johnson	31	M	Laguna Hills	CA	00:15:48.32	00:39:31.98	00:29:30.65		01:29:03.98
10	153/178	92/107	223	Shawn Mahaney	30	M	Prior Lake	MN	00:22:32.34	00:41:46.10	00:28:00.20		01:37:20.99

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/178	2/71	26	Tara Makinen	37	F	Grand Rapids	MN	00:12:05.79	00:31:38.22	00:21:29.42		01:07:15.86
2	24/178	5/71	302	Michelle Breiland	39	F	Duluth	MN	00:10:14.32	00:34:13.56	00:22:38.98		01:09:48.30
3	56/178	12/71	244	Julie Feldman	35	F	Inver Grove Heights	MN	00:13:06.58	00:35:26.75	00:24:06.39		01:15:09.84
4	98/178	29/71	254	Jennifer Cornett	37	F	Blaine	MN	00:14:13.89	00:38:49.22	00:25:43.29		01:23:01.12
5	117/178	40/71	217	Susan Tegt	37	F	Saint Paul	MN	00:14:59.33	00:38:10.75	00:28:20.88		01:26:15.86
6	120/178	41/71	179	Brandy Kramer	35	F	Saint Cloud	MN	00:17:23.28	00:41:09.30	00:24:29.21		01:26:37.78
7	121/178	42/71	180	Jennifer Chirhart	35	F	Saint Cloud	MN	00:12:59.33	00:40:13.05	00:29:47.31		01:26:37.98
8	135/178	49/71	219	Stephanie Kemp	35	F	Hibbing	MN	00:15:36.27	00:42:51.62	00:27:35.54		01:29:33.37
9	141/178	54/71	268	Erin Reisdorf	35	F	Chanhassen	MN	00:16:03.92	00:41:07.90	00:30:59.91		01:32:05.24

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Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
10	142/178	55/71	271	Nicole Fleming	39	F	Duluth	MN	00:15:13.59	00:39:03.84	00:33:46.96		01:32:05.29
11	156/178	63/71	161	Sara Rick	38	F	Litchfield	MN	00:13:32.44	00:49:15.48	00:31:24.98		01:38:15.30
12	170/178	67/71	184	Casey Mahaney	37	F	Prior Lake	MN	00:18:37.60	00:50:11.19	00:31:10.10		01:46:21.43
13	174/178	69/71	288	Sara Breneman	38	F	Chicago	IL	00:18:36.59	00:47:33.22	00:38:42.02		01:51:23.35

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	7/178	7/107	242	Philip Imholte	36	M	Grand Rapids	MN	00:10:18.62	00:32:52.55	00:19:27.72		01:04:17.54
2	10/178	9/107	277	Josh Troumbly	37	M	Bovey	MN	00:12:19.93	00:29:27.74	00:20:45.26		01:04:58.79
3	21/178	18/107	186	Luther Kemp	37	M	Hibbing	MN	00:12:02.48	00:31:33.18	00:23:29.97		01:08:51.52
4	26/178	21/107	60	Ryan Dewy	37	M	Grand Rapids	MN	00:11:36.00	00:33:09.11	00:22:49.58		01:10:13.16
5	27/178	22/107	189	Joe Holz	36	M	Saginaw	MN	00:12:17.67	00:33:49.79	00:22:16.41		01:10:36.40
6	28/178	23/107	285	Jere Mohr	38	M	Duluth	MN	00:11:47.81	00:33:12.01	00:22:38.53		01:10:46.52
7	57/178	45/107	214	Dan Fillbrandt	38	M	Bovey	MN	00:15:06.82	00:34:10.62	00:22:51.91		01:15:20.45
8	123/178	80/107	247	Eric Omdahl	39	M	Saint Charles	MN	00:16:14.74	00:37:45.85	00:27:59.73		01:26:58.26
9	133/178	86/107	350	Chad Troumbly	39	M	Grand Rapids	MN	00:15:49.54	00:40:31.64	00:29:11.42		01:29:04.18
10	137/178	87/107	287	Zach Kitkowski	38	M	Chicago	IL	00:17:42.54	00:38:23.26	00:29:49.74		01:29:53.91
11	165/178	99/107	270	John White	38	M	Hibbing	MN	00:28:05.45	00:41:33.93	00:26:12.58		01:42:26.86

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	53/178	10/71	199	Julie Kemp	43	F	Floodwood	MN	00:14:38.68	00:33:55.47	00:23:08.62		01:14:28.95
2	60/178	13/71	274	Amy Miller Hawkinson	40	F	Fargo	ND	00:16:09.91	00:35:10.70	00:21:50.79		01:15:55.61
3	71/178	17/71	289	Megan Ross	43	F	Fort Frances	ON	00:12:51.31	00:36:30.71	00:24:37.32		01:17:36.94
4	77/178	18/71	238	Sasha Shutter	40	F	Centennial	CO	00:12:30.78	00:38:48.47	00:24:49.28		01:18:52.60
5	88/178	21/71	205	Kimberly Radloff	43	F	Saginaw	MN	00:13:12.81	00:36:27.00	00:28:14.11		01:21:00.99
6	96/178	27/71	348	Renee Saamanen	40	F	Duluth	MN	00:15:03.46	00:32:49.61	00:30:37.50		01:22:55.32
7	109/178	33/71	171	Amy Haney	43	F	Duluth	MN	00:15:04.59	00:39:47.98	00:27:28.18		01:25:04.66
8	150/178	60/71	273	Darla Smith	44	F	Anoka	MN	00:16:14.56	00:43:35.01	00:28:04.87		01:34:48.13
9	154/178	62/71	210	Carrie Riley	44	F	Cohasset	MN	00:18:14.52	00:47:41.03	00:25:41.73		01:37:24.56

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Overall Division Results

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Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
10	177/178	71/71	155	Paula Andrist	41	F	Saint Cloud	MN	00:21:27.73	00:49:39.42	00:45:33.50		02:01:15.33

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	25/178	20/107	236	Tony Mosser	44	M	Lakeville	MN	00:11:25.70	00:33:51.86	00:21:37.71		01:09:49.28
2	30/178	25/107	245	Joshua Feldman	40	M	Inver Grove Heights	MN	00:11:51.11	00:33:50.95	00:22:35.19		01:11:19.77
3	48/178	39/107	281	Robert Smith	44	M	Cloquet	MN	00:13:46.47	00:36:44.76	00:20:00.96		01:13:53.58
4	49/178	40/107	234	Erik Riker-Coleman	44	M	Duluth	MN	00:12:21.54	00:33:55.68	00:25:13.75		01:14:02.58
5	64/178	49/107	128	Ben Nicholson	41	M	Solon	IA	00:13:58.57	00:36:46.11	00:22:32.64		01:16:52.33
6	66/178	50/107	235	Brad Scott	43	M	Duluth	MN	00:13:44.63	00:34:42.49	00:25:24.38		01:17:02.69
7	70/178	54/107	144	Glen Drexler	42	M	Duluth	MN	00:13:10.82	00:36:08.38	00:25:31.36		01:17:29.48
8	99/178	70/107	310	Chad Belanger	44	M	International Falls	MN	00:14:14.71	00:36:29.85	00:26:51.22		01:23:01.35
9	158/178	95/107	300	Jason Williams	43	M	Remer	MN	00:15:19.11	00:41:07.86	00:37:09.56		01:39:09.13

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	79/178	19/71	253	Terri Snell	47	F	Shoreview	MN	00:12:56.83	00:34:39.66	00:27:11.56		01:19:10.71
2	108/178	32/71	297	Cindy Shevich	45	F	Deer River	MN	00:15:32.71	00:39:15.81	00:27:18.74		01:24:53.27
3	111/178	34/71	255	Susan Lamour	48	F	Inver Grove Heights	MN	00:14:11.48	00:36:23.74	00:30:05.80		01:25:24.55
4	112/178	35/71	137	Jaleh Nahvi	46	F	Inver Grove Heights	MN	00:13:08.36	00:40:30.74	00:28:07.64		01:25:28.22
5	113/178	36/71	293	Jill Silvernail	47	F	Saint Cloud	MN	00:15:53.34	00:38:41.91	00:26:59.18		01:25:34.11
6	114/178	37/71	181	Veronica Kaspszak	46	F	Hermantown	MN	00:14:47.98	00:41:29.58	00:25:51.75		01:25:38.99
7	115/178	38/71	135	Sue Holm	47	F	Deer River	MN	00:12:37.88	00:41:33.89	00:28:42.51		01:25:46.31
8	147/178	57/71	266	Colleen McCormack	49	F	Hibbing	MN	00:17:03.72	00:42:08.81	00:31:03.29		01:34:03.20
9	151/178	61/71	227	Rona Krenik	47	F	Shakopee	MN	00:12:04.59	00:40:26.06	00:32:10.80		01:34:53.14
10	160/178	65/71	296	Susan Hjort	48	F	Duluth	MN	00:14:50.34	00:48:24.15	00:32:09.74		01:39:34.54

Timberman Triathlon

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Overall Division Results

Sprint Individual

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	31/178	26/107	91	Doug Berg	48	M	Duluth	MN	00:12:55.29	00:32:28.95	00:23:25.61		01:11:21.93
2	32/178	27/107	163	Brad Spry	47	M	Walker	MN	00:11:16.82	00:33:22.46	00:23:19.68		01:11:29.26
3	34/178	29/107	284	Brent Johnson	49	M	Superior	WI	00:12:47.75	00:32:57.98	00:23:40.95		01:12:30.45
4	36/178	30/107	204	Daniel Radloff	45	M	Duluth	MN	00:13:45.65	00:31:02.53	00:25:06.85		01:12:40.58
5	39/178	33/107	172	Kevin Haney	45	M	Duluth	MN	00:12:53.57	00:33:15.60	00:23:08.99		01:12:46.26
6	45/178	37/107	159	Curt Dimberio	45	M	Duluth	MN	00:15:13.22	00:34:17.98	00:21:25.66		01:13:40.48
7	58/178	46/107	173	Joel Harris	48	M	Duluth	MN	00:13:26.57	00:34:34.20	00:24:49.65		01:15:21.58
8	67/178	51/107	162	Tony Tallman	47	M	Hopkins	MN	00:14:11.44	00:35:11.36	00:23:11.50		01:17:05.33
9	68/178	52/107	176	Jeff Tillman	47	M	Cohasset	MN	00:15:52.59	00:34:22.47	00:24:08.48		01:17:11.81
10	76/178	59/107	224	Michael Clark	48	M	Rochester	MN	00:13:23.00	00:35:35.69	00:25:36.40		01:18:45.83
11	85/178	66/107	154	Tony Radloff	48	M	Saginaw	MN	00:16:37.73	00:34:26.49	00:25:14.48		01:19:59.98
12	91/178	68/107	291	Troy Carlson	46	M	Duluth	MN	00:13:34.75	00:36:00.75	00:28:40.26		01:21:25.79
13	94/178	69/107	175	Jeff Cadwell	49	M	Grand Marais	MN	00:15:29.86	00:35:59.65	00:27:21.73		01:22:14.72
14	110/178	77/107	218	Dan Smith	48	M	Saint Paul	MN	00:15:34.76	00:35:24.16	00:28:40.63		01:25:18.59
15	128/178	83/107	183	Jason Skiple	45	M	Fargo	ND	00:13:53.76	00:39:08.64	00:31:11.57		01:28:40.90
16	168/178	102/107	196	Daniel Zemke	47	M	Oronoco	MN	00:27:07.80	00:44:59.00	00:28:45.60		01:45:04.32

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	54/178	11/71	261	Cindy Crawford	53	F	Deephaven	MN	00:12:11.53	00:33:57.39	00:25:53.27		01:14:42.59
2	89/178	22/71	35	Sara Dougherty	54	F	Cloquet	MN	00:12:50.50	00:39:07.29	00:26:13.36		01:21:02.85
3	93/178	25/71	265	Julie Knochenmus	50	F	Esko	MN	00:16:21.68	00:35:53.12	00:27:21.54		01:22:07.79
4	131/178	47/71	257	Renee Keppers	52	F	Duluth	MN	00:14:54.51	00:36:33.64	00:34:00.29		01:29:02.20
5	136/178	50/71	259	Lori Durbin	53	F	Fort Frances	ON	00:14:19.82	00:41:29.36	00:30:37.42		01:29:42.57

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	13/178	12/107	275	Daniel Duff	52	M	Duluth	MN	00:10:53.00	00:31:57.21	00:19:56.98		01:05:27.56
2	14/178	13/107	250	Craig Peterson	54	M	Minneapolis	MN	00:10:32.68	00:32:05.01	00:21:08.04		01:05:50.71
3	15/178	14/107	256	Tim Keppers	52	M	Duluth	MN	00:09:47.67	00:28:58.63	00:24:51.90		01:06:12.25

Timberman Triathlon

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Overall Division Results

Sprint Individual

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
4	17/178	16/107	221	Matt Evans	50	M	Eau Claire	WI	00:09:36.80	00:34:05.43	00:21:17.79		01:06:59.68
5	29/178	24/107	121	Brett Salo	53	M	Cohasset	MN	00:11:36.82	00:32:37.16	00:23:26.05		01:10:49.32
6	59/178	47/107	157	Lee Braaten	54	M	Glenwood	MN	00:11:39.82	00:34:08.35	00:26:29.34		01:15:28.83
7	63/178	48/107	169	James Justus	53	M	Cohasset	MN	00:10:44.26	00:37:44.75	00:24:47.24		01:16:38.53
8	73/178	56/107	188	Todd Ratcliff	50	M	Saint Paul	MN	00:12:00.20	00:37:18.00	00:24:07.76		01:18:05.59
9	75/178	58/107	216	Kyle Harju	52	M	Monticello	MN	00:13:09.27	00:35:15.69	00:26:07.04		01:18:27.55
10	84/178	65/107	226	Stephen Tufo	52	M	Minneapolis	MN	00:16:30.84	00:34:49.10	00:23:26.04		01:19:52.25
11	119/178	79/107	146	Todd Isaacs	51	M	Maple Grove	MN	00:19:31.93	00:36:35.16	00:28:14.12		01:26:34.64
12	144/178	89/107	303	David Lutz	53	M	Cohasset	MN	00:17:48.58	00:44:08.16	00:26:53.88		01:32:39.29
13	152/178	91/107	190	Owen Braaten	50	M	Minneapolis	MN	00:14:44.80	00:40:22.38	00:33:45.73		01:35:19.31
14	163/178	97/107	138	Todd Kruse	51	M	Inver Grove Heights	MN	00:19:35.33	00:41:21.32	00:33:12.82		01:39:55.63

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	62/178	15/71	258	Judith Peters	56	F	Saint Cloud	MN	00:13:57.49	00:35:11.10	00:24:11.74		01:16:28.33
2	65/178	16/71	225	Colleen McCormick	55	F	Ironton	MN	00:12:41.72	00:36:49.74	00:23:39.59		01:16:57.92
3	130/178	46/71	304	Nancy Witherspoon	58	F	Fort Frances	ON	00:18:29.50	00:39:31.01	00:28:03.32		01:29:00.62
4	148/178	58/71	251	Lisa Peterson	55	F	Minneapolis	MN	00:19:42.85	00:39:44.77	00:31:18.73		01:34:28.39

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	55/178	44/107	249	Paul Olson	58	M	Grand Rapids	MN	00:13:41.98	00:33:10.87	00:24:55.59		01:14:58.24
2	72/178	55/107	278	Randy Back	57	M	Superior	WI	00:17:20.83	00:33:16.70	00:24:09.83		01:17:54.65
3	81/178	62/107	131	Steve Otto	57	M	Cohasset	MN	00:15:52.42	00:36:42.92	00:23:55.03		01:19:26.83
4	82/178	63/107	264	Walter Knochenmus	55	M	Esko	MN	00:15:26.42	00:35:34.65	00:26:28.94		01:19:39.20
5	105/178	75/107	298	David Kooda	55	M	Grand Rapids	MN	00:15:06.78	00:38:04.50	00:27:15.42		01:24:31.97
6	118/178	78/107	215	Marc Chiodo	58	M	Minneapolis	MN	00:15:54.53	00:34:57.51	00:29:49.54		01:26:23.86
7	143/178	88/107	158	Arndt Braaten	56	M	Duluth	MN	00:12:43.57	00:39:22.71	00:30:20.59		01:32:12.10
8	155/178	93/107	71	Chris Dahlberg	55	M	Duluth	MN	00:25:06.65	00:40:11.76	00:27:42.10		01:38:08.69
9	162/178	96/107	127	James Dickinson	56	M	Grand Forks	ND	00:19:21.58	00:41:08.92	00:34:04.36		01:39:41.63

Timberman Triathlon

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Overall Division Results

Sprint Individual

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	90/178	23/71	292	Leslie Stanaway	63	F	Minneapolis	MN	00:15:50.78	00:36:59.41	00:25:16.37		01:21:13.36
2	161/178	66/71	202	Nancy Roehr	63	F	Minneapolis	MN	00:17:46.29	00:40:48.11	00:35:48.73		01:39:41.29
3	172/178	68/71	152	Susan Voigt	60	F	Saint Paul	MN	00:16:59.40	00:49:33.87	00:36:50.17		01:47:42.11

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	69/178	53/107	197	Bill Stroozas	60	M	Duluth	MN	00:12:37.79	00:36:48.00	00:24:55.73		01:17:18.84
2	78/178	60/107	248	Mark Rauschenfels	61	M	Duluth	MN	00:13:34.57	00:32:47.22	00:29:01.41		01:18:54.13
3	104/178	74/107	231	Mark Peske	60	M	Deer River	MN	00:16:58.47	00:41:20.89	00:21:56.99		01:24:11.87
4	127/178	82/107	145	Doug Jost	61	M	Hugo	MN	00:15:23.98	00:38:26.05	00:29:59.85		01:28:10.61
5	146/178	90/107	141	Bob Fox	61	M	Carlton	MN	00:15:59.15	00:40:08.82	00:32:27.57		01:33:10.37
6	166/178	100/107	153	Thomas Pearson	63	M	Saint Paul	MN	00:19:17.88	00:43:33.56	00:35:23.02		01:44:03.60

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	129/178	84/107	182	Bob Carlson	65	M	Minneapolis	MN	00:16:42.58	00:39:18.79	00:26:01.58		01:28:42.86
2	157/178	94/107	198	Joe Kandiko	66	M	Excelsior	MN	00:14:32.75	00:40:32.57	00:36:32.41		01:38:35.94

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	167/178	101/107	286	Mark Stange	70	M	Shoreview	MN	00:16:29.82	00:40:18.90	00:42:12.49		01:44:45.60
2	175/178	106/107	136	Francis Tuominen	73	M	Brooklyn Park	MN	00:19:28.29	00:48:25.18	00:41:02.34		01:55:46.17

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	171/178	104/107	167	Don Meck	77	M	Siren	WI	00:17:04.16	00:38:58.08	00:37:25.38		01:46:27.15

Timberman Triathlon

July 9, 2016

Overall Division Results

Sprint Individual

Male Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	178/178	107/107	203	Robert Powers	92	M	White Bear Lake	MN	00:38:21.37	00:58:20.90	01:07:08.63		02:52:04.41