

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Standard

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
1	143	Jesse Dunn	M	25	Logan	UT	00:34:13	1	5:30	00:00:40	01:05:57	3	22.6	00:00:36	00:17:53	1	5:45		01:59:16.52
2	210	Lee Piercy	M	43	Folsom		00:35:50	6	5:45	00:00:35	01:04:44	2	23.0	00:00:44	00:18:48	3	6:02		02:00:39.43
3	179	Matthew Payne	M	39	Golden Valley	MN	00:35:57	8	5:47	00:00:38	01:03:30	1	23.5	00:00:41	00:18:49	4	6:03	+00:02:00	02:01:32.46
4	140	Evan Pardi	M	23	Yachats	OR	00:35:20	2	5:41	00:00:44	01:06:45	4	22.3	00:00:45	00:19:14	6	6:11		02:02:45.29
5	216	Thomas Woods	M	45	Lincoln	NE	00:35:35	4	5:43	00:00:34	01:07:06	5	22.2	00:00:41	00:19:38	12	6:18		02:03:30.31
6	203	Michael Buenting	M	42	Chanhassen	MN	00:37:27	11	6:01	00:00:39	01:08:53	11	21.6	00:00:46	00:19:46	16	6:21		02:07:28.61
7	197	Matt Mallet	M	41	Corvallis	OR	00:38:55	22	6:15	00:00:49	01:07:37	7	22.1	00:00:41	00:19:39	13	6:19		02:07:38.20
8	209	Jeffrey Hoppert	M	43	Portland	OR	00:38:41	18	6:13	00:00:34	01:07:53	8	22.0	00:00:37	00:20:21	20	6:32		02:08:04.78
9	157	Bryce Nesbitt	M	31	San Diego	CA	00:37:31	12	6:02	00:00:38	01:11:26	18	20.9	00:00:44	00:19:20	8	6:13		02:09:37.16
10	136	Jeevan Philip	M	21	Richland	WA	00:35:32	3	5:43	00:00:39	01:13:28	30	20.3	00:00:47	00:19:27	10	6:15		02:09:50.33
11	173	Stephen Eles	M	37	Houghton	MI	00:36:18	10	5:50	00:00:43	01:14:09	38	20.1	00:00:46	00:18:24	2	5:55		02:10:17.41
12	225	Michael Rushton	M	47	Baker City	OR	00:39:26	27	6:20	00:00:35	01:08:20	9	21.8	00:00:44	00:21:21	36	6:52		02:10:23.57
13	237	Cody Forman	M	21	Sparks	NV	00:35:47	5	5:45	00:00:54	01:13:55	35	20.2	00:00:42	00:19:43	14	6:20		02:10:59.14
14	152	Andrey Esipov	M	29	Bellevue	WA	00:39:58	33	6:25	00:00:53	01:09:26	13	21.5	00:00:42	00:21:01	33	6:45		02:11:58.31
15	235	Pete Rainey	M	49	Minneapolis	MN	00:39:28	28	6:21	00:00:46	01:10:05	15	21.3	00:00:45	00:20:59	32	6:45		02:12:00.50
16	254	Marcus Alexander	M	51	Chapel Hill	NC	00:39:17	25	6:19	00:00:41	01:11:18	17	20.9	00:00:40	00:20:44	26	6:40		02:12:36.33
17	158	Jason Lentzke	M	32	Peoria	AZ	00:37:37	13	6:03	00:00:38	01:13:16	28	20.4	00:00:34	00:20:43	25	6:40		02:12:46.58
18	297	James Hannon	M	58	Rochester	MN	00:38:45	20	6:14	00:00:49	01:11:51	20	20.8	00:00:44	00:20:40	23	6:38		02:12:46.66
19	195	Aaron Stites	M	40	Kennewick	WA	00:40:32	42	6:31	00:01:17	01:08:32	10	21.8	00:01:06	00:21:41	42	6:58		02:13:04.03
20	257	David Engstrom	M	51	Portland	OR	00:38:40	17	6:13	00:01:22	01:12:39	23	20.5	00:01:13	00:19:27	9	6:15		02:13:19.26
21	204	Kean Mihata	M	42	Crater Lake	OR	00:39:12	24	6:18	00:00:38	01:12:28	22	20.6	00:00:43	00:20:40	22	6:38		02:13:38.83
22	231	Darin Anderson	M	49	Newport Beach	CA	00:39:59	34	6:25	00:01:00	01:09:20	12	21.5	00:00:44	00:20:45	28	6:40	+00:02:00	02:13:44.64
23	141	Richard Schulte	M	24	Fort Collins	CO	00:37:52	14	6:05	00:00:47	01:14:29	42	20.0	00:00:57	00:19:45	15	6:21		02:13:48.04
24	222	David Hopper	M	47	Beaverton	OR	00:39:36	29	6:22	00:00:56	01:09:29	14	21.5	00:01:11	00:22:59	63	7:23		02:14:09.06
25	343	Kirsten Sass	F	37	Mckenzie	TN	00:39:57	32	6:25	00:00:31	01:13:06	26	20.4	00:00:38	00:20:42	24	6:39		02:14:52.33
26	305	Tom Resh	M	59	Redlands	CA	00:42:59	75	6:54	00:00:37	01:07:26	6	22.1	00:00:44	00:23:22	76	7:30		02:15:04.07
27	153	Sean Laude	M	30	Brooklyn	NY	00:38:55	23	6:15	00:01:02	01:15:50	55	19.7	00:00:57	00:19:16	7	6:11		02:15:57.62
28	148	Birkin Owart	M	27	Ellensburg	WA	00:38:27	15	6:11	00:00:50	01:14:36	44	20.0	00:00:56	00:21:19	35	6:51		02:16:04.57
29	230	Andy Libert	M	49	Sunriver	OR	00:39:59	35	6:26	00:01:02	01:13:25	29	20.3	00:00:48	00:21:56	45	7:03		02:17:08.31
30	320	Brianna Troksa	F	21	Veradale	WA	00:38:35	16	6:12	00:01:23	01:17:19	75	19.3	00:00:53	00:19:54	17	6:24		02:18:02.38
31	170	Derek Hudson	M	36	Boise	ID	00:40:10	38	6:27	00:00:49	01:16:00	58	19.6	00:00:44	00:20:24	21	6:33		02:18:04.86
32	142	Aaron Seipel	M	24	Corvallis	OR	00:40:18	41	6:29	00:00:37	01:13:35	32	20.3	00:00:46	00:23:06	69	7:25		02:18:18.83
33	149	Sameed Musvee	M	28	Berkeley	CA	00:38:47	21	6:14	00:01:00	01:18:31	90	19.0	00:00:48	00:19:28	11	6:15		02:18:33.34
34	292	John Noonan	M	57	Ballston Spa	NY	00:40:02	36	6:26	00:01:00	01:14:37	45	20.0	00:01:06	00:21:56	46	7:03		02:18:38.34
35	131	Jared Eytcheson	M	17	Cary	NC	00:38:44	19	6:13	00:00:38	01:16:25	64	19.5	00:00:42	00:22:16	48	7:09		02:18:41.96
36	163	Alex Tellez	M	32	Moraga	CA	00:41:08	46	6:37	00:00:53	01:14:08	37	20.1	00:00:47	00:19:59	18	6:25	+00:02:00	02:18:52.98

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
37	175	Jeff Burgoon	M	37	Smyrna	GA	00:42:17	60	6:48	00:00:47	01:13:39	34	20.2	00:00:42	00:21:38	41	6:57	02:19:00.37
38	144	Jeremy Reichenberger	M	25	Minneapolis	MN	00:35:53	7	5:46	00:00:54	01:22:21	125	18.1	00:00:58	00:19:11	5	6:10	02:19:15.19
39	133	Michael Troksa	M	18	Veradale	WA	00:39:41	31	6:23	00:01:09	01:16:53	72	19.4	00:01:02	00:20:47	30	6:41	02:19:28.95
40	169	Brian Doyle	M	36	Solomons	MD	00:41:28	50	6:40	00:00:38	01:13:33	31	20.3	00:00:55	00:23:06	68	7:25	02:19:36.64
41	271	Clint Dowd	M	53	Goffstown	NH	00:42:25	63	6:49	00:00:51	01:14:23	40	20.0	00:00:46	00:21:33	39	6:56	02:19:55.31
42	280	Paul Greenberg	M	55	Westport	CT	00:40:16	39	6:28	00:00:52	01:16:30	65	19.5	00:00:52	00:21:30	37	6:55	02:19:58.18
43	325	Stephanie Pancoast	F	28	San Francisco	CA	00:39:26	26	6:20	00:01:08	01:17:59	82	19.1	00:00:51	00:20:46	29	6:40	02:20:08.07
44	228	John Melvin	M	48	Missoula	MT	00:42:31	67	6:50	00:00:53	01:11:51	21	20.8	00:00:57	00:24:10	99	7:46	02:20:18.79
45	162	Daniel Froelich	M	32	Beaverton	OR	00:41:05	45	6:36	00:00:50	01:15:00	48	19.9	00:00:48	00:22:53	60	7:21	02:20:33.12
46	283	Robert Ripley	M	55	Bend	OR	00:41:48	53	6:43	00:00:57	01:14:33	43	20.0	00:00:51	00:22:32	52	7:15	02:20:39.53
47	205	Adam Heiner	M	42	Seattle	WA	00:41:23	48	6:39	00:00:56	01:14:56	47	19.9	00:00:51	00:22:45	57	7:19	02:20:47.83
48	290	Mark Evans	M	56	Folsom	CA	00:43:44	86	7:02	00:00:38	01:12:49	24	20.5	00:00:46	00:23:03	67	7:25	02:20:58.19
49	345	Anne Usher	F	37	Portland	OR	00:43:32	83	7:00	00:01:21	01:11:43	19	20.8	00:01:25	00:23:12	72	7:27	02:21:10.51
50	176	John Christopher	M	38	Mountain View	CA	00:41:25	49	6:39	00:01:28	01:16:16	60	19.6	00:00:53	00:21:14	34	6:49	02:21:13.43
51	272	Spike Widmer	M	53	Bend	OR	00:42:13	57	6:47	00:01:00	01:15:10	50	19.8	00:01:12	00:21:49	43	7:01	02:21:21.43
52	291	John Gilbert	M	57	Mancos	CO	00:44:23	102	7:08	00:00:49	01:11:13	16	20.9	00:01:01	00:24:01	91	7:43	02:21:24.66
53	139	Rory Schulte	M	22	Fort Collins	CO	00:36:14	9	5:49	00:01:12	01:21:54	121	18.2	00:02:11	00:20:18	19	6:31	02:21:46.29
54	341	Allison Chauvin	F	36	Spokane	WA	00:43:22	81	6:58	00:01:06	01:13:07	27	20.4	00:01:00	00:23:19	74	7:30	02:21:51.11
55	270	Thomas Curtin	M	53	Cypress	CA	00:40:17	40	6:28	00:00:58	01:16:19	62	19.5	00:01:14	00:23:23	77	7:31	02:22:07.55
56	208	Matthew Maccaroni	M	43	Arlington	VA	00:42:30	66	6:50	00:01:05	01:16:32	67	19.5	00:01:08	00:21:32	38	6:55	02:22:45.22
57	212	Mark Russell	M	44	Boise	ID	00:41:03	44	6:36	00:01:02	01:17:32	77	19.2	00:01:19	00:21:52	44	7:01	02:22:45.92
58	166	Brian Zahm	M	34	Austin	TX	00:44:13	98	7:06	00:00:54	01:12:55	25	20.5	00:00:40	00:24:07	96	7:45	02:22:46.44
59	376	Manuela Knispel	F	45	Shorewood	MN	00:42:01	55	6:45	00:01:09	01:16:31	66	19.5	00:01:01	00:22:36	53	7:16	02:23:16.05
60	155	David Kell	M	31	Norwalk	CT	00:42:13	58	6:47	00:00:51	01:16:00	57	19.6	00:00:46	00:23:29	81	7:33	02:23:16.61
61	168	Joe Gorgol	M	35	Newport	RI	00:40:10	37	6:27	00:00:54	01:20:58	116	18.4	00:00:54	00:20:44	27	6:40	02:23:37.35
62	266	Bill Whitman	M	53	Idyllwild	CA	00:42:44	71	6:52	00:00:40	01:16:14	59	19.6	00:00:46	00:23:26	78	7:32	02:23:48.44
63	308	Stephen Clark	M	59	Cushing	WI	00:41:29	51	6:40	00:00:45	01:17:47	80	19.2	00:00:50	00:23:21	75	7:30	02:24:09.69
64	248	Colm Smart	M	50	Bedford	NH	00:42:38	69	6:51	00:00:59	01:17:08	74	19.3	00:00:47	00:22:47	59	7:19	02:24:15.36
65	265	Ted Lamb	M	52	Portland	OR	00:42:51	74	6:53	00:00:53	01:17:44	78	19.2	00:00:49	00:22:18	50	7:10	02:24:32.04
66	79	Bob Rosemeyer	M	62	Carlsbad	CA	00:44:06	95	7:05	00:01:11	01:13:37	33	20.3	00:01:20	00:24:29	110	7:52	02:24:39.82
67	217	Scott Harder	M	45	Mill Creek	WA	00:43:48	88	7:02	00:01:18	01:14:28	41	20.0	00:01:12	00:24:04	93	7:44	02:24:46.64
68	259	Jeremy Oury	M	52	Whitefish	MT	00:41:39	52	6:42	00:00:47	01:18:56	96	18.9	00:00:51	00:22:37	54	7:16	02:24:47.14
69	303	Dave Campbell	M	59	Auburn	CA	00:41:09	47	6:37	00:00:52	01:21:37	120	18.3	00:00:48	00:20:51	31	6:42	02:25:15.11
70	273	Jimmy Little	M	54	West Jefferson	OH	00:44:33	107	7:10	00:00:50	01:15:09	49	19.8	00:01:00	00:24:04	94	7:44	02:25:35.03
71	334	Jennifer Scudiero	F	34	Eagan	MN	00:44:27	104	7:09	00:01:07	01:15:37	52	19.7	00:00:46	00:24:02	92	7:43	02:25:56.09
72	261	Tony Prado	M	52	Tampa	FL	00:43:32	82	7:00	00:00:55	01:18:33	91	19.0	00:00:53	00:22:39	56	7:17	02:26:28.61

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
73	337	Stefanie Bergh	F	34	White Salmon	WA	00:44:29	105	7:09	00:01:07	01:16:55	73	19.4	00:01:03	00:23:01	64	7:24	02:26:32.28
74	274	Mike Long	M	54	Newport Beach	CA	00:45:22	122	7:17	00:00:50	01:13:56	36	20.2	00:00:51	00:25:42	145	8:16	02:26:38.51
75	255	Jeffrey Gaura	M	51	Monroe	NC	00:44:47	112	7:12	00:00:39	01:16:40	69	19.4	00:01:04	00:23:35	83	7:35	02:26:43.49
76	392	Vanessa Cook	F	49	East Lansing	MI	00:44:12	97	7:06	00:00:50	01:18:14	85	19.1	00:00:48	00:22:46	58	7:19	02:26:48.28
77	95	Bob Becker	M	65	Midlothian	VA	00:43:37	84	7:00	00:01:00	01:16:36	68	19.5	00:01:07	00:24:33	113	7:53	02:26:50.09
78	249	Michael Murphy	M	50	San Diego	CA	00:43:53	89	7:03	00:01:03	01:16:49	70	19.4	00:01:01	00:24:10	98	7:46	02:26:53.66
79	196	Brian Hodges	M	40	Shoreline	WA	00:42:15	59	6:47	00:01:08	01:15:50	56	19.7	00:01:33	00:26:11	160	8:25	02:26:54.27
80	92	Keith Woodward	M	65	Stowe	VT	00:43:08	78	6:56	00:00:35	01:19:32	101	18.7	00:00:45	00:23:07	70	7:26	02:27:04.12
81	268	Mike Lupini	M	53	Milford	MI	00:44:46	111	7:12	00:00:49	01:15:38	53	19.7	00:01:03	00:24:53	123	8:00	02:27:06.21
82	285	Michael Nyberg	M	56	Bend	OR	00:45:13	119	7:16	00:00:49	01:15:43	54	19.7	00:00:54	00:24:53	124	8:00	02:27:29.36
83	234	Rob Bartol	M	49	Richland	WA	00:43:02	77	6:55	00:00:57	01:17:27	76	19.3	00:01:18	00:24:57	126	8:01	02:27:38.46
84	250	Dan Silvernail	M	50	West Linn	OR	00:43:55	90	7:03	00:01:01	01:18:07	83	19.1	00:01:06	00:23:35	82	7:35	02:27:41.16
85	48	Bridget Dawson	F	59	San Luis Obispo	CA	00:45:51	133	7:22	00:01:06	01:14:55	46	19.9	00:01:06	00:24:50	121	7:59	02:27:44.62
86	361	Jacqueline Sasaki	F	43	Chico	CA	00:42:36	68	6:51	00:01:32	01:19:42	102	18.7	00:01:01	00:23:02	66	7:24	02:27:51.86
87	344	Kristen Hetzel	F	37	Santa Monica	CA	00:42:24	62	6:49	00:01:07	01:21:24	119	18.3	00:00:52	00:22:18	49	7:10	02:28:02.40
88	229	Peter Francis	M	48	Portland	OR	00:43:00	76	6:55	00:01:10	01:18:47	93	18.9	00:01:04	00:24:06	95	7:45	02:28:04.45
89	275	Bob Jones	M	54	Bartlett	IL	00:43:20	80	6:58	00:00:58	01:19:29	100	18.8	00:01:08	00:23:12	73	7:27	02:28:04.79
90	340	Stephanie Coburn	F	35	Astoria	NY	00:42:51	73	6:53	00:00:46	01:20:23	112	18.6	00:00:41	00:23:28	79	7:33	02:28:05.80
91	151	Grigory Yaroslavtsev	M	29	Philadelphia	PA	00:42:41	70	6:52	00:01:13	01:19:54	105	18.7	00:01:09	00:23:29	80	7:33	02:28:23.05
92	78	Ken Andrews	M	61	Midland	MI	00:44:11	96	7:06	00:00:45	01:19:03	97	18.9	00:00:54	00:23:40	84	7:36	02:28:30.98
93	354	Bridget Witt	F	40	Fond Du Lac	WI	00:44:49	113	7:12	00:00:48	01:18:07	84	19.1	00:00:48	00:24:44	115	7:57	02:29:13.75
94	220	Michael Bletzer	M	46	Albuquerque	NM	00:46:56	158	7:33	00:00:50	01:16:22	63	19.5	00:01:11	00:23:57	89	7:42	02:29:14.01
95	367	Erica Ruge	F	44	Longmont	CO	00:44:15	99	7:07	00:00:45	01:20:28	113	18.5	00:00:56	00:22:58	62	7:23	02:29:19.44
96	298	Bob Brown	M	58	Stpetersburg	FL	00:46:32	143	7:29	00:00:54	01:14:16	39	20.1	00:00:57	00:26:45	176	8:36	02:29:21.45
97	251	Jamie Crombie	M	51	Cincinnati	OH	00:42:09	56	6:46	00:00:56	01:20:01	107	18.6	00:02:04	00:24:28	109	7:52	02:29:35.20
98	233	Joseph Pendleton	M	49	Apple Valley	CA	00:43:48	87	7:02	00:01:08	01:20:46	114	18.5	00:01:21	00:22:38	55	7:17	02:29:37.83
99	172	Troy Guilford	M	36	Bend	OR	00:42:50	72	6:53	00:01:14	01:21:10	118	18.4	00:01:10	00:23:57	88	7:42	02:30:18.70
100	256	Rob Madgwick	M	51	Sauk Rapids	MN	00:44:27	103	7:09	00:00:43	01:19:47	104	18.7	00:00:45	00:24:48	118	7:58	02:30:26.21
101	286	David Garrett	M	56	Albuquerque	NM	00:45:57	134	7:23	00:01:00	01:18:25	87	19.0	00:00:51	00:24:23	103	7:50	02:30:33.57
102	156	Gabriel Saavedra	M	31	Miami	FL	00:43:56	91	7:04	00:01:11	01:18:31	89	19.0	00:00:52	00:26:12	162	8:25	02:30:39.08
103	356	Sabrina Oei	F	41	Portland	OR	00:44:45	110	7:12	00:00:43	01:20:21	111	18.6	00:00:58	00:24:48	119	7:58	02:31:33.13
104	380	Diane Smith	F	46	Hillsboro	OR	00:47:38	166	7:39	00:00:52	01:18:39	92	19.0	00:00:50	00:23:46	86	7:38	02:31:42.34
105	138	Bradley Laughlin	M	22	Oregon City	OR	00:39:37	30	6:22	00:01:07	01:25:47	162	17.4	00:01:02	00:24:17	101	7:48	02:31:45.98
106	223	Chad Sage	M	47	Bend	OR	00:45:02	117	7:14	00:01:11	01:20:00	106	18.6	00:01:23	00:24:28	108	7:52	02:32:01.02
107	183	Tyler Staples	M	32	Lenexa	KS	00:45:20	120	7:17	00:01:06	01:16:19	61	19.5	00:01:19	00:28:03	198	9:01	02:32:03.25
108	108	Kerry Mayer	M	70	Brookfield	WI	00:45:23	123	7:18	00:01:16	01:19:21	98	18.8	00:01:10	00:25:04	131	8:03	02:32:11.26

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Standard

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
109	199	Jason Ross	M	41	Roswell	GA	00:46:20	141	7:27	00:00:35	01:15:35	51	19.7	00:00:49	00:28:55	215	9:18		02:32:11.76
110	295	Steven Wade	M	58	Burlington	WA	00:47:03	160	7:34	00:01:08	01:18:17	86	19.0	00:00:57	00:25:08	134	8:05		02:32:30.88
111	25	Kathryn R Key	F	51	Bedford	NH	00:48:13	172	7:45	00:00:42	01:17:51	81	19.2	00:00:56	00:24:59	128	8:02		02:32:39.11
112	101	Rich De Glymes	M	68	Newcastle	CA	00:45:59	135	7:23	00:01:01	01:20:18	110	18.6	00:01:09	00:24:25	107	7:51		02:32:49.32
113	71	Jim Micheaels	M	60	Sacramento	CA	00:43:58	93	7:04	00:01:17	01:20:53	115	18.4	00:01:37	00:25:44	146	8:16		02:33:27.19
114	192	Scott Galley	M	40	Clearwater	FL	00:42:29	65	6:50	00:01:00	01:22:38	126	18.0	00:01:08	00:26:20	165	8:28		02:33:31.13
115	264	Joey Collins	M	52	Everett	WA	00:46:46	149	7:31	00:01:03	01:18:49	94	18.9	00:00:59	00:25:58	153	8:21		02:33:32.37
116	322	Chelsea E Vancott	F	26	Oceanside	CA	00:42:27	64	6:49	00:01:02	01:24:39	148	17.6	00:00:52	00:24:44	116	7:57		02:33:41.19
117	86	Mike Lies	M	63	Lawrenceburg	IN	00:43:38	85	7:01	00:00:51	01:25:29	158	17.4	00:00:55	00:23:02	65	7:24		02:33:52.43
118	293	Jeffery Deslich	M	57	Campbell	CA	00:47:29	164	7:38	00:00:49	01:19:24	99	18.8	00:01:08	00:25:19	139	8:08		02:34:06.90
119	332	Chavon Rosenthal	F	31	Oakland	CA	00:44:36	108	7:10	00:01:00	01:23:56	142	17.8	00:00:55	00:23:43	85	7:37		02:34:07.42
120	83	James Griffis	M	63	The Woodlands	TX	00:47:26	163	7:37	00:01:15	01:18:54	95	18.9	00:01:08	00:25:46	148	8:17		02:34:26.32
121	329	Jennifer Lentzke	F	30	Peoria	AZ	00:46:36	145	7:29	00:01:02	01:21:00	117	18.4	00:01:03	00:25:06	133	8:04		02:34:44.76
122	182	Oscar Acevedo	M	28	Jolon	CA	00:43:57	92	7:04	00:00:50	01:22:53	128	18.0	00:00:45	00:26:44	175	8:36		02:35:05.65
123	284	Clarence Butz	M	56	Berkeley	CA	00:47:50	167	7:41	00:01:29	01:20:01	108	18.6	00:00:51	00:25:02	130	8:03		02:35:10.29
124	373	Julie Thebeau	F	45	Breckenridge	CO	00:44:29	106	7:09	00:00:52	01:24:58	153	17.6	00:00:57	00:24:32	112	7:53		02:35:45.35
125	81	Kirk Herring	M	62	Spokane	WA	00:48:26	175	7:47	00:01:32	01:17:47	79	19.2	00:01:23	00:26:40	174	8:34		02:35:45.73
126	32	Janet Howard	F	55	Portland	OR	00:48:04	170	7:43	00:00:57	01:20:10	109	18.6	00:01:07	00:25:44	147	8:16		02:36:00.01
127	375	Cassie O'brien	F	45	Campbell	CA	00:45:47	130	7:21	00:01:06	01:23:31	136	17.9	00:01:00	00:24:45	117	7:57		02:36:06.93
128	31	Kate Schulte	F	54	Fort Collins	CO	00:44:59	116	7:14	00:01:10	01:24:17	146	17.7	00:01:23	00:24:23	102	7:50		02:36:09.16
129	342	Tiffany Hevner	F	36	Columbia	MD	00:41:50	54	6:43	00:01:31	01:27:32	179	17.0	00:01:14	00:22:08	47	7:07	+00:02:00	02:36:13.28
130	132	Porter Withers	M	17	Richland	WA					01:16:50	71	19.4	00:01:00	00:26:05	158	8:23		02:36:22.56
131	348	Jaime Wooten	F	39	Thouand Oaks	CA	00:45:29	125	7:19	00:01:03	01:25:55	164	17.4	00:01:01	00:23:11	71	7:27		02:36:37.43
132	357	Kat Smith	F	42	Medford	OR	00:44:43	109	7:11	00:01:15	01:26:58	176	17.1	00:01:03	00:22:57	61	7:23		02:36:54.00
133	232	Robert Woods	M	49	Stafford	VA	00:46:01	136	7:24	00:01:06	01:22:57	129	18.0	00:01:08	00:26:23	167	8:29		02:37:32.95
134	263	John Brewer	M	52	Kirkland	WA	00:46:45	148	7:31	00:01:00	01:23:43	139	17.8	00:00:51	00:25:18	138	8:08		02:37:33.93
135	333	Kelsey Morfitt	F	32	Bonney Lake	WA	00:45:42	127	7:21	00:01:09	01:25:11	155	17.5	00:01:18	00:24:24	106	7:51		02:37:41.73
136	339	Amelia Bueche	F	35	Ashland	OR	00:44:17	100	7:07	00:01:39	01:26:46	173	17.2	00:01:13	00:24:24	105	7:51		02:38:15.82
137	27	Jackie Cohen	F	52	Santa Barbara	CA	00:46:56	157	7:33	00:00:53	01:24:46	149	17.6	00:01:03	00:24:49	120	7:59		02:38:24.81
138	372	Hellois Scheeres	F	45	Moberly	MO	00:44:05	94	7:05	00:01:39	01:29:29	189	16.7	00:00:53	00:22:28	51	7:13		02:38:30.77
139	70	Uwe Britsch	M	60	Klamath Falls	OR	00:45:21	121	7:17	00:01:04	01:25:59	165	17.3	00:01:05	00:25:14	136	8:07		02:38:40.47
140	69	Guy Gadowski	M	60	Kirtland	OH	00:46:53	156	7:32	00:01:27	01:23:37	137	17.8	00:01:38	00:25:24	143	8:10		02:38:55.62
141	180	Damon Gowdy	M	39	Aurora	IL	00:46:21	142	7:27	00:01:02	01:23:12	134	17.9	00:01:02	00:25:21	141	8:09	+00:02:00	02:38:56.00
142	384	Tiedji Baker	F	47	Boise	ID	00:48:04	169	7:43	00:00:48	01:24:02	143	17.7	00:00:44	00:25:22	142	8:09		02:38:57.65
143	331	Alisha Shutler	F	31	Edmond	OK	00:50:22	198	8:06	00:00:44	01:19:46	103	18.7	00:00:55	00:27:16	184	8:46		02:39:01.51
144	198	Timothy Davis	M	41	Bowling Green	KY	00:46:49	152	7:31	00:01:07	01:25:05	154	17.5	00:01:02	00:25:19	140	8:08		02:39:19.81

USAT Duathlon National Championship

June 25, 2016

Overall Results

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Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
145	177	Michael Bowman	M	38	Eagan	MN	00:46:33	144	7:29	00:00:58	01:24:47	151	17.6	00:01:07	00:25:58	154	8:21		02:39:20.84
146	390	Angela Allen	F	49	Portland	OR	00:45:37	126	7:20	00:00:57	01:26:06	167	17.3	00:00:52	00:26:02	157	8:22		02:39:29.80
147	362	Elva Guttormsen	F	43	Petaluma	CA	00:45:45	129	7:21	00:01:05	01:30:24	200	16.5	00:00:51	00:21:35	40	6:56		02:39:37.64
148	327	Cate Maxson	F	29	Portland	OR	00:46:51	153	7:32	00:01:09	01:24:53	152	17.6	00:00:55	00:25:56	152	8:20		02:39:41.05
149	262	Ken Nakata	M	52	Seattle	WA	00:46:45	147	7:31	00:01:16	01:23:50	140	17.8	00:01:54	00:26:00	156	8:22		02:39:43.04
150	358	Amy Koop	F	43	Millbrae	CA	00:49:25	188	7:56	00:01:20	01:22:15	124	18.1	00:01:11	00:25:47	150	8:17		02:39:55.23
151	277	Jeffrey Mayer	M	55	White Plains	NY	00:46:13	139	7:26	00:00:59	01:22:06	123	18.2	00:02:10	00:28:36	209	9:12		02:40:01.94
152	351	Adrienne Farabee	F	39	Kennewick	WA	00:48:39	179	7:49	00:01:03	01:23:12	135	17.9	00:00:47	00:26:29	171	8:31		02:40:08.45
153	374	Heather Johnson	F	45	Oakland	CA	00:46:48	150	7:31	00:01:28	01:26:55	175	17.2	00:00:56	00:24:23	104	7:50		02:40:26.45
154	224	Michael Burt	M	47	Thousand Oaks	CA	00:50:24	199	8:06	00:01:05	01:18:25	88	19.0	00:01:27	00:29:13	219	9:24		02:40:31.36
155	276	Michael Maguire	M	54	Pleasanton	CA	00:47:37	165	7:39	00:01:35	01:25:14	156	17.5	00:01:36	00:25:01	129	8:03		02:41:00.58
156	38	Suzanne Cordes	F	57	Alamo	CA	00:46:02	137	7:24	00:01:10	01:26:15	168	17.3	00:01:31	00:26:09	159	8:24		02:41:05.39
157	87	Mike Puritz	M	64	Laguna Niguel	CA	00:50:09	194	8:04	00:01:00	01:23:05	132	17.9	00:01:03	00:26:11	161	8:25		02:41:25.36
158	194	Joe Navratil	M	40	San Jose	CA	00:45:47	131	7:22	00:00:55	01:27:39	180	17.0	00:01:06	00:26:00	155	8:21		02:41:25.45
159	135	Tyler Cummins	M	19	Duluth	MN	00:45:11	118	7:16	00:01:06	01:29:21	188	16.7	00:00:50	00:25:05	132	8:04		02:41:31.21
160	648	George Van Meter Jr	M	61	Lexington	KY	00:44:53	115	7:13	00:00:58	01:30:22	199	16.5	00:01:00	00:24:58	127	8:02		02:42:08.97
161	385	Yvonne Carter	F	47	Los Angeles	CA	00:46:17	140	7:26	00:01:27	01:29:49	191	16.6	00:01:07	00:23:58	90	7:42		02:42:34.81
162	94	Mike Morris	M	65	Terre Haute	IN	00:46:08	138	7:25	00:01:00	01:30:36	202	16.5	00:01:04	00:23:52	87	7:40		02:42:38.88
163	201	Andrew Arki	M	41	East Falmouth	MA	00:47:18	161	7:36	00:01:31	01:24:46	150	17.6	00:01:42	00:27:50	192	8:57		02:43:05.22
164	134	Nicholas Woods	M	19	Stafford	VA	00:44:52	114	7:13	00:01:08	01:23:07	133	17.9	00:00:48	00:33:20	264	10:43		02:43:12.35
165	30	Carroll Pierce	F	53	Boston	MA	00:49:01	182	7:53	00:00:51	01:26:50	174	17.2	00:01:00	00:25:33	144	8:13		02:43:12.46
166	281	William Worden	M	55	Corona	CA	00:46:48	151	7:31	00:01:20	01:27:23	177	17.1	00:01:01	00:26:51	178	8:38		02:43:20.23
167	370	Lily Huang	F	44	Berkeley	CA	00:49:02	183	7:53	00:01:17	01:25:25	157	17.5	00:01:18	00:26:24	168	8:29		02:43:22.33
168	73	John Nelson	M	61	Santa Barbara	CA	00:48:04	171	7:44	00:01:31	01:23:38	138	17.8	00:02:12	00:28:06	200	9:02		02:43:29.25
169	260	Edward Marx	M	52	Colleyville	TX	00:49:12	185	7:55	00:01:18	01:25:50	163	17.4	00:01:01	00:26:20	166	8:28		02:43:37.98
170	89	Roland Parsons	M	65	Petersburg	VA	00:48:14	173	7:45	00:01:34	01:28:28	183	16.9	00:01:08	00:24:57	125	8:01		02:44:18.12
171	306	William Barron	M	59	Bend	OR	00:45:49	132	7:22	00:01:15	01:27:27	178	17.1	00:01:11	00:28:50	212	9:16		02:44:28.81
172	371	Candy Hawks	F	45	Leawood	KS	00:49:39	189	7:59	00:00:47	01:25:41	161	17.4	00:01:00	00:27:36	190	8:52		02:44:40.54
173	381	Deanna Meyer	F	46	Kirkland	WA	00:50:38	202	8:08	00:01:05	01:27:55	182	17.0	00:01:02	00:24:09	97	7:46		02:44:46.24
174	150	Robert Smith	M	29	Weed	CA	00:45:45	128	7:21	00:00:47	01:23:54	141	17.8	00:00:47	00:33:45	267	10:51		02:44:54.80
175	328	Stephanie Brunnemann	F	29	Salt Lake City	UT	00:50:49	204	8:10	00:01:22	01:26:43	172	17.2	00:01:04	00:25:17	137	8:08		02:45:13.43
176	269	Bob Krueger	M	53	Portland	OR	00:46:51	155	7:32	00:01:02	01:22:48	127	18.0	00:01:42	00:31:24	245	10:06	+00:02:00	02:45:45.71
177	350	Elizabeth Sylves	F	39	Hockessin	DE	00:49:15	186	7:55	00:00:54	01:26:28	169	17.2	00:00:57	00:28:19	202	9:06		02:45:49.77
178	296	Andy Wiener	M	58	Steamboat Springs	CO	00:47:24	162	7:37	00:01:12	01:30:18	198	16.5	00:01:12	00:25:46	149	8:17		02:45:49.91
179	103	Terry Habecker	M	69	Ithaca	NY	00:51:13	210	8:14	00:01:08	01:23:01	130	18.0	00:00:59	00:29:49	229	9:35		02:46:07.05
180	37	Denise Lacey	F	56	Acworth	GA	00:50:04	193	8:03	00:01:10	01:25:36	160	17.4	00:01:10	00:28:11	201	9:04		02:46:09.78

USAT Duathlon National Championship

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							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
181	226	Dylan Menges	M	47	Columbus	OH	00:48:02	168	7:43	00:01:20	01:29:08	187	16.7	00:01:26	00:26:25	169	8:29		02:46:18.06
182	23	Pam Fairchild	F	51	Portland	OR	00:51:39	217	8:18	00:01:39	01:26:33	170	17.2	00:01:28	00:25:09	135	8:05		02:46:26.54
183	349	Melissa Guthrie	F	39	Gilbert	AZ	00:46:37	146	7:30	00:00:53	01:34:11	218	15.8	00:00:55	00:24:11	100	7:46		02:46:44.23
184	364	Ellen Tadman	F	43	Phoenix	AZ	00:50:00	192	8:02	00:01:12	01:26:42	171	17.2	00:01:06	00:27:53	193	8:58		02:46:49.80
185	44	Gail Waldman	F	58	Vienna	VA	00:53:37	235	8:37	00:01:35	01:23:01	131	18.0	00:01:28	00:27:17	185	8:46		02:46:56.16
186	40	Mary Foster	F	57	Seattle	WA	00:48:16	174	7:45	00:01:15	01:30:36	201	16.5	00:01:06	00:25:49	151	8:18		02:46:59.78
187	154	Lenson Pellouchoud	M	30	Mountain View	CA	00:51:23	213	8:15	00:00:40	01:22:03	122	18.2	00:01:08	00:30:02	230	9:39	+00:02:00	02:47:12.89
188	88	Luke Harned	M	64	Mahtomedi	IA	00:51:02	205	8:12	00:01:17	01:25:34	159	17.4	00:01:43	00:28:02	197	9:01		02:47:34.76
189	304	Paul Hough	M	59	Tampa	FL	00:53:33	231	8:36	00:01:48	01:24:12	144	17.7	00:01:01	00:27:04	181	8:42		02:47:35.80
190	215	Mark Koopman	M	44	Bend	OR	00:45:28	124	7:18	00:01:05	01:35:18	225	15.6	00:01:16	00:24:38	114	7:55		02:47:42.11
191	174	David Sherer	M	37	Arlington	VA	00:42:22	61	6:49	00:01:33	01:38:35	243	15.1	00:01:15	00:24:30	111	7:53		02:48:12.81
192	46	Heather Leach	F	59	Seattle	WA	00:53:12	228	8:33	00:01:09	01:24:24	147	17.7	00:01:36	00:27:58	195	9:00		02:48:17.08
193	377	Gwen Logan	F	46	Henniker	NH	00:49:24	187	7:56	00:01:08	01:30:09	193	16.5	00:01:06	00:27:15	183	8:46		02:49:00.56
194	389	Mironda Meyer	F	48	Gloucester	MA	00:50:33	201	8:07	00:01:12	01:30:12	195	16.5	00:01:00	00:26:14	163	8:26		02:49:08.77
195	363	Heidi Bullock	F	43	Portland	OR	00:48:38	178	7:49	00:01:17	01:29:59	192	16.6	00:02:07	00:27:18	186	8:47		02:49:17.37
196	53	Teresa Kludt	F	61	Chico	CA	00:51:24	214	8:16	00:01:20	01:26:03	166	17.3	00:01:22	00:29:28	225	9:28		02:49:33.67
197	165	Ron Willet	M	33	Pleasanton	CA	00:46:51	154	7:32	00:01:33	01:31:20	206	16.3	00:01:23	00:29:07	216	9:22		02:50:12.13
198	74	Warren Elvers	M	61	Getzville	NY	00:52:21	220	8:25	00:00:46	01:24:14	145	17.7	00:00:53	00:32:28	255	10:26		02:50:39.52
199	56	Diane Travis	F	62	Clermont	FL	00:51:14	211	8:14	00:00:49	01:30:13	196	16.5	00:00:56	00:27:40	191	8:54		02:50:50.49
200	253	Ernesto Cortes	M	51	Windermere	FL	00:51:35	216	8:17	00:01:04	01:27:49	181	17.0	00:01:20	00:29:13	221	9:24		02:50:58.31
201	307	Tom Barichello	M	59	Langley	BC	00:50:18	197	8:05	00:01:17	01:28:50	185	16.8	00:01:53	00:29:40	228	9:32		02:51:56.16
202	394	Emma Su	F	20	Bend	OR	00:47:00	159	7:33	00:01:22	01:37:38	241	15.3	00:01:12	00:24:51	122	7:59		02:52:00.73
203	213	Jason Heimink	M	44	Longmont	CO	00:51:04	206	8:12	00:00:57	01:32:25	209	16.1	00:00:54	00:27:09	182	8:44		02:52:25.90
204	227	David Pettigrew	M	47	Corvallis	OR	00:49:53	191	8:01	00:01:05	01:30:15	197	16.5	00:01:09	00:30:10	232	9:42		02:52:29.66
205	323	Kaylee Bohannon	F	27	Midlothian	VA	00:49:09	184	7:54	00:01:13	01:35:15	223	15.7	00:01:11	00:26:16	164	8:27		02:53:00.98
206	352	Nicole Lewis	F	39	Waco	TX	00:48:35	177	7:49	00:01:44	01:35:40	231	15.6	00:01:33	00:26:26	170	8:30		02:53:55.24
207	278	Jim Anderson	M	55	Alameda	CA	00:48:35	176	7:49	00:01:35	01:29:45	190	16.6	00:02:01	00:30:07	231	9:41	+00:02:00	02:53:59.76
208	359	Catherine Thatcher	F	43	Streamwood	IL	00:50:46	203	8:10	00:01:03	01:33:44	215	15.9	00:00:58	00:28:27	206	9:09		02:54:55.76
209	288	Dennis Lancaster	M	56	Henderson	NV	00:50:13	196	8:04	00:01:30	01:33:12	213	16.0	00:02:08	00:28:01	196	9:00		02:55:02.30
210	91	Len Joy	M	65	Evanston	IL	00:51:06	207	8:13	00:01:19	01:32:26	210	16.1	00:01:27	00:27:03	180	8:42	+00:02:00	02:55:19.70
211	113	Wolf Hillesheim	M	71	El Sobrante	CA	00:52:47	223	8:29	00:00:41	01:32:52	212	16.1	00:00:48	00:28:33	207	9:11		02:55:38.39
212	161	Matt Woerman	M	32	Oakland	CA	00:50:26	200	8:06	00:01:22	01:36:17	234	15.5	00:01:07	00:26:30	172	8:31		02:55:40.10
213	110	Bob Dahl	M	70	Plymouth	MN	00:55:00	245	8:51	00:01:22	01:28:50	184	16.8	00:01:18	00:29:25	224	9:28		02:55:52.56
214	221	Doug Draper	M	46	Hendersonville	NC	00:50:09	195	8:04	00:01:23	01:33:57	216	15.9	00:01:35	00:29:14	222	9:24		02:56:16.05
215	52	Colleen Rebant	F	61	Ovilla	TX	00:51:09	208	8:13	00:01:13	01:32:45	211	16.1	00:01:40	00:29:37	227	9:31		02:56:21.69
216	300	Mark Dyer	M	58	Pilot Point	TX	00:53:34	233	8:37	00:01:52	01:32:07	208	16.2	00:01:19	00:27:35	189	8:52		02:56:25.44

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Standard

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
217	106	Vincent Aloyo	M	69	Blue Bell	PA	00:54:24	240	8:45	00:02:07	01:30:44	203	16.4	00:01:25	00:28:33	208	9:11	02:57:10.61
218	386	Cathy Mcdonough	F	47	Olympia	WA	00:49:49	190	8:00	00:02:08	01:37:28	237	15.3	00:01:29	00:26:48	177	8:37	02:57:39.00
219	207	Sung Moon	M	42	Beaverton	OR	00:44:19	101	7:07	00:01:05	01:45:05	267	14.2	00:00:54	00:26:35	173	8:33	02:57:55.32
220	97	Wallace Wood	M	66	Seattle	WA	00:53:19	229	8:34	00:02:07	01:31:30	207	16.3	00:01:56	00:29:13	220	9:24	02:58:02.59
221	77	Gary Leaman	M	61	Escondido	CA	00:52:38	222	8:28	00:01:16	01:35:27	227	15.6	00:01:23	00:27:29	188	8:50	02:58:10.82
222	102	Franz Kelsch	M	68	Washington	UT	00:55:07	246	8:52	00:01:46	01:30:10	194	16.5	00:02:25	00:29:11	218	9:23	02:58:36.54
223	355	Jaime Greene	F	40	Renton	WA	00:52:47	224	8:29	00:01:03	01:35:07	222	15.7	00:01:16	00:28:40	210	9:13	02:58:51.20
224	47	Sherry Shelton	F	59	Alpharetta	GA	00:51:16	212	8:14	00:00:53	01:37:49	242	15.2	00:01:01	00:27:56	194	8:59	02:58:52.43
225	100	Matthew Henderson	M	67	Bend	OR	00:52:37	221	8:27	00:01:40	01:34:07	217	15.8	00:01:49	00:28:54	214	9:18	02:59:05.00
226	218	Marty Reed	M	45	Gonzales	LA	00:51:30	215	8:17	00:01:09	01:33:42	214	15.9	00:02:06	00:31:00	241	9:58	02:59:25.33
227	137	Jacob Morris	M	21	La Jolla	CA	00:48:50	180	7:51	00:00:57	01:34:34	220	15.8	00:01:10	00:34:23	270	11:03	02:59:50.11
228	90	Steve Van Horn	M	65	Algonquin	IL	00:54:54	244	8:49	00:01:31	01:30:56	204	16.4	00:02:12	00:30:31	234	9:49	03:00:01.04
229	22	Allison Gill	F	50	Downers Grove	IL	00:53:04	226	8:32	00:01:33	01:35:35	230	15.6	00:01:31	00:28:21	203	9:07	03:00:02.21
230	107	John J Kelly	M	69	Albuquerque	NM	00:52:09	218	8:23	00:02:38	01:34:19	219	15.8	00:02:08	00:28:53	213	9:17	03:00:03.83
231	114	Tom Parker	M	71	Merced	CA	00:54:31	242	8:46	00:01:43	01:31:04	205	16.4	00:01:25	00:32:42	257	10:31	03:01:21.40
232	164	David Ohern	M	33	Seattle	WA	00:55:35	247	8:56	00:01:10	01:29:06	186	16.7	00:00:50	00:35:26	276	11:24	03:02:05.25
233	29	Cora Sturzl	F	53	Malaga	WA	00:53:42	236	8:38	00:01:13	01:37:30	239	15.3	00:01:32	00:28:23	205	9:08	03:02:17.35
234	324	Anna Solomon	F	27	Port Orchard	WA	00:53:27	230	8:36	00:01:19	01:35:33	229	15.6	00:00:56	00:31:52	248	10:15	03:03:05.09
235	123	Angela Holcomb	F	51	Champaign	IL	00:54:17	239	8:44	00:02:54	01:36:10	233	15.5	00:02:11	00:28:23	204	9:07	03:03:53.18
236	33	Mandy Miller	F	55	Steamboat Springs	CO	00:53:57	237	8:40	00:01:04	01:41:11	254	14.7	00:01:12	00:27:24	187	8:49	03:04:46.13
237	67	Nicholas Goetz	M	60	Lockport	IL	00:52:56	225	8:31	00:01:38	01:37:00	236	15.4	00:01:34	00:31:45	247	10:12	03:04:50.80
238	63	Vicki Mccloskey	F	67	Henniker	NH	00:54:13	238	8:43	00:01:12	01:39:55	247	14.9	00:01:09	00:28:47	211	9:15	03:05:12.54
239	35	Debby Jones	F	55	Bartlett	IL	00:53:11	227	8:33	00:01:05	01:42:14	258	14.6	00:01:13	00:28:05	199	9:02	03:05:45.78
240	147	Ruel Merrill Ii	M	27	Tacoma	WA	00:53:34	232	8:37	00:01:43	01:36:21	235	15.5	00:01:09	00:33:06	263	10:39	03:05:50.20
241	178	Derek Guiher	M	39	Richfield	MN	00:55:40	249	8:57	00:01:56	01:35:26	226	15.6	00:01:31	00:32:26	254	10:26	03:06:55.43
242	167	Roscoe Lewis	M	35	Waukee	IA	00:51:11	209	8:14	00:01:11	01:43:40	263	14.4	00:01:46	00:29:17	223	9:25	03:07:03.34
243	321	Alexandra Veenker	F	24	Oklahoma City	OK	00:58:10	264	9:21	00:01:06	01:34:58	221	15.7	00:01:26	00:31:58	250	10:17	03:07:35.62
244	34	Joan Stolz	F	55	Tarpon Springs	FL	00:57:30	255	9:15	00:00:56	01:37:28	238	15.3	00:01:12	00:30:36	236	9:50	03:07:39.61
245	60	Ruth King	F	65	Ambler	PA	00:57:41	259	9:16	00:01:36	01:35:49	232	15.6	00:01:34	00:31:16	244	10:03	03:07:53.57
246	55	Anne Mitchell	F	62	Bala Cynwyd	PA	00:56:05	251	9:01	00:01:06	01:40:22	250	14.9	00:01:17	00:30:28	233	9:48	03:09:14.29
247	109	Randy Whitt	M	70	Charlotte	NC	00:58:13	265	9:21	00:01:30	01:35:17	224	15.6	00:01:40	00:33:57	268	10:55	03:10:34.11
248	28	Dona Block	F	52	Belton	TX	00:55:36	248	8:56	00:01:45	01:40:03	249	14.9	00:01:44	00:32:01	251	10:18	03:11:07.47
249	45	Carol Whipple	F	59	Bellevue	WA	00:57:39	257	9:16	00:01:47	01:39:57	248	14.9	00:01:51	00:31:12	243	10:02	03:12:23.88
250	124	John Ingram	M	65	Tulsa	OK	00:52:20	219	8:25	00:01:17	01:46:14	269	14.0	00:01:12	00:31:40	246	10:11	03:12:40.77
251	214	Mark Guttormsen	M	44	Petaluma	CA	00:54:44	243	8:48	00:01:33	01:43:11	260	14.5	00:01:20	00:32:01	252	10:18	03:12:46.88
252	61	Anne Viviani	F	67	Arlington	VA	00:58:20	267	9:23	00:02:08	01:40:32	251	14.8	00:01:24	00:30:55	239	9:56	03:13:15.28

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Standard

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
253	382	Tracy Lempke	F	47	Jacksonville	NC	00:57:39	256	9:16	00:01:29	01:43:13	261	14.4	00:01:31	00:29:28	226	9:28		03:13:17.09
254	93	Ward King	M	65	Ambler	PA	00:56:19	252	9:03	00:01:48	01:43:21	262	14.4	00:01:47	00:30:33	235	9:49		03:13:46.10
255	51	Celeste Breen	F	60	Grayslake	IL	00:58:02	262	9:20	00:01:52	01:40:41	253	14.8	00:02:27	00:30:58	240	9:57		03:13:56.73
256	193	Angelo Santos	M	40	Tampa	FL	00:57:50	261	9:18	00:01:05	01:40:36	252	14.8	00:02:05	00:32:38	256	10:30		03:14:11.96
257	279	Robert Gee	M	55	San Francisco	CA	00:57:45	260	9:17	00:01:17	01:39:15	245	15.0	00:01:29	00:35:09	274	11:18		03:14:51.50
258	258	Paul Guastadisegni	M	51	Portland	OR	00:54:30	241	8:46	00:01:56	01:47:45	272	13.8	00:01:49	00:31:11	242	10:01		03:17:07.31
259	43	Barbara Ezell	F	58	Milledgeville	GA	00:53:37	234	8:37	00:02:04	01:50:23	275	13.5	00:02:01	00:29:10	217	9:23		03:17:12.82
260	338	Kim Rybold	F	34	Hillsboro	OR	00:48:50	181	7:51	00:02:08	01:58:42	294	12.6	00:01:23	00:26:53	179	8:39		03:17:53.87
261	369	Laura Somak	F	44	Phoenix	AZ	01:01:19	276	9:51	00:01:46	01:37:34	240	15.3	00:02:53	00:35:10	275	11:18		03:18:39.74
262	104	Donn Viviani	M	69	Arlington	VA	01:00:34	272	9:44	00:01:47	01:42:12	257	14.6	00:01:31	00:32:51	259	10:34		03:18:53.06
263	85	Dan Zenner	M	63	Moscow	ID	00:55:45	250	8:58	00:01:16	01:46:41	270	14.0	00:01:24	00:34:19	269	11:02		03:19:23.04
264	50	Sheila Cotter	F	59	Pleasanton	CA	00:57:39	258	9:16	00:01:20	01:48:03	273	13.8	00:01:49	00:30:50	238	9:55		03:19:38.87
265	116	Joe Carr	M	73	Blowing Rock	NC	01:04:04	283	10:18	00:01:26	01:35:33	228	15.6	00:01:20	00:39:04	285	12:34		03:21:23.11
266	393	Debbie Miller	F	49	Clear Lake	IA	01:02:50	280	10:06	00:01:35	01:39:38	246	15.0	00:02:20	00:35:07	273	11:17		03:21:26.96
267	99	Wolfgang Dworzak	M	67	Los Alamos	NM	01:02:17	278	10:01	00:02:31	01:41:34	255	14.7	00:02:47	00:32:52	260	10:34		03:21:58.61
268	353	Jenn Jacoby Sheldon	F	40	Redding	CA	00:58:45	269	9:27	00:01:49	01:47:35	271	13.9	00:01:17	00:32:44	258	10:32		03:22:07.65
269	36	Marta M Medcalf	F	55	Vashon	WA	01:04:36	284	10:23	00:02:17	01:38:47	244	15.1	00:02:12	00:35:31	277	11:25		03:23:20.88
270	378	Ann Nicocelli	F	46	Washington	DC	01:00:56	274	9:48	00:01:40	01:44:36	265	14.3	00:01:47	00:34:28	271	11:05		03:23:24.61
271	112	Bernhard Kappler	M	70	Turnersville	NJ	00:58:02	263	9:20	00:02:03	01:46:14	268	14.0	00:02:17	00:35:00	272	11:15		03:23:33.11
272	287	Mike Sanchez	M	56	Phoenix	AZ	00:59:35	270	9:35	00:01:24	01:43:05	259	14.5	00:02:22	00:38:29	284	12:22		03:24:51.88
273	383	Kerry Camberg	F	47	Tempe	AZ	00:43:17	79	6:57	00:01:05									03:25:08.67
274	58	Lynda Neuman	F	64	Los Angeles	CA	00:58:36	268	9:25	00:02:01	01:51:53	279	13.3	00:01:54	00:31:57	249	10:16		03:26:18.80
275	59	Mary Nardo	F	64	Wilmington	DE	00:56:52	253	9:08	00:01:27	01:54:12	288	13.1	00:01:49	00:30:48	237	9:54	+00:02:00	03:27:05.24
276	330	Amanda Woerman	F	30	Oakland	CA	01:02:43	279	10:05	00:02:09	01:49:37	274	13.6	00:01:57	00:32:16	253	10:23		03:28:40.92
277	122	Lockett Wood	M	77	Lyons	CO	00:57:22	254	9:13	00:01:43	01:55:15	292	12.9	00:01:32	00:33:29	266	10:46		03:29:18.08
278	391	Melisa Dorrill	F	49	Dallas	TX	00:58:19	266	9:22	00:02:22	01:53:29	286	13.1	00:02:27	00:32:59	261	10:36		03:29:33.32
279	105	Larry Betten	M	69	Portland	OR	01:00:16	271	9:41	00:01:40	01:54:01	287	13.1	00:01:55	00:33:00	262	10:37		03:30:48.56
280	42	Kathryn Scourby	F	58	Richmond	VA	01:03:14	281	10:10	00:01:37	01:50:39	276	13.5	00:01:28	00:35:43	278	11:29		03:32:37.61
281	119	David Zwick	M	77	Somerset	KY	01:01:36	277	9:54	00:01:43	01:51:27	277	13.4	00:02:05	00:38:09	283	12:16		03:34:56.43
282	39	Elaine Mangum	F	57	Cary	NC	01:08:07	289	10:57	00:01:39	01:41:57	256	14.6	00:02:11	00:42:00	293	13:31		03:35:51.72
283	379	Kathleen Hale	F	46	Flemington	NJ	01:00:35	273	9:44	00:01:49	01:54:40	290	13.0	00:01:59	00:39:59	286	12:51		03:38:58.72
284	66	Mary Ann Bachus	F	71	Chico	CA	01:12:31	294	11:40	00:02:01	01:44:19	264	14.3	00:02:44	00:37:55	281	12:12		03:39:27.04
285	200	Casey Bessey	M	41	Des Moines	WA	01:01:17	275	9:51	00:01:38	01:54:19	289	13.0	00:02:17	00:40:04	287	12:53		03:39:32.15
286	115	Tom Armer	M	72	Yuma	AZ	01:04:55	285	10:26	00:02:28	01:52:34	283	13.2	00:03:42	00:36:15	279	11:39		03:39:51.32
287	76	Mike Lehman	M	61	West Linn	OR	01:07:51	287	10:54	00:02:06	01:51:47	278	13.3	00:01:51	00:37:16	280	11:59		03:40:48.37
288	64	Barbara Kostner	F	68	Lakewood	CO	01:13:53	295	11:53	00:01:13	01:44:49	266	14.2	00:01:23	00:41:50	292	13:27		03:43:06.06

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Standard

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
289	171	Robert Rios	M	36	Miramar	FL	01:07:58	288	10:56	00:01:59	01:52:14	280	13.3	00:01:50	00:40:44	290	13:06	03:44:43.09
290	319	Ashlyn Cummins	F	17	Duluth	MN	01:04:00	282	10:17	00:01:36	01:55:17	293	12.9	00:01:47	00:43:26	295	13:58	03:46:02.58
291	326	Ashley Miller	F	28	Clear Lake	IA	01:08:55	291	11:05	00:01:08	01:53:28	285	13.1	00:01:18	00:41:35	291	13:22	03:46:21.63
292	368	Mary Craig	F	44	Seattle	WA	01:09:48	292	11:13	00:01:22	01:54:41	291	13.0	00:01:11	00:40:40	289	13:05	03:47:39.20
293	62	Betty Bustrum	F	67	La Quinta	CA	01:12:29	293	11:39	00:01:37	01:53:23	284	13.2	00:02:10	00:38:04	282	12:14	03:47:39.46
294	57	Stefanie Harder	F	62	Mesa	AZ	01:05:00	286	10:27	00:05:27	02:01:33	295	12.3	00:03:15	00:33:22	265	10:44	03:48:34.35
295	96	James Graves	M	66	Harper Woods	MI	01:14:02	296	11:54	00:02:35	01:52:25	281	13.3	00:02:46	00:43:15	294	13:55	03:55:00.91
296	117	David Fraser	M	73	Trinidad	CA	01:18:59	297	12:42	00:04:01	01:52:27	282	13.3	00:04:35	00:40:10	288	12:55	04:00:09.77
297	120	Donald W Moore	M	78	Fort Myers	FL	01:08:47	290	11:03	00:02:13	02:11:37	297	11.3	00:03:07	00:43:38	296	14:02	04:09:18.92
298	111	Don Taylor	M	70	San Clemente	CA	01:25:12	299	13:42	00:02:10	02:05:11	296	11.9	00:02:04	00:48:25	297	15:34	04:22:59.59
299	82	Brian MCGovern	M	62	Fort Lauderdale	FL	01:25:17	300	13:43	00:01:40	02:27:49	298	10.1	00:02:22	00:48:28	298	15:35	04:45:33.07
300	65	Tanya Penn	F	70	San Clemente	CA	01:25:02	298	13:40	00:03:35	02:47:23	299	8.9	00:03:59	00:56:17	299	18:06	05:16:13.04

USAT Duathlon National Championship

June 25, 2016

Did Not Finish or Disqualified

Standard

Reason	No.	Name	Gender	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	Plc	T1	Time	Plc	Mph	T2	Time		
DNF	84	William Truax	Male	63	Los Angeles	CA	01:06:44		10:44	00:01:42	01:20:38	18.5					
DNF	289	Patrick Kelley	Male	56	Fishers	IN	00:53:52		8:40	00:01:12							
STD	247	Tim Monaco	Male	50	Bend	OR	00:40:57	43	6:35	00:00:53							
DQ	252	Michael Wells	Male	51	Raleigh	NC	00:50:12		8:04	00:01:06	00:47:35	31.3	00:07:01	01:23:10	26:45	03:09:02	
DNF	347	Sridevi Parise	Female	38	Sunnyvale	CA	01:24:55		13:39	00:01:32							
DNF	365	Tricia Byrne	Female	44	Minneapolis	MN	00:56:48		9:08	00:01:22	00:52:53	28.2				02:53:04	

HEAD REFEREE'S REPORT

RACE: USA Triathlon Duathlon Nationals - Intermediate Distance
DATE: June 25, 2016
LOCATION: Bend, Oregon
RACE DIRECTOR: Matt Reger
HEAD REFEREE: J. Ritterbeck
EMAIL: jritterbeck@yahoo.com



RACE NUMBER	RULE VIOLATED	PENALTY
3	5.10f - Position	2:00
7	5.10f - Position	6:00
59	3.4c - Obstruction	2:00
91	5.10f - Position	2:00
154	3.4f - Race Number	2:00
163	5.10f - Position	2:00
179	5.10f - Position	2:00
180	5.10a - Drafting	2:00
204	5.10g - Overtaken	2:00
230	5.10f - Position	2:00
231	5.10f - Position	2:00
269	5.10f - Position	2:00
278	3.4f - Race Number	2:00
342	5.10f - Position	2:00

Signature of Head Referee

Signature of Timer

6/25/2016 9:20 PM