

Timberman Triathlon

July 9, 2016

Super Sprint

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
1	335	Sara Wells	F	46	West Allis	WI	00:12:24	14	4:41	00:01:34	00:18:20	1	18.0	00:01:01	00:13:34	1	9:02		00:46:51.44
2	343	Michelle Furuseth	F	48	Northome	MN	00:08:12	2	3:06	00:02:29	00:20:50	5	15.9	00:00:56	00:15:29	6	10:19		00:47:54.41
3	338	Anita Anselmo	F	48	Bemidji	MN	00:09:05	7	3:26	00:02:29	00:20:31	2	16.1	00:00:59	00:15:15	3	10:09		00:48:16.56
4	336	Crystal Brown	F	51	Maple	WI	00:08:58	6	3:23	00:02:59	00:20:41	3	16.0	00:01:13	00:15:16	4	10:10		00:49:04.48
5	341	Audra Vogel	F	47	Sartell	MN	00:09:25	9	3:33	00:02:14	00:20:46	4	15.9	00:01:25	00:15:18	5	10:11		00:49:07.30

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Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
1	337	Carter Swift	M	42	Cottage Grove	MN	00:07:03	1	2:40	00:02:50	00:18:00	1	18.3	00:00:43	00:11:46	2	7:50		00:40:20.70
2	308	Luke Bettendorf	M	13	Duluth	MN	00:09:47	7	3:42	00:02:25	00:22:05	3	14.9	00:00:58	00:12:01	5	8:00		00:47:13.99
3	342	Nathan Hjort	M	12	Duluth	MN	00:07:06	2	2:41	00:02:20	00:24:49	7	13.3	00:00:40	00:12:49	6	8:32		00:47:41.60
4	344	Griffin Benedict	M	13	Hibbing	MN	00:08:41	4	3:17	00:02:39	00:23:13	4	14.2	00:01:33	00:11:39	1	7:45		00:47:42.41
5	345	Reilly Benedict	M	13	Hibbing	MN	00:08:43	5	3:17	00:02:36	00:23:15	5	14.2	00:01:33	00:11:50	3	7:52		00:47:54.41