

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
1	725	Keith Jackson	M	24	Roseland	VA	00:17:51	6	5:44	00:00:41	00:31:48	1	23.5	00:00:32	00:09:09	2	5:53	00:59:58.46
2	712	Adam Goulet	M	32	Portland	OR	00:17:09	2	5:31	00:01:06	00:32:53	2	22.7	00:00:51	00:09:16	5	5:57	01:01:12.52
3	669	Brian Schur	M	43	Kennewick	WA	00:18:10	7	5:50	00:00:41	00:34:11	7	21.8	00:00:39	00:10:04	9	6:28	01:03:42.24
4	715	Jason Karavidas	M	31	San Diego	CA	00:18:25	11	5:55	00:00:42	00:34:08	6	21.8	00:00:32	00:10:02	8	6:27	01:03:47.48
5	693	Thomas Woods	M	45	Lincoln	NE	00:18:31	12	5:57	00:00:40	00:34:26	9	21.7	00:00:37	00:10:17	16	6:37	01:04:28.92
6	768	Derek Weber	M	23	Fort Collins	CO	00:17:11	3	5:31	00:01:04	00:36:28	30	20.4	00:00:47	00:09:03	1	5:49	01:04:30.82
7	751	Kerry Farrell	M	56	Auburn	WA	00:19:33	25	6:17	00:00:58	00:33:24	3	22.3	00:00:42	00:10:33	22	6:47	01:05:07.04
8	720	Sean Price	M	24	Long Beach	CA	00:17:49	5	5:43	00:00:41	00:36:35	32	20.4	00:00:42	00:09:39	6	6:12	01:05:22.98
9	760	Patrick Wells	M	17	Burbank	CA	00:18:19	9	5:53	00:00:33	00:35:37	20	20.9	00:00:30	00:10:27	20	6:43	01:05:23.63
10	680	Porter Mcmichael	M	19	Richland	WA	00:17:28	4	5:37	00:00:57	00:37:03	38	20.1	00:00:46	00:09:14	3	5:56	01:05:26.88
11	650	Derek Hager	M	55	Minneapolis	MN	00:20:00	34	6:26	00:00:42	00:33:36	4	22.2	00:00:33	00:11:00	41	7:04	01:05:48.72
12	726	Fred Bunn	M	52	East Grand Rapids	MI	00:18:21	10	5:54	00:00:53	00:36:16	26	20.6	00:00:50	00:09:46	7	6:17	01:06:03.88
13	666	David Dixon	M	50	Wilmington	DE	00:19:43	27	6:20	00:00:44	00:35:05	14	21.3	00:00:41	00:10:21	18	6:39	01:06:31.48
14	679	Mike Buenting	M	42	Chanhassen	MN	00:19:01	17	6:07	00:00:49	00:35:43	21	20.9	00:00:48	00:10:18	17	6:37	01:06:37.33
15	783	Shane Thread	M	53	Evansville	IN	00:19:25	21	6:14	00:00:40	00:35:26	17	21.1	00:00:40	00:10:36	26	6:49	01:06:43.84
16	731	Steve Sloan	M	19	Berkeley	CA	00:18:47	15	6:02	00:00:47	00:36:20	27	20.5	00:00:45	00:10:12	12	6:34	01:06:49.29
17	663	Joe English	M	46	Hillsboro	OR	00:18:53	16	6:04	00:01:06	00:35:35	19	21.0	00:01:01	00:10:35	24	6:48	01:07:07.88
18	710	Michael Rushton	M	47	Baker City	OR	00:20:41	56	6:39	00:00:45	00:34:00	5	21.9	00:00:44	00:11:22	53	7:19	01:07:30.15
19	759	Timothy Wells	M	17	Burbank	CA	00:17:00	1	5:28	00:00:36	00:40:23	94	18.5	00:00:25	00:09:15	4	5:56	01:07:36.88
20	732	Richard Sloan	M	52	Berkeley	CA	00:19:46	28	6:21	00:00:49	00:35:35	18	21.0	00:00:48	00:10:42	29	6:53	01:07:37.36
21	776	Justin Cummins	M	41	Duluth	MN	00:19:02	18	6:07	00:01:21	00:36:28	29	20.5	00:00:46	00:10:07	11	6:30	01:07:41.28
22	753	Rick Cordes	M	56	Alamo	CA	00:20:02	36	6:26	00:00:41	00:36:07	24	20.6	00:00:32	00:10:35	23	6:48	01:07:54.16
23	729	Ryan Farnsworth	M	36	Evansville	WI	00:19:57	33	6:25	00:01:00	00:35:45	22	20.9	00:00:55	00:10:30	21	6:45	01:08:04.80
24	706	Ryan Mongan	M	50	Orange	CA	00:19:54	32	6:24	00:00:44	00:36:05	23	20.7	00:00:41	00:10:51	37	6:59	01:08:11.46
25	620	Sarah Barber	F	40	Boise	ID	00:20:30	52	6:35	00:01:04	00:34:56	11	21.4	00:00:58	00:11:06	45	7:08	01:08:31.02
26	690	Derrill Stepp	M	54	Sunnyvale	CA	00:20:20	43	6:32	00:00:55	00:35:23	15	21.1	00:00:47	00:11:14	48	7:13	01:08:35.22
27	703	Brad Haag	M	26	Bend	OR	00:20:25	50	6:34	00:00:51	00:36:10	25	20.6	00:00:35	00:10:39	28	6:51	01:08:38.03
28	529	Jane Tullis	F	15	Rome	GA	00:20:22	46	6:32	00:00:35	00:36:23	28	20.5	00:00:30	00:10:52	38	6:59	01:08:38.75
29	513	Kirsten Sass	F	37	Mckenzie	TN	00:20:14	39	6:30	00:00:37	00:36:53	35	20.2	00:00:37	00:10:26	19	6:42	01:08:43.20
30	744	Pete Rainey	M	49	Minneapolis	MN	00:20:22	47	6:33	00:01:13	00:35:05	13	21.3	00:01:05	00:11:06	44	7:08	01:08:49.14
31	677	Jeevan Philip	M	21	Richland	WA	00:18:44	14	6:01	00:00:48	00:38:11	50	19.5	00:00:47	00:10:39	27	6:50	01:09:06.06
32	674	Sean Campbell	M	50	Klamath Falls	OR	00:21:16	67	6:50	00:01:00	00:35:00	12	21.3	00:00:41	00:11:33	64	7:26	01:09:26.18
33	662	Jeff Dorrill	M	55	Dallas	TX	00:20:08	37	6:28	00:00:51	00:37:35	44	19.8	00:00:53	00:10:13	13	6:34	01:09:37.70
34	806	Shannon Horn	M	42	Post Falls	IA	00:19:27	22	6:15	00:00:55	00:37:34	43	19.9	00:00:39	00:11:18	50	7:16	01:09:50.48
35	548	Olga Firsova	F	33	Orinda	CA	00:18:15	8	5:52	00:00:52	00:39:46	74	18.8	00:00:46	00:10:17	15	6:36	01:09:53.10
36	700	Claudius Shropshire	M	25	Los Angeles	CA	00:18:44	13	6:01	00:01:00	00:39:28	65	18.9	00:00:48	00:10:04	10	6:28	01:10:02.27

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
37	681	William Vardy	M	32	Andover	KS	00:20:44	57	6:40	00:00:50	00:36:51	34	20.2	00:01:00	00:10:57	40	7:02		01:10:19.85
38	724	Mike Scannell	M	40	New Boston	MI	00:21:40	80	6:58	00:00:47	00:35:24	16	21.1	00:00:43	00:12:00	85	7:43		01:10:31.18
39	758	Jonathan Lee	M	43	Santa Rosa	CA	00:22:26	101	7:13	00:01:11	00:34:18	8	21.7	00:00:51	00:11:52	78	7:38		01:10:35.58
40	750	William Bentz	M	48	Lancaster	CA	00:19:50	30	6:22	00:00:45	00:36:50	33	20.2	00:00:37	00:10:45	32	6:54	+00:02:00	01:10:44.24
41	691	Jack Nunn	M	37	Manhattan Beach	CA	00:20:46	58	6:40	00:01:04	00:34:31	10	21.6	00:00:53	00:11:34	65	7:26	+00:02:00	01:10:45.60
42	527	Lauren Garriques	F	16	Lake Forest	IL	00:20:22	48	6:33	00:00:34	00:38:25	52	19.4	00:00:52	00:10:47	33	6:56		01:10:57.64
43	512	Celia Dubey	F	44	Tarpon Springs	FL	00:21:39	78	6:57	00:00:35	00:37:08	39	20.1	00:00:39	00:11:19	51	7:17		01:11:17.75
44	766	Josh Bjornstad	M	39	Portland	OR	00:20:15	41	6:30	00:01:14	00:37:39	45	19.8	00:00:54	00:11:36	67	7:28		01:11:35.33
45	735	Frank Silva	M	51	Cocoa	FL	00:20:13	38	6:30	00:00:54	00:39:05	60	19.1	00:00:42	00:11:15	49	7:14		01:12:06.70
46	564	Courtney Wiseman	F	34	Corona	CA	00:21:09	66	6:48	00:01:04	00:37:23	41	19.9	00:00:56	00:11:39	71	7:30		01:12:08.51
47	785	Steven Gianakas	M	23	Clarendon Hills	IL	00:20:01	35	6:26	00:01:20	00:38:59	59	19.1	00:01:01	00:10:53	39	6:59		01:12:11.57
48	752	Matt Mccoy	M	40	Minneapolis	MN	00:19:47	29	6:22	00:01:05	00:39:55	76	18.7	00:00:55	00:10:36	25	6:49		01:12:16.26
49	525	Christine Quantz	F	48	Soap Lake	WA	00:20:14	40	6:30	00:01:00	00:39:43	71	18.8	00:00:56	00:10:44	31	6:54		01:12:33.82
50	799	Erik Larson	M	22	Lynnwood	WA	00:21:07	64	6:47	00:01:10	00:38:09	48	19.6	00:00:43	00:11:31	62	7:24		01:12:36.99
51	658	Robbie Allen	M	51	Point Mugu	CA	00:19:30	24	6:16	00:00:58	00:40:11	86	18.6	00:01:01	00:11:00	42	7:04		01:12:38.20
52	736	Jason Klein	M	27	Seattle	WA	00:20:59	62	6:44	00:01:12	00:38:34	54	19.3	00:00:45	00:11:26	57	7:21		01:12:53.89
53	779	Lance Stites	M	15	Kennewick	WA	00:19:53	31	6:23	00:01:02	00:40:22	92	18.5	00:00:50	00:10:51	36	6:58		01:12:54.90
54	542	Kaytlynn Welsch	F	16	Alvin	IA	00:20:35	54	6:37	00:00:39	00:39:38	69	18.8	00:00:31	00:11:37	68	7:28		01:12:56.79
55	668	Dave Campbell	M	59	Auburn	CA	00:20:29	51	6:35	00:00:53	00:40:02	80	18.6	00:00:51	00:10:49	34	6:57		01:13:01.28
56	705	Jim Bourdages	M	48	Huntington Beach	CA	00:20:38	55	6:38	00:00:45	00:38:46	57	19.2	00:00:57	00:12:16	97	7:53		01:13:19.11
57	516	Laura Coombs	F	33	Bend	OR	00:22:16	93	7:09	00:01:03	00:36:32	31	20.4	00:00:57	00:12:51	112	8:16		01:13:37.07
58	714	Nathan Sylves	M	40	Hockessin	DE	00:20:21	44	6:32	00:01:05	00:40:06	83	18.6	00:01:01	00:11:11	47	7:11		01:13:41.83
59	641	Russ Jones	M	61	San Juan Capistrano	CA	00:22:41	110	7:17	00:00:52	00:37:57	47	19.6	00:00:40	00:11:35	66	7:27		01:13:43.22
60	701	Michael Ashworth	M	34	Jersey City	NJ	00:19:17	20	6:12	00:01:00	00:40:42	100	18.3	00:00:54	00:11:56	80	7:40		01:13:47.52
61	562	Remy Maguire	F	37	Portland	OR	00:20:23	49	6:33	00:00:57	00:40:20	89	18.5	00:00:51	00:11:26	56	7:21		01:13:53.48
62	678	William Relyea	M	52	New Braunfels	TX	00:21:31	70	6:55	00:00:44	00:39:23	64	18.9	00:00:36	00:11:44	73	7:32		01:13:54.45
63	645	Louis Almekinders	M	59	Chapel Hill	NC	00:20:54	60	6:43	00:00:50	00:40:02	79	18.6	00:00:53	00:11:25	54	7:20		01:14:01.19
64	558	Karah Osterberg	F	28	North Aurora	IL	00:22:27	102	7:13	00:01:01	00:38:17	51	19.5	00:00:53	00:11:28	58	7:22		01:14:03.29
65	579	Jodie Bolt	F	53	Lakewood	WA	00:22:00	87	7:04	00:01:23	00:37:32	42	19.9	00:01:03	00:12:14	94	7:52		01:14:09.06
66	653	Martin Feeney	M	54	Medway	MA	00:20:46	59	6:40	00:01:00	00:40:32	98	18.4	00:00:52	00:11:02	43	7:05		01:14:09.54
67	737	Louis Brooks	M	46	Bloomsbury	NJ	00:23:18	122	7:29	00:01:16	00:36:55	36	20.2	00:00:52	00:11:55	79	7:40		01:14:13.57
68	702	David Morrow	M	63	Tarpon Springs	FL	00:21:39	77	6:57	00:00:53	00:39:13	62	19.0	00:00:48	00:11:57	82	7:41		01:14:27.15
69	628	Nicole Campbell	F	34	Mountain View	CA	00:19:27	23	6:15	00:01:16	00:42:10	117	17.7	00:01:24	00:10:14	14	6:34		01:14:28.77
70	532	Sara Cannon	F	47	Portland	OR	00:22:29	104	7:13	00:00:49	00:38:30	53	19.4	00:00:45	00:11:59	83	7:42		01:14:28.79
71	707	Mike Balestreri	M	53	El Sobrante	CA	00:22:49	112	7:20	00:00:59	00:37:56	46	19.7	00:00:52	00:12:13	91	7:51		01:14:46.33
72	531	Hannah Fusselman	F	16	Cedar Rapids	IA	00:20:22	45	6:32	00:00:44	00:42:17	120	17.6	00:00:37	00:10:50	35	6:58		01:14:47.75

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
73	754	Darcy Mccarty	M	40	Walnut Creek	CA	00:22:21	95	7:11	00:00:52	00:38:50	58	19.2	00:00:46	00:12:05	86	7:46		01:14:51.92
74	599	Juliet Hochman	F	49	Portland	OR	00:22:51	113	7:21	00:00:53	00:39:12	61	19.0	00:00:39	00:11:29	59	7:23		01:15:01.89
75	550	Valerie Eipper	F	56	Longmont	CO	00:21:32	72	6:55	00:00:49	00:40:24	95	18.5	00:00:53	00:11:38	69	7:29		01:15:12.88
76	612	Morgan James	F	17	Clovis	CA	00:21:32	73	6:55	00:01:01	00:40:31	97	18.4	00:00:46	00:11:30	61	7:24		01:15:17.84
77	588	Haley Tadler	F	20	North Salt Lake	UT	00:21:29	68	6:54	00:00:50	00:40:21	91	18.5	00:00:44	00:12:11	89	7:50		01:15:32.19
78	763	Timothy J Barry	M	49	Lafayette	LA	00:21:36	76	6:56	00:01:17	00:40:29	96	18.4	00:00:54	00:11:25	55	7:20		01:15:37.36
79	746	Matt Brewer	M	45	Altadena	CA	00:23:08	119	7:26	00:00:47	00:38:45	56	19.2	00:00:45	00:12:18	98	7:54		01:15:40.24
80	624	Caitlin Goodman	F	25	Eugene	OR	00:20:15	42	6:31	00:01:11	00:42:20	121	17.6	00:00:47	00:11:10	46	7:10		01:15:40.96
81	652	John Waguespack	M	58	Destrehan	LA	00:22:13	91	7:08	00:01:06	00:39:52	75	18.7	00:00:47	00:11:57	81	7:41		01:15:51.56
82	589	Manuela Knispel	F	45	Shorewood	MN	00:21:31	71	6:55	00:01:01	00:40:47	102	18.3	00:01:12	00:11:49	76	7:35		01:16:18.33
83	549	Wendy Clark	F	35	Apo	IA	00:22:22	98	7:11	00:01:15	00:40:10	85	18.6	00:00:56	00:11:38	70	7:29		01:16:18.74
84	539	Jamie Martens	F	40	Mission	KS	00:21:35	74	6:56	00:00:53	00:41:17	108	18.1	00:00:49	00:11:48	75	7:35		01:16:19.66
85	570	Allison Chauvin	F	36	Spokane	WA	00:24:04	133	7:44	00:01:18	00:37:03	37	20.1	00:01:04	00:12:57	119	8:20		01:16:23.51
86	756	Jeanpierre Bacle	M	66	Alexandria	VA	00:21:53	83	7:02	00:01:42	00:39:36	66	18.8	00:00:59	00:12:34	105	8:05		01:16:41.52
87	519	Stacey Kiefer	F	38	Bend	OR	00:22:13	92	7:08	00:00:57	00:41:11	107	18.1	00:00:44	00:11:49	77	7:35		01:16:50.57
88	511	Kristin Allyne	F	56	Chapel Hill	NC	00:22:35	108	7:15	00:00:49	00:39:42	70	18.8	00:00:54	00:12:53	114	8:17		01:16:51.40
89	537	Jeanne Fleck	F	51	Proctor	MN	00:23:16	120	7:29	00:00:53	00:39:46	73	18.8	00:00:47	00:12:15	96	7:53		01:16:54.96
90	654	Ernie Janelle	M	59	Atlanta	GA	00:21:05	63	6:46	00:01:15	00:42:52	127	17.4	00:01:04	00:10:43	30	6:53		01:16:56.70
91	644	David Lasorsa	M	59	Port Angeles	WA	00:23:24	125	7:31	00:00:49	00:39:37	68	18.8	00:00:48	00:12:23	102	7:58		01:16:59.48
92	649	Timothy Armstrong	M	60	Muscatine	IA	00:21:39	79	6:58	00:01:22	00:40:58	104	18.2	00:01:02	00:12:13	90	7:51		01:17:11.88
93	642	Douglas Landau	M	56	Oak Hill	VA	00:22:23	99	7:12	00:00:48	00:39:45	72	18.8	00:00:47	00:13:35	139	8:44		01:17:15.06
94	767	Franky Ortega	M	34	Reseda	CA	00:19:36	26	6:18	00:01:25	00:43:55	136	17.0	00:01:04	00:11:20	52	7:17		01:17:17.65
95	781	Greg Kempthorn	M	50	Lake Oswego	OR	00:21:55	85	7:03	00:01:16	00:40:19	88	18.5	00:00:53	00:12:59	121	8:21		01:17:19.69
96	623	Erin Shelton	F	37	Boise	ID	00:24:08	136	7:45	00:01:22	00:37:11	40	20.1	00:01:02	00:13:39	140	8:47		01:17:20.76
97	777	Nathan Wallace	M	26	Richland	WA	00:21:36	75	6:56	00:01:10	00:40:07	84	18.6	00:00:49	00:11:45	74	7:33	+00:02:00	01:17:23.47
98	747	Lee Sobchak	M	67	Boise	ID	00:24:04	134	7:44	00:01:00	00:38:42	55	19.3	00:00:55	00:12:57	118	8:19		01:17:34.69
99	635	Dean Maruna	M	57	Erie	CO	00:22:27	103	7:13	00:00:32	00:40:00	78	18.6	00:00:27	00:14:23	157	9:15		01:17:47.11
100	554	Ericka Luckel	F	44	Bend	OR	00:22:55	115	7:22	00:01:02	00:40:23	93	18.5	00:00:48	00:12:46	109	8:12		01:17:50.28
101	728	Phil Anderson	M	64	Portland	OR	00:22:22	97	7:11	00:01:14	00:41:04	106	18.2	00:00:58	00:12:23	101	7:57		01:17:58.33
102	748	Paul Burns	M	51	Fort Collins	CO	00:22:26	100	7:12	00:01:13	00:39:56	77	18.7	00:00:54	00:13:55	147	8:57		01:18:22.17
103	540	Geraldine Lupini	F	53	Milford	MI	00:24:00	132	7:43	00:00:52	00:39:36	67	18.8	00:00:49	00:13:23	135	8:36		01:18:38.42
104	692	Les Shibata	M	61	Poway	CA	00:21:29	69	6:54	00:00:44	00:44:32	141	16.7	00:00:36	00:11:30	60	7:23		01:18:48.06
105	626	Carolyn Daubeney	F	52	Bend	OR	00:24:53	148	8:00	00:00:58	00:39:16	63	19.0	00:00:54	00:12:58	120	8:20		01:18:56.19
106	742	John Slater	M	54	Mukilteo	WA	00:22:33	107	7:15	00:01:17	00:41:38	112	17.9	00:01:00	00:12:34	104	8:05		01:18:59.75
107	522	Lara Ray	F	47	Camarillo	CA	00:23:05	117	7:25	00:01:10	00:41:04	105	18.2	00:00:54	00:12:52	113	8:16		01:19:01.94
108	792	Lachlan Pettigrew	M	15	Corvallis	OR	00:22:37	109	7:16	00:01:01	00:43:19	128	17.2	00:00:35	00:11:40	72	7:30		01:19:10.57

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
109	608	Nicole Mather	F	31	Mountain View	CA	00:20:59	61	6:44	00:01:29	00:43:39	132	17.1	00:00:53	00:12:14	95	7:52		01:19:10.62
110	791	James Dunn	M	50	Portland	OR	00:21:56	86	7:03	00:01:17	00:43:21	129	17.2	00:00:55	00:12:20	100	7:56		01:19:46.44
111	745	Scott Kessler	M	62	Lake Oswego	OR	00:24:05	135	7:44	00:01:08	00:40:21	90	18.5	00:01:11	00:13:10	129	8:28		01:19:51.31
112	686	Mark Achenbach	M	59	Terre Haute	IN	00:21:55	84	7:03	00:01:45	00:42:39	124	17.5	00:01:32	00:12:07	88	7:47		01:19:56.49
113	689	Jon Brusherd	M	55	Battlefield	MO	00:24:19	139	7:49	00:01:26	00:40:02	81	18.6	00:01:14	00:13:24	136	8:37		01:20:22.94
114	573	Jennifer Borie	F	40	Laguna Niguel	CA	00:21:48	82	7:00	00:01:07	00:42:13	118	17.7	00:00:50	00:12:36	107	8:06	+00:02:00	01:20:31.40
115	566	Jamii North	F	39	Los Gatos	CA	00:24:30	141	7:52	00:01:11	00:40:44	101	18.3	00:00:56	00:13:15	132	8:31		01:20:33.31
116	795	Sebastien Durandeu	M	39	Otis	OR	00:20:31	53	6:36	00:00:55	00:46:50	170	15.9	00:00:51	00:11:32	63	7:25		01:20:36.86
117	801	Kevin Elmore	M	54	Murrieta	CA	00:23:22	124	7:31	00:01:19	00:41:38	111	17.9	00:01:12	00:13:13	130	8:30		01:20:40.39
118	741	Steve Collins	M	68	Olympia	WA	00:23:40	127	7:36	00:01:08	00:42:13	119	17.7	00:00:50	00:12:59	122	8:21		01:20:48.18
119	643	Steven Wade	M	58	Burlington	WA	00:24:56	150	8:01	00:01:10	00:40:16	87	18.5	00:01:03	00:13:40	141	8:47		01:21:02.65
120	627	Wendy Endsley	F	52	San Diego	CA	00:24:08	137	7:45	00:01:21	00:41:21	109	18.0	00:01:04	00:13:14	131	8:30		01:21:06.41
121	697	James Kentro	M	35	Santa Barbara	CA	00:23:45	128	7:38	00:01:02	00:43:47	134	17.0	00:00:49	00:11:59	84	7:42		01:21:18.68
122	585	Maya Bryson	F	41	San Diego	CA	00:23:18	121	7:29	00:01:01	00:43:46	133	17.0	00:00:54	00:12:34	106	8:05		01:21:30.65
123	657	Tony Sako	M	57	West Richland	WA	00:26:18	173	8:27	00:01:08	00:38:09	49	19.5	00:01:07	00:14:56	170	9:36		01:21:34.57
124	563	Lindsey Torgerson	F	29	Laredo	TX	00:23:39	126	7:36	00:00:51	00:41:31	110	18.0	00:00:52	00:15:20	186	9:51		01:22:09.18
125	622	Heather Knapp	F	43	Gladstone	OR	00:22:21	96	7:11	00:02:01	00:43:38	131	17.1	00:01:16	00:12:56	116	8:19		01:22:09.40
126	798	Rod Thompson	M	68	Bend	OR	00:22:17	94	7:10	00:01:07	00:44:34	142	16.7	00:01:27	00:12:48	110	8:14		01:22:11.40
127	535	Devon Bijansky	F	39	Austin	TX	00:23:56	131	7:42	00:00:41	00:45:18	154	16.5	00:00:38	00:12:14	93	7:52		01:22:44.75
128	789	Paul Thompson	M	43	Edmonds	WA	00:25:39	162	8:15	00:01:11	00:40:41	99	18.3	00:01:01	00:14:22	155	9:14		01:22:51.27
129	552	Julia Reese	F	20	Princeton	ID	00:25:15	154	8:07	00:01:09	00:41:40	113	17.9	00:01:10	00:13:47	143	8:52		01:22:58.68
130	716	Adam Nisson	M	61	Ipswich	MA	00:23:01	116	7:24	00:01:07	00:46:02	160	16.2	00:01:08	00:12:05	87	7:46		01:23:21.00
131	518	Leslie Randall	F	47	Royersford	PA	00:24:49	146	7:59	00:01:01	00:43:30	130	17.1	00:01:00	00:13:04	127	8:24		01:23:21.19
132	711	Anthony Benedict	M	59	Fort Lauderdale	FL	00:22:03	89	7:05	00:00:41	00:46:28	166	16.0	00:00:40	00:13:34	138	8:43		01:23:23.73
133	723	Jeffrey Gutierrez	M	32	Corpus Christi	TX	00:22:31	105	7:14	00:00:57	00:46:25	163	16.1	00:00:40	00:12:57	117	8:19		01:23:26.65
134	788	Christopher Rossi	M	29	Dublin	CA	00:22:31	106	7:14	00:01:52	00:44:26	138	16.8	00:01:34	00:13:19	134	8:34		01:23:39.69
135	651	Mike Mccarty	M	71	New Bedford	MA	00:26:31	180	8:31	00:00:49	00:41:53	115	17.8	00:00:45	00:13:51	146	8:54		01:23:45.52
136	543	Janet Jarvits	F	50	Pasadena	CA	00:22:05	90	7:06	00:00:50	00:47:51	183	15.6	00:00:41	00:12:28	103	8:01		01:23:51.89
137	571	Lili Riffle	F	36	Upland	CA	00:24:41	143	7:56	00:01:12	00:44:14	137	16.9	00:01:04	00:13:02	124	8:22		01:24:09.62
138	578	Patricia Dechow	F	52	Berkeley	CA	00:24:17	138	7:48	00:01:27	00:44:26	139	16.8	00:01:10	00:13:02	125	8:23		01:24:19.59
139	688	Mike Lies	M	63	Lawrenceburg	IN	00:23:21	123	7:30	00:00:59	00:46:29	167	16.0	00:00:51	00:12:44	108	8:11		01:24:21.73
140	567	Sharon Gerl	F	68	Springfield	OR	00:23:51	130	7:40	00:01:14	00:45:27	155	16.4	00:01:01	00:12:54	115	8:17		01:24:23.75
141	615	Lizzie Stites	F	16	Kennewick	WA	00:22:53	114	7:21	00:01:30	00:46:57	172	15.9	00:01:17	00:12:13	92	7:51		01:24:47.94
142	684	Tony Pennington	M	50	Manchester	TN	00:25:45	163	8:17	00:01:08	00:41:53	116	17.8	00:01:02	00:15:11	182	9:46		01:24:57.46
143	506	Julie Logan	F	45	Wheaton	IL	00:26:17	172	8:27	00:01:43	00:42:21	122	17.6	00:00:56	00:13:57	150	8:58		01:25:11.99
144	787	Mykel Caruso	M	17	Portland	IA	00:24:31	142	7:53	00:01:45	00:45:04	152	16.5	00:01:07	00:12:51	111	8:15		01:25:14.89

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
145	587	Caroline Brady	F	41	Staten Island	NY	00:23:07	118	7:26	00:01:06	00:47:07	174	15.8	00:01:01	00:13:04	126	8:24	01:25:21.20
146	722	Kevin Sperl	M	63	Bend	OR	00:26:13	170	8:26	00:01:39	00:41:47	114	17.8	00:01:10	00:14:37	163	9:24	01:25:24.24
147	536	Patricia Driscoll	F	61	Stowe	VT	00:25:57	167	8:21	00:00:59	00:43:48	135	17.0	00:00:53	00:13:50	145	8:54	01:25:24.42
148	769	Ben Brown	M	67	Klamath Falls	OR	00:26:20	175	8:28	00:00:54	00:42:52	126	17.4	00:00:49	00:14:34	160	9:22	01:25:26.65
149	782	Earl Shetler	M	56	Box Elder	MT	00:25:17	155	8:08	00:01:13	00:40:04	82	18.6	00:01:46	00:17:33	221	11:17	01:25:51.48
150	568	Zetta Armbruster	F	52	Rio Verde	AZ	00:25:06	151	8:04	00:00:50	00:44:56	148	16.6	00:00:49	00:14:13	154	9:09	01:25:52.46
151	762	David Harding	M	56	Lake Oswego	OR	00:21:46	81	7:00	00:01:28	00:47:27	180	15.7	00:01:48	00:13:40	142	8:47	01:26:06.59
152	671	Lamar Sepulveda	M	59	Los Angeles	IA	00:25:28	159	8:11	00:00:47	00:44:38	143	16.7	00:00:35	00:14:40	166	9:26	01:26:06.68
153	576	Maday Lines	F	53	Murfreesboro	TN	00:22:02	88	7:05	00:00:59	00:50:08	199	14.9	00:00:46	00:12:19	99	7:55	01:26:11.88
154	687	Charles Szentesi	M	64	San Diego	CA	00:25:35	160	8:13	00:01:20	00:42:51	125	17.4	00:01:25	00:15:49	197	10:10	01:26:57.15
155	530	Jadie Simon	F	38	Denver	CO	00:25:47	164	8:17	00:01:10	00:46:06	161	16.2	00:00:50	00:13:10	128	8:28	01:27:00.50
156	800	Scott Endsley	M	62	San Diego	CA	00:28:38	210	9:12	00:01:13	00:40:57	103	18.2	00:01:16	00:15:18	184	9:50	01:27:19.43
157	704	Robert Woods	M	49	Stafford	VA	00:24:42	144	7:56	00:01:08	00:44:56	147	16.6	00:01:12	00:15:26	189	9:55	01:27:21.83
158	667	Joseph Gulaskey	M	72	Lebanon	OR	00:26:54	189	8:39	00:00:52	00:44:29	140	16.8	00:00:56	00:14:22	156	9:14	01:27:30.49
159	670	Larry Feigenbaum	M	69	San Ramon	CA	00:24:29	140	7:52	00:01:17	00:47:04	173	15.8	00:01:28	00:13:18	133	8:33	01:27:33.67
160	533	Anu Campbell	F	47	Klamath Falls	OR	00:24:53	149	8:00	00:01:05	00:47:26	179	15.7	00:00:48	00:13:32	137	8:42	01:27:41.72
161	727	Tim Johnson	M	65	Portland	OR	00:25:36	161	8:14	00:01:08	00:44:52	146	16.6	00:01:32	00:14:38	165	9:25	01:27:43.11
162	561	Rachael Cummins	F	41	Duluth	MN	00:26:36	181	8:33	00:01:28	00:44:43	144	16.7	00:01:06	00:14:13	153	9:08	01:28:03.72
163	572	Gail Waldman	F	58	Vienna	VA	00:27:35	196	8:52	00:01:33	00:42:34	123	17.5	00:01:24	00:15:01	176	9:39	01:28:03.93
164	802	Michael Martinez	M	22	Millbrae	CA	00:25:07	152	8:04	00:01:50	00:45:03	151	16.6	00:01:07	00:15:20	185	9:51	01:28:23.81
165	605	Kirby Adlam	F	33	Chicago	IL	00:26:27	178	8:30	00:01:14	00:45:08	153	16.5	00:00:59	00:14:56	171	9:36	01:28:42.11
166	583	Sarah Zumbrum	F	34	Fuquay Varina	NC	00:26:36	182	8:33	00:01:20	00:45:02	150	16.6	00:00:59	00:14:50	168	9:32	01:28:44.09
167	502	Tonya Armstrong	F	55	Muscatine	IA	00:27:27	193	8:50	00:01:07	00:44:48	145	16.6	00:00:59	00:14:37	162	9:24	01:28:55.59
168	784	Taylor Mathes	M	31	Vancouver	WA	00:25:12	153	8:06	00:01:31	00:45:55	159	16.2	00:01:03	00:15:29	190	9:57	01:29:07.38
169	526	Lore Friend	F	59	Tacoma	WA	00:25:21	157	8:09	00:01:03	00:48:21	186	15.4	00:00:48	00:13:55	148	8:57	01:29:25.60
170	72	George Van Meter Jr	M	61	Lexington	KY	00:25:23	158	8:10	00:00:51	00:47:59	184	15.5	00:01:18	00:13:56	149	8:58	01:29:25.94
171	514	Diana Garbarino	F	49	Campbell	CA	00:28:00	202	9:00	00:00:50	00:45:51	158	16.3	00:00:47	00:15:07	179	9:43	01:30:33.16
172	551	Jennifer Richter	F	29	Fishers	IN	00:26:11	169	8:25	00:01:01	00:47:21	176	15.7	00:01:03	00:15:09	180	9:44	01:30:41.93
173	600	Sheila Parker	F	51	Rancho Palos Verdes	CA	00:26:50	185	8:37	00:00:57	00:47:09	175	15.8	00:00:54	00:14:59	175	9:38	01:30:47.14
174	618	Tracy Arnold	F	45	Portland	OR	00:26:21	177	8:28	00:01:29	00:47:32	181	15.7	00:01:17	00:14:30	159	9:19	01:31:06.20
175	603	Michelle Musia	F	45	Enterprise	OR	00:26:27	179	8:30	00:01:07	00:46:41	168	16.0	00:01:11	00:15:57	198	10:16	01:31:20.59
176	501	Kathleen Hanley	F	66	Tucson	AZ	00:27:49	200	8:56	00:01:11	00:46:42	169	16.0	00:01:02	00:14:57	172	9:37	01:31:37.34
177	538	Alveratta Petta	F	58	Fountain Hills	AZ	00:27:46	198	8:55	00:02:15	00:44:59	149	16.6	00:01:37	00:15:41	193	10:05	01:32:14.67
178	594	Noelle Blaisdell	F	45	South Jordan	UT	00:25:51	165	8:18	00:01:09	00:49:52	192	15.0	00:01:01	00:14:35	161	9:23	01:32:26.08
179	772	Ricky Gray	M	55	Clackamas	OR	00:26:52	188	8:38	00:01:11	00:47:22	178	15.7	00:00:59	00:16:04	201	10:20	01:32:26.60
180	553	Gloria Califf	F	63	Redmond	WA	00:28:32	208	9:10	00:01:23	00:46:27	164	16.1	00:01:21	00:14:53	169	9:34	01:32:34.18

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
181	630	Rebecka Isaksson	F	41	Seattle	WA	00:26:56	190	8:40	00:00:53	00:49:39	191	15.0	00:00:43	00:14:38	164	9:25		01:32:47.16
182	765	Bernard Mougel	M	64	San Diego	CA	00:28:23	206	9:07	00:01:21	00:46:28	165	16.0	00:01:03	00:15:37	192	10:03		01:32:49.59
183	556	Heather Shourds	F	40	Daytona Beach	FL	00:29:11	215	9:23	00:02:06	00:46:24	162	16.1	00:01:10	00:14:12	152	9:08		01:33:00.93
184	661	Mike Demello	M	55	Elsobrante	CA	00:28:34	209	9:11	00:01:17	00:45:42	156	16.3	00:01:22	00:16:09	202	10:23		01:33:02.81
185	796	Glenn Quantz	M	60	Soap Lake	WA	00:27:05	191	8:42	00:01:15	00:49:17	189	15.1	00:01:00	00:14:47	167	9:30		01:33:22.51
186	580	Cheryl Hammer	F	53	Valencia	IA	00:26:20	176	8:28	00:01:17	00:50:00	195	14.9	00:01:03	00:14:57	173	9:37		01:33:34.85
187	673	Bill Arnerich	M	72	Solvang	CA	00:26:13	171	8:26	00:00:53	00:49:05	187	15.2	00:00:58	00:16:30	207	10:37		01:33:36.14
188	717	Ozzie Zea	M	53	Long Beach	CA	00:25:20	156	8:08	00:02:21	00:51:52	209	14.4	00:01:28	00:13:00	123	8:21		01:33:57.15
189	509	Mary Rine	F	59	Alva	FL	00:26:51	186	8:38	00:01:43	00:49:10	188	15.2	00:01:29	00:15:06	178	9:42		01:34:16.36
190	593	Tanya Appuhn	F	49	San Juan Capistrano	CA	00:29:46	220	9:34	00:01:22	00:45:45	157	16.3	00:01:11	00:16:18	203	10:29		01:34:19.89
191	517	Jerianne Davis	F	62	Edmond	OK	00:28:10	205	9:03	00:00:52	00:50:04	197	14.9	00:01:07	00:14:57	174	9:37		01:35:08.06
192	521	Amelia Bueche	F	35	Ashland	OR	00:26:39	183	8:34	00:01:39	00:46:54	171	15.9	00:01:59	00:18:03	226	11:36		01:35:11.17
193	761	Everette Smith	M	47	Riviera Beach	FL	00:24:44	145	7:57	00:00:59	00:55:28	234	13.4	00:00:42	00:13:50	144	8:54		01:35:40.74
194	797	Ted Chauvin	M	43	Spokane	WA	00:25:53	166	8:19	00:01:19	00:51:04	206	14.6	00:02:25	00:15:05	177	9:42		01:35:43.43
195	764	Todd Hamilton	M	45	Eugene	OR	00:26:03	168	8:22	00:01:32	00:50:06	198	14.9	00:01:44	00:16:31	208	10:37		01:35:52.97
196	790	Chris Mays	M	58	Portland	OR	00:26:51	187	8:38	00:01:51	00:47:41	182	15.6	00:01:27	00:18:06	228	11:38		01:35:54.36
197	665	Ian Jacobs	M	56	Moorestown	NJ	00:26:41	184	8:35	00:01:29	00:50:47	203	14.7	00:01:36	00:16:02	199	10:19		01:36:31.70
198	625	Emily Becktold	F	28	Baker City	OR	00:27:48	199	8:56	00:01:30	00:50:28	200	14.8	00:01:10	00:15:43	194	10:06		01:36:35.46
199	508	Mandy Miller	F	55	Steamboat Springs	CO	00:27:31	195	8:51	00:01:08	00:52:57	217	14.1	00:00:59	00:14:10	151	9:06		01:36:42.96
200	619	Marlee Rossi	F	29	Dublin	CA	00:26:18	174	8:27	00:01:18	00:52:56	216	14.1	00:01:09	00:15:10	181	9:45		01:36:48.92
201	590	Diane Kerns	F	67	Portland	OR	00:28:03	203	9:01	00:01:29	00:50:04	196	14.9	00:02:03	00:15:23	187	9:53		01:36:58.42
202	774	Douglas Madsen	M	70	Bonanza	OR	00:27:26	192	8:49	00:01:59	00:51:54	210	14.4	00:01:16	00:15:13	183	9:47		01:37:45.27
203	775	Patrick Cross	M	68	Hillsboro	OR	00:29:11	214	9:23	00:01:34	00:50:39	202	14.7	00:01:35	00:15:45	195	10:08		01:38:41.17
204	581	Diana Thome	F	37	Richland	WA	00:29:35	219	9:31	00:01:36	00:48:13	185	15.5	00:01:09	00:18:16	230	11:45		01:38:46.42
205	545	Jerri Halgowich	F	57	Miami	FL	00:28:29	207	9:09	00:01:14	00:52:33	215	14.2	00:00:54	00:15:48	196	10:09		01:38:55.31
206	770	Jed Estep	M	24	Palo Alto	CA	00:27:51	201	8:57	00:01:40	00:47:21	177	15.7	00:01:41	00:19:46	241	12:43	+00:02:00	01:40:16.43
207	591	Debra Vieira	F	48	Vancouver	WA	00:29:13	216	9:23	00:02:03	00:52:10	211	14.3	00:01:30	00:15:24	188	9:54		01:40:17.55
208	778	Roger Herndon	M	69	Portland	OR	00:28:56	212	9:18	00:01:36	00:51:29	207	14.5	00:01:30	00:17:01	213	10:57		01:40:29.40
209	560	Carole Steenson	F	44	Plymouth	MN	00:29:20	217	9:26	00:01:48	00:51:03	205	14.6	00:01:29	00:17:00	212	10:56		01:40:36.99
210	607	Vanessa Galvan	F	24	Reseda	CA	00:23:46	129	7:38	00:01:21	00:58:28	248	12.8	00:01:05	00:14:29	158	9:19	+00:02:00	01:41:06.47
211	743	Dennis Lancaster	M	56	Henderson	NV	00:27:31	194	8:51	00:01:55	00:52:31	214	14.2	00:02:30	00:16:41	209	10:44		01:41:06.49
212	523	Pamela Wilber	F	55	Sacramento	CA	00:30:50	229	9:55	00:01:13	00:49:56	194	14.9	00:01:25	00:18:01	225	11:35		01:41:21.70
213	507	Judi Carbary	F	66	San Diego	CA	00:28:58	213	9:19	00:01:39	00:52:27	213	14.2	00:01:41	00:16:50	211	10:50		01:41:32.42
214	734	William Seiler	M	16	Victoria	TX	00:29:24	218	9:27	00:01:29	00:53:45	224	13.9	00:01:11	00:16:22	204	10:31		01:42:09.07
215	505	Heysoon Lee	F	72	Morristown	NJ	00:32:11	240	10:21	00:01:20	00:50:53	204	14.7	00:01:06	00:17:10	215	11:03		01:42:38.18
216	617	Ofelia Basante	F	35	Miami	FL	00:27:41	197	8:54	00:01:21	00:57:32	243	13.0	00:01:15	00:15:29	191	9:58		01:43:16.63

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time		
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc	Pace
217	621	Allison Couch	F	63	Portland	OR	00:33:31	247	10:47	00:01:59	00:49:53	193	15.0	00:01:31	00:17:14	218	11:05		01:44:06.60
218	565	Tonsa Priceedwards	F	59	Scottsdale	AZ	00:30:34	225	9:50	00:01:34	00:55:19	233	13.5	00:01:36	00:16:26	205	10:34		01:45:27.10
219	611	Nicole F Rodda	F	41	Carmel Valley	CA	00:30:47	228	9:54	00:01:30	00:54:29	230	13.7	00:01:24	00:17:28	219	11:14		01:45:34.92
220	577	Jacqueline Mccook	F	60	Bend	OR	00:29:48	222	9:35	00:01:08	00:57:29	242	13.0	00:00:56	00:16:29	206	10:36		01:45:47.30
221	656	George Nye	M	76	Monterey	CA	00:33:00	244	10:37	00:01:08	00:49:29	190	15.1	00:01:26	00:21:04	254	13:33		01:46:03.29
222	708	Donald Sexton	M	58	Honolulu	HI	00:29:48	221	9:35	00:03:06	00:53:12	219	14.0	00:02:41	00:18:00	224	11:35		01:46:44.65
223	655	Rudy Smith	M	74	Gretna	LA	00:28:41	211	9:13	00:01:37	00:58:48	249	12.7	00:01:42	00:16:03	200	10:19		01:46:47.65
224	510	Sally Almekinders	F	62	Chapel Hill	NC	00:33:18	246	10:42	00:01:26	00:53:07	218	14.0	00:01:37	00:17:29	220	11:15		01:46:54.16
225	595	Jean Mcinerney	F	56	Western Springs	IL	00:31:47	236	10:13	00:01:33	00:53:45	223	13.9	00:01:39	00:18:34	231	11:56		01:47:14.22
226	730	Willie Wilcoxon	M	43	Vancouver	WA	00:30:07	223	9:41	00:01:25	00:53:40	222	13.9	00:01:20	00:18:45	237	12:04	+00:02:00	01:47:14.57
227	613	Janet Richard	F	60	Edmond	OK	00:31:44	235	10:12	00:00:58	00:55:39	235	13.4	00:00:49	00:18:36	235	11:58		01:47:43.41
228	575	Ann Stahel	F	64	Jacksonville	IL	00:31:57	239	10:16	00:01:37	00:56:32	237	13.2	00:01:07	00:17:35	222	11:19		01:48:46.05
229	557	Angie Brown	F	40	Baton Rouge	LA	00:31:48	237	10:14	00:01:29	00:54:26	229	13.7	00:01:14	00:20:11	247	12:59		01:49:05.89
230	699	Steven Springer	M	62	Brunswick	GA	00:31:03	230	9:59	00:01:45	00:56:40	239	13.2	00:01:06	00:18:40	236	12:00		01:49:10.75
231	609	Carlie Block	F	21	Belton	TX	00:31:40	234	10:11	00:01:53	00:54:12	227	13.8	00:01:28	00:20:31	251	13:12		01:49:41.11
232	544	Kimee Armour	F	46	Auburn	IL	00:34:04	249	10:57	00:01:21	00:53:46	225	13.9	00:01:05	00:20:00	244	12:52		01:50:12.36
233	555	Sally Rogers	F	65	West Chester	PA	00:31:16	232	10:03	00:00:58	00:54:59	232	13.6	00:00:45	00:16:46	210	10:47	+00:06:00	01:50:41.25
234	639	Kenneth Fleischhacker	M	80	Littleton	CO	00:33:05	245	10:38	00:02:12	00:53:21	220	14.0	00:01:56	00:20:21	249	13:05		01:50:52.16
235	610	Gail Palin	F	55	Hayward	CA	00:32:15	241	10:22	00:01:51	00:57:44	245	12.9	00:01:35	00:18:07	229	11:39		01:51:28.93
236	757	Douglas Hoelscher	M	78	Golden Valley	MN	00:35:03	254	11:16	00:02:59	00:51:31	208	14.5	00:02:34	00:19:50	242	12:46		01:51:54.91
237	805	Lockett Wood	M	77	Lyons	CO	00:31:49	238	10:14	00:01:46	01:00:39	254	12.3	00:01:11	00:17:11	217	11:03		01:52:33.77
238	598	Anna Mcdowell	F	41	Richland	WA	00:35:29	255	11:24	00:01:37	00:52:16	212	14.3	00:01:43	00:21:52	261	14:04		01:52:54.09
239	738	Sean Wilson	M	37	Baton Rouge	LA	00:34:23	250	11:03	00:01:46	00:54:59	231	13.6	00:01:52	00:20:17	248	13:03		01:53:14.26
240	504	Barb Morgan	F	72	Tioga	PA	00:39:43	264	12:46	00:01:07	00:50:33	201	14.8	00:00:58	00:21:24	257	13:46		01:53:42.21
241	698	Dwayne Appling	M	51	Oklahoma City	OK	00:30:38	226	9:51	00:01:59	00:58:58	250	12.6	00:01:43	00:20:41	252	13:19		01:53:56.95
242	614	Ida Thorbek	F	68	Portland	OR	00:32:25	242	10:25	00:02:30	00:59:05	251	12.6	00:02:06	00:18:04	227	11:37		01:54:07.61
243	547	Jeanne Ruth	F	69	Beaumont	CA	00:35:01	253	11:15	00:01:39	00:56:11	236	13.3	00:01:43	00:20:04	245	12:54		01:54:34.40
244	546	Helen Smith	F	58	Richmond	TX	00:30:25	224	9:47	00:01:23	01:03:44	258	11.7	00:01:21	00:17:43	223	11:23		01:54:34.46
245	646	James Girand	M	79	Palo Alto	CA	00:36:19	259	11:41	00:02:41	00:53:39	221	13.9	00:02:13	00:19:55	243	12:48		01:54:43.44
246	586	Elise Personte	F	22	Webster	NY	00:31:14	231	10:02	00:01:22	01:02:14	256	12.0	00:01:04	00:18:55	238	12:10		01:54:45.44
247	541	Eileen Briening	F	66	Hockessin	DE	00:32:41	243	10:31	00:02:04	00:59:49	253	12.5	00:01:41	00:18:36	234	11:58		01:54:48.75
248	604	Carol Hartley	F	55	Portland	OR	00:37:37	261	12:06	00:01:21	00:57:42	244	12.9	00:01:39	00:17:05	214	10:59		01:55:22.41
249	780	Kirk Rose	M	69	Albany	OR	00:35:58	258	11:34	00:01:33	00:56:39	238	13.2	00:01:21	00:20:10	246	12:59		01:55:39.40
250	804	Jerry Davis	M	77	Las Vegas	NV	00:34:53	252	11:13	00:02:10	00:57:29	241	13.0	00:01:52	00:19:34	240	12:35		01:55:55.17
251	520	Rosalind Jarrett Sepulveda	F	68	Los Angeles	CA	00:33:52	248	10:53	00:00:52	00:59:49	252	12.5	00:00:52	00:18:34	233	11:56	+00:02:00	01:55:57.22
252	592	Emily Shen	F	15	Plano	TX	00:28:09	204	9:03	00:01:10	01:10:32	267	10.6	00:00:44	00:17:10	216	11:03		01:57:42.54

USAT Duathlon National Championship

June 25, 2016

Overall Results

Note: Penalty list at end of results

Sprint

Place	No.	Name	S	Age	City	St.	----- RUN -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	Pace	T1	Time	Plc	Mph	T2	Time			Plc
253	601	Kimberly Harris	F	50	Clinton	MD	00:35:29	256	11:25	00:01:49	00:57:02	240	13.1	00:02:27	00:21:03	253	13:32	01:57:48.09
254	606	Heidi Schmidt	F	33	Mesa	AZ	00:31:32	233	10:08	00:02:27	01:04:23	259	11.6	00:02:55	00:20:24	250	13:07	02:01:38.20
255	640	Lew Hollander	M	86	Redmond	OR	00:40:19	266	12:58	00:02:08	00:54:11	226	13.8	00:01:53	00:24:05	264	15:30	02:02:34.23
256	647	Dick Morgan	M	74	Tioga	PA	00:41:00	268	13:11	00:00:51	00:54:13	228	13.8	00:01:22	00:26:36	269	17:07	02:03:58.30
257	616	Mary Crouse	F	68	Portland	OR	00:39:57	265	12:51	00:05:06	00:57:55	246	12.9	00:02:03	00:19:34	239	12:35	02:04:32.09
258	773	Michael Schmidt	M	32	Mesa	AZ	00:30:45	227	9:53	00:01:30	01:12:01	268	10.4	00:01:51	00:18:34	232	11:56	02:04:38.07
259	503	Madonna Buder	F	86	Spokane	WA	00:41:52	270	13:28	00:01:36	00:58:10	247	12.8	00:01:16	00:22:42	262	14:36	02:05:33.87
260	733	Ron Dockery	M	67	Mahtomedi	MN	00:37:19	260	12:00	00:02:24	01:03:00	257	11.8	00:02:13	00:21:31	259	13:51	02:06:24.71
261	602	Sara Harris	F	26	Clinton	MD	00:35:37	257	11:27	00:01:39	01:06:47	261	11.2	00:01:16	00:21:18	255	13:42	02:06:33.48
262	584	Christina Ullman	F	45	Graysville	OH	00:39:12	263	12:36	00:02:56	01:01:41	255	12.1	00:02:58	00:24:07	265	15:31	02:10:50.51
263	694	David Zwick	M	77	Somerset	KY	00:34:52	251	11:13	00:02:17	01:08:08	263	10.9	00:02:48	00:23:21	263	15:02	02:11:24.13
264	569	Carol Moore	F	71	Portland	OR	00:38:27	262	12:22	00:01:56	01:08:49	264	10.8	00:01:40	00:21:28	258	13:48	02:12:17.51
265	534	Susan Roberts	F	71	Crescent City	CA	00:40:24	267	12:59	00:01:47	01:09:39	265	10.7	00:01:31	00:21:48	260	14:01	02:15:06.29
266	683	Wayne Fong	M	84	Chatsworth	CA	00:41:35	269	13:22	00:02:01	01:10:30	266	10.6	00:01:14	00:21:20	256	13:43	02:16:37.19
267	749	Chuck Wissinger	M	70	Boulder	CO	00:43:26	271	13:58	00:02:00	01:06:51	262	11.2	00:02:16	00:24:35	267	15:49	02:19:06.15
268	682	Harold L Hering	M	80	Indianapolis	IN	00:43:52	272	14:06	00:03:48	01:04:57	260	11.5	00:03:30	00:24:19	266	15:39	02:20:23.06
269	636	Edward Maruna	M	88	Arvada	CO	00:45:13	273	14:33	00:02:39	01:15:29	270	9.9	00:04:09	00:29:26	270	18:56	02:36:53.60
270	597	Sridevi Parise	F	38	Sunnyvale	CA	00:46:31	274	14:58	00:01:54	01:24:37	271	8.8	00:01:39	00:25:16	268	16:15	02:39:54.70
271	524	Margaret Bomberg	F	79	Chico	CA	00:54:28	276	17:31	00:02:28	01:12:01	269	10.4	00:02:38	00:30:02	271	19:20	02:41:34.13
272	638	Steven Jonas	M	80	East Setauket	NY	00:54:09	275	17:25	00:04:53	01:25:19	272	8.7	00:05:06	00:30:59	272	19:56	03:00:23.59

USAT Duathlon National Championship

June 25, 2016

Did Not Finish or Disqualified

Sprint

Reason	No.	Name	Gender	Age	City	St.	----- RUN -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	Plc		Time	Plc	Mph		Time	Plc	Pace		
STD	676	Jared Eytcheson	Male	17	Cary	NC	00:21:07	64	6:47	00:00:51									
STD	739	Caleb Cobbs	Male	16	Zearing	IA	00:19:06	18	6:08	00:00:42									
STD	793	Benjamin Drucker	Male	47	Portland	OR	00:22:42	110	7:18	00:01:18									
STD	786	James Noonan	Male	70	Vancouver	WA	00:24:51	146	7:59	00:01:22	01:52:45	273	6.6						
DNF	629	Sydney Le Cras	Female	21	Mooreville	NC	00:24:25		7:51										
DQ	515	Miriam Raviv	Female	66	Austin	TX	00:54:27		17:31	00:02:15	01:04:58		11.5	00:03:36	00:36:30		23:30	02:41:44	

HEAD REFEREE'S REPORT

RACE: USA Triathlon Duathlon Nationals - Sprint Distance
DATE: June 25, 2016
LOCATION: Bend, Oregon
RACE DIRECTOR: Matt Reger
HEAD REFEREE: J. Ritterbeck
EMAIL: jritterbeck@yahoo.com



RACE NUMBER	RULE VIOLATED	PENALTY
520	3.4c - Obstruction	2:00
555	3.4a - Entire Course x 2	6:00
573	5.10f - Position	2:00
607	3.4d Unauthorized Assistance - Run	2:00
691	5.10f - Position	2:00
730	5.10f - Position	2:00
750	5.10f - Position	2:00
770	5.10f - Position	2:00
777	5.10f - Position	2:00

Signature of Head Referee

Signature of Timer

6/25/2016 9:19 PM