

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	259/272	117/123	503	Madonna Buder	86	F	Spokane	WA	00:41:51.72	00:58:09.06	00:22:41.93		02:05:33.87

### Male Ages 85+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	255/272	140/149	640	Lew Hollander	86	M	Redmond	OR	00:40:18.06	00:54:10.58	00:24:04.91		02:02:34.23
2	269/272	148/149	636	Edward Maruna	88	M	Arvada	CO	00:45:12.88	01:15:28.54	00:29:25.07		02:36:53.60

### Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	234/272	132/149	639	Kenneth Fleischhacker	80	M	Littleton	CO	00:33:04.17	00:53:20.37	00:20:20.43		01:50:52.16
2	266/272	145/149	683	Wayne Fong	84	M	Chatsworth	CA	00:41:34.47	01:10:29.80	00:21:19.61		02:16:37.19
3	268/272	147/149	682	Harold L Hering	80	M	Indianapolis	IN	00:43:51.60	01:04:56.06	00:24:18.29		02:20:23.06
4	272/272	149/149	638	Steven Jonas	80	M	East Setauket	NY	00:54:08.38	01:25:18.11	00:30:58.76		03:00:23.59

### Female Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	271/272	123/123	524	Margaret Bomberg	79	F	Chico	CA	00:54:27.07	01:12:00.32	00:30:01.74		02:41:34.13

### Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	221/272	127/149	656	George Nye	76	M	Monterey	CA	00:32:59.30	00:49:28.60	00:21:03.16		01:46:03.29
2	236/272	133/149	757	Douglas Hoelscher	78	M	Golden Valley	MN	00:35:02.40	00:51:30.12	00:19:49.95		01:51:54.91
3	237/272	134/149	805	Lockett Wood	77	M	Lyons	CO	00:31:48.77	01:00:38.72	00:17:10.29		01:52:33.77
4	245/272	137/149	646	James Girand	79	M	Palo Alto	CA	00:36:18.65	00:53:38.02	00:19:54.22		01:54:43.44
5	250/272	139/149	804	Jerry Davis	77	M	Las Vegas	NV	00:34:52.68	00:57:28.15	00:19:33.44		01:55:55.17
6	263/272	144/149	694	David Zwick	77	M	Somerset	KY	00:34:51.93	01:08:07.13	00:23:20.81		02:11:24.13

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	215/272	89/123	505	Heysoon Lee	72	F	Morristown	NJ	00:32:10.62	00:50:52.91	00:17:09.86		01:42:38.18
2	240/272	105/123	504	Barb Morgan	72	F	Tioga	PA	00:39:42.07	00:50:32.85	00:21:23.91		01:53:42.21
3	264/272	120/123	569	Carol Moore	71	F	Portland	OR	00:38:26.91	01:08:48.35	00:21:27.26		02:12:17.51
4	265/272	121/123	534	Susan Roberts	71	F	Crescent City	CA	00:40:23.32	01:09:38.81	00:21:47.08		02:15:06.29

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	135/272	92/149	651	Mike Mccarty	71	M	New Bedford	MA	00:26:30.52	00:41:52.06	00:13:50.21		01:23:45.52
2	158/272	104/149	667	Joseph Gulaskey	72	M	Lebanon	OR	00:26:53.83	00:44:28.31	00:14:21.45		01:27:30.49
3	187/272	114/149	673	Bill Arnerich	72	M	Solvang	CA	00:26:12.94	00:49:04.06	00:16:29.68		01:33:36.14
4	202/272	121/149	774	Douglas Madsen	70	M	Bonanza	OR	00:27:25.40	00:51:53.31	00:15:12.04		01:37:45.27
5	223/272	129/149	655	Rudy Smith	74	M	Gretna	LA	00:28:40.41	00:58:47.19	00:16:02.79		01:46:47.65
6	256/272	141/149	647	Dick Morgan	74	M	Tioga	PA	00:40:59.08	00:54:12.03	00:26:35.16		02:03:58.30
7	267/272	146/149	749	Chuck Wissinger	70	M	Boulder	CO	00:43:25.21	01:06:50.90	00:24:34.16		02:19:06.15

### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	140/272	47/123	567	Sharon Gerl	68	F	Springfield	OR	00:23:50.28	00:45:26.58	00:12:53.34		01:24:23.75
2	176/272	67/123	501	Kathleen Hanley	66	F	Tucson	AZ	00:27:48.10	00:46:41.06	00:14:56.36		01:31:37.34
3	201/272	81/123	590	Diane Kerns	67	F	Portland	OR	00:28:02.14	00:50:03.19	00:15:22.24		01:36:58.42
4	213/272	88/123	507	Judi Carbary	66	F	San Diego	CA	00:28:57.18	00:52:26.23	00:16:49.61		01:41:32.42
5	233/272	102/123	555	Sally Rogers	65	F	West Chester	PA	00:31:15.28	00:54:58.53	00:16:45.31	+00:06:00	01:50:41.25
6	242/272	106/123	614	Ida Thorbek	68	F	Portland	OR	00:32:24.88	00:59:04.62	00:18:03.16		01:54:07.61
7	243/272	107/123	547	Jeanne Ruth	69	F	Beaumont	CA	00:35:00.30	00:56:10.19	00:20:03.14		01:54:34.40
8	247/272	110/123	541	Eileen Briening	66	F	Hockessin	DE	00:32:40.92	00:59:48.34	00:18:35.45		01:54:48.75
9	251/272	112/123	520	Rosalind Jarrett Sepulveda	68	F	Los Angeles	CA	00:33:51.96	00:59:48.31	00:18:33.44	+00:02:00	01:55:57.22
10	257/272	116/123	616	Mary Crouse	68	F	Portland	OR	00:39:56.75	00:57:54.48	00:19:33.05		02:04:32.09

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	86/272	61/149	756	Jeanpierre Bacle	66	M	Alexandria	VA	00:21:52.98	00:39:35.39	00:12:33.61		01:16:41.52
2	98/272	69/149	747	Lee Sobchak	67	M	Boise	ID	00:24:03.44	00:38:41.31	00:12:56.40		01:17:34.69
3	118/272	82/149	741	Steve Collins	68	M	Olympia	WA	00:23:39.72	00:42:12.64	00:12:58.23		01:20:48.18
4	126/272	86/149	798	Rod Thompson	68	M	Bend	OR	00:22:16.43	00:44:33.85	00:12:47.33		01:22:11.40
5	148/272	97/149	769	Ben Brown	67	M	Klamath Falls	OR	00:26:19.39	00:42:51.02	00:14:33.71		01:25:26.65
6	159/272	105/149	670	Larry Feigenbaum	69	M	San Ramon	CA	00:24:28.67	00:47:03.44	00:13:17.42		01:27:33.67
7	161/272	106/149	727	Tim Johnson	65	M	Portland	OR	00:25:35.93	00:44:51.10	00:14:37.79		01:27:43.11
8	203/272	122/149	775	Patrick Cross	68	M	Hillsboro	OR	00:29:10.33	00:50:38.33	00:15:44.90		01:38:41.17
9	208/272	124/149	778	Roger Herndon	69	M	Portland	OR	00:28:55.26	00:51:28.68	00:17:00.51		01:40:29.40
10	249/272	138/149	780	Kirk Rose	69	M	Albany	OR	00:35:57.90	00:56:38.80	00:20:09.85		01:55:39.40
11	260/272	143/149	733	Ron Dockery	67	M	Mahtomedi	MN	00:37:18.17	01:02:59.62	00:21:30.75		02:06:24.71

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	147/272	51/123	536	Patricia Driscoll	61	F	Stowe	VT	00:25:56.67	00:43:47.42	00:13:49.72		01:25:24.42
2	180/272	70/123	553	Gloria Califf	63	F	Redmond	WA	00:28:31.61	00:46:26.99	00:14:52.83		01:32:34.18
3	191/272	76/123	517	Jerianne Davis	62	F	Edmond	OK	00:28:09.14	00:50:03.51	00:14:56.84		01:35:08.06
4	217/272	91/123	621	Allison Couch	63	F	Portland	OR	00:33:30.73	00:49:52.02	00:17:13.89		01:44:06.60
5	220/272	94/123	577	Jacqueline Mccook	60	F	Bend	OR	00:29:47.94	00:57:28.15	00:16:28.24		01:45:47.30
6	224/272	95/123	510	Sally Almekinders	62	F	Chapel Hill	NC	00:33:17.42	00:53:06.21	00:17:28.81		01:46:54.16
7	227/272	97/123	613	Janet Richard	60	F	Edmond	OK	00:31:43.70	00:55:38.19	00:18:35.51		01:47:43.41
8	228/272	98/123	575	Ann Stahel	64	F	Jacksonville	IL	00:31:56.46	00:56:31.42	00:17:34.66		01:48:46.05

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	59/272	49/149	641	Russ Jones	61	M	San Juan Capistrano	CA	00:22:40.71	00:37:56.83	00:11:34.76		01:13:43.22
2	68/272	55/149	702	David Morrow	63	M	Tarpon Springs	FL	00:21:38.19	00:39:12.40	00:11:56.86		01:14:27.15
3	92/272	64/149	649	Timothy Armstrong	60	M	Muscataine	IA	00:21:38.76	00:40:57.39	00:12:12.50		01:17:11.88
4	101/272	71/149	728	Phil Anderson	64	M	Portland	OR	00:22:21.32	00:41:03.57	00:12:22.00		01:17:58.33
5	104/272	73/149	692	Les Shibata	61	M	Poway	CA	00:21:28.35	00:44:31.60	00:11:29.39		01:18:48.06
6	111/272	77/149	745	Scott Kessler	62	M	Lake Oswego	OR	00:24:04.05	00:40:20.31	00:13:09.24		01:19:51.31
7	130/272	88/149	716	Adam Nisson	61	M	Ipswich	MA	00:23:00.65	00:46:01.95	00:12:04.97		01:23:21.00
8	139/272	93/149	688	Mike Lies	63	M	Lawrenceburg	IN	00:23:20.98	00:46:28.97	00:12:43.44		01:24:21.73
9	146/272	96/149	722	Kevin Sperl	63	M	Bend	OR	00:26:12.70	00:41:46.82	00:14:36.49		01:25:24.24
10	154/272	101/149	687	Charles Szentesi	64	M	San Diego	CA	00:25:34.52	00:42:50.34	00:15:48.49		01:26:57.15
11	156/272	102/149	800	Scott Endsley	62	M	San Diego	CA	00:28:37.12	00:40:56.80	00:15:17.31		01:27:19.43
12	170/272	109/149	72	George Van Meter Jr	61	M	Lexington	KY	00:25:22.80	00:47:58.88	00:13:55.61		01:29:25.94
13	182/272	111/149	765	Bernard Mougel	64	M	San Diego	CA	00:28:22.57	00:46:27.49	00:15:36.64		01:32:49.59
14	185/272	113/149	796	Glenn Quantz	60	M	Soap Lake	WA	00:27:04.76	00:49:16.94	00:14:46.61		01:33:22.51
15	230/272	131/149	699	Steven Springer	62	M	Brunswick	GA	00:31:02.08	00:56:39.28	00:18:39.05		01:49:10.75

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	75/272	18/123	550	Valerie Eipper	56	F	Longmont	CO	00:21:31.12	00:40:23.38	00:11:37.43		01:15:12.88
2	88/272	27/123	511	Kristin Allyne	56	F	Chapel Hill	NC	00:22:34.58	00:39:41.32	00:12:52.99		01:16:51.40
3	163/272	57/123	572	Gail Waldman	58	F	Vienna	VA	00:27:34.93	00:42:33.05	00:15:00.12		01:28:03.93
4	167/272	60/123	502	Tonya Armstrong	55	F	Muscataine	IA	00:27:26.94	00:44:47.70	00:14:36.18		01:28:55.59
5	169/272	61/123	526	Lore Friend	59	F	Tacoma	WA	00:25:20.93	00:48:20.81	00:13:54.38		01:29:25.60
6	177/272	68/123	538	Alveratta Petta	58	F	Fountain Hills	AZ	00:27:45.18	00:44:58.38	00:15:40.37		01:32:14.67
7	189/272	74/123	509	Mary Rine	59	F	Alva	FL	00:26:50.45	00:49:09.80	00:15:05.12		01:34:16.36
8	199/272	79/123	508	Mandy Miller	55	F	Steamboat Springs	CO	00:27:30.69	00:52:56.11	00:14:09.35		01:36:42.96
9	205/272	83/123	545	Jerri Halgowich	57	F	Miami	FL	00:28:28.06	00:52:32.97	00:15:47.07		01:38:55.31
10	212/272	87/123	523	Pamela Wilber	55	F	Sacramento	CA	00:30:49.97	00:49:55.16	00:18:00.28		01:41:21.70
11	218/272	92/123	565	Tonsa Priceedwards	59	F	Scottsdale	AZ	00:30:33.41	00:55:18.84	00:16:25.55		01:45:27.10
12	225/272	96/123	595	Jean Mcinerney	56	F	Western Springs	IL	00:31:46.21	00:53:44.34	00:18:33.06		01:47:14.22
13	235/272	103/123	610	Gail Palin	55	F	Hayward	CA	00:32:14.45	00:57:43.09	00:18:06.61		01:51:28.93
14	244/272	108/123	546	Helen Smith	58	F	Richmond	TX	00:30:24.89	01:03:43.93	00:17:42.11		01:54:34.46
15	248/272	111/123	604	Carol Hartley	55	F	Portland	OR	00:37:36.89	00:57:41.17	00:17:04.91		01:55:22.41

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	7/272	7/149	751	Kerry Farrell	56	M	Auburn	WA	00:19:32.02	00:33:23.18	00:10:32.87		01:05:07.04
2	11/272	11/149	650	Derek Hager	55	M	Minneapolis	MN	00:19:59.95	00:33:35.19	00:10:59.53		01:05:48.72
3	22/272	22/149	753	Rick Cordes	56	M	Alamo	CA	00:20:01.69	00:36:06.69	00:10:34.33		01:07:54.16
4	33/272	30/149	662	Jeff Dorrill	55	M	Dallas	TX	00:20:07.11	00:37:34.07	00:10:12.88		01:09:37.70
5	55/272	46/149	668	Dave Campbell	59	M	Auburn	CA	00:20:28.12	00:40:01.64	00:10:48.80		01:13:01.28
6	63/272	52/149	645	Louis Almekinders	59	M	Chapel Hill	NC	00:20:53.96	00:40:01.49	00:11:24.14		01:14:01.19
7	81/272	60/149	652	John Waguespack	58	M	Destrehan	LA	00:22:12.06	00:39:51.15	00:11:56.00		01:15:51.56
8	90/272	62/149	654	Ernie Janelle	59	M	Atlanta	GA	00:21:04.16	00:42:51.55	00:10:42.87		01:16:56.70
9	91/272	63/149	644	David Lasorsa	59	M	Port Angeles	WA	00:23:23.80	00:39:36.94	00:12:22.65		01:16:59.48
10	93/272	65/149	642	Douglas Landau	56	M	Oak Hill	VA	00:22:22.23	00:39:44.51	00:13:34.10		01:17:15.06
11	99/272	70/149	635	Dean Maruna	57	M	Erie	CO	00:22:26.75	00:39:59.08	00:14:22.68		01:17:47.11
12	112/272	78/149	686	Mark Achenbach	59	M	Terre Haute	IN	00:21:54.73	00:42:38.65	00:12:06.63		01:19:56.49
13	113/272	79/149	689	Jon Brusherd	55	M	Battlefield	MO	00:24:18.06	00:40:01.79	00:13:23.95		01:20:22.94
14	119/272	83/149	643	Steven Wade	58	M	Burlington	WA	00:24:55.87	00:40:15.37	00:13:39.56		01:21:02.65
15	123/272	85/149	657	Tony Sako	57	M	West Richland	WA	00:26:17.15	00:38:08.40	00:14:55.03		01:21:34.57
16	132/272	89/149	711	Anthony Benedict	59	M	Fort Lauderdale	FL	00:22:02.21	00:46:27.71	00:13:33.75		01:23:23.73
17	149/272	98/149	782	Earl Shetler	56	M	Box Elder	MT	00:25:16.98	00:40:03.53	00:17:32.72		01:25:51.48
18	151/272	99/149	762	David Harding	56	M	Lake Oswego	OR	00:21:45.02	00:47:26.65	00:13:39.66		01:26:06.59
19	152/272	100/149	671	Lamar Sepulveda	59	M	Los Angeles	IA	00:25:27.97	00:44:37.81	00:14:39.95		01:26:06.68
20	179/272	110/149	772	Ricky Gray	55	M	Clackamas	OR	00:26:51.70	00:47:21.88	00:16:03.78		01:32:26.60
21	184/272	112/149	661	Mike Demello	55	M	Elsobrante	CA	00:28:33.79	00:45:41.76	00:16:08.69		01:33:02.81
22	196/272	119/149	790	Chris Mays	58	M	Portland	OR	00:26:50.83	00:47:40.93	00:18:05.32		01:35:54.36
23	197/272	120/149	665	Ian Jacobs	56	M	Moorestown	NJ	00:26:40.26	00:50:46.31	00:16:01.49		01:36:31.70
24	211/272	125/149	743	Dennis Lancaster	56	M	Henderson	NV	00:27:30.50	00:52:30.78	00:16:40.76		01:41:06.49
25	222/272	128/149	708	Donald Sexton	58	M	Honolulu	HI	00:29:47.67	00:53:11.84	00:17:59.61		01:46:44.65

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	65/272	13/123	579	Jodie Bolt	53	F	Lakewood	WA	00:21:59.09	00:37:31.64	00:12:13.29		01:14:09.06
2	89/272	28/123	537	Jeanne Fleck	51	F	Proctor	MN	00:23:15.37	00:39:45.81	00:12:14.86		01:16:54.96
3	103/272	31/123	540	Geraldine Lupini	53	F	Milford	MI	00:23:59.21	00:39:35.97	00:13:22.57		01:18:38.42
4	105/272	32/123	626	Carolyn Daubeny	52	F	Bend	OR	00:24:52.43	00:39:15.67	00:12:57.72		01:18:56.19
5	120/272	37/123	627	Wendy Endsley	52	F	San Diego	CA	00:24:07.70	00:41:20.94	00:13:13.49		01:21:06.41
6	136/272	44/123	543	Janet Jarvits	50	F	Pasadena	CA	00:22:04.52	00:47:50.28	00:12:27.26		01:23:51.89
7	138/272	46/123	578	Patricia Dechow	52	F	Berkeley	CA	00:24:16.59	00:44:25.81	00:13:01.20		01:24:19.59
8	150/272	52/123	568	Zetta Armbruster	52	F	Rio Verde	AZ	00:25:05.60	00:44:55.87	00:14:12.81		01:25:52.46
9	153/272	53/123	576	Maday Lines	53	F	Murfreesboro	TN	00:22:01.27	00:50:07.93	00:12:18.07		01:26:11.88
10	173/272	64/123	600	Sheila Parker	51	F	Rancho Palos Verdes	CA	00:26:49.16	00:47:08.99	00:14:58.19		01:30:47.14
11	186/272	73/123	580	Cheryl Hammer	53	F	Valencia	IA	00:26:19.69	00:49:59.41	00:14:56.75		01:33:34.85
12	253/272	114/123	601	Kimberly Harris	50	F	Clinton	MD	00:35:28.68	00:57:01.93	00:21:02.18		01:57:48.09

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	12/272	12/149	726	Fred Bunn	52	M	East Grand Rapids	MI	00:18:20.72	00:36:15.30	00:09:45.94		01:06:03.88
2	13/272	13/149	666	David Dixon	50	M	Wilmington	DE	00:19:42.35	00:35:04.34	00:10:20.53		01:06:31.48
3	15/272	15/149	783	Shane Thread	53	M	Evansville	IN	00:19:24.27	00:35:25.02	00:10:35.73		01:06:43.84
4	20/272	20/149	732	Richard Sloan	52	M	Berkeley	CA	00:19:45.09	00:35:34.39	00:10:41.53		01:07:37.36
5	24/272	24/149	706	Ryan Mongan	50	M	Orange	CA	00:19:53.18	00:36:04.28	00:10:50.85		01:08:11.46
6	26/272	25/149	690	Derrill Stepp	54	M	Sunnyvale	CA	00:20:19.22	00:35:22.00	00:11:13.65		01:08:35.22
7	32/272	29/149	674	Sean Campbell	50	M	Klamath Falls	OR	00:21:15.07	00:34:59.01	00:11:32.88		01:09:26.18
8	45/272	39/149	735	Frank Silva	51	M	Cocoa	FL	00:20:12.85	00:39:04.26	00:11:14.64		01:12:06.70
9	51/272	43/149	658	Robbie Allen	51	M	Point Mugu	CA	00:19:29.63	00:40:10.92	00:10:59.95		01:12:38.20
10	62/272	51/149	678	William Relyea	52	M	New Braunfels	TX	00:21:30.23	00:39:22.30	00:11:43.50		01:13:54.45
11	66/272	53/149	653	Martin Feeney	54	M	Medway	MA	00:20:45.83	00:40:31.46	00:11:01.49		01:14:09.54
12	71/272	56/149	707	Mike Balestreri	53	M	El Sobrante	CA	00:22:48.58	00:37:55.36	00:12:12.76		01:14:46.33
13	95/272	67/149	781	Greg Kempthorn	50	M	Lake Oswego	OR	00:21:54.77	00:40:18.49	00:12:58.20		01:17:19.69
14	102/272	72/149	748	Paul Burns	51	M	Fort Collins	CO	00:22:25.26	00:39:55.90	00:13:54.26		01:18:22.17
15	106/272	74/149	742	John Slater	54	M	Mukilteo	WA	00:22:32.50	00:41:37.46	00:12:33.38		01:18:59.75
16	110/272	76/149	791	James Dunn	50	M	Portland	OR	00:21:55.04	00:43:20.08	00:12:19.62		01:19:46.44
17	117/272	81/149	801	Kevin Elmore	54	M	Murrieta	CA	00:23:21.66	00:41:37.01	00:13:12.25		01:20:40.39
18	142/272	94/149	684	Tony Pennington	50	M	Manchester	TN	00:25:44.58	00:41:52.51	00:15:10.87		01:24:57.46
19	188/272	115/149	717	Ozzie Zea	53	M	Long Beach	CA	00:25:19.14	00:51:51.44	00:12:59.34		01:33:57.15
20	241/272	136/149	698	Dwayne Appling	51	M	Oklahoma City	OK	00:30:37.19	00:58:57.55	00:20:40.98		01:53:56.95



# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	49/272	8/123	525	Christine Quantz	48	F	Soap Lake	WA	00:20:13.87	00:39:42.11	00:10:43.13		01:12:33.82
2	70/272	15/123	532	Sara Cannon	47	F	Portland	OR	00:22:28.20	00:38:29.33	00:11:58.07		01:14:28.79
3	74/272	17/123	599	Juliet Hochman	49	F	Portland	OR	00:22:50.91	00:39:11.69	00:11:28.78		01:15:01.89
4	82/272	22/123	589	Manuela Knispel	45	F	Shorewood	MN	00:21:30.77	00:40:46.88	00:11:48.09		01:16:18.33
5	107/272	33/123	522	Lara Ray	47	F	Camarillo	CA	00:23:04.06	00:41:03.33	00:12:51.62		01:19:01.94
6	131/272	43/123	518	Leslie Randall	47	F	Royersford	PA	00:24:48.85	00:43:29.20	00:13:03.62		01:23:21.19
7	143/272	49/123	506	Julie Logan	45	F	Wheaton	IL	00:26:16.43	00:42:20.64	00:13:56.67		01:25:11.99
8	160/272	55/123	533	Anu Campbell	47	F	Klamath Falls	OR	00:24:52.59	00:47:25.10	00:13:31.17		01:27:41.72
9	171/272	62/123	514	Diana Garbarino	49	F	Campbell	CA	00:27:59.68	00:45:50.43	00:15:06.86		01:30:33.16
10	174/272	65/123	618	Tracy Arnold	45	F	Portland	OR	00:26:20.38	00:47:31.04	00:14:29.42		01:31:06.20
11	175/272	66/123	603	Michelle Musia	45	F	Enterprise	OR	00:26:26.57	00:46:40.37	00:15:56.84		01:31:20.59
12	178/272	69/123	594	Noelle Blaisdell	45	F	South Jordan	UT	00:25:50.13	00:49:51.93	00:14:34.65		01:32:26.08
13	190/272	75/123	593	Tanya Appuhn	49	F	San Juan Capistrano	CA	00:29:45.58	00:45:44.19	00:16:17.43		01:34:19.89
14	207/272	84/123	591	Debra Vieira	48	F	Vancouver	WA	00:29:12.23	00:52:09.35	00:15:23.16		01:40:17.55
15	232/272	101/123	544	Kimee Armour	46	F	Auburn	IL	00:34:03.39	00:53:45.21	00:19:59.11		01:50:12.36
16	262/272	119/123	584	Christina Ullman	45	F	Graysville	OH	00:39:11.05	01:01:40.78	00:24:06.34		02:10:50.51

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	5/272	5/149	693	Thomas Woods	45	M	Lincoln	NE	00:18:30.61	00:34:25.41	00:10:16.87		01:04:28.92
2	17/272	17/149	663	Joe English	46	M	Hillsboro	OR	00:18:52.28	00:35:34.91	00:10:34.73		01:07:07.88
3	18/272	18/149	710	Michael Rushton	47	M	Baker City	OR	00:20:40.43	00:33:59.18	00:11:21.84		01:07:30.15
4	30/272	27/149	744	Pete Rainey	49	M	Minneapolis	MN	00:20:21.79	00:35:04.12	00:11:05.57		01:08:49.14
5	40/272	36/149	750	William Bentz	48	M	Lancaster	CA	00:19:49.25	00:36:49.43	00:10:44.38	+00:02:00	01:10:44.24
6	56/272	47/149	705	Jim Bourdages	48	M	Huntington Beach	CA	00:20:37.81	00:38:45.26	00:12:15.50		01:13:19.11
7	67/272	54/149	737	Louis Brooks	46	M	Bloomsbury	NJ	00:23:17.56	00:36:54.66	00:11:54.45		01:14:13.57
8	78/272	58/149	763	Timothy J Barry	49	M	Lafayette	LA	00:21:35.02	00:40:28.32	00:11:24.59		01:15:37.36
9	79/272	59/149	746	Matt Brewer	45	M	Altadena	CA	00:23:07.33	00:38:44.94	00:12:17.45		01:15:40.24
10	157/272	103/149	704	Robert Woods	49	M	Stafford	VA	00:24:41.86	00:44:55.84	00:15:25.04		01:27:21.83
11	193/272	116/149	761	Everette Smith	47	M	Riviera Beach	FL	00:24:43.41	00:55:27.19	00:13:49.71		01:35:40.74
12	195/272	118/149	764	Todd Hamilton	45	M	Eugene	OR	00:26:02.48	00:50:05.50	00:16:30.12		01:35:52.97

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	25/272	1/123	620	Sarah Barber	40	F	Boise	ID	00:20:29.18	00:34:55.36	00:11:05.89		01:08:31.02
2	43/272	6/123	512	Celia Dubey	44	F	Tarpon Springs	FL	00:21:38.34	00:37:07.68	00:11:18.69		01:11:17.75
3	84/272	24/123	539	Jamie Martens	40	F	Mission	KS	00:21:34.98	00:41:16.63	00:11:47.40		01:16:19.66
4	100/272	30/123	554	Ericka Luckel	44	F	Bend	OR	00:22:54.02	00:40:22.50	00:12:45.23		01:17:50.28
5	114/272	35/123	573	Jennifer Borie	40	F	Laguna Niguel	CA	00:21:47.02	00:42:12.55	00:12:35.62	+00:02:00	01:20:31.40
6	122/272	38/123	585	Maya Bryson	41	F	San Diego	CA	00:23:17.03	00:43:45.01	00:12:33.81		01:21:30.65
7	125/272	40/123	622	Heather Knapp	43	F	Gladstone	OR	00:22:20.96	00:43:37.57	00:12:55.06		01:22:09.40
8	145/272	50/123	587	Caroline Brady	41	F	Staten Island	NY	00:23:06.18	00:47:06.18	00:13:03.30		01:25:21.20
9	162/272	56/123	561	Rachael Cummins	41	F	Duluth	MN	00:26:35.28	00:44:42.59	00:14:12.42		01:28:03.72
10	181/272	71/123	630	Rebecka Isaksson	41	F	Seattle	WA	00:26:55.86	00:49:38.36	00:14:37.72		01:32:47.16
11	183/272	72/123	556	Heather Shourds	40	F	Daytona Beach	FL	00:29:10.33	00:46:23.30	00:14:11.50		01:33:00.93
12	209/272	85/123	560	Carole Steenson	44	F	Plymouth	MN	00:29:19.31	00:51:02.48	00:16:59.12		01:40:36.99
13	219/272	93/123	611	Nicole F Rodda	41	F	Carmel Valley	CA	00:30:46.12	00:54:28.18	00:17:27.65		01:45:34.92
14	229/272	99/123	557	Angie Brown	40	F	Baton Rouge	LA	00:31:47.78	00:54:25.12	00:20:10.84		01:49:05.89
15	238/272	104/123	598	Anna Mcdowell	41	F	Richland	WA	00:35:28.02	00:52:15.39	00:21:51.94		01:52:54.09

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	3/272	3/149	669	Brian Schur	43	M	Kennewick	WA	00:18:09.48	00:34:10.79	00:10:03.04		01:03:42.24
2	14/272	14/149	679	Mike Buenting	42	M	Chanhassen	MN	00:19:00.63	00:35:42.65	00:10:17.90		01:06:37.33
3	21/272	21/149	776	Justin Cummins	41	M	Duluth	MN	00:19:01.04	00:36:27.10	00:10:06.95		01:07:41.28
4	34/272	31/149	806	Shannon Horn	42	M	Post Falls	IA	00:19:26.56	00:37:33.03	00:11:17.88		01:09:50.48
5	38/272	34/149	724	Mike Scannell	40	M	New Boston	MI	00:21:39.42	00:35:23.42	00:11:59.12		01:10:31.18
6	39/272	35/149	758	Jonathan Lee	43	M	Santa Rosa	CA	00:22:25.60	00:34:17.14	00:11:51.53		01:10:35.58
7	48/272	41/149	752	Matt Mccoy	40	M	Minneapolis	MN	00:19:46.99	00:39:54.68	00:10:35.37		01:12:16.26
8	58/272	48/149	714	Nathan Sylves	40	M	Hockessin	DE	00:20:20.96	00:40:05.23	00:11:10.74		01:13:41.83
9	73/272	57/149	754	Darcy Mccarty	40	M	Walnut Creek	CA	00:22:20.36	00:38:49.38	00:12:04.35		01:14:51.92
10	128/272	87/149	789	Paul Thompson	43	M	Edmonds	WA	00:25:38.54	00:40:40.14	00:14:21.12		01:22:51.27
11	194/272	117/149	797	Ted Chauvin	43	M	Spokane	WA	00:25:52.96	00:51:03.03	00:15:04.66		01:35:43.43
12	226/272	130/149	730	Willie Wilcoxon	43	M	Vancouver	WA	00:30:06.35	00:53:39.19	00:18:44.96	+00:02:00	01:47:14.57

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	29/272	3/123	513	Kirsten Sass	37	F	Mckenzie	TN	00:20:13.45	00:36:52.02	00:10:25.37		01:08:43.20
2	61/272	11/123	562	Remy Maguire	37	F	Portland	OR	00:20:22.41	00:40:19.11	00:11:25.27		01:13:53.48
3	83/272	23/123	549	Wendy Clark	35	F	Apo	IA	00:22:21.69	00:40:09.39	00:11:37.51		01:16:18.74
4	85/272	25/123	570	Allison Chauvin	36	F	Spokane	WA	00:24:03.25	00:37:02.53	00:12:56.54		01:16:23.51
5	87/272	26/123	519	Stacey Kiefer	38	F	Bend	OR	00:22:12.31	00:41:10.49	00:11:48.13		01:16:50.57
6	96/272	29/123	623	Erin Shelton	37	F	Boise	ID	00:24:07.55	00:37:10.91	00:13:38.90		01:17:20.76
7	115/272	36/123	566	Jamii North	39	F	Los Gatos	CA	00:24:29.06	00:40:43.66	00:13:14.41		01:20:33.31
8	127/272	41/123	535	Devon Bijansky	39	F	Austin	TX	00:23:55.51	00:45:17.61	00:12:13.04		01:22:44.75
9	137/272	45/123	571	Lili Riffle	36	F	Upland	CA	00:24:40.20	00:44:13.12	00:13:01.11		01:24:09.62
10	155/272	54/123	530	Jadie Simon	38	F	Denver	CO	00:25:46.68	00:46:05.22	00:13:09.03		01:27:00.50
11	192/272	77/123	521	Amelia Bueche	35	F	Ashland	OR	00:26:38.27	00:46:53.31	00:18:02.08		01:35:11.17
12	204/272	82/123	581	Diana Thome	37	F	Richland	WA	00:29:34.36	00:48:12.76	00:18:15.43		01:38:46.42
13	216/272	90/123	617	Ofelia Basante	35	F	Miami	FL	00:27:40.85	00:57:31.04	00:15:28.87		01:43:16.63
14	270/272	122/123	597	Sridevi Parise	38	F	Sunnyvale	CA	00:46:30.41	01:24:36.46	00:25:15.70		02:39:54.70

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	23/272	23/149	729	Ryan Farnsworth	36	M	Evansville	WI	00:19:56.53	00:35:44.39	00:10:29.12		01:08:04.80
2	41/272	37/149	691	Jack Nunn	37	M	Manhattan Beach	CA	00:20:45.66	00:34:30.07	00:11:33.63	+00:02:00	01:10:45.60
3	44/272	38/149	766	Josh Bjornstad	39	M	Portland	OR	00:20:14.27	00:37:38.13	00:11:35.87		01:11:35.33
4	116/272	80/149	795	Sebastien Durandeu	39	M	Otis	OR	00:20:30.49	00:46:49.13	00:11:31.75		01:20:36.86
5	121/272	84/149	697	James Kentro	35	M	Santa Barbara	CA	00:23:44.09	00:43:46.51	00:11:58.39		01:21:18.68
6	239/272	135/149	738	Sean Wilson	37	M	Baton Rouge	LA	00:34:22.99	00:54:58.21	00:20:16.78		01:53:14.26

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	46/272	7/123	564	Courtney Wiseman	34	F	Corona	CA	00:21:08.13	00:37:22.96	00:11:38.99		01:12:08.51
2	57/272	10/123	516	Laura Coombs	33	F	Bend	OR	00:22:15.44	00:36:31.76	00:12:51.00		01:13:37.07
3	69/272	14/123	628	Nicole Campbell	34	F	Mountain View	CA	00:19:26.90	00:42:09.97	00:10:13.01		01:14:28.77
4	109/272	34/123	608	Nicole Mather	31	F	Mountain View	CA	00:20:58.07	00:43:38.07	00:12:13.50		01:19:10.62
5	165/272	58/123	605	Kirby Adlam	33	F	Chicago	IL	00:26:26.15	00:45:07.91	00:14:55.18		01:28:42.11
6	166/272	59/123	583	Sarah Zumbrum	34	F	Fuquay Varina	NC	00:26:35.82	00:45:01.45	00:14:49.11		01:28:44.09
7	254/272	115/123	606	Heidi Schmidt	33	F	Mesa	AZ	00:31:31.62	01:04:22.50	00:20:23.76		02:01:38.20

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	2/272	2/149	712	Adam Goulet	32	M	Portland	OR	00:17:08.64	00:32:52.09	00:09:15.66		01:01:12.52
2	4/272	4/149	715	Jason Karavidas	31	M	San Diego	CA	00:18:24.56	00:34:07.77	00:10:01.94		01:03:47.48
3	37/272	33/149	681	William Vardy	32	M	Andover	KS	00:20:43.90	00:36:50.66	00:10:56.13		01:10:19.85
4	60/272	50/149	701	Michael Ashworth	34	M	Jersey City	NJ	00:19:16.81	00:40:41.87	00:11:55.82		01:13:47.52
5	94/272	66/149	767	Franky Ortega	34	M	Reseda	CA	00:19:35.50	00:43:54.86	00:11:19.76		01:17:17.65
6	133/272	90/149	723	Jeffrey Gutierrez	32	M	Corpus Christi	TX	00:22:30.26	00:46:24.30	00:12:56.08		01:23:26.65
7	168/272	108/149	784	Taylor Mathes	31	M	Vancouver	WA	00:25:12.00	00:45:54.74	00:15:28.49		01:29:07.38
8	258/272	142/149	773	Michael Schmidt	32	M	Mesa	AZ	00:30:44.42	01:12:00.05	00:18:33.37		02:04:38.07

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	64/272	12/123	558	Karah Osterberg	28	F	North Aurora	IL	00:22:26.13	00:38:16.92	00:11:27.43		01:14:03.29
2	80/272	21/123	624	Caitlin Goodman	25	F	Eugene	OR	00:20:14.91	00:42:19.82	00:11:09.08		01:15:40.96
3	124/272	39/123	563	Lindsey Torgerson	29	F	Laredo	TX	00:23:38.20	00:41:30.06	00:15:19.33		01:22:09.18
4	172/272	63/123	551	Jennifer Richter	29	F	Fishers	IN	00:26:10.05	00:47:20.60	00:15:08.24		01:30:41.93
5	198/272	78/123	625	Emily Becktold	28	F	Baker City	OR	00:27:47.05	00:50:27.28	00:15:42.43		01:36:35.46
6	200/272	80/123	619	Marlee Rossi	29	F	Dublin	CA	00:26:17.76	00:52:55.61	00:15:09.39		01:36:48.92
7	261/272	118/123	602	Sara Harris	26	F	Clinton	MD	00:35:36.20	01:06:46.09	00:21:17.45		02:06:33.48

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	27/272	26/149	703	Brad Haag	26	M	Bend	OR	00:20:24.33	00:36:09.11	00:10:38.91		01:08:38.03
2	36/272	32/149	700	Claudius Shropshire	25	M	Los Angeles	CA	00:18:43.32	00:39:27.96	00:10:03.73		01:10:02.27
3	52/272	44/149	736	Jason Klein	27	M	Seattle	WA	00:20:58.26	00:38:33.80	00:11:25.68		01:12:53.89
4	97/272	68/149	777	Nathan Wallace	26	M	Richland	WA	00:21:35.00	00:40:06.66	00:11:44.17	+00:02:00	01:17:23.47
5	134/272	91/149	788	Christopher Rossi	29	M	Dublin	CA	00:22:30.73	00:44:25.46	00:13:18.41		01:23:39.69

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	77/272	20/123	588	Haley Tadler	20	F	North Salt Lake	UT	00:21:28.01	00:40:20.88	00:12:10.23		01:15:32.19
2	129/272	42/123	552	Julia Reese	20	F	Princeton	ID	00:25:14.02	00:41:39.05	00:13:46.86		01:22:58.68
3	210/272	86/123	607	Vanessa Galvan	24	F	Reseda	CA	00:23:45.09	00:58:27.57	00:14:28.74	+00:02:00	01:41:06.47
4	231/272	100/123	609	Carlie Block	21	F	Belton	TX	00:31:39.64	00:54:11.54	00:20:30.04		01:49:41.11
5	246/272	109/123	586	Elise Personte	22	F	Webster	NY	00:31:13.36	01:02:13.15	00:18:54.11		01:54:45.44

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	1/272	1/149	725	Keith Jackson	24	M	Roseland	VA	00:17:50.66	00:31:47.68	00:09:08.43		00:59:58.46
2	6/272	6/149	768	Derek Weber	23	M	Fort Collins	CO	00:17:10.71	00:36:27.78	00:09:02.26		01:04:30.82
3	8/272	8/149	720	Sean Price	24	M	Long Beach	CA	00:17:48.05	00:36:34.15	00:09:38.87		01:05:22.98
4	31/272	28/149	677	Jeevan Philip	21	M	Richland	WA	00:18:43.70	00:38:10.06	00:10:38.04		01:09:06.06
5	47/272	40/149	785	Steven Gianakas	23	M	Clarendon Hills	IL	00:20:00.29	00:38:58.78	00:10:52.13		01:12:11.57
6	50/272	42/149	799	Erik Larson	22	M	Lynnwood	WA	00:21:06.93	00:38:08.12	00:11:30.36		01:12:36.99
7	164/272	107/149	802	Michael Martinez	22	M	Millbrae	CA	00:25:06.69	00:45:02.53	00:15:19.23		01:28:23.81
8	206/272	123/149	770	Jed Estep	24	M	Palo Alto	CA	00:27:50.18	00:47:20.86	00:19:45.44	+00:02:00	01:40:16.43

# USAT Duathlon National Championship

June 25, 2016

## Overall Division Results

Sprint

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	28/272	2/123	529	Jane Tullis	15	F	Rome	GA	00:20:21.05	00:36:22.45	00:10:51.64		01:08:38.75
2	42/272	5/123	527	Lauren Garriques	16	F	Lake Forest	IL	00:20:21.88	00:38:24.84	00:10:46.36		01:10:57.64
3	54/272	9/123	542	Kaytlynn Welsch	16	F	Alvin	IA	00:20:34.25	00:39:37.05	00:11:36.53		01:12:56.79
4	72/272	16/123	531	Hannah Fusselman	16	F	Cedar Rapids	IA	00:20:21.02	00:42:16.78	00:10:49.84		01:14:47.75
5	76/272	19/123	612	Morgan James	17	F	Clovis	CA	00:21:31.32	00:40:30.25	00:11:29.88		01:15:17.84
6	141/272	48/123	615	Lizzie Stites	16	F	Kennewick	WA	00:22:52.46	00:46:56.04	00:12:12.88		01:24:47.94
7	252/272	113/123	592	Emily Shen	15	F	Plano	TX	00:28:08.33	01:10:31.71	00:17:09.98		01:57:42.54

### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	9/272	9/149	760	Patrick Wells	17	M	Burbank	CA	00:18:18.11	00:35:36.47	00:10:26.92		01:05:23.63
2	10/272	10/149	680	Porter Mcmichael	19	M	Richland	WA	00:17:27.44	00:37:03.00	00:09:13.60		01:05:26.88
3	16/272	16/149	731	Steve Sloan	19	M	Berkeley	CA	00:18:46.71	00:36:19.37	00:10:11.98		01:06:49.29
4	19/272	19/149	759	Timothy Wells	17	M	Burbank	CA	00:16:59.50	00:40:22.95	00:09:14.24		01:07:36.88
5	53/272	45/149	779	Lance Stites	15	M	Kennewick	WA	00:19:52.44	00:40:21.32	00:10:50.31		01:12:54.90
6	108/272	75/149	792	Lachlan Pettigrew	15	M	Corvallis	OR	00:22:36.80	00:43:18.94	00:11:39.88		01:19:10.57
7	144/272	95/149	787	Mykel Caruso	17	M	Portland	IA	00:24:30.31	00:45:03.78	00:12:50.04		01:25:14.89
8	214/272	126/149	734	William Seiler	16	M	Victoria	TX	00:29:23.72	00:53:44.90	00:16:21.48		01:42:09.07

### Female Open

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	35/272	4/123	548	Olga Firsova	33	F	Orinda	CA	00:18:14.40	00:39:45.92	00:10:16.25		01:09:53.10